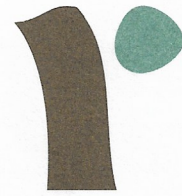


The Ramblers' Association

North East Lancs Area

Settle Sunday 8th January 2017



ramblers

at the heart of walking

HAPPY NEW YEAR EVERYBODY – GOOD HEALTH AND HAPPINESS AND LOTS OF GOOD WALKING FOR 2017
No rendezvous today – the coaches will meet at Hellifield where the “A” party will start their walk. The coaches will then carry on to Settle for the start of the other walks.

Today's walks

“A” party Leader Harvey Thompson 12 miles Easy/Moderate

We slip the clutch, grind the gears and charge away from Hellifield (SD856564). We join Haw Lane and go onto Newton Moor. Westroll along Langber Lane and are treated with a visit to Scalebør Force. With a zig and a zag we are soon at Attermire Scar and see the historic rifle butts used when there was a threat of war with France. A steady climb gets us to the summit of Warrendale Knotts (at 1444ft our highest point of the day). Enthusiastically we have to visit Victoria Cave to hear about hippos, elephants, bears, Romans, Primitive Man, et al. all visiting here before us!!
Downhill to Settle we head up through Castlebergh Plantation where we see the naked man and our noble limousines. The walk is 12 miles long, on recognised paths with 500ft of ascent.

“B” party Leader Chris Thornley 9 miles Moderate

Starting from Settle we take a path along Brockhole Lane to Lodge Road up to Lambert Lane. Continue to Sugar Loaf Hill then on to Attermire Scar, Victoria Cave and Jubilee Cave. Then onto Upper Winskill, Catrigg Force and Stainforth. We then pick up the Ribble Way along the banks of the River Ribble. Continue to Stackhouse and back into Settle. Can be muddy in places.

“C” party Leader Paul Brown 8 miles Moderate

This walk starts at the car/coach park in Settle, from where we walk past the market place then climb for about 1½ miles north eastwards, steeply at first, to reach the highest point of the walk near Cowside. After descending gradually to Upper Winskill and Lower Winskill, we descend quite steeply along the wooded Stainforth Scar to come into Stainforth village. After crossing the road (underpass) we walk to Stainforth Force and then continue on paths following the west side of the River Ribble towards Langcliffe, walk through Stackhouse and then on into Settle. Overall about 300 metres of ascent on this walk, to be taken at a steady pace. Good views across Ribblesdale and some interesting things to see. The route follows tracks, country roads, field, woodland and riverside paths with a few stiles to cross. Throughout the walk there are muddy stretches and there is also smooth limestone rock at ground level, so care is needed.

“D” party Leader Barbara Sharples 6.5 miles

We leave the car park and soon we cross over the River Ribble via a footbridge to take the Ribble Way to Stainforth. We pass the footbridge and weir at Langcliffe and continue to follow the riverside path before steps lead to a stile and an elevated stretch. Look out for the heron. Lunch will be enjoyed on the rocks at Stainforth Force. We pass Stainforth Force and go over the humpback Stainforth Bridge. We will pass Stainforth Beck, in the village, before we start our return to Settle via a short stretch of road, then a footpath alongside the railway line, through Stainforth Tunnel, passing a disused quarry and Stainforth Scar on our left, lime kilns, Langcliffe church and finally the descent into Settle Market Place. There are quite a few stiles, stone walls and stepping stones to negotiate but the walk is fairly level and almost all of it is on fields and well-trodden tracks.

Pickup Time for the Return Journey 5.00pm from the coach park by the garage on main road near the railway arches.

Book today for our next two coach rambles – **Glossop** on 5th February and **Arnside** on 5th May.

Or after today telephone Margaret Boothman for the **Burnley** coach on 01282 692901. (NOT after 9.00pm) or for the **Blackburn** coach telephone Kathleen Parker on 01254 396894 (between 6.00pm and 9.00pm)

Leaders needed to continue to offer a choice of 4 walks we need volunteers for the B walk at Glossop on 5th February, A, B and C leaders for Masham on 2nd April and A and B for Pooley Bridge on 7th May. All leaders get a free seat on the day and a donation towards their expenses of recceing the walk beforehand. Please contact Sue Baxendale if you are available to help and to check the routes we will be taking – tel 01254 235049.

The Ramblers' Association is a registered charity (England & Wales no 1093577, Scotland no SC039799) and a company limited by guarantee, registered in England & Wales (no 4458492). Registered office 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW