



**ramblers scotland**  
at the heart of walking

***Forth Valley, Fife & Tayside***

***Area Joint Programme***

***October 2016 to March 2017***

***Walks and Events for:***

**Blairstown & District**

**Brechin**

**Dalgety Bay & District**

**Dundee & District**

**Dunfermline & West Fife**

**Forfar & District**

**Glenrothes**

**Kinross & Ochil**

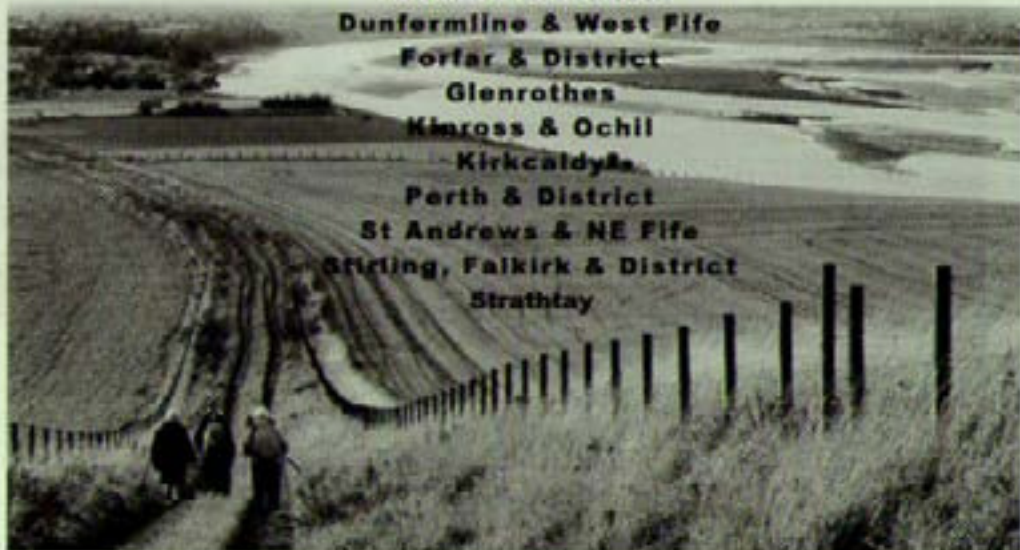
**Kirkcaldy**

**Perth & District**

**St Andrews & NE Fife**

**Stirling, Falkirk & District**

**Strathclyde**



## Information Page

Welcome to the 34th edition of the joint programme covering the Winter programme for 2016/17. We hope that you find the programme informative and helpful in planning your walking programme for the next 6 months. You can now download a PDF version of this programme to your computer, phone, etc.

The complete programme as printed can be found at

<http://www.dalgetybayramblers.org.uk/all-area-walks/area-programme.html>

Changes to walks, notified after this programme was printed, can be found at

<http://www.dalgetybayramblers.org.uk/all-area-walks/changes.html>

### Publication Information for Next Issue

**Deadlines:** Electronic walk programmes to Ian Bruce by mid-February 2017

Articles, News Items, Letters etc to Area Secretary by the same date.

Group News, single A4/A5 sheet, 1 or 2 sided, hard copy ready for photocopying.

Please send it directly to Trevor Abell by the end of February. Email attachments are also acceptable and indeed preferred.

### **The FV, F & T Joint Programme Team:**

**Publications and Advertising Secretary:** Trevor Abell, 8, Culteuchar Road, Ardargie, Forgandenny Perth, PH2 9QE. Tel 01738 813123, e-mail: [tmbabell@gmail.com](mailto:tmbabell@gmail.com)

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## General Information

### Walks Grading

The walks in this programme are graded according to the following:

**E** Easy Access Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections: visitors are advised to check with the walk leader.

**D** Leisurely Walks for reasonably fit people. May include unsurfaced rural paths. Walking boots or comfortable footwear and warm, waterproof clothing are recommended. 2 to 5 miles.

**C** Easy, mainly on level ground and often paths and tracks.

**C+** Easy to moderate, for those with improving fitness, offering some modest challenges.

**B** Moderate, demanding higher standards of fitness and stamina than C+.

**B+** Between moderate and strenuous, for the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.

**A** Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; with steep ascents and descents; distances over 15 miles.

**A+** Severe. Arduous walks for the experienced and very fit, involving some or all the following factors: high, exposed ground; steep ascents and descents; brisk pace; distance over 15 miles. Standard grading for hill-walking in winter conditions.

The walk grade is intended as a rough guide only. More information is supplied in each entry.

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### Walker's Responsibilities

Walkers must be 18+ or accompanied by an adult holding parental responsibility. Ramblers volunteers cannot provide direct care and supervision to children under 15. Instead the children must be accompanied by an adult who holds parental responsibility, such as a parent, legal guardian, carer, teacher or youth worker.

Unaccompanied walkers aged 15-17 are welcome (except on overnight stays) with a valid 15-17 Year Old Parental Consent Card, obtainable free from Ramblers main office, tel 020 7339 8500 or see [www.ramblers.org.uk/localgroups](http://www.ramblers.org.uk/localgroups).

If you are unsure of the suitability of a walk contact the Walk Leader beforehand. It is not always possible to shorten a walk if you are overexerting yourself; choose a grade of walk suitable to your level of fitness and experience.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering

into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise. Personal accident insurance is available from several sources. The Walk Leader or Deputy must be a member of the RA. The Leader may change a walk at his/her discretion. Members or visitors should not leave a walk without informing the Leader or divert from a walk without the agreement of the Leader. Many groups carry a first aid kit and/or mobile phone. Individuals are reminded that they are responsible for carrying any special medication that they require for personal use. Walkers must also inform the Walk Leader of any medical condition that could affect their ability to complete the walk.

**Dogs** are not generally suitable on most walks; however some walks are indicated as being suitable for dogs. **Please note: for all walks Registered Assistance Dogs (RADO) are welcome.**

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## The Weather

Listen to the weather forecast (hill walkers' forecast on Radio Scotland) and prepare accordingly. If extreme weather is expected the walk may be cancelled. If you are in doubt, contact the Walk Leader.

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## Clothing and Equipment

Dress according to the season. *Note:* Denim clothes are not suitable.

**Winter:** thermal base layer and layers of clothing, (shirt, trousers, jumper or fleece, and a windproof shell, plus hat, scarf, and gloves). A waterproof jacket (with hood) and waterproof trousers are also needed.

**Summer:** wear fewer, thinner layers but take sun protection.

Wear well-fitting walking boots and take a rucksack to carry your gear.

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## Food and Drink

In general, for a day walk take a flask containing a hot drink, a packed lunch, and various snacks. In warmer weather extra liquid is *essential*.

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## Ticks

Some of the areas walked may contain ticks, which are known to be a source of infection in humans. It is advised that you wear long trousers, a long sleeved shirt and a hat, even in summer. It is also advisable to tuck your trousers into your socks and apply insect repellent. Examine yourself for ticks after a walk and if you find one remove it immediately and cleanly using tweezers. It is advised that you then contact your general practitioner for further advice

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## Transport

Generally cars are used to transport walkers to the start of a walk; car sharing is encouraged. Abbreviations for car parks used as pick up points are included in this programme.

When car sharing, it is recommended that car passengers make a contribution to the running costs, the method of calculation and mileage rates are set by individual groups.

Car drivers are reminded to call in at the pick up point prior to departure for the walk if they have a spare seat. Passengers are advised to take shoes and a bag for dirty boots and spare dry clothes in wet weather. The times given in this programme are departure times, if you are from a different group and/or going straight to the start of the walk, it is recommended that you contact the Walk Leader beforehand.

Walks may also use public transport, the fare may be indicated and it is the individual's responsibility to pay. Various walks use hired minibuses, in this case the person responsible, a deadline for booking, and (possibly) a fee will be indicated in the programme. If you book a place on a bus and then find that you must cancel at a later date, unless a replacement is found, you may still be liable for the full cost.

### **Additional Description and Location Maps**

More detail including location maps can be found on the Ramblers website at –

**[www.ramblers.org.uk/walksfinder](http://www.ramblers.org.uk/walksfinder)**

You can also use the local website of: [-http://perthramblers.blogspot.com](http://perthramblers.blogspot.com)

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### **New Walking Group in Dundee**

I would like to tell you about a new venture starting in the Dundee Area. I was approached by Edinburgh Family Walks Meetup to help start a similar group in Dundee. I will be leading the first 2 walks and hopefully the group will run themselves after that. It will be run on a similar basis to Tayside Young Walkers using Meetup for people to join and say if they are coming on the walk. At the moment we have 11 coming to the first walk on the 28th August. Like Ramblers they can try 3 walks before they have to join Ramblers but our Rambler's membership covers this group. Any Ramblers members are welcome on the walks with or without children. The walks will be no more than 4 miles so suitable for those who do not want to do the longer walks. Dogs are also welcome but may need to be on leads depending on the dogs or children.

Here is the link

<http://www.meetup.com/Dundee-Ramblers-Family-Walks-Meetup/>

You need to sign up to join but don't have to give your full name to protect your privacy.

I hope you will help publicise this group by letting friends and family know about it.

Jean MacGillivray  
Secretary Dundee Group

## **THE RAMBLER'S ASSOCIATION (SCOTLAND) – FORTH VALLEY, FIFE AND TAYSIDE AREA**

Draft Minutes of the 20<sup>th</sup> Annual General Meeting of the Forth Valley, Fife and Tayside Area held on Friday 19<sup>th</sup> February 2016 at Scone Old Church Hall.

**1. Welcome** John Andrews, Area Convener, welcomed members. There were 29 members present, representing 8 groups.

**2. Apologies:** Colin Thompson, Sheila Wallace, Ian Bruce, Christine Ferguson,

**3. Minutes of the previous AGM held on Saturday, 31<sup>st</sup> January 2015.**

**Change to section 7:** Ben Douglas was reappointed as Area Liaison Secretary, proposed by Mike Gray and seconded by Ken Wright; not by John Andrews as previously stated.

The Minutes as amended were approved - proposed by Jean MacGillivray, seconded by Betty Barton.

[REDACTED]

### **5. Presentation of the Area Annual Report 2015**

The Area Annual Report was distributed to all those attending the AGM. Copies were available on request by e-mail from the Area Liaison Secretary prior to the AGM. The Annual Report set out the Reports from the relevant Area Office-Bearers. Discussion following the reports covered progress on the Governance Survey and changes at Ramblers Scotland HQ. There was a question to the Access Officer on the situation with the Walnut Grove level crossing dispute with Network Rail and a further question to the Treasurer on the funding and management of the Tayside Young Walkers.

### **6. Adoption of the Report and the Accounts**

The adoption of the Annual Report 2015 and of the Income & Expenditure Account for the year ending 30<sup>th</sup> September 2014 was proposed by Chris Barton and seconded by Alex Donald. This was approved by the meeting.

## 7. Appointment of Office-Bearers

The following appointments were approved by the meeting

	<u>Proposed by</u>	<u>Seconded by</u>
<b>Convener</b>		
John Andrews	Mike Gray	Jean MacGillivray
<b>Vice Convener</b>		
Alan Bridges	John Andrews	Mike Gray
<b>Area Secretary</b>		
Jim Forret	Ben Douglas	Mike Gray
<b>Area Treasurer</b>		
Mike Gray	John Andrews	Trevor Abell
<b>Membership Secretary</b>		
Colin Thomson	All current office holders were willing to continue for a further year. There being no other nominations, the officers were reinstated by a show of hands	
<b>Access Officer</b>		
John Andrews		
<b>Publications Secretary</b>		
Trevor Abell		
<b>Assistant Publications Sec.</b>		
Ian Bruce		
<b>Advertising Officer</b>		
Trevor Abell		

## 8. Appointment of Independent Examiner of Accounts

Alan Paul: proposed by Ben Douglas; seconded by Rachel Gillespie and approved by the meeting.

## 9. Appointment of two Area Delegates to General Council at York University, 2<sup>nd</sup> and 3<sup>rd</sup> April 2016.

Mike Gray had previously been nominated to attend at the Area Council Meeting of 15<sup>th</sup> October. At this AGM it was agreed that John Andrews should replace Marion Webster, who had been nominated at the Council Meeting, but was not now able to attend.

## 10. Date and Venue of Next Area AGM

It was agreed to fix the date later, but because of the poor weather at this time of the year, it was suggested that the date be brought forward to December or earlier. There was roughly an equal preference from the floor for fixing a central venue (i.e. Perth, Dundee, and Kinross) as opposed to moving the AGM to each group centre in turn.

## 11. AOCB

Mike Gray reported that he expected to receive funds soon for training and therefore awaited suggestions from the groups for the type of training that would be welcome. Suggestions from the floor included map reading and the use of GPS and also maximising the use of the web for route planning.

