

Keswick - 7 July 2024

A/B Walk Details

Leader: Tony Culverhouse **Distance**: 8 miles moderate

From Keswick, we follow the eastern shoreline of Derwentwater, passing such famous landmarks as Friar's Crag and Calfclose Bay. We then head inland along a steepish lane (not as steep as the footpath out of Hawes!) to the famous Ashness Bridge. We head north-east along a rising path passing Falcon Crag to Walla Crag overlooking Derwentwater. We then begin to descend, passing Rakefoot through Spring Wood, before heading west through Castlehead Wood and Cocksfoot Wood back to Keswick.

This may be short for an A/B walk, but we are travelling to the northern-most part of the Lake District, so it will probably be around lunchtime when we arrive in Keswick. The distance is due to time factors and not difficulty factors, although there is a bit of climbing involved.

C/D Walk Details

Leader: Jane Cordingley

Distance: approx 7 miles with 4-mile option

available - both moderate

We leave Keswick, taking a woodland climb to the Castlerigg campsite and onto the Castlerigg Stone Circle for lunch and exploration. 502 ft of ascent. Those wishing a very short walk can return to town via the roads from here (4 miles). We then take field paths and quiet country roads then; oin onto the disused railway line (Threlkeld to Keswick). Due to the distance/time travelling to Keswick and to give everyone time in Keswick at the end of the walk we will all return to Keswick via the level, well surfaced disused railway track - which is punctuated with information boards, old photos etc making for a leisurely stroll.

Approx 7 miles. 1 stile (avoidable via short detour). My original plan to walk through Brundholme woods was scuppered by a disappearing concessionary path and some short steep descents with loose shale!!

Self-guided walkers:

Please let Lynn or Elaine know your general route and take a contact number card in case of emergency.

Return Journey:

The coach will be parked on the Lakeside Car Park, Lake Road, Keswick – W3W ///lakes.nurtures.chins - and will leave at <u>5:30pm prompt</u>. Please be back at the coach at least 10 minutes before this time.

Our Next Trip:

Bookings open today for the next coach trip to Frodsham on 4th August 2024. Tickets are £20 per person for this trip. Tickets can be bought with cheque or cash payments on the coach today, or by card through Ticket Tailor (booking fee applies): https://www.tickettailor.com/events/northeastlancscoachrambles

Telephone bookings (cheque/cash payments) will be available from <u>Monday 8th July 2024</u>. Jane Cordingley is our volunteer for telephone bookings. Her number is 01254 773913 and she will take bookings from 8am-9am and 6pm-8pm, Monday to Friday only. If Jane is unavailable, please ring Lynn and leave a message (07895760045) and she will get back to you.

2024 Coach Rambles

Our coach trips in 2024 will take us to the following destinations:

Date	Destination	Price
4/2/24	Grassington	£19
3/3/24	llkley	£19
7/4/24	Kendal	£20
12/5/24	Bakewell	£21
2/6/24	Hawes	£20
7/7/24	Keswick	£23
4/8/24	Frodsham	£20
1/9/24	Appleby	£23
6/10/24	Holmfirth	£20
3/11/24	Saltaire	£19
8/12/24	Knaresborough (Christmas Market)	£20

Could you lead a walk for us?

We are desperately in need of walk leaders for our coach trips! Leaders must be a member of Ramblers and must have previous walk-leading experience.

Walk leaders receive a free coach seat on the trip that they are leading for and £20 towards expenses for completing the recce of the route. Support is available with planning a route and travelling to the destination for the recce.

If you are interested, or if you have any questions, please email Lynn at nelcoachrambles@qmail.com with details of your experience.

If your walking/Ramblers group would like an event advertising on this monthly information sheet free of charge, please send details to Lynn at nelcoachrambles@gmail.com