

N. E Lancashire Ramblers – Coach Ramble to Keswick on Sunday 7th July 2019

After a rendezvous at Tebay Services on the M6 we will continue on towards Keswick. It is important for safety reasons that independent walkers leave details of your names and routes, and a mobile telephone number if possible, with the courier on your coach.

A Walk No volunteer today

B Walk **Leader Tony Culverhouse** **9 miles** **Moderate**

From Keswick we head for the lake jetty to enter Cockshott Wood. We carry on eastwards to climb Castlehead Summit – for views over the lake – before joining a road which soon becomes a gently rising track. We then descend through the National Trust's Great Wood (home to red squirrels), then head south, crossing Cat Gill and entering open countryside below Falcon Crag, climbing steadily to the famous Ashness Bridge. We then descend to a path adjacent to the Borrowdale Road and the Ladore Falls. A rising path brings us to a road which we follow north passing Surprise View and recrossing our outward route to Ashness Bridge. We cross the Borrowdale Road and follow the lakeside path back to Keswick. Some moderate uphills, but nothing too difficult.

C Walk **Leader Barbara Sharples** **7 miles** **Moderate/Strenuous**

At the foot of Borrowdale the highlight of the walk is the staggering view from the heights of Walla Crag where a rest stop will be taken to enjoy the superb views along the length of the 3 mile lake – west across to Cat Bells and beyond, southwest to Great Gable and north to Skiddaw and Blencathra. On route we will enjoy woods, open fell and the lakeside. We will start from the coach park and make our way through Spring Wood, following the stream up to the wooden footbridge, to join the lane at Rakefoot. We will then be on good paths and tracks but this walk does include uphill grassy slopes, a steep ascent and descent with a few stiles plus a short rocky section. Following the rest stop at the polished rock cap of Walla Crag we will make a gradual descent down open fellside to Ashness Bridge and our lunch stop. Bring your cameras as the view from here towards Skiddaw is magnificent. After lunch we have an easy low level but interesting walk along the lakeshore back to Keswick – or you could catch the ferry back (at your own expense).

D Walk **Leader Michael Bates** **7 miles** **Easy**

This is a superb walk through part of the delightful Newlands Valley, surrounded by magnificent mountain scenery. We leave Keswick making our way to the village of Portinscale, then through pleasant pastures before eventually arriving at Newlands Beck. We then follow the beck for over a mile prior to walking towards the foot of Cat Bells (but we don't climb it!). From here we turn northwards walking through attractive woodland before catching sight of Derwentwater at Nichol End jetty. We then make the short journey along the road into Portinscale prior to returning to Keswick. The walk is mainly on excellent paths, tracks and roads. It is virtually on the level, except about half way through the walk there is a slight incline for a way which becomes a bit steeper for the final 100 yards. There are no stiles.

Pick up time for return journey. Returning Home: 6.00 pm from the coach park in Keswick. Blackburn coach to drop off in Darwen first and Burnley coach to drop off in Clayton le Moors first.

Book today for our next two coach rambles **Denbigh on 4th August and Leyburn on 1st September**. After today telephone Christine Tormey on 01254 236068 (6.00pm to 9.00pm) for the Blackburn coach, or Margaret Boothman on 01282 692901 (6.00pm to 9.00pm) for the Burnley coach.

Leaders for 2019 Offers please for A, B and C walks at Denbigh on 4th August and A and B at Leyburn on 1st September.