Ben Douglas put forward a plea for the Scottish Council Executive Committee (SCEC) to be renamed as the Ramblers Scotland Management Committee.

**FORTH VALLEY, FIFE AND TAYSIDE AREA  
ANNUAL GENERAL MEETING & OPEN DAY**

Saturday 26<sup>th</sup> November 2016: 9.30 a.m. – 1.20 pm

**Venue:**

Muirhead & Birkhill Millenium Hall. DD2 5QE

**Directions:**

The hall is situated on the left in the village of Birkhill driving along the A923 Dundee to Coupar Angus road

**PROGRAMME**

9.30 -- 10.00 am.	Registration and Coffee/Tea
10.00 – 11.00 am.	Area AGM
11.00 – 11.25 am	◇ Interval ◇
11.25 -- 11.55 am.	Speaker; Helen Todd, Campaigns and Policy manager for Ramblers Scotland, will give a talk on the many aspects of her work within Ramblers
11.55 – 12.30 pm	Open discussion Chaired by the Area Convener
12.30 - 1.20 pm. ◇ Lunch:	Members bring own packed lunch
1.20	A short Walk (should weather conditions permit) around the local area, led by a member of the Dundee group

*Please use the Registration Form opposite*

*Copies of the Accounts and the FV, F & T Area Annual Report 2016  
will be available at the Meeting.*



## Registration Form

### AGM and Open Day FV, F & T Area

**Date:** Saturday 26<sup>th</sup> November 2016  
**Start Time:** 9.30 a.m. for 10.00 a.m. **Finish:** 1.30 p.m.  
**Venue:** Muirhead & Birkhill Millennium Hall, DD2 5QE

To register, please complete this form and return it no later than **11<sup>th</sup> November 2016** to the Area Secretary

**Mr. Jim Forret, 27 Robertson Road, Cupar, Fife KY15 5YR**

There will be **no charge** of for teas/coffees at registration and morning interval. Members should bring their own packed lunch.

If you do not wish to cut this form out of your programme, a photocopy or scanned email pdf attachment is acceptable.

**Please tick the relevant box**

I wish to attend the AGM/Open Day & receive teas/coffees ☐

I wish to attend the AGM/Open Day but not receive teas/coffees ☐

I cannot attend the AGM/Open Day, but I would like to receive a copy of the FVF&T Area Annual Report (\*by email only). ☐

Name(s): \_\_\_\_\_ / \_\_\_\_\_

Group: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Postcode: \_\_\_\_\_ Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

\*Contact the Area Secretary at [james.forret@btinternet.com](mailto:james.forret@btinternet.com)

If you are feeling weary, cold and wet and generally need cheering up, you might be able to raise spirits with this Rambler's Song, as sung by the Perth Group from time to time. The chorus can obviously be changed to suit any group. (Words by Zena Bruce)

## **PERTH RAMBLERS SONG** **(Sung to the tune of John Brown's Body)**

Oh we scramble up the hillsides  
Or we ramble through the glens  
We ramble by the rivers  
Or we climb the highest Bens  
We walk o'er firm pathways  
Or we slither on the scree  
But we still keep rambling on

### **Chorus**

For we're the Perth and District Ramblers  
We're the Perth and District Ramblers  
We're the Perth and District Ramblers  
And we'll aye keep rambling on.

We wander through the forests  
Or cross the moors without a tree  
We circle round the lochs  
Or take a pathway by the sea  
We climb o'er stiles and fences  
For to roam we now are free  
So we'll still keep rambling on

### **Chorus**



## Meeting Points

The following abbreviations are used for group meeting places:

Blairgowrie	WCPB	Wellmeadow Car Park, Blairgowrie.
Brechin	SNBS	St Ninian's Square, Brechin.
Dalgety Bay	DBSCCP	Dalgety Bay Shopping Centre Car Park.
Dundee East	OCCP	Odeon Cinema Car Park, Douglasfield, Dundee
Dundee West	CWCP	Cineworld Car Park, Camperdown Leisure Park, Dundee
Dunfermline & West Fife	LPRCP	Leys Park Road Car Park, Dunfermline.
Forfar	EGCP	East Greens Car Park, Forfar.
Glenrothes	LCCP	Lomond Centre Car Park, Glenrothes.
Kinross & Ochil	KPR	Kinross Park and Ride
	BURN	Dollar Burnside Car Park.
Kirkcaldy	KRSN	Kirkcaldy Railway Station North (Forth Ave).
Perth	ASDACP	Asda Supermarket Car Park, Perth.
St Andrews & NE Fife	FCPC	Fluthers Car Park, Cupar.
Stirling & Falkirk	LACP	Linden Ave Car Park, Stirling..
Strathtay	CCP	Car Park behind Co-op Aberfeldy.

### **Acronyms used in the Programme**

**RADO** = Registered Assistance Dogs Only

**DWOL** = Dogs welcome on Leads

**CWRA** = Children with responsible adults

**NoSC** = Not suitable for children



# Walks Diary

## Glenrothes Strollers walks

On most Thursdays over the dates of the programme, Glenrothes Strollers have a midweek walk, to which all are welcome. The walk is selected by the walk leaders on the week of the walk, the location and distance depends on the weather conditions. To go on the walk meet at St. Columba's Church.

**Grade C:** 4 - 6 miles 2.5 - 3.5 hours. **Meet/Time:** Car Park behind St Columba's Church next to Glenrothes town centre at 10.00 **OS:** 59 **GR:** NO269008 **Description:** A short local walk (mostly within a 10 mile radius of Glenrothes), for details call one of the leaders.

**Leaders:** D. Cumming or D. Bell, 01592 742782 or 01592 630296

## Kinross & Ochil Tuesday Walkers

These walks usually take place every second Tuesday. All are welcome.

All walks are **Grade C:** maximum 4 miles, approx 2 hours, and usually within a 10 mile radius of Kinross). **Meet/Time:** Kinross Park & Ride (KPR) at 10.00 **OS:** 58 **GR:** NO112025

**Description:** For details of any walk, please phone leader.

**Leader:** Edna Burnett, 01577 862977.

## Saturday 1st October

### Blairgowrie: Mill Dam Circular Walk

**Grade C+:** 6mls ▲210m/688ft. **Depart:** WCPB at 09:30 **Walk start:** Cally Car Park, off Dunkeld-Blairgowrie Road at 10:15 **OS:** 53 **GR:** NO024437 **Description:** Forest paths and tracks with good views over Dunkeld and the River Tay to Mill Dam and return to the starting point. **Note:** RADO.

**Leader:** Phil Taylor, 01828 633648

### Dalgety Bay: Ochils from Upper Glendevon

**Grade B+:** 10mls ▲600m/1968ft. **Depart:** DBSCCP at 09:00 **Walk start:** Upper Glendevon Reservoir lay-by (right hand side). at 10:00 **OS:** 58 **GR:** NN912041 **Description:** Circular walk taking in 5 tops including Ben Cleuch. Exposed and boggy in places. Mostly on good tracks, but some rough ground expected. **Note:** RADO. NoSC.

**Leader:** Andrew Lees, 01383 824795 or 07901 806024

### Dundee: St Arnold's Seat, Glenogil

**Grade B:** 7mls/5hrs ▲371m/1220ft. **Depart:** OCCP at 09:15 **Walk start:** Road end parking past bridge over Glenmoy Burn at 10:30 **OS:** 44 **GR:** NO402646 **Description:** Circular walk from Glen Moy (taken from the "Take A Hike" in the courier supplement 30.04.16).

**Leader:** Peter Hargraves, 01307 462882 or 07986 423328

### Forfar: Alyth/Den of Welton Circular

**Grade C+:** 6.5mls **Depart:** EGCP at 10:00 **Walk start:** Alyth Square at 10:40 **OS:** 53 **GR:** NO246485 **Description:** Through open countryside over St Fink, skirting Den of Welton. Returning via Alyth Den. Some minor road walking. **Note:** RADO.

**Leader:** Dave Phillip, 01307 463181

### Kirkcaldy: Water of Leith - Dick Stenhouse Memorial Walk

**Grade C+:** 14mls **Depart:** Kirkcaldy Bus Station at 08:40 **Walk start:** Balerno High School at 10:45 **OS:** 66 **GR:** NT163668 **Description:** Meet at Kirkcaldy bus station for the 08.50am X58 Edinburgh service. Pleasant walk down Water of Leith from Balerno High School to Leith. Mainly on riverside paths but with some road side walking. **Note:** RADO. NoSC. Contact walk leader on Friday to confirm bus times.

**Leader:** Marie Stenhouse, 01592 872828

**Perth: Falkland hill and den**

**Grade B:** 6mls ▲364m/1194ft. **Depart:** ASDACP at 09:00 **Walk start:** Falkland village central car park at 09:50 **OS:** 59 **GR:** NO255075 **Description:** A circular walk ascending directly from Falkland to the summit of East Lomond followed by a stroll North to Craigmead car park and descent down Maspie Den and return to Falkland. **Note:** RADO.

**Leader:** Alan Murdoch, 01738 628794 or 07714 048504, murdoch@kinn.fsnet.co.uk

**St. Andrews & NE Fife: Elie, St Monans & Kilconquhar**

**Grade C+:** 10mls/4.5hrs ▲167m/550ft. **Depart:** FCPC at 09:30 **Walk start:** Ruby Bay (Coastal Path) Car Park, Elie at 10:15 **OS:** 59 **GR:** NT497997 **Description:** Coastal walk to St Monans, then inland to Kilconquhar by minor roads and tracks. Walk completed by walking through Elie Estate back to the start. Undulating walk with no major climbs. **Note:** RADO. NoSC.

**Leader:** Betty Stewart, 01334 654552 or 07801 580390, bettys47@btinternet.com

**St. Andrews & NE Fife: Notice of Christmas Lunch at Kilconquhar Castle, Lindsay Room**

**Meet:** Kilconquhar Castle Estate on December 3rd at 12:30 **Description:** Please note details on 3rd December. Names & special dietary needs to Will Aitken, £6 deposit to Will Aitken or Ian MacKenzie by 15th November. 2 or 3 course menu options chosen on day--£17.50 for 2 courses, £21.50 for 3 courses.

**Contact:** Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

## Sunday 2nd October

**Dundee: Ethie Haven Auchmithie Circular**

**Grade B:** 11mls/5hrs ▲50m/164ft. **Depart:** OCCP at 10:00 **Walk start:** Car Park Eastside on A92 near Tarriebank at 10:30 **OS:** 54 **GR:** NO652444 **Description:** Circular walk on roads and paths to Ethie Haven (Lunan Bay) Red Head and Auchmithie.

**Leader:** Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

**Stirling & Falkirk: Loch Leven circumnavigation**

**Grade B:** 12.5mls/6hrs **Depart:** LACP at 09:00 **Walk start:** Kirkgate car park Kinross at 10:00 **OS:** 58 **GR:** NO128017 **Description:** Mainly flat anti-clockwise circumnavigation. Easy going stroll. **Note:** RADO. NoSC. KY13 8ET Car mileage - 48

**Leader:** Ray Finlay, 01786 449135 or 07792 549363, rayfin\_1@hotmail.com

## Tuesday 4th October

**Kirkcaldy: Langtoun Daunders - Cardenden to Kirkcaldy Linear**

**Grade C:** 6mls **Depart:** KRSN for 09.25 am train to Cardenden at 09:15 **Walk start:** Cardenden Railway Station at 10:00 **OS:** 58 **GR:** NT217949 **Description:** Walk is from Cardenden to Bankhead of Raith via Carden Forest, continuing on past Lambswell Folly towards Raith House and Core Path to Oriel Road finishing at Raith Gates. Mainly on woodland paths and tracks. Suggested lunch venue Novar Bar **Note:** DWOL. CWRA.

**Leader:** Elaine Collins, 07739 964212

## Wednesday 5th October

**Dunfermline & West Fife: Balmerino Figure of Eight**

**Grade C+:** 9mls/4hrs ▲130m/426ft. **Depart:** LPRCP at 09:30 **Walk start:** Car park at end of Bay Road, Wormit at 10:30 **OS:** 371 **GR:** NO392260 **Description:** Inland paths and lanes to Balmerino, continuing westward through woods along the shore towards Birkhill House. Return to Balmerino and then to Wormit along the Fife Coastal Path. **Note:** DWOL.

**Leader:** Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

## Thursday 6th October

**Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## Saturday 8th October

### **Brechin:**

#### **Craig Soales & Mount Een Circular**

**Grade B:** 8mls **Depart:** SNSB at 09:30 **Walk start:** Tarfside Village car park at 10:30 **OS:** 44 **GR:** NO493796 **Description:** North from Tarfside then east to summits of Craig Soales (503m/1,650ft) and Mount Een (529m /1,735ft). Return by Blackcraigs and Mile Cairn. Good tracks all the way.

