

The Ramblers - St Andrews & N.E. Fife Group

On the first ramble of 2020, on a fair but overcast day in early January, 20 members and 3 guests set out on an interesting and varied circular walk from Cupar. This walk features in the Cupar walks leaflet compiled by the group and takes in Cairngreen Wood and Dura Den, returning to Cupar by Hawklaw. Although a long walk it was fairly flat after the ascent of the Moor Road. We stopped for coffee in the shelter of Cairngreen Wood and had lunch by the charming A-listed Gothic church with fine views of the 16th century Dairsie Bridge and surrounding countryside. A very enjoyable walk to start the new year!

Our leisurely circular walk at the Eden Estuary in the middle of the month also attracted a good turnout. Setting off from the car park at Tentsmuir on a sunny, blustery morning, we turned immediately into the bracing wind as we made our way along the beach. We managed to find a sheltered spot for coffee, and welcome respite from the swirling sand, before heading into the relative calm of the woods. The final stage of the walk took us behind the dunes and back to the car park. We then adjourned, with glowing and somewhat sand-blasted faces, for a well-deserved lunch in a nearby café.



On our final outing last month 10 walkers gathered for a scenic, 8-mile circular walk on a bright, if rather chilly day at Pool of Muckhart. Our walk leader had chosen the picturesque Muckhart Mill for our coffee stop, after which we continued towards Rumbling Bridge. There we stopped to admire the River Devon coursing its way through the deep, narrow chasm before we settled for lunch beside the popular woodland path above the river bank. On returning to our starting point we made straight for tea and scones at a local café, well-frequented by

Ramblers, to complete another fine day's walking.



Our next walk is on Sunday 16th February at Meigle and Ardler, Grade C, 7 miles. This is a moderately low level, circular walk on paths and tracks through farmland and woodland, with some minor road walking. All of our walks are open to guests who would like to try out The Ramblers, and full details can be found on our website

www.standrewsnefirramblers.com