

Grasmere Plus ... 12 April 2015



Today we have two rather full coaches for our trip to the Central Fells. The Burnley and Blackburn coaches will meet at Burton-in-Kendal services and then travel together to The Langdales before heading to Grasmere where they will remain for most of the day.

The logistics for today are tight and we do need to get both coaches from Burton services to Grasmere as quickly as possible to ensure that our drivers don't run out of time.

Today's Walks

A Walk Robert Eccles Off Second 12 miles Strenuous

A trip to the highest point in England. Starting from New Dungeon Ghyll we have a gentle introduction to the central fells along the Cumbria Way. Then it's straight up Rossett Gill to Angle Tarn and the up just continues to Esk Hause. It's now a there-and-back journey to Scafell Pike via (if time permits, which it probably won't) Broad Crag and Ill Crag. Our journey home takes us over Esk Pike and Bow Fell before dropping to Three Tarns and then The Band back to our start point.

A hard journey to two of the "must have" tops in Lakeland. Total ascent of 1,350m with (weather permitting) the best views possible. NB: due to the ambitious nature of this walk it may have to change if we are delayed getting there or the weather is too bad.

B Walk Chris Thornley Off Second 8½ miles Fairly Strenuous

Alight at New Dungeon Ghyll Hotel in Great Langdale. Follow tracks to Stool End Farm. Then follow The Band to Three Tarns. Then head south over Crinkle Crag. Continue to Cold Pike. Descend to Red Tarn. Then follow the path down to Oxendale and back to Stool End. Then retrace our steps back to the hotel.

C Walk Paul Brown Off First 7½ miles Moderate

We alight at Chapel Stile and follow the tumbling waters of Great Langdale Beck to Elterwater village. We then continue to Elter Water lake, Skelwith Bridge, cross the A593 road and then climb quite steeply up to the lovely Loughrigg Tarn. We walk round the tarn to The How, then follow an undulating path and a minor road to Loughrigg Terrace. We walk the full length of the Terrace for views of Grasmere Lake, the Vale of Grasmere, Rydal Water, and the mountains. We then descend to the lake shore which we follow for about ¼ mile before joining a minor road into Grasmere village. Finally we follow a pleasant riverside path to the coaches.

Generally good paths and tracks (rocky in some places), only one stile.

D Walk Roger Haythornthwaite Off Third 6 miles Fairly Easy

Alight at Rothay Bridge, Ambleside. Follow a lane and cross the River Rothay by footbridge to the northern part of Ambleside then a roadside path to Scandale Bridge. Enter Rydal Park proceeding to Rydal Hall and Rydal Mount. Take the Coffin Route (path) for just over a mile and then a steep descent to the main road, cross over and reach the banks of Grasmere Lake. Walk along the shore to The Lea, leave the shore and proceed along a narrow road into Grasmere village.

Pick-Up Times and The Return Journey

Today we have two pick-up points:

17:00	Langdales	New Dungeon Ghyll car park	Walks: A, B
18:00	Grasmere	Stock Lane car park (main car park)	Walks: C, D

Please note: the Burnley coach will depart Grasmere at 16:40 to collect The A and B walkers from the Langdales but will be back in Grasmere by about 17:40.

Any additional stops on the return journey are at the discretion of our drivers and couriers but need to take into account everyone's desire to get home quickly.

Our Next Trips

Today we will be taking bookings for Richmond (10 May), Castleton (07 June) and Appleby (05 July). Ticket cost is the usual £13:00 / £6:50. After today, or to book beyond July, then contact Robert by email at bookings@coach-rambles.org.uk, telephone on 07795 250502 / 01282 798145 or on-line at www.coach-rambles.org.uk/book.