**Leader:** Colin Whyte, 01356 622283 or 07949 402506, colinwhyte@colinwhyte.plus.com

### **Dalgety Bay:**

#### **Crieff Circular**

**Grade C+:** 9.5mls/6hrs ▲300m/984ft. **Depart:** DBSCCP at 09:00 **Walk start:** Macrosty Park, Crieff at 10:30 **OS:** 58 **GR:** NN858220 **Description:** Following the Crieff paths network around Laggan Hill with final (slow) blast up the Knock. Possibility of a shorter, 5 mile 150m ascent, walk if you arrange your own car sharing. **Note:** RADO.

**Leader:** Audrey Price, 01383 824173 or 07871 806582

### **Dundee:**

#### **Glen Artney to see Deer Rut**

**Grade C:** 7mls/4hrs **Depart:** CWCP at 09:15 **Walk start:** Car Park Glen Artney (from Comrie turn right over bridge to Army Hut then down single track road to car park at 10:30 **OS:** 57 **GR:** NN712162 **Description:** Leisurely walk, hoping to see and hear deer rutting. Some road walking, bring binoculars. **Note:** RADO. CWRA.

**Leader:** Rose Garvie, 01382 450763

### **Glenrothes:**

#### **Lower Largo to Shell Bay Circular**

**Grade C+:** 8.5mls/4.5hrs **Depart:** LCCP at 09:30 **Walk start:** Temple CP Lower Largo. at 10:30 **OS:** 59 **GR:** NO421026 **Description:** An easy circular walk using disused railway and a short road link to Shell Bay returning by the Fife coastal path. **Note:** CWRA RADO

**Leader:** L Allen 01592 748016 lesallen80@gmail.com

### **Kinross & Ochil:**

#### **Glen Artney**

**Grade C:** 8mls **Depart:** KPR AT 09.15 or BURN at 09:15 **Walk start:** Car Park at Glen Artney at 10:00 **OS:** 57 **GR:** NN711161 **Description:** Easy, steady walk on good tracks into Glen Artney and return, hopefully seeing deer en route. **Note:** RADO. CWRA.

**Leader:** Bill Bedborough, 01259 742491

### **Perth:**

#### **Ceres and Hill of Tarvit**

**Grade C+:** 6.6mls ▲250m/820ft. **Depart:** ASDACP at 09:00 **Walk start:** Car Park in centre of Ceres at 10:00 **OS:** 59 **GR:** NO399115 **Description:** A pleasant walk on footpaths, tracks and short distance of road, climbing Hill of Tarvit for good views over parts of Fife. Climb is steepish but optional (walk height gained 175m if not going up the hill). **Note:** RADO.

**Leader:** Pete & Anne Trant, 01738 565075 & 07985202934 or 07557 785696, thetrants@virginmedia.com

## Sunday 9th October

### **Stirling & Falkirk:**

#### **Auchineden Farm & Burncrooks reservoir (JMW)**

**Grade C+:** 7.5mls/4hrs ▲200m/656ft. **Depart:** LACP at 09:30 **Walk start:** Park in car park at Auchineden Farm Shop at 10:30 **OS:** 64 **GR:** NS513794 **Description:** This is a scenic, undulating walk on obvious roads and tracks. The path around the reservoir is made of chunky stones so thick soled boots would help. **Note:** RADO. NoSC. Post Code G63 9AX Car mileage - 54

**Leader:** Janette Seale, 01786 447107 or 07709 957317, janette.seale@hotmail.co.uk

### **Strathtay:**

#### **Glen Tilt**

**Grade C+:** 7mls **Depart:** CCP at 09:30 **Walk start:** Old Bridge of Tilt CP at 10:15 **OS:** 43 **GR:** NN874663 **Description:** Follow estate tracks up beautiful Glen Tilt as far as Marble Lodge and return by the old drovers road past Fenderbridge. **Note:** RADO.

**Leader:** Muriel Findley, 01887 820095, murfin41@btinternet.com

## Monday 10th October

### **St. Andrews & NE Fife: Group Committee Meeting**

**Meet:** Cupar Y at 19:00 **Description:** Pre AGM Committee Meeting to discuss AGM agenda and review Group plans and activities.

**Contact:** Nicky Haxell, 01334 839117, nickyhax@gmail.com

## Tuesday 11th October

### **Kinross & Ochil: Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

## Thursday 13th October

### **Dalgety Bay: Roamers ~ Fordell Estate Circular**

**Grade D:** 4mils/2hrs ▲25m/82ft. **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834

**Description:** A morning walk through woodland and farmland. **Note:** RADO.

**Leader:** June Wright, 01383 822358

### **Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## Saturday 15th October

### **Blairgowrie: Cloan Glen, Auchterarder**

**Grade C:** 6mils ▲250m/820ft. **Depart:** WCPB at 09:00 **Walk start:** Crown Inn Wynd Car Park - 1st Left after first set of traffic lights when coming from Perth at 10:00 **OS:** 58 **GR:** NN943127

**Description:** Very varied walk in a lovely glen comprising woodland and farmland with part of the walk following the Cloan Burn. Stunning views over Auchterarder and Craig Rossie. Mainly on paths and tracks with some minor road walking. **Note:** RADO.

**Leader:** Pat Fraser, 01250 873577, patriciafraser@btinternet.com

### **Dalgety Bay: Craigencalt /Kingshorn Circular**

**Grade C:** 6mils/3hrs ▲50m/164ft. **Depart:** DBSCCP at 10:00 **Walk start:** Craigencalt Car Park at 10:30 **OS:** 66 **GR:** NT261873 **Description:** Good paths, some road walking, interesting area for history of Kingshorn, good views. **Note:** RADO.

**Leader:** Ken Wright, 01383 822358 or 07535 386982

### **Dundee: Circular Walk around Elie, Fife.**

**Grade C+:** 7mils/4hrs ▲146m/480ft. **Depart:** TBCP at 10:00 **Walk start:** Ruby Bay Car Park, Elie at 11:00 **OS:** 59 **GR:** NT497997 **Description:** Low level walk following minor roads and a section of coastal path including Kilconquhar Loch and Kinraig Point. **Note:** The path can be narrow at one point with narrow steps to descend onto the coast.

**Leader:** Moira & Kenneth Dobson, 01382 459543 & 07792140781

### **Kirkcaldy: The Devil's Burdens**

**Grade C+:** 6.5mils **Depart:** KRSN at 09:15 **Walk start:** Craigmead Car Park at 10:00 **OS:** 58 **GR:** NO227062 **Description:** Circular walk, mainly on tracks but some rough ground, skirting base of West Lomond summit. Option for 'B' grade climb to the trig point. **Note:** RADO. NoSC.

**Leader:** Ruth Beddall, 01592 260578

### **Perth: The Hills above Monzie**

**Grade B:** 9mils ▲430m/1410ft. **Depart:** ASDACP at 09:00 **Walk start:** Monzie Church at 10:00 **OS:** 58 **GR:** NN879250 **Description:** Heading NE towards Falls of Monzie, then climbing to pass to N of Craig Kipmaclyne. Continuing W to descend via Falls of Barvick and return past Monzie Castle. **Note:** RADO.

**Leader:** John Andrews, 01738 827275 & 07526 884953, john@jdandrews.co.uk

## Sunday 16th October

### Forfar:

### **Glen Prosen**

**Grade C+:** 6.5mls **Depart:** EGCP at 10:00 **Walk start:** Parking area after Glen Prosen Lodge at 10:45 **OS:** 44 **GR:** NO290680 **Description:** Scenic walk in Glen Prosen with good views, weather permitting. Walk along valley floor and climb to Lick, cross Dead Water and return through forest. Alternatively, flat linear walk to Kilbo Cottage and return.

**Leader:** Dot Eaton, 01307 465319

### Glenrothes:

### **Perth to Luncarty**

**Grade B:** 11mls/5.5hrs ▲ 130ft **Depart:** LCCP at 9:30 **Walk start:** Perth - South Inch car park at 10:30 **OS:** 58 **GR:** NO119230 **Description:** Alongside River Tay and River Almond to Luncarty and back on good paths and tracks. **Note:** NoSC RADO

**Leader:** G Christie 01592 743282 or 07943178810 grant911a@yahoo.co.uk

### St. Andrews & NE Fife:

### **Garry Bridge Circular**

**Grade C+:** 7mls/3.5hrs ▲ 175m/574ft. **Depart:** FCPC at 09:30 **Walk start:** Garry Bridge Car Park at 11:00 **OS:** 43 **GR:** NN913610 **Description:** Pleasant river walk when the trees should be turning to autumn colours. Walk route is via Coronation Bridge, Cluny Bridge and returns through Faskally Woods. Easy walking on lochside and riverside paths: some sections on minor road.

**Leader:** Jim Coates & Susan Richmond, 01337 831113 or 01382 542516, james.coates1944@btinternet.com

### Stirling & Falkirk:

### **Rosyth/Limekilns Circular**

**Grade C:** 7mls/3hrs ▲ 15m/50ft. **Depart:** LACP at 09:30 **Walk start:** Primrose Lane Medical Centre, Rosyth at 10:15 **OS:** 65 **GR:** NT109844 **Description:** Countryside and estate tracks from Rosyth and returning through Limekilns, with some stretches of road walking. **Note:** RADO. NoSC. KY11 2ZL Car mileage - 48

**Leader:** Betty Brodie, 01324 556762 or 07936 380395, bettybrodie@aol.com

## Thursday 20th October

### Dunfermline & West Fife:

### **Kinghorn - Pettycur Bay & Kinghorn Loch**

**Grade C:** 5.5mls/3hrs ▲ 100m/328ft. **Depart:** LPRCP at 09:30 **Walk start:** Pettycur Bay car park at 10:00 **OS:** 367 **GR:** NT265861 **Description:** A circular walk on paths and tracks via Kinghorn Loch Ecology Centre. **Note:** DWOL.

**Leader:** Olive Inglis, 01383 842698, 07773 995015, oliveminglis@aol.com

### Glenrothes:

### **Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## Saturday 22nd October

### Brechin:

### **Arnbarrow Hill Circular**

**Grade C+:** 5mls **Depart:** SNSB at 09:30 **Walk start:** Lower car park at Clatterin' Brig at 10:15 **OS:** 45 **GR:** NO664782 **Description:** An undulating walk round Arnbarrow Hill on good tracks & paths until final descent behind restaurant (through grass & bracken).

**Leader:** Alison Stewart, 01307 818770

### Dundee:

### **30th Birthday Dundee Ramblers - Ceilidh Night**

**Meet:** Millennium Hall, Birkhill at 07:30 **Description:** To celebrate our 30th anniversary, 4 special birthdays and to welcome the Broughty Ferry group. The band will be The Gallivanter. Cost £10 per head (includes stovies). Maximum number 80 (then waiting list). **Note:** No bar so bring your own drinks (alcohol or soft). Money to be paid by 1st October. Names ASAP to Jean MacGillivray.

**Contact:** J MacGillivray, 01382 623052, 07932 014859, jean.macgillivray@btinternet.com



### **Dunfermline & West Fife: Dumyat & Castle Law**

**Grade B:** 4mls/2.5hrs ▲268m/880ft. **Depart:** LPRCP at 09:30 **Walk start:** Lay by on Sherrifmuir Road at 10:15 **OS:** 366 **GR:** NS813980 **Description:** Straightforward ascent/descent of popular hill in the Ochils with spectacular views over the Forth Valley. **Note:** DWOL.

**Leader:** Alan McGuckin, 01383 731557, 07970 172593, atmccg53@gmail.com

### **Glenrothes: West Wemyss to Buckhaven Circular**

**Grade C:** 7.5mls/4hrs ▲400ft **Depart:** LCCP at 9:30 **Walk start:** West shore CP West Wemyss at 10:00 **OS:** 59 **GR:** NT324946 **Description:** A pleasant walk on good paths and tracks along Fife Coastal Path to Buckhaven, returning by Wemyss Den and old railway line. **Note:** CWRA DWOL

**Leader:** C & B Barton 01383 725859 chrisbettybarton@gmail.com

### **Perth: Hill of the Fairies Strathyre**

**Grade B:** 6mls ▲550m/1804ft. **Depart:** ASDACP at 08:30 **Walk start:** Main car park just to south of Strathyre village centre at 10:00 **OS:** 57 **GR:** NN561168 **Description:** A circular walk through the forest above Strathyre to open moorland to Beinn an t-Sidhein (Ben Shian) or the Hill of the Fairies at 572m. Opportunity for great views over Loch Lubnaig. **Note:** RADO.

