

Grange 02 February 2014



Today we have two coaches for our trip to the Lake District peninsula with the meeting point at Burton in Kendal services.

At the motorway services we will re-arrange ourselves so that the Burnley coach can service the C walk and the Blackburn coach the A walk. B and D walkers are not be affected by this game of "musical coaches" but independent walkers should check options with the couriers.

Today's Walks

A Walk **Robert Eccles** **Off first on A574** **14 miles Moderate**

Starting at Sampool Bridge we head up Whitbarrow and walk along the Scar before dropping down to Witherslack Hall. Continuing west we cross the River Winster and climb Hare Hill and drop down to High Newton. Now it's essentially south via fields, tracks and minor roads to Cartmel. A final turn east takes us to the top of Hampsfell and the Hospice before dropping down via Eggerslack Wood to Grange. Weather permitting, expect good views of the southern fells and Morecambe Bay.

To join this walk you need to board the **Blackburn coach** at the services.

B Walk **George McAvoy and Pauline O'Donall** **Off third at Grange** **10 miles Moderate**

Starting from Grange we climb through Eggerslack Wood to Hampsfell and the Hospice. Turning north we go through the allotments before dropping down to Broughton Lodge Farm. There is a little now on quiet minor roads to Broughton Hall. A mixture of field paths and tracks gets us to Beckside, Wall Nook and finally Cartmel. Depending on conditions, the route to Grange will either be a meander or a bee-line!

A varied walk with about 1,500' of ascent.

C Walk **Gillian Whittaker** **Off second at Lindale** **8 miles Moderate**

Starting from the village of Lindale we pick up a bridleway heading north west to Hollow Lane. Then we're west to Broughton Lodge Farm, Hampsfell Hall, Old House Wood, Green Bank and Beckside. Turning south we reach and cross. Neatly dodging the hurdles, the racecourse at Cartmel. Now it's east on the Cistercian Way to the Hospice on Hampsfell before dropping down through Eggerslack Wood to Grange.

Expect a varied walk with, weather permitting, great views.

To join this walk you need to board the **Burnley coach** at the services.

D Walk **Paul Brown** **Off third at Grange** **6½ miles Moderate**

We start this walk in Grange over Sands and walk steadily uphill (fairly steeply) for about ¾ mile to reach High Farm. We continue to Spring Bank, then on into the village of Allithwaite to join the Cumbria Coastal Way. We walk to Kents Bank, go past Guides Farm, then further on join the promenade for a pleasant and interesting walk alongside the bay to take us back into the town.

Most of this walk is on good surfaces and there should be some distant views to enjoy across Morecambe Bay.

Pick-Up Times and The Return Journey

Today we have just the one pick-up point.

05:30 PM Grange Windermere Road Coach / Car Park Walks: A, B, C and D

Both coaches to return via the M6 / M65. The Burnley coach will drop off at Clayton first and the Blackburn coach at Darwen. Any additional stops are at the discretion of our drivers and couriers but need to take into account everyone's desire to get home quickly.

Leaflets and Promotion

We have two types of leaflets available for promotion: a simple summary sheet for leaflet drops etc and a more expensive tri-fold leaflet for handing to people. If you need supplies of these then please let me know and I'll get some to you. Many thanks to those that have already asked.

Our Next Trips

Today we'll be taking bookings for Hawes (02 March), Llangollen (06 April) and Ashbourne via A53 (11 May). Ticket cost is the usual £13:00 / £6:50. After today, or to book beyond April, then contact Robert by email at bookings@coach-rambles.org.uk, telephone on 07795 250502 / 01282 798145 or on-line at www.coach-rambles.org.uk/book.

Events

Feb 08 North East Lancashire Ramblers AGM; Briercliffe Road Church, Melville Street, Burnley commencing 11:00. There will be a representative from Head Office available for questions followed by a lunch that needs to be pre-booked (see Area News). All members are welcome to attend.

