

## The Ramblers - St Andrews & N.E. Fife Group



Eleven members of St Andrews & North East Fife Ramblers enjoyed a 5.5-mile coast and country walk around Earlsferry last week. Meeting at the car park near Shell Bay, we set off through the wood to join a path beside Cocklemill Burn and on towards the shoreline. We stopped near Ruddons Point for a coffee break before making our way down to the unexpectedly sheltered beach at Shell Bay.

From there we took the somewhat muddy, undulating coastal path towards KinCraig Hill, with panoramic views across the Forth. There our leader – another very adept stand-in for the original leader – proudly showed us one of his former places of work before taking us on to our lunch stop. He had chosen the perfect spot, high above Earlsferry Links, and as we perched there in the mild sunshine the golfers (and non-golfers!) among us enjoyed the opportunity to critique the skills of the players below.



Suitably refreshed and entertained, we descended to the shoreline and continued into Earlsferry, stopping to read a little of the history of Chapel Green, the site of a hostel which served as a shelter for pilgrims crossing the Forth by ferry from North Berwick to visit St Andrew's shrine. Our final mile took us across the golf course towards Grangehill and along a track back to the car park. A very pleasant walk was completed in the customary manner with a visit to a nearby café before we set off for home.



Our next walk is tomorrow (Saturday 28<sup>th</sup> January), an 8-mile circular walk around St Andrews on good tracks, paths and minor roads through farmland and woodland, with fine views of St Andrews to the north. All of our walks are open to guests who would like to try out The Ramblers, and full details can be found on our website

[www.standrewsnefiferamblers.com](http://www.standrewsnefiferamblers.com)