

## The Ramblers - St Andrews & N.E. Fife Group

A good turnout of 12 St Andrews and NE Fife Ramblers and 4 visitors from Glenrothes enjoyed an 8-mile walk at Dalgety Bay on a bright, though somewhat chilly autumn day towards the end of October. Shortly after setting out from the railway station we took a winding path leading up through Fordell Glen. Towards the top we had our morning coffee with glimpses of the three bridges over the Forth in the distance. Emerging shortly afterwards from the woodland shade into the sunshine, we appreciated the slight rise in



temperature as we followed the farm tracks down to the main road. Our route then required a short spell of 'urban tramping' through an industrial and residential area before joining the Fife Coastal Path. There we stopped to explore the ruins of St Bridget's Kirk, built in 1170, and to admire the clear views across the estuary to Edinburgh. We continued along the Path to our lunch venue at Downing Point, where the wind by now was rather 'brisk' but the views were still impressive. On the next leg towards St David's Harbour some of us

took a minor but rewarding diversion, clambering up a slightly tricky path to benefit from more stunning views towards the bridges. The last section of the walk involved a steep climb up steps to Letham Hill. Our walk leader (also known as your correspondent) has a somewhat distinctive understanding of the word 'ascent'; notwithstanding her assurances that, having reached the top of the steps, all ascent was now completed, the path through the trees continued to 'undulate' for a good distance before finally dropping down steeply to our starting point. We then repaired to a friendly, (though sconeless) café in Aberdour before making our way home after a most enjoyable day.



View from Fordell Wood



Ramblers at St Bridget's Kirk

Our next walk is tomorrow (Saturday) 9<sup>th</sup> November, at Tentsmuir Forest, Grade C+, 9 miles. This circular walk to enjoy the autumn colours takes us into Tentsmuir Forest via Reres Wood and returns along the Fife Coastal Path. All of our walks are open to guests who would like to try out The Ramblers, and full details can be found on our website [www.standrewsnefiferamblers.com](http://www.standrewsnefiferamblers.com)