CONWY, NORTH WALES – 12th JUNE 2022



Today we have one main coach (Colne to Darwen) and a feeder coach (Clitheroe to Darwen). The rendezvous point is Darwen Services, and the comfort stop is at Chester Services. As we have a large executive coach, we cannot use the archway entrance in Conwy to access the car park. This means a scenic route and an extra seven miles on our journey via Tal-y-Cafn. Drop-off point for everyone at **Morfa Bach car park** with a little cafe and toilet facilities, a 4-min walk from Conwy Castle and easy access to the town.

TRAVEL INFORMATION - It would be appreciated if we all sit down quickly after getting on the coach, make the comfort stop a quick visit (this, in theory, is just a brief stop). <u>In Conwy let the B, C and then D walkers off in this order please as they have long walks.</u> Be ready to get off at our stops on the return journey. We don't want the drivers running out of time! Finally, take your litter home and try to leave the coaches as tidy as possible - no muddy boots on board please. The drivers have a long day!

WALKS INFORMATION FOR CONWY

On the walks -- You must not walk in front of the leader. There may be safety instructions during the walk which you need to be aware of. The Leaders pioneer and risk assess each route, but their experience may mean they need to respond to changes on the day and you must be able to hear their instructions. At the comfort stop please ask the leaders about their walks if you are unsure which ramble to select.

A/B++ WALK LEADER: TONY CULVERHOUSE 10.5 MILES MODERATE A / STRENUOUS B FIRST OFF - From the coach we head up into Conwy town. We leave the town and start to climb steeply up onto Conwy Mountain and its many steep peaks (spectacular views though). We then descend to the Sychnant Pass and head up across moorland before descending to the village of Henryd. From the village there is some road walking along a quiet country lane until a ladder stile takes us into scenic farmland and more climbing. We then begin to level off and start to descend into Conwy. Spectacular views, a few ladder stiles. Although this is not an 'A' walk distance it is pretty close and with the climbs any 'B' walkers should think very carefully before attempting this walk as it will be at the 'A' walkers' pace!

C+/B WALK LEADER: MICHAEL BATES 7 MILES EASY B/ MODERATE C SECOND OFF- We leave Conwy via the main Bangor Road before reaching a steep path. This path takes us through lovely woodland. The gradient gradually eases as we make our way through gorse and bracken eventually reaching the summit of Conwy Mountain, just over 800 feet above sea level. At the summit there are allegedly the remains of an iron age fort (but don't get too excited). Here there are fabulous views in all directions. Afterwards we start the descent bringing us to the head of the Sychnant Pass where there are lovely views of the surrounding hills and valleys. Our return route takes us through fields before reaching Mount Pleasant where the road leads us down back into Conwy. As an option at the end of the walk there will be an opportunity to walk along the town walls for those who wish to do so. Whilst the distance is 7 miles the climb and terrain makes this a moderate not an easy 'C' walk.

D WALK LEADER: LYNN BOURKE 6 MILES MODERATE

<u>THIRD OFF</u> - Welcome to Lynn Bourke who is leading her first walk for Coach Rambles. Lynn has experience leading walks for local groups based in Lancashire. From the coach we walk down to the Quay, passing the Smallest House in Britain. We then walk along the estuary, passing Bodlondeb Wood, before crossing the railway by footbridge. We climb slowly and steadily along the lower slopes of Conwy Mountain, enjoying fabulous views of the hills and valleys as we go. Our return route takes us through Pensychnant Nature Reserve before walking through fields to Mount Pleasant and descending back into Conwy. One ladder stile, one step stile and 5 kissing gates

People wishing to do a SELF-GUIDED WALK are welcome on coach ramble trips. You must get off at one of our guided/led walk drop-off points. ESSENTIAL - It is important for safety reasons that independent walkers leave details of your names, brief route description or map and a contact mobile number with the Coach Secretary (coachramblenel@gmail.com) or Coach Courier as we need this information in case of an incident. You will be given a NE Lancs Coach Ramble mobile number for use on the day.

Return Journey - The coach will *leave at 6.00pm prompt* from Morfa Bach car park LL32 8FZ. *Grid Reference* SH782773. *What3Words* ///emailed.chairing.harmonica. Please arrive 15 minutes early and be settled in your seats by 5.55pm. The rendezvous with the feeder coach is Darwen Services.

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