

# Frodsham 01 September 2013



Today we have two coaches for our first trip (that I know of) to this bigger than expected Cheshire town and The Sandstone Trail. The Burnley and Blackburn coaches will rendezvous at Charnock Richard services on the M6 and then travel together to Frodsham.

**This is important:** the A and hard B walks have to travel way beyond Frodsham. This will take time that neither our drivers nor walkers will have to spare. Thus the stop at the services needs to be as slick as possible. Depending on numbers we may re-distribute ourselves so that one coach services the C and D walks and the other everyone else.

(Our drivers' time is becoming more of an issue as regulations tighten so we need to become more efficient to compensate.)

## Today's Walks

- A Walk**      **(The) Alan Bennett**      **12 miles Fairly Easy**  
We will be doing the final section of the Sandstone Trail from Tarporley to Frodsham.
- This 12 mile stretch is fairly easy over the Cheshire Plain but with a bit of a sting in the tail. Starting from near Tarporley we head north through fields and corn to Primrosehill Wood and Urchins Kitchen. Then on to the rather unimpressive King's Chair and maybe the trig point at Pale Heights. Finally we reach the very popular Delamere Forest before climbing to the ridge above Frodsham for fantastic views and carved sandstone rocks. Finally it's a zig-zag down to the town.
- An easy A walk with lots of woods so keep an eye out for the assorted fungi on show at this time of year.
- B Walk**      **No Walk**      **8½ - 12 miles Easy to Hard**  
There is no leader for the B walk today but Alan's A walk will serve as a moderate to hard B (main issues will be time and nettles) and Brian's C walk will serve as a fairly easy B.
- Apologies for not being able to source a B walk. We've done Ok so far this year for leaders but we do need more; for avoidance of doubt – that was a hint ☺
- C Walk**      **Brian Chaddock**      **8½ miles Moderate**  
We will start this walk from Frodsham Bridge and follow the river before fields up to Belleair Farm.
- From here we will follow minor roads, tracks and fields via Peel Hall, Castlehill Farm Birchdale Farm and Castle Hill before turning North to follow the Delamere Way and the Sandstone Trail back to Frodsham.
- D Walk**      **Carol and Derrick Fielding**      **7 miles Fairly Easy**  
Alight at Frodsham Bridge, follow river Weaver for about a mile, then tracks on North Cheshire Way to Belleair Farm, and then on to Five Crosses.
- We make our way through Dingley Dell (Hobbits Wood) to the surprise of Crow Mere (Crummers Lake). Then join Delamere Way to Shepherds Houses. This track takes us into mixed woodlands and the Sandstone Trail - we pass Woodhouse Hill (site of an old Iron Hill Fort) - and on to slightly more challenging terrain to the Obelisk Memorial for a very memorable view!
- We then return downhill all the way into Frodsham.
- Town Tour**      **Trevor Whittaker**      **N/A**  
This is an entirely impromptu random stroll kindly offered by Trevor and based on the places of interest - I'm fairly certain that's not just the pubs - he found in Frodsham on a recent visit.
- It will start from the coach terminus and be a relaxed stroll around the town and park.

## Pick-Up Times and The Return Journey

Today we have just the one pick-up points.

06:00 PM      Frodsham      Station Car park off Church Street      Walks: A, C and D

Blackburn coach is down to drop off at Darwen first and the Burnley coach at Padiham. Any additional stops are at the discretion of our drivers and couriers but need to take into account everyone's desire to get home quickly.

## Our Next Trips

Today we'll be taking bookings for Ulverston (06 October), Marsden (03 November) and Haworth via Hebden Bridge (01 December). Ticket cost is the usual £13:00 / £6:50. After today then contact Robert by email at [bookings@coach-rambles.org.uk](mailto:bookings@coach-rambles.org.uk), telephone on 07795 250502 / 01282 798145 or on-line at [www.coach-rambles.org.uk/book](http://www.coach-rambles.org.uk/book).