**Leader:** Trevor Abell, 01738 813123 & 07913288098, tmbabell@gmail.com

### **Strathay: Pap of Glencoe**

**Grade B+:** 5mls ▲720m/2362ft. **Depart:** CCP at 09:30 **Walk start:** Lochan CP near Glencoe village at 11:00 **OS:** 41 **GR:** NN104593 **Description:** Short but steep route on a path with easy scrambling near the top up Sgorr na Ciche or the Pap of Glencoe. **Note:** RADO.

**Leader:** Bill Bruce, 01887 829753, bill\_1\_bruce@btinternet.com

## **Sunday 23rd October**

### **Dundee: Edzell - Rocks of Solitude**

**Grade C:** 6.5mls/3.5hrs **Depart:** OCCP at 09:30 **Walk start:** Car Park at North end of Edzell main street at 10:30 **OS:** 45 **GR:** NO599691 **Description:** Clear woodland paths with steep drops to river. Follow the river North Esk upstream as it squeezes through an impressive gorge and return.

**Note:** NoSC.

**Leader:** Evelyn Watson, 01382 480325 or 07884 123988

### **Kinross & Ochil: Glen Ogle**

**Grade C+:** 6.5mls **Depart:** KPR at 08.30 or BURN at 08:45 **Walk start:** Car Park opp Watersports Centre on A85 at Lochearnhead at 10:00 **OS:** 51 **GR:** NN593237 **Description:** Circular walk beginning with short (but quite steep) climb to join path on old railway track. Return thro glen beside burn. Picturesque views throughout plus impressive railway viaduct and two old stone bridges on the military road. **Note:** DWOL. CWRA.

**Leader:** Alan Bridges & Jacqui Ritchie, 01577 866813

### **Kirkcaldy: Craigluscar Crag**

**Grade C+:** 7mls **Depart:** KRSN at 09:15 **Walk start:** Baldridgeburn Car Park (near traffic lights) at 10:00 **OS:** 65 **GR:** NT080881 **Description:** Walk is mainly on level tracks and paths in open countryside but with one steep incline. Lovely views possible. **Note:** RADO. NoSC.

**Leader:** Ros Fairgrieve, 01592 784454

### **Stirling & Falkirk: River Carron Loop Path**

**Grade C:** 6mls/3.5hrs ▲0m/0ft. **Depart:** LACP at 10:00 **Walk start:** Dorrator Car Park (off A9 ) at 10:30 **OS:** 65 **GR:** NS867815 **Description:** Circular walk following the River Carron Loop Path, which connects communities, taking in visit to Carron Dams Local Nature Reserve. **Note:** RADO. NoSC. FK5 3HG Car mileage - 18

**Leader:** Muriel Clark, 01324 556108 or 07934 781320, clarkm2@virginmedia.com

## Tuesday 25th October

### **Dalgety Bay:** Leuchars Circular - version 1

**Grade C:** 6.5mls/3hrs **Depart:** Dalgety Bay Railway Station - TRAIN LEAVES at 09:06 **Walk start:** Leuchars Railway Station at 10:06 **OS:** 59 **GR:** NO449206 **Description:** From station meet up with disused railway line, then minor road to Fordel, through St. Michael's Wood & return via golf course. **Note:** RADO.

**Leader:** Heather Haines & Rose Nutt, 01383 822187 & 01383 822669 or 07969 198917

### **Dundee:** AGM

**Meet:** Lochee Bowling Club, Muirton Road, Dundee at 19:30 **Description:** Hopefully the business part will be short and a tasty supper will be provided at a cost of £2 per person, payable on the night. Please contact Brian or Jean if you are coming as they need numbers for catering.

**Contact:** J MacGillivray, 01382 623052, 07932 014859, jean.macgillivray@btinternet.com

### **Kinross & Ochil:** Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

### **Kirkcaldy:** Kirkcaldy Circumnavigation - Why? Because it's there

**Grade B+:** 16mls/7.5hrs ▲335m/1100ft. **Walk start:** Car park, south end of Kirkcaldy Promenade at 09:00 **OS:** 59 **GR:** NT279902 **Description:** North along Kirkcaldy promenade to Dysart on Fife Coastal Path. Pavements up to A92 /A921 roundabout. Follow good, flat paths on south side of A92 to cross the A910. Then it's all downhill from Chapel to the start of the walk. **Note:** Bus timetable available for those wishing to drop out at 9 miles (Fife Retail Park).

**Leader:** Alex Donald, 07943 871219, alex@donaldwyt.f9.co.uk

## Thursday 27th October

### **Glenrothes:** Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## Saturday 29th October

### **Blairgowrie:** Craig Fonvuick, Killiecrankie

**Grade B:** 5.5mls ▲289m/950ft. **Depart:** WCPB at 10:00 **Walk start:** Garry Bridge, Killiecrankie at 11:00 **OS:** 43 **GR:** NN913610 **Description:** A gradual climb to Craig Fonvuick to spectacular views, returning by the River Garry. One of the best places to see the autumn colours. **Note:** RADO.

**Leader:** Frances Cameron, 01250 875062, ron.cameron2@btinternet.com

### **Dalgety Bay:** West Wemyss Circular

**Grade C:** 6mls ▲120m/393ft. **Depart:** DBSCCP at 09:30 **Walk start:** Harbour car park, West Wemyss at 10:15 **OS:** 59 **GR:** NT324946 **Description:** Circular walk on good paths. Minor road and part of Coastal Path. **Note:** RADO.

**Leader:** Alice McEwan, 01383 822013 or 07749 388113

### **Dundee:** Murthly Circular

**Grade C:** 6mls/3.5hrs **Depart:** CWCP at 09:30 **Walk start:** Parking area at Gellyburn road end near entrance to Murthly Castle (1km north of Murthly on the B9099) at 10:30 **OS:** 53 **GR:** NO093393 **Description:** Low level circular walk on tracks through woodland and returning along the riverside.

**Leader:** Ian & Maureen Watson, 01382 738025

### **Forfar:** Brechin Circular

**Grade C:** 7mls **Depart:** EGCP at 10:00 **Walk start:** Park Place (Near Brechin Public Park) at 10:30 **OS:** 45 **GR:** NO605605 **Description:** Circular walk round north, east and west outskirts of Brechin.

**Leader:** Dorothy Hutcheon, 01307 468034

**Kirkcaldy: Pentlands Four Tops**

**Grade B+:** 8.5mils **Depart:** KRSN at 09:00 **Walk start:** Flotterstone car park at 10:30 **OS:** 66 **GR:** NT234631 **Description:** Circular walk from Flotterstone taking in Turnhouse Hill (506m), Carnethy Hill (573m), Black Hill (501m) and Bell's Hill (406m). **Note:** RADO. NoSC.  
**Leader:** Mike Livesey, 07783 201492

**Perth: Monzie and the Knock**

**Grade C+:** 8.5mils ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Ewanfield Car Park : Crieff Hydro at 09:45 **OS:** 52 **GR:** NN866221 **Description:** Descent to MacRosty Park, follow valley of Shaggie Burn through grounds of Monzie Castle to Gilmerton return over the Knock. **Note:** RADO.  
**Leader:** Roger Brickell, 01764 656114 & 07733 317725, roger@brickell.eclipse.co.uk

**St. Andrews & NE Fife: Scurdie Ness & Boddin Point Circular**

**Grade C+:** 7.5mils/4hrs ▲210m/688ft. **Depart:** FCPC at 09:15 **Walk start:** Old Ferryden Car Park, off A92, just past church and fork in road at 10:30 **OS:** 54 **GR:** NO717567 **Description:** Coastal circuit from pretty Ferryden to view lighthouse at Scurdie Ness, elephant rock at Boddin Point, returning inland by minor road. Paths through grazing fields. Cliff walk section. **Note:** RADO. Some rough coastal paths, with one small scramble which can be avoided at low tide  
**Leader:** Will Aitken, 01334 470066 or 07908 721466, wh.aitken@gmail.com

**Sunday 30th October****Glenrothes: St Andrews – The Lade Braes and The Sands circular**

**Grade C+:** 9mils/4.5hrs **Depart:** LCCP at 9:30 **Walk start:** CP at North Haugh at 10:15 **OS:** 59 **GR:** NO502168 **Description:** An easy town and beach walk in and around St Andrews, taking in some interesting buildings and views. **Note:** NoSC RADO  
**Leader:** C Baker 01592 751384 cabecosse1@aol.co.uk

**Stirling & Falkirk: Leannach Forest Circuit, Aberfoyle**

**Grade C+:** 7mils/4hrs ▲152m/500ft. **Depart:** LACP at 09:30 **Walk start:** Leannach Forestry Car Park off Duke's Pass at 10:30 **OS:** 57 **GR:** NN516048 **Description:** This walk offers good views of the Trossachs. Although a bit up-and-down it is on easy tracks and paths. **Note:** RADO. NoSC. FK8 3SY Car mileage - 44  
**Leader:** Janet McNee, 01324 872205 or 07929 130582, janet.mcnee@googlemail.com

**Tuesday 1st November****Kirkcaldy: Langtoun Daunderers - Dysart Harbour, Coastal Path & Countryside**

**Grade C:** 5mils **Depart:** KRSN at 10:00 **Walk start:** Dysart Harbour Car Park at 10:15 **OS:** 59 **GR:** NT302928 **Description:** Dysart Harbour, Coastal Path, through woods to Standin' Stane Road and return to Dysart. May be some muddy sections after rain. Suggested lunch venue 'Brodiess'. **Note:** DWOL. CWRA.  
**Leader:** Alex Donald, 07943 871219, alex@donaldwyt.f9.co.uk

**Wednesday 2nd November****Dunfermline & West Fife: Gartmorn Dam**

**Grade C:** 3.5mils/1.5hrs **Depart:** LPRCP at 09:30 **Walk start:** Car park at Gartmorn Dam Visitor Centre at 10:00 **OS:** 366 **GR:** NS911940 **Description:** Pleasant walk on footpaths which could be muddy. Lovely views of the Ochils. **Note:** DWOL.  
**Leader:** Margaret Graham, 01383 738429, 07745 219494, margaret.graham@live.co.uk




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## Thursday 3rd November

### **Blairgowrie: AGM**

**Meet:** Royal Hotel, Blairgowrie at 19:30 **Description:** Usual format of presentation by speaker, details in newsletter, and business meeting, when members can make suggestions for day out and weekend away. Please book for optional bar meal at 6pm by contacting Pat.

**Contact:** Pat Fraser, 01250 873577, patriciafraser@btinternet.com

### **Glenrothes: AGM**

This will be held in the Hugh Jenkins room at St Columbas Church Hall. Time – 7.30pm. Tea and biscuits will be provided.

**Contact:** C & B Barton 01383 725859 chrisbettybarton@gmail.com

### **Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

### **Kirkcaldy: Annual General Meeting**

**Meet:** St Bryce Church, Kirkcaldy at 19:30 **Description:** An opportunity for members to select their committee and to air their views. Please come along, have your say and support your Group.

**Contact:** Ros Fairgrieve, 01592 784454

### **Stirling & Falkirk: AGM**

**Meet:** MAYFIELD CENTRE, ST NINIANS, STIRLING at 19:30 **Description:** Annual General Meeting.

**Contact:** Betty Brodie, 01324 556762, 07936 380395, bettybrodie@aol.com

## Saturday 5th November

### **Brechin: Birnam - River Tay Circular**

**Grade C+:** 7mils **Depart:** SNSB at 09:30 **Walk start:** Birnam (near Beatrix Potter Garden) at 10:45 **OS:** 52 **GR:** NO031418 **Description:** A pleasant level walk past the Birnam oak and up one side of the river, returning down the other side via Dunkeld.

**Leader:** Frances Low, 01356 625348

### **Dalgety Bay: Maspie Den**

**Grade C+:** 6mils/4hrs **▲**200m/656ft. **Depart:** DBSCCP at 09:30 **Walk start:** Falkland Library Car Park at 10:30 **OS:** 59 **GR:** NO253074 **Description:** Gentle climb up Maspie Den to Yad waterfall. On to Tyndall Bruce Monument. Return to Falkland via Pillars of Hercules. **Note:** RADO.

**Leader:** Audrey Price, 01383 824173 or 07871 806582

### **Dundee: Glen Prosen Circular**

**Grade B:** 9mils **Depart:** OCCP at 09:15 **Walk start:** Old gravel quarry, 3 miles from Dykehead on left at top of Buckhoo Brae at 10:30 **OS:** 44 **GR:** NO351634 **Description:** Ridge walk all the way, with views if weather good, round Glen Cally with various short inclines. On tracks with a short distance of road walking at either end of the walk, intersecting the Ministers road for a short distance.

