

Grasmere 01 April 2012



Today we have two coaches for our first trip of the year to Lakeland. We'll have a brief stop at Burton-in-Kendal where the two coaches will meet up before heading to Cumbria. Considering the travel time and planned walks we do need to leave the services as soon as possible after the second coach lands.

As of Wednesday, both coaches are full and it would be appreciated if people could "buddy up" early rather than spread out so that couples getting on later have a chance of sitting together.

For anybody spending time in Ambleside then it's the last day of their Spring Flower Show at The Kelsick Centre, St Mary's Lane.

Today's Walks

- A Walk** **Robert Eccles** **12 miles Strenuous**
We start the same as Carol and Derrick; off the coach at the Low Wood Hotel and climb to High Skelghyll then drop into Ambleside. Next is Miller Brow, Lily Tarn, before we're onto and over Loughrigg Fell. Continuing north-west we climb as far as Blea Crag before dropping to Easdale Tarn and Far Easdale. Finally we turn south east and make for Grasmere. Overall 3,300 feet of ascent with, weather permitting, fantastic views especially of the Langdales and the likes of Bow Fell and Pavey Ark.
- B Walk** **Paul Brown** **10 miles Moderate**
We alight on the A591 north of Troutbeck Bridge (grid ref. NY 394 009) and follow Wain Lane to Middlerigg Tarn, then climb steadily for about a mile to join Robin Lane, an undulating track which we follow to High Skelghyll. We continue past Jenkin Crag then descend through pleasant woodland to Ambleside. We then walk to Rydal Hall and Rydal (Wordsworth associations), cross the A591, then cross the river Rothay to walk alongside Rydal Water. After Rydal Water a short climb then a descent to the south end of Grasmere Lake. We walk along the shore for about ¾ mile before joining a minor road which takes us into Grasmere village. If the weather is clear expect good views across Windermere to the mountains.
- C Walk** **Michael Counter** **7 miles Moderate**
Alight the coach in Ambleside, Rothay Park, Miller Brow, Loughrigg Fell 1101', dropping down to Loughrigg Terrace, High Close, Dow Bank, Spreading Crag, Silver How 1292', dropping down Allan Bank and into Grasmere. This walk does involve lakeland fell hill walking, but that extra little effort is well worth it for the views down on to Grasmere
- D Walk** **Carol and Derrick Fielding** **7 miles Fairly Easy**
Alight at Low Wood Hotel - climb 500' to High Skelghyl; Follow track through Skelghyl Wood - visiting Jenkin Crag - into Ambleside. From Scandale Bridge into Rydal Park, to Rydal Mount, and the old corpse road - passing Dove Cottage - into Grasmere. A Wordsworth Walk!!!

Pick-Up Times and The Return Journey

Potentially two pick-up points for this trip:

06:00 PM	Grasmere	Main car park, off Stocks Lane	Walks: A, B, C and D.
06:15 PM	Ambleside	Lake Road, Waterhead (opposite Waterhead Hotel)	

The Burnley coach will drop off at Padiham first and the Blackburn coach at Darwen first.

Our next trips

Today we'll be taking bookings for: Dent via Sedbergh (13 May), Bakewell (10 June) and Kirkby Stephen (08 July). Ticket cost is £13:00 / £6:50. After today then contact Robert by email (bookings@coach-rambles.org.uk), telephone (07795 250502 / 01282 798145) or on-line at www.coach-rambles.org.uk/book.

Cheques need to be made payable to "Rambler's Association Coach Account" – that saves me having to launder any money!

Dates and Destinations for The Diary

Walking from Grasmere to Dent; our local groups' walks between now and then:

Date	Group	Time	Destination
Tue 03 April	Clitheroe Ramblers	10:00	Beacon Fell and River Brock
	Pendle Walkers	10:00	Mellor Knoll (C)
Wed 04 April	Burnley and Pendle Ramblers	19:15	Towneley
	Clitheroe Ramblers	18:30	Sabden
	Rossendale Ramblers	09:00	Ramsbottom
Fri 06 April	Rossendale Ramblers	09:30	Townley Easter Bunny
Sat 07 April	Clitheroe Ramblers	09:30	The Williams Half Marathon
	Hyndburn Ramblers	08:30	The Roaches and Lud's Church
Sun 08 April	Burnley and Pendle Ramblers	10:00	Lumbs Fell, Heptonstall
	Hyndburn Ramblers	08:45	Appleby
Tue 10 April	Clitheroe Ramblers	13:00	Slaidburn, stroller walk
	Pendle Walkers	10:00	Downham (C)
Wed 11 April	Burnley and Pendle Ramblers	19:15	Foulridge Wharfe
	Clitheroe Ramblers	18:30	Higher Hodder Bridge
	Rossendale Ramblers	09:00	Burnley
Sat 14 April	Clitheroe Ramblers	08:00	Loughrigg Fell from Rydal
	Pendle Walkers	09:00	Over Exposed on Bleaklow (A)
	Pendle Walkers	10:00	Settle (C)
Sun 15 April	Burnley and Pendle Ramblers	10:00	Belmont and Great Hill
	Hyndburn Ramblers	09:00	Slaidburn for Whitendale
	Rossendale Ramblers	09:00	Peak District
Tue 17 April	Clitheroe Ramblers	10:00	Scorton for Harrisend Fell
	Pendle Walkers	10:00	Gargrave (C)
Wed 18 April	Burnley and Pendle Ramblers	19:15	Thatch and Thistle, Nelson
	Clitheroe Ramblers	18:45	Chipping
Sat 21 April	Clitheroe Ramblers	09:00	Horton in Ribblesdale for Park Fell and Ingleborough
	Hyndburn Ramblers	08:00	Langdale Pikes and Bowfell
	Pendle Walkers	09:00	The Ribble Way (A)
	Pendle Walkers	10:00	Widdop Area (B)
	Pendle Walkers	10:00	Foulridge (C)
Sun 22 April	Burnley and Pendle Ramblers	13:00	Worsthorne and Hurstwood
	Hyndburn Ramblers	09:30	Irwell Vale Halt
	Hyndburn Ramblers	12:00	Whalley Nab
	Rossendale Ramblers	09:00	Hardcastle Craggs
Tue 24 April	Clitheroe Ramblers	13:00	Spring Wood, Whalley
	Pendle Walkers	10:00	Clitheroe (C)
Wed 25 April	Burnley and Pendle Ramblers	19:15	Admiral Lord Rodney, Colne
	Clitheroe Ramblers	19:00	Chatburn Church
	Rossendale Ramblers	09:00	Anglezarke Burial Sites
Sat 28 April	Clitheroe Ramblers	09:30	Brinscall
	Pendle Walkers	09:00	Over Wyersdale (A)
	Pendle Walkers	10:00	Twiston (B)
	Pendle Walkers	10:00	Winterburn (C)
Sun 29 April	Burnley and Pendle Ramblers	10:00	Great Harwood and Dean Clough
	Hyndburn Ramblers	09:00	Coldstones
	OXO Coach Ramble	08:45	Pooley Bridge, Lake District
	Rossendale Ramblers	09:00	Downham

To join any of the Above Walks then just Contact the Group's Co-ordinator:

Burnley and Pendle Ramblers	Janet Lofthouse on 01282 435352
Clitheroe Ramblers	Jane Donnelley at enquiries@clitheroeramblers.co.uk
Hyndburn Ramblers	Phil Bedson on 01254 398670
OXO Coach Rambles	Hannah Rose on 01254 886105
Pendle Walkers	John Crabtree on 01282 859437
Rossendale Ramblers	Martin Corbett on 07801 146864