Frodsham 01 September 2013

Today we have two coaches for our first trip (that I know of) to this bigger than expected Cheshire town and The Sandstone Trail. The Burnley and Blackburn coaches will rendezvous at Charnock Richard services on the M6 and then travel together to Frodsham.



This is important: the A and hard B walks have to travel way beyond Frodsham. This will take time that neither our drivers nor walkers will have to spare. Thus the stop at the services needs to be as slick as possible. Depending on numbers we may re-distribute ourselves so that one coach services the C and D walks and the other everyone else.

(Our drivers' time is becoming more of an issue as regulations tighten so we need to become more efficient to compensate.)

Today's Walks

A Walk (The) Alan Bennett

12 miles Fairly Easy

We will be doing the final section of the Sandstone Trail from Tarporley to Frodsham.

This 12 mile stretch is fairly easy over the Cheshire Plain but with a bit of a sting in the tail. Starting from near Tarporley we head north through fields and corn to Primrosehill Wood and Urchins Kitchen. Then on to the rather unimpressive King's Chair and maybe the trig point at Pale Heights. Finally we reach the very popular Delamere Forest before climbing to the ridge above Frodsham for fantastic views and carved sandstone rocks. Finally it's a zig-zag down to the town

An easy A walk with lots of woods so keep an eye out for the assorted fungi on show at this time of year.

B Walk No Walk

8½ - 12 miles Easy to Hard

There is no leader for the B walk today but Alan's A walk will serve as a moderate to hard B (main issues will be time and nettles) and Brian's C walk will serve as an fairly easy B.

Apologies for not being able to source a B walk. We've done Ok so far this year for leaders but we do need more; for avoidance of doubt – that was a hint ③

C Walk Brian Chaddock

81/2 miles Moderate

We will start this walk from Frodsham Bridge and follow the river before fields up to Bellear Farm.

From here we will follow minor roads, tracks and fields via Peel Hall, Castlehill Farm Birchdale Farm and Castle Hill before turning North to follow the Delamere Way and the Sandstone Trail back to Frodsham.

D Walk Carol and Derrick Fielding

7 miles Fairly Easy

Alight at Frodsham Bridge, follow river Weaver for about a mile, then tracks on North Cheshire Way to Belleair Farm, and then on to Five Crosses.

We make our way through Dingley Dell (Hobbits Wood) to the surprise of Crow Mere (Crummers Lake). Then join Delamere Way to Shepherds Houses. This track takes us into mixed woodlands and the Sandstone Trail - we pass Woodhouse Hill (site of an old Iron Hill Fort) - and on to slightly more challenging terrain to the Obelisk Memorial for a very memorable view!

We then return downhill all the way into Frodsham.

Town Tour

Trevor Whittaker

N/A

This is an entirely impromptu random stroll kindly offered by Trevor and based on the places of interest - I'm fairly certain that's not just the pubs - he found in Frodsham on a recent visit.

It will start from the coach terminus and be a relaxed stroll around the town and park.

Pick-Up Times and The Return Journey

Today we have just the one pick-up points.

06:00 PM Frodsham Station Car pa

06:00 PM Frodsham Station Car park off Church Street Walks: A, C and D

Blackburn coach is down to drop off at Darwen first and the Burnley coach at Padiham. Any additional stops are at the discretion of our drivers and couriers but need to take into account everyone's desire to get home quickly.

Our Next Trips

Today we'll be taking bookings for Ulverston (06 October), Marsden (03 November) and Haworth via Hebden Bridge (01 December). Ticket cost is the usual £13:00 / £6:50. After today then contact Robert by email at bookings@coach-rambles.org.uk, telephone on 07795 250502 / 01282 798145 or on-line at www.coach-rambles.org.uk/book.

