



Ulverston Walk - 6th October 2019

Today we have a feeder coach from Nelson and a main coach from Darwen. The coaches will rendezvous at Whalley Bus Terminal. Feeder coach transfer only. The main coach will then travel to our comfort stop at Burton-in-Kendal services on the M6 and then travel to Ulverston. One drop off.

Walk Information

A Walk Leader Tony Culverhouse 11 miles

We head south out of Ulverston along the Cistercian Way heading for Urdwick Common and Appleby Hill (447 ft) - which is actually 10 feet higher than the more famous Hoad Hill. We then drop down to the Woodland Trust's Sea Wood and the coast path. We then head north past Bardsea and the woodland surrounding the hidden Conishead Priory passing through Sandside to Canal Foot. We then head back to Ulverston along the shortest canal in the country - if not the world.

B walk Leader Paul Brown 9 miles Moderate

Starting from the coaches in Ulverston we walk from the town centre to reach the Ulverston Canal, then walk alongside the canal to Canal Foot on the edge of Morecambe Bay. We continue to Salt Cotes and Sandhall then walk southwards alongside the Bay for about 1½ miles before turning inland to Bardsea village. We descend to Bardsea Green then climb steadily past woodland before crossing the edge of Birkrigg Common. After leaving the Common we follow a pleasant bridleway to Far Mount Barrow then continue to the outskirts of Ulverston to call at Swarthmoor Hall. We then walk on to Kilner Park and back into Ulverston town centre. Mixed terrain – road walking, country lanes, foreshore, tracks and field paths. Some interesting things to see along the way.

C Walk Leader Michael Counter 8 miles Moderate

We alight the coach in Ulverston and then head north along the Cumbria Way up to the hamlet of Broughton Beck. Our return now follows field paths and country lanes passing Mansrigg Hall. A final climb takes us up Hoad Hill and to the monument, built as a copy of the Eddystone Lighthouse and a tribute to Sir John Barrow, a founder member of the Royal Geographical Society. From this vantage point exceptional views of Morecambe Bay are to be had. Finally, we head back down into Ulverston.

D Walk Leader Carol Higgins 6 miles Moderate

Details available on the day.

Pick-up times and the Return Journey

1730 – Ulverston – Victoria Road opposite the library. The coach will meet the Nelson feeder coach at Whalley Bus Terminal. Drop off Clitheroe first main coach and Clayton-le-Moors for the Nelson feeder coach.

Our next 2019 Destinations & Leaders Needed

Holmfirth – 3rd November 2019 - A & D walk leaders needed please.

Kirby Lonsdale – 1st December 2019 – A & B walk leaders needed please.

BOOK TODAY during the outward journey please. In future, if you are paying on coaches, please can you have the correct amount of £15 in paper money or pay by cheque. After today PLEASE BOOK EARLY to avoid feeder coaches or disappointment. Phone Christine Tormey on 01254 236068 for the Blackburn Coach or Margaret Boothman on 01282 692901 for the Burnley coach BETWEEN 6:00pm and 9:00pm PLEASE.

The coach rambles are organised by members of North East Lancashire Ramblers. If you are not a member of the Ramblers Association please join today to enable the work of the RA to continue. Part of your membership fee will go to support local Ramblers Association groups.