N. E Lancashire Ramblers - Coach Ramble to Coniston on Sunday 7th October 2018

After a rendezvous at Burton services on the M6 for a comfort stop we continue on towards Coniston. It is important for safety reasons that independent walkers leave details of your names and routes, and a mobile telephone number if possible, with the courier on your coach.

A Walk Leader Anthony Fleetwood 10 miles Strenuous

We alight the coach in the village of Torver. Our walk starts with a steady climb to Walna Scar Road, from here it's a steep climb to Brown Pike (682 m) then on towards Buck Pike (744m) and Dow Crag (750m). We descend to Goat Hawse, and then it's one last climb to "The Old Man" (803m). From here we should get some glorious views. Then it's all downhill to Coniston and a well earned drink.

B Walk Leader Chris Thornley 7 miles Strenuous

This walk is short in length to allow for the climbs. From Coniston we take the beginning of Walna Scar Road and continue along the path to Miners Bridge and up to Hole Rake. A steep path to Red Ghyl Head Moss to continue to the summit of Wetherlam(2500ft). We descend in a westerly direction to Swirl Hawse, Levers Water and down to the Copper Mines and back into Coniston.

C Walk Leader Paul Brown 7.5 miles Moderate

From the coach park in Coniston we walk through the village to join Walna Scar Road which we follow uphill for about a mile; the first ¼ mile or so is very steep before the gradient eases. We then join moorland paths walking generally southwards to eventually reach Torver Beck. After crossing the beck by footbridge we descend to Torver along a track and minor road, cross the A593 road, then follow field paths and a track to Brackenbarrow Farm. Then begins the descent through Torver Common Woodlands to reach Coniston Water. We then walk along the western shore of the lake towards Coniston, continue to the boat landing stages, then follow paths to the B5285 road which takes us back to the coaches. There are places where the terrain is muddy and /or rocky so care is needed. Hopefully some lovely lake and mountain views.

D walk Leader Carol Higgins 7 miles Easy/Moderate

From Coniston a 150yds uphill walk leads us onto the disused Furness railway which we follow to Torver with good views of Coniston Water. From Torver we head to Mill Bridge, which is on Torver Beck, from where we head up onto the low moorland of Torver Beck Common and Kelly Hall tarn which is a lovely spot to enjoy views across the fells and nearby mountains of the Old Man and Dow Crag. Leaving the common we head down to the lake and an easy lakeside stroll back into Coniston.

E Walk - no leader - About 2 miles - Thanks to Paul Brown for this suggestion

Leave the coach park and turn left, walk up to the road junction and keep left, cross the footbridge over the beck, walk past the petrol station then take the next left into Lake Road. Walk down Lake Road to a stone bridge (Bannock Stone Bridge), don't cross the bridge but go through the gate on your right. Take the path to Coniston Hall. You can return via the same route, but a pleasant extra bit on the return is to follow the path from the gates by Bannock Stone Bridge, this takes you down to the lakeside to the cafe and boat landings.

<u>Pick up time for return journey.</u> Returning Home: 6.00pm from the coach park in Coniston. Book today for our next two coach rambles Garstang on November 4th and Knaresborough on 2nd December (Christmas markets and firework display) After today telephone Kathleen Parker on 01254 396894 (6.00pm to 9.00pm) for the Blackburn coach, or Margaret Boothman on 01282 692901 (6.00pm to 9.00pm) for the Burnley coach.

<u>2019</u> Many thanks to all those members who came to the planning meeting last month. Details of our 2019 programme will be in the October Area News and leaflets will be available later in the year. We have some new destinations and return visits to favourite destinations – all we need now are leaders and walkers. We need 70 bookings each month to continue with these very enjoyable days so please pass the word around to your families and friends about the coach rambles.

Next social event is a Quiz Night on Friday 26th October, 7.30pm at Burnley Cricket Club. Cost £4.00 including pie and peas for supper. Tickets today from Margaret Clark or ring her on 01282 616838.