

North East Lancashire Ramblers – Coach Ramblers Grasmere 3rd June 2018

Today the coaches will rendezvous at Burton in Kendal services on the M6 for a comfort stop. It is important for safety reasons that independent walkers leave details of your names and routes, and a mobile telephone number if possible, with the courier on your coach.

A Walk Leader Anthony Fleetwood 8.5 miles Strenuous

We start today's walk from the village of Rydal. It is a steady climb up to Fairfield, our highest point of the day at 2855 feet, via Nab Scar, Heron Pike, Rydal Fell and Great Gill returning to Grasmere via Tongue Gill. Sorry no trig points today. Total ascent 3434 feet.

B Walk Leader Paul Brown 9 ½ miles Moderate

We leave the coaches on the busy A591 road a mile after Troutbeck Bridge and then climb steadily for about 1½ miles to reach the highest point of the walk which is on a track, Robin Lane. We follow this undulating track to High Skelghyll, through Skelghyll Wood, then descend gradually into Ambleside. Lunch stop is in Rothay Park (toilets here), and then we continue to Scandale Bridge and Rydal. After crossing the A591 road and the River Rothay (footbridge) we walk above Rydal Water, then along the southern and western shores of Grasmere Lake, before joining a minor road which takes us into Grasmere Village where the walk ends. Some road walking but most of the route is on good tracks and paths. Please note - the descent through Skelghyll Wood is steep, the surface is rocky with tree roots so care is needed. Lovely lake and mountain views and a bit of history as well.

C Walk Leader Michael Bates 8 miles Moderate

The walk starts in Ambleside where we make our way towards Loughrigg. Fine views can be seen as we make our way up and then descend again eventually reaching Loughrigg Tarn. After a little road walking we turn right to cross Loughrigg Terrace where we can enjoy the stunning scenery of the Grasmere area. We then pass Rydal Cave the route taking us downhill towards Rydal Water before crossing the main road. Then we make our way up the short but steep ascent up to the Coffin Route which takes us to Grasmere via Dove Cottage, one of the homes of William Wordsworth. Most of the walking is on decent broad tracks but there are a couple of stony sections.

D walk Leader Hannah 7 miles approx. Moderate

From the coach park at Grasmere we walk through the village and along Langdale Road down to the lake shore which we follow to the weir. We follow the River Rothay through the woods to reach Rydal Water and eventually to the road. Taking the path through Dora's Field (sorry no daffodils) and St Marys Church. Time permitting we can spend time exploring Rydal Mount (waterfalls, gardens etc) before the short climb up to the "coffin route" with lovely views all the way back into Grasmere passing Dove Cottage and on to the village.

Pick up time for return journey. Returning Home: 6.00pm from the coach park. Blackburn coach to drop off in Clitheroe first, Burnley coach has Clayton le Moors as first stop.

Book today for our next two coach rambles – **Osmotherley on 1st July and Matlock Bath on 5th August** After today telephone Kathleen Parker on 01254 396894 (6.00pm and 9.00pm) for the Blackburn coach, or Margaret Boothman on 01282 692901 (6.00pm to 9.00pm) for the Burnley coach.

Leaders needed We still need an A leader for Osmotherley and B and D leaders for Matlock Bath. Plus other dates throughout 2018. If you are willing to lead at any time just let me know, or want more information give me a ring. Tel No 01254 235049 . Thanks to all our leaders and helpers. Sue.

Cancellation Policy. If you cancel your booking before the Wednesday lunchtime in the week of the coach ramble you can move your booking on to a future trip. If you cancel after this time you lose your booking and any monies paid and have to re-book and pay for your next coach ramble.

All welcome to a social day out on **Sunday 10 June** to Newby Hall near Ripon (£24 for coach and admission) with a meal at the Millstones on the way home (£16). See Margaret Clark on the Burnley bus today for more information and tickets or ring her later on 01282 616838.