

The Ramblers - St Andrews & N.E. Fife Group



Despite the forecast of rain, fifteen Ramblers assembled at Wormit Bay last Saturday for an 8.5-mile coast and countryside walk to Balmerino. A few of us arrived in waterproof gear, fully prepared for the elements, while others eschewed this – and the optimists got it right as the mist gradually lifted and the sun made a brief appearance in the afternoon.

We set out on the coastal path towards Balmerino, and after an undulating stretch of 2.5 miles we were ready for our first break in the tranquil grounds of Balmerino Abbey. From there we turned inland and circled around towards the woods at Birkhill, carpeted with bluebells and wild garlic. After another break down at the shoreline we continued through the woods and back towards Balmerino. From there we returned on that same 2.5-mile undulating stretch back to Wormit, by which time we were glad to have a refreshing cup of tea in a lovely local café before heading home.



Our next walk is on Sunday 11th May, an 8-mile circuit at Dunkeld taking in the Hermitage and Ossian's Hall, following the River Braan to the Rumbling Bridge. All of our walks are open to guests who would like to try out The Ramblers, and full details can be found on our website www.standrewsnefiferamblers.com