**Leader:** Colin Gair & Linda Mitchell, 01307 819349 or 01241 431641

### **Dunfermline & West Fife: West of Falkland**

**Grade C+:** 6mils/3hrs **Depart:** LPRCP at 09:30 **Walk start:** Falkland Estate car park at 10:30 **OS:** 369 **GR:** NO248075 **Description:** Ascent of Maspie Den, returning on forest tracks and farm roads via the Pillars of Hercules. **Note:** DWOL.

**Leader:** Maureen Paul, 01383 727875, 07842 386718, apaspaul9@gmail.com

### **Glenrothes: Pittenweem - Fife Coastal Path - Balcaskie - St Monans**

**Grade C:** 7.5mils/4.5hrs **Depart:** LCCP at 9:30 **Walk start:** Pittenweem West Braes CP at 10:15 **OS:** 59 **GR:** NO543023 **Description:** A circular walk using part of the Fife coastal path, farmyard tracks and rights of way. From the East of Pittenweem cross country to Balcaskie Estate continuing to St Monans then follow the coastal path back to the starting point. **Note:** NoSC RADO

**Leader:** C Mackie 01592 756058 or 07960513994 catherineannmackie@hotmail.co.uk

**Kinross & Ochil: Townhill Loch & AGM**

**Grade C:** 4mils **Depart:** KPR AT 09.40 or BURN at 09:30 **Walk start:** Townhill Country Park beside cafe at 10:00 **OS:** 65 **GR:** NT097891 **Description:** An interesting walk starting at the National Watersports Centre at Townhill Loch. Walking on bridleways to the Mining Heritage Park and back via a woodland area. Details of AGM venue and meal to be circulated later. **Note:** RADO. CWRA. **Leader:** Edna Burnett, 01577 862977

**Kirkcaldy: Perth to Luncarty and Return**

**Grade C+:** 9.5mils **Depart:** KRSN at 08:45 **Walk start:** ASDA car park (Perth) behind 'McDonalds' at 10:00 **OS:** 58 **GR:** NO109248 **Description:** A very pleasant flat walk along the banks of the Tay. **Note:** RADO. CWRA. **Leader:** Liz Greig, 01592 653682 or 07919 985239

**Perth: Reres Wood, Tentsmuir, Leuchars, Fife**

**Grade C:** 9mils ▲115m/377ft. **Depart:** ASDACP at 09:00 **Walk start:** St. Athernase Church Leuchars at 10:15 **OS:** 59 **GR:** NO455213 **Description:** Past Earls Hall Castle onto Fife Coastal Path following paths and tracks through forestry and minor roads. **Note:** RADO. **Leader:** Kenny Valentine, 01738 446496

**Sunday 6th November**

**Dundee: Kinpurnie Hill & Monument, Newtyle**

**Grade C+:** 4mils/2hrs **Depart:** CWCP at 10:00 **Walk start:** Car park on Glamis Road, Newtyle at 10:30 **OS:** 53 **GR:** NO298415 **Description:** A good mixed walk alongside an old mill stream and then onto open country to the tower at the top of Kinpurnie Hill in the Sidlaws. Excellent views. Fairly steep climb to summit. Return by same route. **Leader:** Sheila Wallace, 01382 320243 or 07944 570925

**Stirling & Falkirk: Ravensheugh Sands & Seacliff**

**Grade B:** 9mils/5hrs ▲60m/200ft. **Depart:** LACP at 09:00 **Walk start:** Tynningham Links Car Park at 10:30 **OS:** 67 **GR:** NT627809 **Description:** Walk along woodland and countryside paths, beach and quiet country roads. **Note:** RADO. NoSC. EH42 1XW Car mileage - 128 **Leader:** Colin Thomson, 01786 472726 or 07702 636505, colinbthomson@gmail.com

**Strathgairn: Ullar Circuit**

**Grade C+:** 8mils **Walk start:** Birks of Aberfeldy CP at 09:30 **OS:** 52 **GR:** NN855486 **Description:** Circular route from the Birks of Aberfeldy out to the green hut and returning on part of the Rob Roy Way. **Note:** RADO. **Leader:** John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

**Monday 7th November**

**St. Andrews & NE Fife: Group AGM**

**Meet:** Cupar Y at 19:00 **Description:** Group AGM to elect new committee, review accounts and discuss Group activities. **Contact:** Nicky Haxell, 01334 839117, nickyhax@gmail.com

**Tuesday 8th November**

**Dalgety Bay: Group AGM**

**Meet:** Day Care Centre, Dalgety Bay at 19:30 **Description:** Members are encouraged to attend. **Contact:** Rose Nutt, 01383 822669, 07969 198917

**Kinross & Ochil: Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

## Thursday 10th November

**Dalgety Bay:**                      **Roamers ~ Calais Muir Woodland, Dunfermline (minimal ascent)**

**Grade D:** 3.5mls/2hrs **Depart:** Dalgety Bay Library at 09:35 **Walk start:** Tesco, Duloch at 10:00  
**OS:** 65 **GR:** NT126861 **Description:** The route includes the Enchanted Walk, the Middle Path and the Gypsy Way. **Note:** RADO.

**Leader:** Ben Douglas, 01383 822715 or 07852 658675

**Glenrothes:**                      **Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## Friday 11th November

**Perth:**                                **Perth and District Annual General Meeting**

**Meet:** Scone Old Church Hall, Burnside, Scone at 19:00 **Description:** AGM followed by free buffet. Your opportunity to have your say about the group's activities. Business meeting including nominations for committee members and officers please. Come along, join us then after have a bite to eat and some fun. **Note:** Plenty parking /No.7 bus route.

**Contact:** Trevor Abell, 01738 813123 & 07913288098, tmbabell@gmail.com

## Saturday 12th November

**Blairstown:**                      **Pitmedden Forrest and Pitairlie Hill**

**Grade B:** 7.5mls **Depart:** WCPB at 09:30 **Walk start:** Pitmedden Forrest Car Park, Abernethy Glen at 10:30 **OS:** 58 **GR:** NO188141 **Description:** Circular walk on good paths leading to panoramic views of the River Tay, looking towards both Perth and Dundee. **Note:** RADO.

**Leader:** Sean Galbally, 01250 874667, seangalbally1@gmail.com

**Dundee:**                              **Craigvinean**

**Grade C+:** 8mls/4.5hrs **▲**240m/787ft. **Depart:** CWCP at 09:30 **Walk start:** Hermitage Car Park (charge payable) at 10:30 **OS:** 52 **GR:** NO013423 **Description:** Walk to Craigvinean via Hermitage, back by Folly. Option to visit Pine Cone viewpoint. On good track and paths throughout, one small section may be muddy.

**Leader:** L Brown, 01382 884649 or 07597 690186

**Kirkcaldy:**                          **Gartmorn Dam & Countryside**

**Grade C+:** 9mls **Depart:** KRSN at 09:00 **Walk start:** Gartmorn Lochside car park at 10:00 **OS:** 58 **GR:** NS911940 **Description:** Gartmorn Dam paths, forest paths, farm tracks and some road sections. May be muddy in places after rain. **Note:** DWOL. CWRA. Details of evening meal can be obtained from Liz Greig Tel. No. 01592 653682

**Leader:** Alex Donald, 07943 871219, alex@donaldwyt.f9.co.uk

**Perth:**                                  **Backwater Reservoir Circular**

**Grade C+:** 8mls **▲**64m/209ft. **Depart:** ASDACP at 09:00 **Walk start:** park at Backwater Reservoir car park at 10:15 **OS:** 53 **GR:** NO251589 **Description:** A low level walk on tracks, paths and a minor road around the reservoir. **Note:** RADO.

**Leader:** Tara Harper, 07762 265869, rugpurcat@hotmail.co.uk

**St. Andrews & NE Fife:**        **Pearsie-Clash Reservoir**

**Grade C+:** 6.5mls/3.5hrs **▲**537m/1761ft. **Depart:** FCPC at 09:15 **Walk start:** The Tin Church Car Park in Pearsie at 10:30 **OS:** 53 **GR:** NO360588 **Description:** Lollipop shaped walk, north of Kirriemuir, on farm roads, through woodlands, and on hillside tracks. Lovely views. Some minor road walking. **Note:** RADO.

**Leader:** Sarah Dallas-Ross & Julie Gadd, 01382 541769 or 01382 541267, sarahadele.sdr@gmail.com

## Sunday 13th November

### **Dalgety Bay: Blackford & Gleneagles Circular**

**Grade C:** 7.5mls/4hrs **Depart:** DBSCCP at 09:30 **Walk start:** Eaglesgate Retail Village CP in Blackford at 10:30 **OS:** 58 **GR:** NN895088 **Description:** The walk follows a right of way across Gleneagles Golf Course passing near Gleneagles Hotel, before returning to Blackford via another right of way. **Note:** RADO.

**Leader:** Audrey Robertson, 01383 860569 or 07720 980715

### **Forfar: Broughty Ferry Seven Arches**

**Grade C:** 5.5mls **Depart:** EGCP at 10:00 **Walk start:** Broughty Ferry Castle at 10:45 **OS:** 54 **GR:** NO465305 **Description:** A pleasant walk along to Monifieth, returning by the Dighty Path and the Seven Arches Viaduct.

**Leader:** Christine Ferguson, 01382 532384

### **Glenrothes: Scotlandwell Circular from Findatie**

**Grade C+:** 7.5mls/4.5hrs **Depart:** LCCP at 9:30 **Walk start:** Findatie CP on B9097 Vane Farm Road at 10:00 **OS:** 58 **GR:** NT170992 **Description:** Follow Loch Leven pathway through Levenmouth Plantation to Grahamstone Farm. Then on to Kinnesswood following the Michael Bruce Way to Scotlandwell returning via Loch Leven pathway. Mostly on good paths incline at Kinnesswood and short roadlink **Note:** NoSC RADO

**Leader:** G Christie 01592 743282 or 07943178810 grant911a@yahoo.co.uk

### **Stirling & Falkirk: River Forth south towards Cobleland and Flanders Moss**

**Grade C+:** 8mls/4.5hrs **▲** 100m/328ft. **Depart:** LACP at 09:30 **Walk start:** Aberfoyle car park at 10:30 **OS:** 57 **GR:** NN524009 **Description:** River Forth south towards Cobleland and Flanders Moss. **Note:** RADO. NoSC. FK8 3UL Car mileage - 40

**Leader:** Ray Finlay, 01786 449135 or 07792 549363, rayfin\_1@hotmail.com

## Tuesday 15th November

### **Dundee: Lynedoch Obelisk & McDuff's Folly**

**Grade C+:** 5mls/3.5hrs **▲** 309m/1016ft. **Depart:** CWCP at 09:30 **Walk start:** Jubilee Car Park at 10:15 **OS:** 53 **GR:** NO145236 **Description:** Moderate hike through woodland and over hillside with some strenuous ascents. There may be an option to extend the walk to Kinnoull Hill at end of walk. **Note:** Dogs on lead at Golf course.

**Leader:** I Cowie & M C Thomson, 01382 884367 & 07810011232 or 0138237073407546563721

## Wednesday 16th November

### **Dunfermline & West Fife: Hill of Beath**

**Grade C+:** 5mls/3hrs **Depart:** LPRCP at 10:00 **Walk start:** Hill of Beath village, behind Torbeith Gardens off B912 at 10:15 **OS:** 367 **GR:** NT151904 **Description:** Around Dalbeith Nature Reserve then up to summit of Hill of Beath. Return via village. **Note:** DWOL.

**Leader:** Maureen Paul, 01383 727875, 07842 386718, apaspaul9@gmail.com

### **St. Andrews & NE Fife: Morton Lochs and Tentsmuir**

**Grade C:** 8mls/4.5hrs **▲** 231m/760ft. **Depart:** FCPC at 09:15 **Walk start:** Lundin Bridge Car Park, south east of Tayport at 10:00 **OS:** 59 **GR:** NO466281 **Description:** Walk through golf course to Morton Lochs, continuing into Tentsmuir Forest to Ice House, and on to beach. Proceed north to Tentsmuir Point and follow coastal path back to start. **Note:** RADO.