## Our Group Walks from Frodsham to Ulverston

Date	Group	Time	Destination
Tue 03 Sep	Burnley and Pendle Ramblers	10:30	Local impromptu
Tue 03 Sep	Clitheroe Ramblers	10:00	Wray
Tue 03 Sep	Pendle Walkers	10:00	Ickornshaw (C)
Wed 04 Sep	Rossendale Ramblers	09:00	Burnsall (M)
Sat 07 Sep	Burnley and Pendle Ramblers	10:30	Treacle to Witches. GR780373, Sabden CP
Sat 07 Sep	Clitheroe Ramblers	09:30	Stainforth
Sun 08 Sep	Hyndburn Ramblers	08:00	Kettlewell (B)
Sun 08 Sep	Rossendale Ramblers	08:00	Lake District (M)
Tue 10 Sep	Clitheroe Ramblers	13:00	Downham
Tue 10 Sep	Pendle Walkers	10:00	Bleasdale (C)
Wed 11 Sep	Rossendale Ramblers	09:00	Colne (M)
Sat 14 Sep	Pendle Walkers	09:00	Barbondale (A)
Sat 14 Sep	Pendle Walkers	10:00	Bolton by Bowland (B)
Sat 14 Sep	Spring Vale Rambling Group	11:00	Jumbles figure of 8 (L)
Sun 15 Sep	Clitheroe Ramblers	09:50	Dales Rail
Sun 15 Sep	Hyndburn Ramblers	08:30	Oxenhope for Keighley. Steam train return.
Sun 15 Sep	OXO Ramblers	08:45	Hawkshead (A+B)
Tue 17 Sep	Burnley and Pendle Ramblers	10:30	Local impromptu
Tue 17 Sep	Clitheroe Ramblers	10:00	Hanlith
Tue 17 Sep	Pendle Walkers	10:00	Kettlewell (C)
Wed 18 Sep	Rossendale Ramblers	09:00	Sandwith / Stainforth (M)
Sat 21 Sep	Burnley and Pendle Ramblers	10:00	Pendle Hill
Sat 21 Sep	Clitheroe Ramblers	09:00	Formby Sefton coast path part 2
Sat 21 Sep	Hyndburn Ramblers	08:00	Wansfell (B)
Sat 21 Sep	Pendle Walkers	08:00	Coach outing to Grange-over-Sands (A,B,C)
Sun 22 Sep	Hyndburn Ramblers	11:00	Wiswell (C)
Tue 24 Sep	Clitheroe Ramblers	13:00	West Bradford
Tue 24 Sep	Pendle Walkers	10:00	Whalley Nab (C)
Wed 25 Sep	Rossendale Ramblers	09:00	Longridge Fell (M)
Sat 28 Sep	Clitheroe Ramblers	08:00	Black Combe
Sat 28 Sep	Pendle Walkers	09:00	Whitendale and Baxton Fells (A)
Sat 28 Sep	Pendle Walkers	10:00	Cracoe (B)
Sat 28 Sep	Spring Vale Rambling Group	11:00	Longridge Circular (M)
Sun 29 Sep	Burnley and Pendle Ramblers	10:00	Hurst Green / Ribble Way
Sun 29 Sep	Hyndburn Ramblers	09:00	Linton (C)
Sun 29 Sep	Rossendale Ramblers	08:00	Kentmere (Lakes) (M)
Tue 01 Oct	Burnley and Pendle Ramblers	10:30	Local impromptu
Tue 01 Oct	Clitheroe Ramblers	10:00	Embsay
Tue 01 Oct	Pendle Walkers	10:00	Widdop (C)
Wed 02 Oct	Rossendale Ramblers	09:00	Langcliffe (M)
Sat 05 Oct	Clitheroe Ramblers	09:30	Barden Bridge
Sat 05 Oct	Pendle Walkers	09:00	Three Fells of Crummock Dale (A)
Sat 05 Oct	Pendle Walkers	10:00	Pendleton and Wiswell (B)

### To join any of the above then just contact:

Burnley and Pendle Ramblers  
 Clitheroe Ramblers  
 Hyndburn Ramblers  
 OXO Coach Rambles  
 Pendle Walkers  
 Rossendale Ramblers  
 Spring Vale Rambling Class, Darwen

Janet Lofthouse on 01282 435352  
 Jane Donnelley at enquiries@clitheroeramblers.co.uk  
 Phil Bedson on 01254 398670  
 Hannah Rose on 01254 886105  
 John Crabtree on 01282 859437  
 Martin Corbett on 07801 146864  
 Glenda Brindle on 01254 671269

