

## The Ramblers - St Andrews & N.E. Fife Group



St Andrews & North East Fife Ramblers were delighted to welcome 20 people to a 'taster' walk for non-members towards the end of last month. Ramblers Scotland publicised the event on social media and our local group organised a 4-mile scenic walk starting from St Andrews town centre. Our route took us along Lade Braes, across the bridge towards Hallow Hill and then on to Spinkie Den. We made our way up through the den and along the fenced track near Cairnsmill Caravan Park. By the time we

crossed the A915 and headed uphill to Wester Balrymonth the weather was turning unexpectedly cool. On reaching the highest point we admired the panoramic views over St Andrews before seeking shelter from the chill wind in the small woodland nearby for a brief lunch stop. We then continued downhill and through the town back to our starting point in South Street. Our visitors clearly enjoyed the walk and the opportunity to meet some of our members.



Our leisurely Wednesday walk this month was at Kingsbarns, where we had a strong turnout of 22, including some from our taster walk and a couple of new members, as well as many of our regular walkers. We set out from the village heading north, turning right shortly afterwards onto a track leading down to the coastal path. There we headed back towards Kingsbarns and our very civilised lunch stop in the sunshine at the picnic tables. Suitably refreshed, we continued past the golf course and then turned onto a track leading gently uphill towards the distillery. The final stretch took us through Cambo Estate, along the woodland path parallel to the A917 and back to the car park. Apparently waiting there patiently for our return was the friendly black cat that had greeted us on our arrival – which, despite the rumours, had not been brought along for the day by one of us!

Details of our walks – which are open to guests as well as members of Ramblers – can be found on our website [www.standrewsnefiferamblers.com](http://www.standrewsnefiferamblers.com)