**Leader:** Stewart & Linda Collier, 01334 477673 or 07881 596888, stewart.collier@outlook.com

## Thursday 17th November

### **Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.



## Saturday 19th November

### **Brechin: Cairn Robie Circular**

**Grade C+:** 6mils **Depart:** SNSB at 09:30 **Walk start:** Tarfside Village car park at 10:30 **OS:** 44 **GR:** NO493796 **Description:** Past Hill of Rowan to Westbank then over shoulder of Cairn Robie to Burn of Calanach. Return past Baillies & Burnfoot. **Note:** Walk can be extended by loop over Hill of Rowan and shortened by alternative return from Burn of Calanach past Milton.  
**Leader:** Christine Bean, 01356 624285

### **Dalgety Bay: Torphichen Circular**

**Grade C+:** 7mils/4hrs ▲ 150m/492ft. **Depart:** DBSCCP at 09:30 **Walk start:** Torphichen Community Education Centre at 10:15 **OS:** 65 **GR:** NS968726 **Description:** Visiting first Cairnpapple, ancient burial site, then to Witch Craig, Cockleroy (going up is optional), Lochcote and return to starting point, in paths, tracks and some road walk. There are 3 fences to climb over. **Note:** RADO.  
**Leader:** Matsue Williams, 0131 332 4395

### **Dundee: Tentsmuir**

**Grade C:** 7mils/3.5hrs **Depart:** TBCP at 10:00 **Walk start:** Car park in Shandwell Road South, Tayport at 10:30 **OS:** 54 **GR:** NO465280 **Description:** Walk across golf course, through forest and back by beach.  
**Leader:** L Mitchell, 01241 431641

### **Glenrothes: Lindores Loch**

**Grade C+:** 7mils/4.5hrs **Depart:** LCCP at 9:30 **Walk start:** Abdie and Dunbog Church at 10:00 **OS:** 59 **GR:** NO258163 **Description:** Circular walk on paths alongside Lindores Loch via Woodmill, Braeside and Inchrye - one steep ascent of 750ft. **Note:** CWRA RADO  
**Leader:** M Laing 01337 832724

### **Kirkcaldy: Around Lindores Loch**

**Grade C:** 7.5mils **Depart:** KRSN at 09:15 **Walk start:** Collessie Victory Hall car park at 10:00 **OS:** 59 **GR:** NO287134 **Description:** Pleasant country walk along paths, minor road and grassy slopes. LAST DAY FOR RESERVATION & PAYMENT (COST £13.50 INCLUDING TIP) OF 25thANNY. MEAL ON SUNDAY 27th NOV. **Note:** RADO. NoSC.  
**Leader:** Glenna Douglas & Morna Scriven, 01592 640163 or 07847 675961

### **Perth: Perth to Pitcairngreen**

**Grade C:** 6mils **Depart:** ASDACP at 09:25 **Walk start:** Asda car park at 09:30 **OS:** 53 **GR:** NO110247 **Description:** A local walk along the Tay and the Almond to Pitcairngreen with hopefully some bird spotting along the way. Bring bus pass for return on No.14 bus to Perth (regular hourly service). **Note:** RADO.  
**Leader:** Paula Bowman, 01738582339 & 07870937963, pbowman58@hotmail.com

### **Strathtay: St Mary's Church**

**Grade C:** 7mils **Depart:** Chapel Street Bus Stop, Aberfeldy at 08:55 **Walk start:** Grandtully Castle at 09:00 **OS:** 52 **GR:** NN893515 **Description:** From Grandtully Castle to the tiny church of St Mary's and on to Aberfeldy. **Note:** RADO.  
**Leader:** John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

## Sunday 20th November

### **Dundee: Luthrie & Normans Law**

**Grade B:** 7mils **Depart:** TBCP at 09:30 **Walk start:** Luthrie Village Hall at 10:00 **OS:** 57 **GR:** NO331196 **Description:** Steep incline from Luthrie to Normans Law on tracks and paths then downhill and circular on part of coastal path back to Luthrie.  
**Leader:** Linda Pirie, 01382 778490 or 07881 369442

**Dunfermline & West Fife: Loch Skiach & Craig Lochie**

**Grade B:** 9mls/5.5hrs ▲550m/1804ft. **Depart:** LPRCP at 08:30 **Walk start:** Kinnaird House at 10:00 **OS:** 386 **GR:** NN980504 **Description:** Pleasant mix of farm tracks, hill tracks and open, heathery hillside to two hill lochs and a craggy summit above Strath Tay. **Note:** DWOL.  
**Leader:** Grant Robertson, 01577 208436, grobert50@tesco.net

**Kinross & Ochil: Dunblane Allan Water Circuit**

**Grade C:** 7mls **Depart:** KPR at 09.00 or BURN at 09:15 **Walk start:** Dunblane Cathedral Square at 10:00 **OS:** 57 **GR:** NN782015 **Description:** A circular walk from Dunblane by the Allan Water to Kinbuck via Ashfield, returning past Crofts of Cromlix. **Note:** RADO. CWRA.  
**Leader:** Susan Tester, 01786 834535

**Stirling & Falkirk: Kirkintilloch Circular via Torrance**

**Grade C:** 8mls/4hrs ▲74m/242ft. **Depart:** LACP at 09:30 **Walk start:** Barleybank car park, Kirkintilloch at 10:30 **OS:** 64 **GR:** NS655739 **Description:** The walk follows the footpath from Kirkintilloch to Torrance and then continues to Cadder along the bank of the River Kelvin, returning to the start by the towpath of the Forth and Clyde Canal. Mostly level on good paths and tracks. **Note:** RADO. NoSC. G66 1JB Car mileage - 40  
**Leader:** James Higgins, 01786 470641, jameshig0@gmail.com

**Tuesday 22nd November**

**Dalgety Bay: Walks Planning Meeting for Summer 2107**

**Meet:** Day Care Centre, Dalgety Bay at 19:30 **Description:** Come and give us your input for the next programme. Submitting your walks before the meeting is appreciated.  
**Contact:** Ian Bruce, 01383 616062, 07518 154237, [ianbruce100@btinternet.com](mailto:ianbruce100@btinternet.com)

**Kinross & Ochil: Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

**Thursday 24th November**

**Dunfermline & West Fife: Barnton to Wester Hailes**

**Grade C:** 7mls/4hrs **Depart:** LPRCP at 09:00 **Walk start:** Barnton bus stop at 09:30 **OS:** 66 **GR:** NT186749 **Description:** Suburban linear walk through Cammo Estate, Craigmount, N & S Gyle, Edinburgh Park, Union Canal to Wester Hailes Plaza. Bus back into Edinburgh. **Note:** DWOL.  
**Leader:** Olive Inglis, 01383 842698, 07773 995015, [oliveminglis@aol.com](mailto:oliveminglis@aol.com)

**Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

**Saturday 26th November**

**Our Area AGM - this year just north of Dundee**

**Venue:** Muirhead & Birkhill Millenium Hall. DD2 5QE. Refer to pages 7-8 for details of the programme and the return slip.

**Blairgowrie: River Tay and Perth Lade**

**Grade C:** 6mls ▲70m/229ft. **Depart:** WCPB at 09:30 **Walk start:** South Inch Car Park, Perth at 10:15 **OS:** 58 **GR:** NO119229 **Description:** Paths and tracks along River Tay and Perth Lade. Some road walking. **Note:** RADO. Change will be needed for the car park  
**Leader:** Anne Easson, 01828 628001, [a.easson@btinternet.com](mailto:a.easson@btinternet.com)

**Forfar: Lour/Caddam**

**Grade C:** 5mls **Walk start:** EGCP at 10:00 **OS:** 45 **GR:** NO457508 **Description:** A pleasant country walk on minor roads. A.G.M. follows at 2pm in St John's Church Hall.  
**Leader:** Dorothy Hutcheon, 01307 468034

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## Sunday 27th November

### Dundee:

#### **Cupar, Dura Glen Circular**

**Grade C:** 6mls/4hrs ▲100m/328ft. **Depart:** TBCP at 09:50 **Walk start:** Cupar Car Park (opposite public park on A91) at 10:30 **OS:** 59 **GR:** NO378146 **Description:** Circular walk of historic Cupar town centre to Ceres by the Moor road onto Craighall lime, return by Craighall burn. Track and road walking, tracks may be muddy in places. **Note:** RADO.

**Leader:** David Banks, 01382 858495 or 07719 382703

### Glenrothes:

#### **Ladybank Woods Circular**

**Grade C:** 6mls/3.5hrs **Depart:** LCCP at 9:30 **Walk start:** Car Park just off A92 at Ladybank Edensmuir Woods at 9:45 **OS:** 59 **GR:** NO296095 **Description:** A virtually flat walk through the woods to the West, North & East of Ladybank. Mainly on Forest tracks, but with some road walking. Walk can be shortened easily in adverse weather. **Note:** CWRA DWOL

**Leader:** H Morrison 01592 749170 or 07821148256 hazmgtmor@hotmail.com

### Kirkcaldy:

#### **Kirkcaldy Group 25th Anniversary - Walk & Evening Meal**

**Grade C:** 5mls **Depart:** KRSN at 12:45 **Walk start:** Dunnikier Golf Club at 13:00 **OS:** 59 **GR:** NT279944 **Description:** Walk from Golf Club to Johnny Marshall's Loan then on to River Ore, along riverside path and return to Dunnikier by way of Carberry. Evening meal at Dunnikier Golf Club is booked 15.30 for 16.00. where non walkers may join.

**Leader:** Liz Greig, 01592 653682 or 07919 985239

### St. Andrews & NE Fife:

#### **Collessie to Lindores Circular**

**Grade C+:** 7.5mls/4hrs ▲200m/656ft. **Depart:** FCPC at 09:30 **Walk start:** Victoria Hall Car Park in Collessie at 10:00 **OS:** 59 **GR:** NO287134 **Description:** Circuit of Lindores Loch, following core paths, minor roads and grassy slopes. **Note:** RADO.

**Leader:** Betty Stewart & Susan Richmond, 01334 654552 or 01382 542516, bettys47@btinternet.com

### Stirling & Falkirk:

#### **Blackness to Carriden Loop**

**Grade C:** 5mls/3hrs ▲45m/150ft. **Depart:** LACP at 10:00 **Walk start:** Blackness Village Square at 10:45 **OS:** 65 **GR:** NT050800 **Description:** We follow part of the John Muir Way along the Forth, then loop around Carriden and return via Stacks. Tracks all the way. **Note:** RADO. NoSC. Start EH49 7NG Car mileage - 46

**Leader:** Hilary Thomson, 01786 472726 or 07834 529694, hilarydthomson@gmail.com

## Thursday 1st December

### Dunfermline & West Fife: **Annual General Meeting**

**Meet:** Dell Farquharson Centre at 19:30

**Contact:** Marion Webster, 01383 728132, mjpwebster@aol.com

### Glenrothes:

#### **Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## Saturday 3rd December

### Brechin:

#### **Elephant Rock Circular**

**Grade C:** 6mls **Depart:** SNSB at 09:30 **Walk start:** Ferryden car park at 10:00 **OS:** 54 **GR:** NO718567 **Description:** Past Scurdie Ness lighthouse to Usan. Continue down coast to Elephant Rock. Return on minor roads.

**Leader:** Kathleen Ritchie, 01356 622839

### Dalgety Bay:

#### **Mystery Walk**

**Grade C:** **Depart:** DBSCCP at 09:30 **Walk start:** ???? **Description:** Possibly C+ Details will be available on the web site. **Note:** RADO.

**Leader:** Ian Bruce, 01383 616062 or 07518 154237, ianbruce100@btinternet.com

**Dundee: Lade Braes**

**Grade C:** 5mls/3hrs **Depart:** TBCP at 10:00 **Walk start:** Kinburn Car Park, St Andrews (first roundabout as you approach St.Andrews) at 10:30 **OS:** 59 **GR:** NO502169 **Description:** Good paths, but could be muddy.

**Leader:** Martha McCallin & Moira Dobson, 01307462277 & 07873767576 or 0138245954307792140781

**Dunfermline & West Fife: Dunfermline West**

**Grade C:** 6mls/2.5hrs **Walk start:** Pittencrieff Park car park at 10:00 **OS:** 367 **GR:** NT085875 **Description:** Through Pittencrieff Park to pick up field tracks and forest paths to west of Dean Plantation then return along old Alloa/Dunfermline railway track. **Note:** DWOL.

**Leader:** Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

**Kirkcaldy: Auchtermuchty /Lumquat Circular**

**Grade C:** 7.5mls **Depart:** KRSN at 09:00 **Walk start:** Auchtermuchty Fire Station, Back Dykes at 10:00 **OS:** 58 **GR:** NO236121 **Description:** On paths and minor roads. Muchty to Lumquat, then a circuit, partly through woods, with (depending on ground conditions) a short spur up Weddersbie Hill. Finally retrace the first leg to Muchty. **Note:** RADO. NoSC.

