Cairngreen Woods walk, Cupar

What better way to blow off the cobwebs after a busy festive period than to take a walk in the cold, dry air in the countryside near Cupar. So it was, that 14 of us gathered at the Fluthers car park to start our walk up the Ceres road towards the Cairngreen Woods.

The long, slow climb up the path to the east of the golf club led to a few walkers taking it easy, after a few weeks without a group ramble. Once at the top, we followed a core path leading to the road to Ceres and after a brief walk down this road, turned right towards the woods at Cairngreen.



A short drinks stop was taken at a suitable 'resting' place, before following the woodland track through and towards the outskirts of the



wood. The edge of the wood provided views of the hills and farmland to the south, but the weather, although dry, was slightly murky and cloudy. The track, alternating between very frosty and slightly muddy underfoot, depending on which part of the track had caught the sunlight, continued through the trees before becoming more open. This allowed us views towards Dairsie and the surrounding countryside. We were then able to find a stop for lunch/snacks.

From there, it was a case past Woodlands farm and down to Cupar. After most of the group then popular establishment, way homewards.



of retracing our steps back on to the path leading back thanking the walk leaders, took refreshments at a the remainder making their

An enjoyable walk in good

company, thankful for the dry

but cold weather and the chance to get out and about again for our first walk of the year.