## The Ramblers - St Andrews & N.E. Fife Group



A chilly wind greeted the eighteen Ramblers who gathered in Marketgait, Crail at the end of October for our 7-mile walk along the coastal path to Fife Ness and the return inland via Wormiston. On our way through Crail we stopped briefly to visit the restored doocot before continuing through the caravan park and on to Kilminning Community Nature Reserve. Here our leader gave us an insight into the Crail community initiative to protect the site for wildlife, particularly migrant birds, with significant wetland and

meadow rewilding undertaken in 2022-24. By now the coastal path was guite sheltered from the wind

and we continued in pleasant autumn sunshine towards Fife Ness and our destination for lunch beneath the lighthouse. The three gentlemen Ramblers of a certain age sitting together on a bench reminded your correspondent of an old television sitcom set in Yorkshire, but for some reason they were less than impressed with

harbour and Constantine's of the golf course we left the Wormiston we admired clinging to a tree before tracks back to Crail. For our had arranged with a local pancakes and these were



the comparison. After lunch we carried on around the headland past the old Fife Ness Cave, and after following the edge coastal path to head inland. At some impressive mushrooms completing our walk along the post-walk refreshments our leader provide freshly-made hotel to much appreciated after a verv

enjoyable coast and countryside outing.

Our next walk is on Wednesday 13<sup>th</sup> November at Redmyre Loch, Tullybaccart, a moderate low level route of 5.5 miles on minor roads, tracks and paths through farmland and forestry. All of our walks are open to guests who would like to try out The Ramblers, and full details can be found on our website www.standrewsnefiferamblers.com