



## Bowness/Windermere – 5<sup>th</sup> January 2020

Bowness-on-Windermere is a sprawling town on the shore of Windermere, about halfway along the 10.5-mile length of the lake. It is the Lake District's most popular destination. We have one coach from Darwen and a feeder coach from Nelson. The coaches will rendezvous at Whalley Bus Terminal and the main coach will then continue to our comfort stop at Burton-in-Kendal services on the M6.

**BOOK TODAY** during the outward journey please. In future, if you are paying on coaches, please can you have the correct amount of £15 in paper money or pay by cheque. The bank will not accept coins! Today and future trips **PLEASE BOOK EARLY** and **PAY IN ADVANCE** to reserve your seat/s and to avoid feeder coaches or disappointment. **Please do not put your name on the booking lists and reserve a seat for Marsden or Arnside/Silverdale unless you are paying today.** We need to reserve the next coaches within one week of the last coach ramble! Telephone booking details are on the reverse side of this leaflet.

### Walks Information

**B walk          Tony Culverhouse    10 miles          Moderate**

**First Off** - Bailing out at Kendal, we follow the river Kent north along a path and short sections of road, passing through Burneside to join the Dales Way. We stay on the Dales Way for the rest of our journey, passing through Boston and on towards Staveley. We then head south-west, passing New Hall Farm to follow a lane for a mile then a bridleway to Crag House Farm. We then head north to Outrun Nook Barn and Hag End before descending to Bowness. Quite a bit of tarmac country lanes and a steep section near Staveley. Muddy sections.

**C walk          Paul Brown                  7 miles          Moderate**

**Second Off** - We leave the coaches in Staveley and walk through the village to the station, walk under the railway then cross the bridge over the A591 road as we join the Dales Way route. We walk to Field Close, New Hall, Fell Plain, Borwick Fold, Hag End and Pinethwaite, before changing direction to walk southwards to Matson Ground. From here we walk westwards then descend steeply into Bowness where the walk ends. We follow mainly the Dales Way and walk quite a bit on quiet country lanes, but there are several ups and downs along the way. If it's a decent day we will take a detour to climb to School Knott to take advantage of lake and mountain views. Muddy, wet, and rocky surfaces in a few places so care is needed.

**D walk          Jane Cordingley        4 or 6 Miles          Moderate/Easy**

The distance will be decided by the Leader, Jane Cordingley, on the day subject to the weather conditions. On both walks there will be an option to visit Post Knott viewpoint – Leaders decision.

**Third Off** - Both walks – Alight coach at Windermere, walk back out of Windermere on A591 past railway station, take footpath to cross railway line, then climb woodland and field paths to arrive at base of School Knott. **4 miler** – crest School Knott – slowly - with views of Windermere, descend to School Knott tarn, pick up the Dales Way to return to Bowness. 111 metres of ascent. **6 miler** - footpath through School Knott plantation (may be very boggy!) pass Whasdike and Yews farm on good tracks before re-joining Dales Way at Hag Farm to return to Bowness. 150m of ascent. Please note: the footpath through School Knott is very boggy, uneven and slippery under foot. The final descent into Bowness is steep and can be slippery.

### Drop-off, Pick-up Times and the Return Journey

All **independent/self-guided walkers and day visitors** (not walking) will be dropped off **fourth in Windermere** or **fifth in Bowness** where the coach will be parked.

**Assemble at 1650 please for the return journey. There will be no pickup in Windermere for the return journey! All the guided led walks finish in Bowness.**

**DEPART BOWNESS 1700** – Independent/self-guided walkers and day visitors (not walking) & dropped off in Windermere will need to make their own way to Bowness – 1.4 miles and takes about 30 minutes at a steady pace. **There will be no pickup in Windermere for the return journey! The driver will confirm the pickup point in Bowness** (near Windermere Lake Cruises coach parking or nearby lay-bys). **Drop-off in Whalley first to meet the Nelson/Burnley feeder coach then Clitheroe for the main Blackburn coach.**