**Leader:** Mike Livesey, 07783 201492

**Perth: Newtyle Circular**

**Grade C+:** 8mls ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Newtyle playpark car park at 09:45 **OS:** 53 **GR:** NO298415 **Description:** On old railway tracks, local field paths and some minor roads around Newtyle the walk includes steep climb uphill for good views over the Strathmore valley. Flights of steps and boggy in parts. **Note:** RADO. If poor weather can be adapted to shorter, lower level walk

**Leader:** Lynn Salvin, 01738 634628 or 07712 298939

**St. Andrews & NE Fife: Christmas Lunch**

**Meet:** Restaurant at 12:30 **Description:** The annual Christmas lunch will be held in Kilconquhar Castle Lindsay Room restaurant. Before lunch, there will be optional mystery walk of no more than 4 miles, starting from restaurant at 1015am. **Note:** Names and £6 deposit per person to Will Aitken or Ian MacKenzie by 15th Nov

**Contact:** Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

## **Sunday 4th December**

**Glenrothes: Christmas Walks**

Choice of two walks followed by a meal at Village Inn Pittlessie. The details of the walks will be given nearer the date by the leaders. The longer walk to start at 11am (meet at Lomond Centre), the strollers walk to start at 12pm (meet at St Columba's Church). All members and partners are welcome, those who wish to go for the meal must put name in to John Duncan or Linda Aitken by 17 November. Time of meal - meet at Inn at 3.30pm.

**Contact:** J Duncan 01337 831888 john@johnandmorven.co.uk

**Kinross & Ochil: Christmas Walk & Lunch - Falkland**

**Grade C:** 4mls **Depart:** KPR at 10.30 or BURN at 10:00 **Walk start:** Town Car Park, Falkland (by the library) at 11:00 **OS:** 59 **GR:** NO254074 **Description:** A walk thro the historic village of Falkland onto the Gilderland Walk, returning via Pillars of Hercules and the Squirrel Walk. Details of festive lunch to be circulated later. **Note:** RADO.

**Leader:** Rosemary & Mike Smith, 01577 862520

**Stirling & Falkirk: Kilsyth past and present**

**Grade C:** 7mils/4hrs ▲155m/508ft. **Depart:** LACP at 09:30 **Walk start:** Old Quarry site Auchinstarry, Kilsyth at 10:15 **OS:** 64 **GR:** NS720771 **Description:** A circular walk following the River Kelvin to the Forth and Clyde Canal, then a gentle ascent of Bar Hill and Croy Hill (Roman Fort sites) before returning via the Antonine Wall, the Military Way and the canal towpath. **Note:** RADO. NoSC. G65 9SE Car mileage - 30

**Leader:** Fiona McMurray, 01324 632740 or 07814 995319, fionanmcmurray@btinternet.com

**Strathgairn: Scone Circular**

**Grade C:** 5.5mils **Depart:** CCP at 09:30 **Walk start:** Scone Old Church at 10:15 **OS:** 53 **GR:** NO132256 **Description:** Circular route round Scone, visiting the Lynedoch Obelisk and the birthplace of the man after whom the Douglas Fir is named. **Note:** RADO.

**Leader:** Jenny Rees, 01887 830521, jenny.rees@virgin.net

**Tuesday 6th December**

**Kirkcaldy: Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

**Kirkcaldy: Langtoun Daunders - Dunnikier Circular**

**Grade C:** 6mils **Walk start:** Glebe Park car park (off Victoria Road) at 10:00 **OS:** 59 **GR:** NT281922 **Description:** A walk on paths and tracks through Middle Den, Johnny Marshall's Loan, Dunnikier Park and Pannier Den. Suggested lunch venue 'Path Tavern'. **Note:** DWOL. CWRA.

**Leader:** Ros Fairgrieve, 01592 784454

**Thursday 8th December**

**Dalgety Bay: Roamers ~ Dalgety Bay to Aberdour (minimal ascent)**

**Grade D:** 2.5mils/3hrs **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834

**Description:** A walk along the Coastal Path with seasonal refreshment in Aberdour. Return by bus. There is the option to return on foot. **Grade C:** 5mils 4hrs. **Note:** RADO.

**Leader:** Donald Wallace, 01383 820814

**Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

**Friday 9th December**

**Kirkcaldy: Summer 2017 Walk's Programme**

**Meet: Description:** Please send suggestions for Summer Walks Programme to Brian Clark ((Walks prog. Co-Ord.) by 30th December.

**Contact:** Brian Clark, 01592 784553, bjclark@live.co.uk

**Saturday 10th December**

**Blairgowrie: Lady Mary's Walk and Knock of Crieff**

**Grade C+:** 8mils ▲457m/1500ft. **Depart:** WCPB at 09:15 **Walk start:** McCrosty Park Car Park at 10:30 **OS:** 52 **GR:** NN857219 **Description:** A walk along the riverside from Crieff following good paths then up to the Knock of Crieff. Lovely views, weather permitting. **Note:** RADO.

**Leader:** Madeleine McIntosh, 01250 872005 or 07904 382840, maddiesworld@outlook.com

**Dalgety Bay: Christmas Lunch**

**Meet:** Members will be informed of details in the usual way.

**Contact:** Rose Nutt, 01383 822669

**Forfar: Christmas Meal**

**Meet:** Strathmore Arms, Glamis at 01:00 **Description:** Christmas lunch at the Strathmore Arms, Glamis at 1pm. Contact Christine by 13th November to book your place. £10 deposit payable in advance.

**Contact:** Christine Ferguson, 01382 532384

**Perth: Loch Tay - Acharn Falls**

**Grade C+:** 6mls ▲390m/1279ft. **Depart:** ASDACP at 09:00 **Walk start:** Side road on South side of main road, East of bridge over Acharn burn at 10:15 **OS:** 51 **GR:** NN756438 **Description:** From Acharn village to Falls of Acharn then over open moorland with superb views, return to Acharn via hermits cave. Please bring towel in case you have to wade burn!. **Note:** RADO.

**Leader:** Mike Brown, 01738 446330 & 07825 014442, mikebrown1957@btinternet.com

**Sunday 11th December**

**Dundee: Newtyle Circular**

**Grade C:** 4mls/3hrs ▲100m/328ft. **Depart:** CWCP at 10:00 **Walk start:** Newtyle Park Car Park at 10:30 **OS:** 53 **GR:** NO299415 **Description:** Circular walk around Newtyle Village and surrounding area on existing track and dismantled railway line. There is some road walking.

**Leader:** David Banks, 01382 858495 or 07719 382703

**Glenrothes: Lochore Meadows – Kelty Circular**

**Grade C:** 7mls/3.5hrs **Depart:** LCCP at 9:30 **Walk start:** Lochore Meadows CP at 10:00 **OS:** 58 **GR:** NT171962 **Description:** Farm tracks and a little road walking with excellent views. **Note:** CWRA RADO

**Leader:** G Pottie 01592 753110 geordie72@btinternet.com

**Stirling & Falkirk: Kinnoull Hill and Deuchny Wood**

**Grade C:** 6mls/3.5hrs ▲76m/250ft. **Depart:** LACP at 10:00 **Walk start:** Quarry Car Park Kinnoull Hill at 11:00 **OS:** 58 **GR:** NO135235 **Description:** A mixture of woodland and panoramic views of the Perthshire countryside. On good paths with two short ascents. **Note:** RADO. NoSC. PH2 7BY Car mileage - 80

**Leader:** Val Smith, 01786 470976, vps6@iname.com

**Tuesday 13th December**

**Dundee: Christmas Meal**

**Meet:** Queens Hotel Dundee at 19:00 **Description:** Once again we are having our Christmas Meal in the Queen's Hotel, Dundee. Cost £17. Name and £7 deposit to Nessie by 1st November and balance to be paid by 7th December.

**Contact:** Nessie Cowie, 01382 507682

**Wednesday 14th December**

**Dunfermline & West Fife: Short Winter Stroll**

**Grade C:** 5mls/2.5hrs **Depart:** LPRCP at 10:00 **Description:** An easy, local walk, no more than 5 miles, dependent upon weather conditions. Contact the leader a day or two before to find out more. **Note:** DWOL.

**Leader:** Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

**Thursday 15th December**

**Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

**Saturday 17th December**

**Blairgowrie: Cateran Trail - Enochdu to Lunch Hut**

**Grade B:** 8mls ▲400m/1312ft. **Depart:** WCPB at 09:15 **Walk start:** Enochdu Roadside Car Park at 10:00 **OS:** 43 **GR:** NO062627 **Description:** Cateran Trail to Lunch Hut, then track SE up onto ridge of Uchd Nan Carn. Down ridge to Allt Doire Nan Eun. Track S then W around forest to Cateran Trail back to Enochdu. **Note:** RADO.

**Leader:** Jean Stewart, 01250 873852

**Brechin: Glamis - Christmas Walk & Lunch**

**Grade C:** 5mls **Depart:** SNSB at 09:30 **Walk start:** Strathmore Arms Hotel, Glamis at 10:00 **OS:** 54 **GR:** NO384468 **Description:** A pleasant walk near Glamis, followed by Christmas lunch. **Note:** Lunch bookings and choices from menu to walk leader by 3rd December.

**Leader:** Sheena Leven, 01356 630208

**Dundee: Moncrieffe Hill**

**Grade C+:** 5mls **▲**330m/1082ft. **Depart:** CWCP at 09:30 **Walk start:** Tay Car Park (northern entrance Moncrieffe Hill) a mile along minor road off A912 signposted Rhynd & Elcho Castle at 10:15 **OS:** 58 **GR:** NO139209 **Description:** A walk to up Moncrieffe Hill through beautiful woodland with great views.

**Leader:** L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 0138264275207526237526

**Glenrothes: Glenrothes North - Leslie Circular**

**Grade C+:** 8mls/4.5hrs **Depart:** LCCP at 9:30 **Walk start:** Coul Reservoir CP at 10:00 **OS:** 59 **GR:** NO270038 **Description:** Circular route starting at Coul Reservoir heading along paths towards Leslie then down through Riverside Park and up to woods via Pitcoudie. A mixture of local path and woodland walking. **Note:** CWRA DWOL Leader will meet group at start of walk.

**Leader:** S Galloway 07913 117542 alexandergalloway3116@gmail.com

**Kinross & Ochil: Crook of Devon to Muckhart**

**Grade C:** 7mls **Depart:** KPR at 09.45 or BURN at 09:30 **Walk start:** Crook of Devon Village Hall at 10:00 **OS:** 58 **GR:** NO038002 **Description:** A circular walk on paths and tracks taking in Rumbling Bridge Gorge. Some road walking. **Note:** RADO. CWRA.

**Leader:** Margaret Best, 01577 864112

**Kirkcaldy: Star Moss & Coaltown of Balgonie**

**Grade C:** 7.5mls **Depart:** KRSN at 09:45 **Walk start:** Balbirnie Country Park (main entrance C.P.) at 10:15 **OS:** 59 **GR:** NO292018 **Description:** Fig. of eight walk centred on Balbirnie Park. North to Star Moss then south to Coaltown of Balgonie. Some road walking. **Note:** RADO. CWRA.

**Leader:** Brian Clark, 01592 784553, bjclark@live.co.uk

**Perth: Christmas Lunch**

**Meet:** North Car Park Dunkeld at 09:30 **Description:** Short C walk about 4miles, dependent on weather, followed by Christmas meal at Atholl Arms Hotel, Dunkeld. Lunch 12.30 for 13.00. See Perth Newsletter for details of menu, to book meal etc. Regular buses from Perth to Dunkeld.

**Contact:** Lynn Salvin, 01738 634628, 07712 298939

**Stirling & Falkirk: Christmas walk and Lunch**

**Meet:** Woodside Hotel, Doune at 10:00 **Description:** Walk at 10:00 or lunch only at 13:30.

**Contact:** John Ferguson, 01324 823230, 07966 044794, john-ferguson@blueyonder.co.uk

**Stirling & Falkirk: Date for submission of walks for the summer programme**

**Meet:** None at 20:00 **Description:** Entry for information only - Please submit your winter walks ideas to Fiona with a copy to Val and Eric.

**Contact:** Fiona McMurray, 01324 632740, 07814 995319, fionanmcmurray@btinternet.com

**Strathay: Aberfeldy to Grandtully**

**Grade C:** 9mls **Walk start:** Aberfeldy Cemetery CP (note late start) at 10:30 **OS:** 52 **GR:** NN866497 **Description:** Walk along the river and old railway track to Grandtully for a warming bowl of soup in the Inn on the Tay. Walk back to Aberfeldy or catch the bus. **Note:** RADO.

**Leader:** Bill McEwan, 01796 472780, billmcewan40@gmail.com

## **Sunday 18th December**

**Dunfermline & West Fife: Christmas Lunch**

**Meet:** **Description:** Details will be posted on web page and Facebook before end of September.

**Contact:** Maureen Paul, 01383 727875, 07842 386718, apaspaul9@gmail.com



## Tuesday 20th December

### **Dundee: Riverside Nature Park**

**Grade C:** 5.5mls **Walk start:** Car Park by Lynch Centre, South Rd, Dundee at 10:30 **OS:** 54 **GR:** NO354314 **Description:** Easy walk following green circular route to Riverside Nature Park and on to Botanic Gardens cafe for snack or lunch. Return by same route.

