

**MINUTE OF MEETING OF THE HIGHLAND SENIOR CITIZENS NETWORK HELD AT INSHES CHURCH,
INVERNESS AND VIA ZOOM ON MONDAY 27 APRIL 2026 AT 10:00**

Present: Ian McNamara, Chair
Isla Cuthbert (Zoom)
David Hannah (Zoom)
Robert Kay
Lesley McDade
Ann McKay
Brenda Nicolson (Zoom)
Joan Philip
Rob Polson (Zoom)
Irene Robertson

Apologies – Isabelle MacKenzie

1 WELCOME AND APOLOGIES

The Chair welcomed everyone to the meeting. Apologies were as noted above.

2 DECLARATIONS OF CONFLICT OF INTEREST

There were none declared.

3 MINUTE OF 30 MARCH 2026

The Minute of 30 March 2026 was approved.

Proposer: Robert Kay

Seconder: Isla Cuthbert

4 NEW TRUSTEES

There were no new applications.

5 FUNDING SUBMISSION TO NHS HIGHLAND

A response was awaited from NHS Highland to the funding submission sent by the Chair following the last Trustees meeting on 30 March 2026. In the meantime the Chair had asked Donna to do some budgetary calculations to enable us to identify when our remaining funding, currently being used to cover operating expenses and the production of a bi-monthly news-sheet, would be exhausted. In the event that no funding was received from NHS Highland the Board would need to develop an exit strategy and agree a date by which the process of winding up the organisation should commence. It was agreed that this discussion would take place at the Trustees meeting scheduled for 31 August 2026.

6 MEETINGS ATTENDED

- **Strategic Planning Group 16 April 2026:** Reporting on the discussion that had taken place at this meeting, the Chair highlighted the need to clarify how service user representation would be achieved within the strategic planning framework.
- **Social Prescribing:** Ann reported that the first Social Prescribing Newsletter of 2026 was now available. It updated on the work of the Social Prescribing Coordinating Group to develop a Highland framework, and also gave details of various events promoting social prescribing. A copy of the newsletter would be circulated to the Trustees for information.

7 GET-TOGETHER WITH AGE SCOTLAND

The Get-together with Age Scotland would now be held on Wednesday 27 May 2026 in the Library, Farraline Park, Inverness, from 12.30 – 15.30. Details of the event would be circulated to all HSCN members.

8 OLDER PEOPLE'S CHAMPIONS – ISSUES FOR DISCUSSION

The Board noted the circulated update from Isabelle advising that the OPC meetings with Age Scotland would no longer take place following the redundancy of their Coordinator. She had written to Scottish Ministers expressing concern at this development.

On the matter of door-step crime, Isabelle drew the Board's attention to a QR code that could be used to report scams and other offences online.

9 FINANCE REPORT

The Board noted the circulated financial report to 31 March 2026.

10 DATE OF NEXT MEETING

The next Board meeting will be held at Inshes Church, Inverness on Monday 25 May 2026. The Zoom facility will be available for members who cannot attend in person.

The meeting closed at 10:40