



## Ambleside – 3 December 2023

### A/B Walk Details

**Leader:** Tony Culverhouse  
**Distance:** 8 miles moderate

We leave the coach at Windermere and climb the winding track to the famous viewpoint of Orrest Head (784 feet) with views over the lake and out to Coniston Old Man, the Langdales, Great Gable and Scafell. We descend the slippery when wet stony path and continue north to Troutbeck Village. We then head north-west along Robin Lane, giving us views to rival Orrest Head. We pass Jenkin's Crag, giving us more great views as we descend into Ambleside.

Good walking conditions, apart from the dodgy descent from Orrest Head.

### C/D Walk Details

**Leader:** Graham Wrigglesworth  
**Distance:** 7.5 miles moderate with the option of an easy 3.5 miles or a moderate 6.5 miles available.

Starting from Ambleside we walk through the park, crossing over the river to follow the country road through Rydal Dale to Rydal Bridge. Here is where people wishing to do the 3.5 mile walk leave, returning back to Ambleside by the way we came.

We then turn left on a steady climb up to Rydal caves. After passing the caves, we continue on the path above Rydal Water as far as White Moss Wood, where we descend down through the wood to follow the lower path on the lakeside to the bridge access for the Badger Inn. Just before this we take a path up the hill to join the country road back to the park bridge. Those wishing to do the 6.5 mile walk cross the bridge here and pass through the park into Ambleside.

The remaining walkers carry on along the country road to the Hawkshead road then continue, making our way on paths and road, to the A591 at the garden centre. We then follow the A591 back into Ambleside.

### Self-guided walkers:

Please let Lynn or Elaine know your general route and take a contact number card in case of emergency.

### Return Journey:

**The coach will be parked at the Coach Stop (opposite Temple Heelis Solicitors), Kelsick Road, Ambleside, LA22 0BZ - W3W ///sulked.slicing.overpaid - and will leave at 5pm prompt. Please be back at the coach at least 10 minutes before this time.**

### Our Next Trip:

Bookings open today for the next coach trip to Grassington on 4<sup>th</sup> February 2024. Tickets are £19 per person for this trip. You can pay by cheque or cash on the coach, or by card through Ticket Tailor (booking fee applies):

<https://www.tickettailor.com/events/northeastlancscoachrambles>

Telephone bookings (cheque/cash payments) will be available from **Monday 4<sup>th</sup> December 2023**. Jane Cordingley is our volunteer for telephone bookings. Her number is 01254 773913 and she will take bookings from 8am-9am and 6pm-8pm, Monday to Friday only. If Jane is unavailable, please ring Lynn and leave a message (07895760045) and she will get back to you.

## 2024 Coach Rambles

Our coach trips in 2024 will take us to the following destinations:

Date	Destination	Price
4/2/24	Grassington	£19
3/3/24	Ilkley	£19
7/4/24	Kendal	£20
12/5/24	Bakewell	£21
2/6/24	Hawes	£20
7/7/24	Keswick	£23
4/8/24	Frodsham	£20
1/9/24	Appleby	£23
6/10/24	Holmfirth	£20
3/11/24	Saltaire	£19
8/12/24	Knaresborough (Christmas Market)	£20

### Could you lead a walk for us?

We are desperately in need of walk leaders for our coach trips! Leaders must be a member of Ramblers and must have previous walk-leading experience.

Walk leaders receive a free coach seat on the trip that they are leading for and £20 towards expenses for completing the recce of the route. Support is available with planning a route and travelling to the destination for the recce.

If you are interested, or if you have any questions, please email Lynn at [nelcoachrambles@gmail.com](mailto:nelcoachrambles@gmail.com) with details of your experience.



### Thank You!

As we end the coach rambles for 2023, I would like to thank everyone who has been on a coach trip and supported me during my first year as Coach Secretary!

A special thanks must go to all the walk leaders, Jane Cordingley, Elaine Bates and Carol Wrigglesworth for all your help with organising and ensuring each trip goes smoothly!

I would like to wish everyone a very Merry Christmas, and All the Best for 2024!

Lynn

**If your Ramblers/walking group would like to advertise an event on this publication (free of charge), please email Lynn at [nelcoachrambles@gmail.com](mailto:nelcoachrambles@gmail.com) with details.**