

The Ramblers - St Andrews & N.E. Fife Group

St Andrews & North East Fife Ramblers met at the Fluthers in Cupar towards the end of January for a leisurely 7-mile circular walk to Ceres. We made our way through the town to the Moor Road and kept to the western edge as we ascended through the woods, before stopping briefly for coffee at the top of the hill. We continued onto the track leading to Whitehills and the long straight descent to Wemysshall Road. Our route then took us along the path towards Hill of Tarvit, across the road at Wemyss Hall Mains and down into Craigrothie. There we carefully picked our way up the very muddy path through the den to the main road and headed straight over towards Denhead Farm. We then followed the grass path, which forms part of the Pilgrim Way, to Ceres and our lunch stop at the playpark, where some of the group couldn't resist having a go on the swings. Suitably refreshed – and entertained –



we crossed the bridge over the burn and headed through the village towards the Moor Road and our final, moderate ascent of the day. As we came back down the hill through the wood, the light rain forecast for early afternoon was just starting to make an appearance. Some of us adjourned for a welcome post-walk cup of tea before completing the last stretch into town and back to the car park. Another fine day's walking in good company!

Details of our walks – which are open to guests as well as members of Ramblers – can be found on our website www.standrewsnefiferamblers.com