## The Ramblers - St Andrews & N.E. Fife Group



On a frosty December morning ten Ramblers including a visitor from Perth group gathered at Balmerino Abbey for a 4.5-mile walk at Coultra Hill. We set off into the woods towards Birkhill, catching glimpses of the Tay through the trees while carefully negotiating the tree roots on the undulating coastal path. Further on, we left the coast and headed uphill, first gently

and then on a steeper section to join the woods at Coultra Hill. After a short break for lunch we continued through the woodland, the way gradually becoming less clear and not a little tricky under

the debris from fallen trees. Our leader, while always sure that we were heading in the right direction, was nonetheless





café in Cupar.

pleased to find the path that would take us out of the woods. From there we joined the minor road leading down to our starting point, providing a splendid view over the Tay in the winter sunshine. For our post-walk refreshments we headed once again to a familiar