Walking from Settle to Grange: Our Group Walks between Now and Then

Date	Group	Time	Destination
Tue 04 Feb	Burnley and Pendle Ramblers	10:30	Local Impromptu
Tue 04 Feb	Clitheroe Ramblers	10:00	Entwistle Reservoir
Tue 04 Feb	Pendle Walkers	10:00	Giggleswick (C)
Wed 05 Feb	Rossendale Ramblers	09:00	Inn at Whitewell (M)
Sat 08 Feb	Pendle Walkers	10:00	Grassington and Kilnsey (A)
Sat 08 Feb	Pendle Walkers	10:00	Whalley (C)
Sat 08 Feb	Spring Vale Rambling Group	11:00	Ribchester (M)
Sun 09 Feb	Clitheroe Ramblers	09:30	Grassington
Sun 09 Feb	Hyndburn Ramblers	09:30	Hameldon (B)
Sun 09 Feb	Rossendale Ramblers	09:00	Ribble Valley (M)
Tue 11 Feb	Clitheroe Ramblers	13:00	Barnoldswick
Tue 11 Feb	Pendle Walkers	10:00	Crummock Dale (B)
Tue 11 Feb	Pendle Walkers	10:00	Hewenden (C)
Wed 12 Feb	Rossendale Ramblers	09:00	Great Harwood (M)
Sat 15 Feb	Clitheroe Ramblers	09:30	Brockholes
Sat 15 Feb	Hyndburn Ramblers	10:15	Accrington Train Station for Rail Ramble to Pleasington (C)
Sat 15 Feb	Pendle Walkers	10:00	Dacre Banks (A)
Sat 15 Feb	Pendle Walkers	10:00	Todmorden and Hebden Bridge, Back by train. (B)
Sat 15 Feb	Pendle Walkers	10:00	Airton to Malham (C)
Sun 16 Feb	Burnley and Pendle Ramblers	10:00	Whalley - River Calder
Tue 18 Feb	Burnley and Pendle Ramblers	10:30	Local Impromptu
Tue 18 Feb	Clitheroe Ramblers	10:00	Settle
Tue 18 Feb	Pendle Walkers	10:00	Hurst Green (C)
Wed 19 Feb	Rossendale Ramblers	09:00	Witton Park (M)
Sat 22 Feb	Clitheroe Ramblers	09:30	Lancaster
Sat 22 Feb	Pendle Walkers	10:00	Upper Barden (A)
Sat 22 Feb	Pendle Walkers	10:00	Over Worston (B)
Sat 22 Feb	Pendle Walkers	10:00	Roddlesworth to Abbey Village (C)
Sun 23 Feb	Hyndburn Ramblers	09:00	Brimham Rocks (C)
Sun 23 Feb	Rossendale Ramblers	09:00	TBA (M)
Sun 23 Feb	OXO Ramblers	08:45	Saltaire (A+B)
Tue 25 Feb	Clitheroe Ramblers	13:00	Cliviger
Tue 25 Feb	Pendle Walkers	10:00	Simon Seat from Barden Bridge (B)
Tue 25 Feb	Pendle Walkers	10:00	Trawden to Raven Rock (C)
Wed 26 Feb	Rossendale Ramblers	09:00	Helmshore (M)
Sat 01 Mar	Clitheroe Ramblers	09:30	Spring Wood
Sat 01 Mar	Pendle Walkers	10:00	Ribble Valley (A)
Sat 01 Mar	Pendle Walkers	10:00	Kelbrook Moor (C)

To join any of the above then just contact:

Burnley and Pendle Ramblers

Janet Lofthouse on 01282 435352

Clitheroe Ramblers

Jane Donnelley at enquiries@clitheroeramblers.co.uk

Hyndburn Ramblers

Phil Bedson on 01254 398670

OXO Coach Rambles

Hannah Rose on 01254 886105

Pendle Walkers

John Crabtree on 01282 859437

Rossendale Ramblers

Martin Corbett on 07801 146864