**The Ramblers - St Andrews & N.E. Fife Group**

In mid-June St Andrews and NE Fife Ramblers made a return visit to Norman’s Law and Glenduckie Hill in more favourable weather conditions than last year, when the heavy mist had dashed any prospect of ‘great all-round views’ of the North Fife countryside. Setting off from Luthrie we soon gained height as we made our way towards the Law. After a short coffee stop in the mild sunshine we began the ascent of the hill itself. As the group stretched out a little your correspondent contrived to go temporarily ‘off-piste’; nevertheless she managed to rejoin her fellow walkers at the summit. There we were indeed rewarded with stunning views along the Tay from Perthshire to Dundee, over to the Lomonds and catching a glimpse of the Forth and the Pentland Hills in the distance. On our descent we demonstrated an impressive range of flexibility and ingenuity as we clambered over, under and around a large fallen tree blocking the path. Continuing on towards Glenduckie we undertook the most strenuous ascent of the day, described accurately by our walk leader as ‘a long slog’ up to the hill fort site. Once again our efforts were rewarded with clear views in every direction and the perfect place for lunch. On our descent we navigated our way successfully through a large nettle field and then rejoined the coastal path which took us back through the woodlands of Aytonhill towards the Law. Unsurprisingly no one elected to reclimb this from the other direction! Stopping briefly where we had enjoyed our morning coffee (and where one of our number was pleased to recapture the spoon which had escaped earlier from her rucksack) we then completed our descent to Luthrie. Unusually, we headed straight home with no café stop, pleasantly tired after this more challenging, ‘undulating’ 11-mile walk, and very happy that the rain that had been forecast for the afternoon had kept away.

Our next walk is on Sunday 23rd June, at Glen Derby, Kirkmichael, Grade B, 7.5 miles. This moderate walk follows paths and tracks through woodland and over moorland, with some sustained ascents. Contact 01334 656137 or 07526 670535.

For more details please visit our website [www.standrewsnefiferamblers.com](http://www.standrewsnefiferamblers.com)

Come and try your first walk with us to see if Ramblers is for you!