Our Group Walks from Frodsham to Ulverston

Date		Group	Time	Destination
Tue	03 Sep	Burnley and Pendle Ramblers	10:30	Local impromptu
Tue	03 Sep	Clitheroe Ramblers	10:00	Wray
Tue	03 Sep	Pendle Walkers	10:00	Ickornshaw (C)
Wed	04 Sep	Rossendale Ramblers	09:00	Burnsall (M)
Sat	07 Sep	Burnley and Pendle Ramblers	10:30	Treacle to Witches. GR780373, Sabden CP
Sat	07 Sep	Clitheroe Ramblers	09:30	Stainforth
Sun	08 Sep	Hyndburn Ramblers	08:00	Kettlewell (B)
Sun	08 Sep	Rossendale Ramblers	08:00	Lake District (M)
Tue	10 Sep	Clitheroe Ramblers	13:00	Downham
Tue	10 Sep	Pendle Walkers	10:00	Bleasdale (C)
Wed	11 Sep	Rossendale Ramblers	09:00	Colne (M)
Sat	14 Sep	Pendle Walkers	09:00	Barbondale (A)
Sat	14 Sep	Pendle Walkers	10:00	Bolton by Bowland (B)
Sat	14 Sep	Spring Vale Rambling Group	11:00	Jumbles figure of 8 (L)
Sun	15 Sep	Clitheroe Ramblers	09:50	Dales Rail
Sun	15 Sep	Hyndburn Ramblers	08:30	Oxenhope for Keighley. Steam train return.
Sun	15 Sep	OXO Ramblers	08:45	Hawkshead (A+B)
Tue	17 Sep	Burnley and Pendle Ramblers	10:30	Local impromptu
Tue	17 Sep	Clitheroe Ramblers	10:00	Hanlith
Tue	17 Sep	Pendle Walkers	10:00	Kettlewell (C)
Wed	18 Sep	Rossendale Ramblers	09:00	Sandwith / Stainforth (M)
Sat	21 Sep	Burnley and Pendle Ramblers	10:00	Pendle Hill
Sat	21 Sep	Clitheroe Ramblers	09:00	Formby Sefton coast path part 2
Sat	21 Sep	Hyndburn Ramblers	08:00	Wansfell (B)
Sat	21 Sep	Pendle Walkers	08:00	Coach outing to Grange-over-Sands (A,B,C)
Sun	22 Sep	Hyndburn Ramblers	11:00	Wiswell (C)
Tue	24 Sep	Clitheroe Ramblers	13:00	West Bradford
Tue	24 Sep	Pendle Walkers	10:00	Whalley Nab (C)
Wed	25 Sep	Rossendale Ramblers	09:00	Longridge Fell (M)
Sat	28 Sep	Clitheroe Ramblers	08:00	Black Combe
Sat	28 Sep	Pendle Walkers	09:00	Whitendale and Baxton Fells (A)
Sat	28 Sep	Pendle Walkers	10:00	Cracoe (B)
Sat	28 Sep	Spring Vale Rambling Group	11:00	Longridge Circular (M)
Sun	29 Sep	Burnley and Pendle Ramblers	10:00	Hurst Green / Ribble Way
Sun	29 Sep	Hyndburn Ramblers	09:00	Linton (C)
Sun	29 Sep	Rossendale Ramblers	08:00	Kentmere (Lakes) (M)
Tue	01 Oct	Burnley and Pendle Ramblers	10:30	Local impromptu
Tue	01 Oct	Clitheroe Ramblers	10:00	Embsay
Tue	01 Oct	Pendle Walkers	10:00	Widdop (C)
Wed	02 Oct	Rossendale Ramblers	09:00	Langcliffe (M)
Sat	05 Oct	Clitheroe Ramblers	09:30	Barden Bridge
Sat	05 Oct	Pendle Walkers	09:00	Three Fells of Crummock Dale (A)
Sat	05 Oct	Pendle Walkers	10:00	Pendleton and Wiswell (B)

To join any of the above then just contact:

Burnley and Pendle Ramblers Janet Lofthouse on 01282 435352

Clitheroe Ramblers Jane Donnelley at enquiries@clitheroeramblers.co.uk

Hyndburn Ramblers Phil Bedson on 01254 398670 OXO Coach Rambles Hannah Rose on 01254 886105 Pendle Walkers John Crabtree on 01282 859437 Rossendale Ramblers Martin Corbett on 07801 146864 Glenda Brindle on 01254 671269

Spring Vale Rambling Class, Darwen

Tuesday 1st October: Meeting

Just a reminder, the coach meeting is to be held on Tuesday 1st October at Cambridge Street Methodist Church in Accrington at 7:30PM. Whilst it's mainly to thrash out the 2014 destinations everyone is welcome to attend and make a contribution. If you have suggestions for destinations or how things should be run but can't attend then just fill in the details below and hand the tear-off to Camille, Gwen or Margaret.

Our Excursion Dates for 2014

Date	Return Time	Sunset	Notes
05 January	17:00	16:00	
02 February	17:30	16:45	
02 March	18:00	17:40	
06 April	18:00	19:40	
11 May	18:00	20:40	second week to avoid May Day bank holiday
08 June	18:00	21:15	second week to fit better between the May and July trips
06 July	18:00	21:15	
03 August	18:00	20:40	
07 September	18:00	19:40	
05 October	18:00	18:20	
02 November	17:30	16:25	
07 December	17:00	15:40	

Suggested Destinations - and many thanks for these

Alston	Hawes	Osmotherley	Wirral Way	
Appleby	High Bentham	Penrith		
Arnside	Lancaster	Ravenglass		
Aysgarth Falls	Macclesfield Forrest	Reeth		
Barnard Castle	Malham	Ripon		
Buttermere	Mardale	Rudyard Lake		
Conway	Matlock	Settle		
Garstang	Middleham	Silverdale		
Grange over Sands	Muker	Skipton		
Hathersage	Newby Bridge	Sutton Bank		

We'll add our popular destinations to this list and then try and come up with a great mix for us all in 2014. The plan is to have nine trips to our National Parks (The Lakes, Derbyshire, Yorkshire Dales/Moors) and then have three random destinations.

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Further Suggestions for Destinations		

Suggestions for 1	Improving	our Trips
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Reduce fares, reduce travel times, reduce faffing