



## CONISTON, CUMBRIA – 2<sup>ND</sup> OCTOBER 2022

The route and your pickup time may be changed due to the M6 bridge repairs and a possible closure for the weekend of the 30<sup>th</sup> September. We will have one main coach and a feeder coach. The planned rendezvous point is Whalley Terminus and there will be a comfort stop enroute at *Burton-in-Kendal services* on the M6 northbound between J35 and J36. The comfort stop may be cancelled due to road works and delays. ***Self-guided walkers and day visitors must use the Coniston official drop-off point.*** Coniston is one of our regular destinations.

**ON THE DAY** – Please speak to your Couriers Elaine (Burnley) and Lynne (Blackburn) if you require more information about today or have any questions about future bookings. – see separate sheet.

**DROP-OFFS** – All walks start in Coniston, independent/self-guided walkers and day visitors will be dropped off in Coniston at the village car park. See RETURN below.

**WALKS INFORMATION FOR CONISTON – On the walks** - you must not walk in front of the Leader. There is no requirement for the Leader to call you back if you go ahead on the wrong route! There may be safety instructions during the walk which you need to be aware of. The LEADERS pioneer and risk assess each route. Their experience may mean they need to respond to changes on the day and you MUST be able to hear their instructions. At the comfort stop please ask the Leaders about their walks so you select the right grade of walk. PLEASE REMAIN WITH THE LEADER UNTIL THE END OF THE WALK AT THE COACH AND/OR ALL WALKERS IN YOUR GROUP HAVE ALSO COMPLETED THE WALK AND BEEN ACCOUNTED FOR. **'We start our walks together and we finish our walks together please.'**

### **B Walk Leader: Tony Culverhouse 10 miles Strenuous**

We will set off north-east from Coniston along the Cumbria Way to the famous Tarn Hows (National Trust) passing through some lovely Lakeland countryside. We go along the western shore then head south-east to the hamlet of Knipe Fold, then across fields to Hawkshead Hill village. Forestry tracks lead us back to Coniston. Some quite strenuous sections. Some very stony tracks. Tarn Hows and Coniston Water are two contrasting bodies of water – the former is a small reservoir, and the latter is the 3rd largest 'lake' in the district. Get ready to soak up some special views of the Lakeland fells on this walk.

### **C walk Leader: Michael Counter 8 miles Moderate**

We alight the coach in Coniston and head off in the direction of Water Head Pier and then field paths to Bowmanstead. A bridle path is followed and then field paths towards New Intake. A short sharp climb takes us up to Walna Scar Road and then its onward on good tracks to pass behind The Bell. The route now drops down the Copper Mines valley with excellent views of the surrounding mountains, including Coniston Old Man and Wetherlam. After crossing Miners Bridge, we follow the main track and onto the bridleway through the forest under Yewdale Crag. Our return to Coniston is along the Cumbrian Way to the Shepherd Bridge. This walk does involve some hill climbing but nothing too long or arduous.

### **D walk Leader: Jane Cordingley 6 miles Fairly Easy**

Leaving Coniston, we walk uphill (short steep section less than 0.5 mile) through the village to head south on a bridleway and disused railway to Park Gate, through Park Coppice onto Crook (Lunch - hopefully with good views over Coniston). We then head east, and descend, to join The Cumbrian Way, via Brackenbottom Farm and Torver Common Wood. Some steep stony sections of decent. Then along the lake shore all the way back into Coniston, passing Coniston Hall. 349 feet of ascent. No stiles.

**SELF-GUIDED WALKERS – ESSENTIAL** – it is important for safety reasons that independent walkers leave details of your name, names of people in your party, brief route description or map and a contact mobile number with your Coach Courier on the day. We need this information in case of an incident and/or you are not back at the coach by the departure time. You will be given a contact mobile number for use on the day.

**RETURN** – ***Please be at the coach park for 5:15pm. Please arrive 15 minutes early and be settled in your seats by 5.25pm.*** The coach will ***leave at 5.30pm prompt. Earlier if everyone is settled in their seats!*** Coniston Village carpark postcode: LA21 8EH Grid reference: SD303975. w3w [///stirs.loud.penny](https://www.stirs.loud.penny) The rendezvous with the feeder coach will be confirmed on the day probably Darwen. Subject to M6 closures.

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