

The Ramblers - St Andrews & N.E. Fife Group



The continuing good weather attracted a large turnout of seventeen Ramblers for our walk at Newburgh last Saturday – or perhaps it was a happy coincidence of timing with the town's annual plum market? In any event, at the invitation of our leader, before starting the walk most of us made a beeline along the High Street to make some fruitful purchases. Once we had regrouped we headed back into the town and uphill, quickly gaining



expansive views over the Tay and the Perthshire countryside beyond. We then dropped down through a small orchard with impressive damson-laden trees, diligently complying with the instruction 'no scrumping', before crossing the road to follow a track towards the river. Further along the shoreline we stopped for our first break at a pleasant recreational area on the site of the former linoleum factory. Continuing westwards into a wooded area, our leader explained that the recce had identified that the path was completely overgrown further ahead, thus thwarting the original plan for a circular route; so after enjoying the shade for a short time, we would return towards Newburgh. After an obligatory group photo beneath the archway at the start/end of the Fife coastal path we made our way up Woodriffe Road, turning onto a track to Ninewells Farm. This was an old cart track to Macduff's Cross, said to have been used when he was fleeing Macbeth, as well as by Roman patrols and Queen Victoria; and was also part of by ancient earls of Fife to reach Scone Abbey. Our lunch where we enjoyed more the river before retracing our home we called in at Cairnie after yet another splendid glorious weather.



stunning late-summer views over steps back to the town. On our way for our traditional refreshments coast and countryside walk in

Our next walk is on Tuesday 2nd September, a 5-mile circuit at Keil's Den, Lower Largo on woodland paths, farm tracks and minor roads. All of our walks are open to guests who would like to try out The Ramblers, and full details can be found on our website

www.standrewsnefiferamblers.com