



ARNSIDE – 3rd OCTOBER 2021

Today we have one main coach and a feeder coach. The rendezvous point is Darwen Services – coach transfer only please! The comfort stop will be at Lancaster Forton Services on the M6. The main drop of point is Arnside and the other drop of point is Silverdale for the linear D walk.

BOOK TODAY for Pateley Bridge during the outward journey please and **BEFORE THE COMFORT STOP! The cost is £16 per ticket.** If you are paying on coaches, please can you have the correct amount of £15 in paper money plus a £1 coin ONLY and use the envelope provided. Pay £16 by cheque made payable to RA Coach Account – put the cheques in the folder not an envelope please. DO NOT put your name on the booking sheets and reserve a seat for Pateley Bridge unless you are paying today.

Walks Information

A Walk Leader: Paul McKearney 12-14 miles Moderate

The 'A' walk will start from Arnside climbing to Arnside Knott. After Arnside Knott, the route will go past Arnside Tower/Eaves Wood and then cross the golf course to Leighton Moss and Yealand Redmayne near Haweswater. Then it is over to Brackenthwaite Road, Hazlestack Tower Farm and Whin Scar to drop down to Beetham and pass the Corn Mill and Deer Park. After the Deer Park taking a lane that leads to Sandside Quarry and then pick up a nature trail/old railway line that connects to the shore route back to Arnside. If the conditions on the day dictate an alternative shorter route back this will be via Whin Scar and the Fairy Steps.

B Walk Leader: Tony Culverhouse 9.5 miles Moderate

We leave the Black Dyke Road out of Arnside, then a lane alongside Silverdale Moss and leaving this lane we follow paths and tracks into Gait Barrow Nature Reserve (Natural England) and Hawes Water (National Trust). Meeting the Red Bridge Road we travel south to cross a golf course to the 'Row' (an outlier of Silverdale Green). We then travel North to enter Eaves Wood Nature Reserve (National Trust) and the famous 'Peppercorn' before descending to Arnside Tower. We have a *climb* to Arnside Knott and then descend back to Arnside. Mainly level walking except for the *climb* to Arnside Knott.

C walk Leader: Frank Mason 7+ miles Fairly Easy

From Arnside along the disused railway line to Sandside, through the village to Storth up through the woods to Beetham Fell where we find the Fairy steps. We are then on part of the Limestone Link. We continue to Halstack tower and back through fields to Arnside.

D walk Leader: Hannah Rose 6.5 miles Moderate

OFF FIRST at SILVERDALE - This is a linear walk from Silverdale to Arnside. From Silverdale Green we take the woodland path to Burton Well and across Lambeth Meadow. A short climb (steps) leads us to Bank Well. We take a path to 'Low Row' and out onto Eaves Wood where we will see the beech circle. From Cove Road to the caravan park and over fields to Far Arnside then taking the woodland path and coast path to New Barns (café). Tide permitting, we follow the coast to Arnside. If its high tide we take the lanes and woods! Lovely views across the estuary on this walk.

If you want to do a self-guided walk, then you must tell the Courier or Coach Secretary. You will be given a coach ramble contact number. It is important for safety reasons that independent walkers leave details of your names, a brief route or map and a contact mobile number with the Coach Secretary or Coach Courier as we need this information in case of an incident.

Drop-off, Pick-up Times and the Return Journey All the guided walks finish in Arnside. The coach will leave at **5:30 pm prompt**. Please arrive 10 minutes early. The rendezvous with the feeder coach is Whalley Terminus. This will balance out on future trips e.g. Pateley Bridge and Knaresborough!