**Leader:** L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 0138264275207526237526

### **Kinross & Ochil: Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

## Wednesday 21st December

### **St. Andrews & NE Fife: West Wemyss**

**Grade C:** 6mls ▲ 121m/400ft. **Depart:** FCPC at 09:30 **Walk start:** West Wemyss Harbour Car Park at 10:15 **OS:** 59 **GR:** NT324946 **Description:** Easy low level route, following paths, tracks, with minimal ascent. The walk goes from West Wemyss along the coastal path to MacDuffs Castle, East Wemyss, returning by Newton and Lochhead farms. **Note:** RADO.

**Leader:** Jim Forret, 01334 656137, james.forret@btinternet.com

## Wednesday 28th December

### **Dalgety Bay: In and Around Dalgety Bay (minimal ascent)**

**Grade C:** 5mls **Walk start:** DBSCCP at 09:30 **OS:** 65 **GR:** NT156835 **Description:** A walk along the Coastal Path and on woodland paths. **Note:** RADO.

**Leader:** Ben Douglas, 01383 822715 or 07852 658675

### **Dundee: Friockheim to Leysmill - Festival of Winter Walks**

**Grade C:** 4.5mls/2.5hrs **Depart:** OCCP at 09:15 **Walk start:** Friockheim Car Park (opposite school) at 10:00 **OS:** 54 **GR:** NO600497 **Description:** Easy walk to Leysmill followed by lunch at Colliston Inn at a cost of £7.50 per head. (Soup, Sandwiches, Traybakes, Tea/Coffee).

**Leader:** L Mitchell, 01241 431641

### **Glenrothes: Kirkcaldy - West Wemyss circular**

**Grade C:** 6mls/3.5hrs **Depart:** LCCP at 9:30 **Walk start:** Ravenscraig CP at 10:00 **OS:** 59 **GR:** NT292926 **Description:** An easy walk from Ravenscraig car park following the coastal path to West Wemyss returning by path through Wemyss Estate. **Note:** CWRA RADO

**Leader:** J Duncan 01337 831888 john@johnandmorven.co.uk

## Saturday 31st December

### **Brechin: St Vigeans Nature Trail**

**Grade C:** 7mls **Depart:** SNSB at 09:30 **Walk start:** Tesco supermarket, Arbroath (east side) at 10:00 **OS:** 54 **GR:** NO638413 **Description:** An easy low level walk through Brothock valley to St Vigeans nature trail. Return via Letham Grange.

**Leader:** Sheila Peebles, 01241 431163

### **Perth: Dupplin and Cairnie Braes**

**Grade C+:** 7mls ▲ 200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Burnside Lodge - on E side of A9 near Dupplin Loch at 09:30 **OS:** 58 **GR:** NO039200 **Description:** A circuit of the Dupplin Estate passing Pitcairnie Loch, Blairhill, Wester Cairnie, Bankhead and Dupplin Castle. **Note:** RADO.

**Leader:** John Andrews, 01738 827275 & 07526 884953, john@jandrews.co.uk

## Tuesday 3rd January

### **Kinross & Ochil: Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

### **Kirkcaldy: Langtoun Daunderers - Rabbit Braes**

**Grade C:** 5mls **Depart:** KRSN at 10:00 **Walk start:** Beveridge Park car park at 10:15 **OS:** 59 **GR:** NT273910 **Description:** Walk on woodland paths, tracks with some road crossings and easy gradients. Suggested lunch venue Kirkcaldy Golf Club (Balwearie).

**Leader:** Brian Clark, 01592 784553, bjclark@live.co.uk

## Wednesday 4th January

### **Dunfermline & West Fife: Short Winter Stroll**

**Grade C:** 5mls/2.5hrs **Depart:** LPRCP at 10:00 **Description:** An easy, local walk, no more than 5 miles, dependent upon weather conditions. Contact the leader a day or two before to find out more.

**Note:** DWOL.

**Leader:** Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

## Thursday 5th January

### **Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## Saturday 7th January

### **Blairgowrie: Murthly Castle Grounds and River Tay**

**Grade C:** 6mls ▲50m/164ft. **Depart:** WCPB at 10:00 **Walk start:** Parking area at the gate of Murthly Castle at 10:30 **OS:** 53 **GR:** NO093393 **Description:** A fairly flat walk along the old railway track, through woodland, to the the River Tay and the Castle grounds. Easy walking along well made tracks. **Note:** RADO.

**Leader:** Kathleen Frew, 01250 873805 or 07900 531159, kathleenfrew@msn.com

### **Dalgety Bay: Mystery Walk**

**Grade C:** **Depart:** DBSCCP at 09:30 **Walk start:** ???? **Description:** Possibly C+ Details will be available on the web site. **Note:** RADO.

**Leader:** Ian Bruce, 01383 616062 or 07518 154237, ianbruce100@btinternet.com

### **Kinross & Ochil: New Year Work out at Gartmorn Dam**

**Grade C:** 6mls **Depart:** KPR at 09.40 or BURN at 10:00 **Walk start:** Muircot Farm Shop Car Park at 10:30 **OS:** 58 **GR:** NS912940 **Description:** A gentle walk from the Farm Shop down to Gartmorn Dam and a flat walk round the Dam on good paths in excellent company. Guaranteed to get rid of any lingering cobwebs! Names to Sybil by 3 January, please. **Note:** DWOL. CWRA.

**Leader:** Sybil Taylor, 07890 217935

### **Kirkcaldy: Cardenden - Auchtertool Circular**

**Grade B:** 8.5mls **Depart:** KRSN at 10:00 **Walk start:** Bowhill Institute at 10:30 **OS:** 58 **GR:** NT215955 **Description:** From Bowhill Institute a walk towards Auchtertool via Spittal Farm, Little Gleniston, Bankhead of Raith and Cardenbarns through community woodland on core paths, farm tracks and some rough fields. May be muddy in places. **Note:** RADO. NoSC.

**Leader:** Elaine Collins, 07739 964212

### **Perth: Around Dunkeld and Birnam**

**Grade C+:** 8mls **Depart:** ASDACP at 09:30 **Walk start:** Beatrix Potter Garden, Birnam (parking available in side streets) at 10:00 **OS:** 53 **GR:** NO031419 **Description:** Pleasant winter walk on mainly good paths and through woodland near the Hermitage. **Note:** RADO.

**Leader:** Tom Ross, 01821 650838 or 07949 715716, tomwoodville@aol.com

## Sunday 8th January

### **Dundee: Dronley Woods**

**Grade B:** 6mls/4hrs **Walk start:** Clatto Country Park Car Park at 10:30 **OS:** 54 **GR:** NO369342  
**Description:** Follow reservoir, exit on north farm track, through forested area and descend to dismantled railway track, follow track to Dronley wood, return via railway track exiting at Dronley, take rd to Muirhead and back to car park via Templeton woods. **Note:** There is some road walking.  
**Leader:** David Banks, 01382 858495 or 07719 382703

### **Forfar: Kirriemuir Circular**

**Grade C:** 6mls **Depart:** EGCP at 10:00 **Walk start:** Bellies Brae Car Park, Kirriemuir at 10:20 **OS:** 54 **GR:** NO386537 **Description:** Circular walk. Followed by Walks Planning Meeting.  
**Leader:** Grace Johnston & Fiona Brown, 01575 574685 or 01575 573344

### **Glenrothes: Kilmany - Balmerino and Stirton circular**

**Grade C:** 8mls/4.5hrs **Depart:** LCCP at 9:30 **Walk start:** Kilmany at 10:15 **OS:** 59 **GR:** NO388218  
**Description:** A pleasant walk from Kilmany - cross the A92 and follow the track uphill to Gauldry – continue on to Balmerino. Return by Hazelton and Stirton Mill by the disused railway to Kilmany.  
**Note:** NoSC RADO  
**Leader:** C Mackie 01592 756058 or 07960513994 catherineannmackie@hotmail.co.uk

### **St. Andrews & NE Fife: Falkland Estate & Tyndall Bruce Monument**

**Grade C+:** 7mls/4hrs **▲**250m/820ft. **Depart:** FCPC at 09:30 **Walk start:** Falkland Back Wynd Car Park at 10:00 **OS:** 59 **GR:** NO254074 **Description:** Pleasant circular walk through the state on good paths and tracks. Steeper section to the Monument but effort rewarded by great views across the Howe of Fife. **Note:** DWOL.  
**Leader:** Christine Arnold & Carol Philip, 01334 654158 or 01334 475997, jandca.winslow@btinternet.com

### **Stirling & Falkirk: Alloa to RSPB Black Devon to Clackmannan**

**Grade C:** 6mls/4hrs **▲**60m/200ft. **Depart:** LACP at 10:00 **Walk start:** Alloa town centre car park FK10 1JY at 10:45 **OS:** 58 **GR:** NS888927 **Description:** From Alloa walk to the Black Devon Wetlands, where a representative of the RSPB will show, and discuss, the changes they are making. The walk will continue on good paths to Clackmannan & return. **Note:** RADO. NoSC. Watch out for further details. Car mileage - 15  
**Leader:** Eric Davidson, 07757 658055, davidson.family.es@gmail.com

## Thursday 12th January

### **Dalgety Bay: Roamers ~ Dalgety Bay to Inverkeithing (minimal ascent)**

**Grade D:** 2.5mls/2hrs **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834  
**Description:** A walk along the Coastal Path and, after refreshment, return by bus. There is the option to return on foot, **Grade C:** 5mls 3hrs. **Note:** RADO.  
**Leader:** Ben Douglas, 01383 822715 or 07852 658675

### **Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## Saturday 14th January

### **Brechin: Careston to Tannadice**

**Grade C:** 7mls **Depart:** SNSB at 09:30 **Walk start:** Careston Church car park at 09:50 **OS:** 44 **GR:** NO528604 **Description:** An easy level walk on tracks & paths via Mill of Marcus & Noranbank to Tannadice village and back. Walk can be shortened by returning at any point. **Note:** Walk start is on OS map 44 but 95% of the walk is on OS map 54.  
**Leader:** Sheila Mather, 01356 650240

**Dundee:****Lundie Crags Circular**

**Grade C+:** 8mils/4hrs **Depart:** CWCP at 09:30 **Walk start:** Tullybaccart Car Park at 10:00 **OS:** 53 **GR:** NO263360 **Description:** Mostly on track with some narrow paths which could be muddy. Reasonable ascents. Route will be dependent on weather conditions.  
**Leader:** I Cowie & Rose Garvie, 01382 884367 & 07810011232 or 01382 450763

**Glenrothes:****Aberdour - Donibristle Circular**

**Grade C+:** 7mils/4hrs **Depart:** LCCP at 9:30 **Walk start:** Aberdour Station CP at 10:15 **OS:** 66 **GR:** NT191854 **Description:** A coastal walk from Aberdour towards Dalgety Bay with a detour to Braefoot Point – returning by the coastal path. **Note:** CWRA DWOL  
**Leader:** J Duncan 01337 831888 john@johnandmorven.co.uk

**Kirkcaldy:****Kingsbarns, Kenly & Boarhills Circular**

**Grade C+:** 9mils **Depart:** KRSN at 09:00 **Walk start:** Kingsbarns - The Square at 10:00 **OS:** 59 **GR:** NO594120 **Description:** A walk in the countryside on farm tracks to Kenly then on to Boarhills village and following on to a section of coastal path before returning to Kingsbarns. **Note:** RADO. NoSC.  
**Leader:** Margaret Miller, 01592 266956

**Perth:****Balbirnie - Star Moss Circular**

**Grade C+:** 5.4mils ▲70m/229ft. **Depart:** ASDACP at 09:00 **Walk start:** Balbirnie Park Car Park, off B9130 west of Markinch at 10:00 **OS:** 59 **GR:** NO292018 **Description:** Low level easy walk skirting Markinch to climb Cuinin Hill, views to the east then fields and pine woods. **Note:** RADO.  
**Leader:** Sue Henderson, 01738 861026 & 07980 147967, tanniesue\_peru@yahoo.com

**Strathtay:****Dull Wood and Loch Farleyer**

**Grade C:** 6mils **Depart:** CCP at 09:30 **Walk start:** Camserney at 09:45 **OS:** 52 **GR:** NN819491 **Description:** A circular route through Dull Wood, across the Camserney Burn to Loch Farleyer and return by the estate track. **Note:** RADO.  
**Leader:** Bill Bruce, 01887 829753, bill\_1\_bruce@btinternet.com

**Sunday 15th January****Stirling & Falkirk:****Arthur's Seat**

**Grade C+:** 5mils/3hrs ▲243m/800ft. **Walk start:** St Giles Café bar, High Street, Edinburgh EH1 1PT at 11:00 **OS:** 66 **GR:** NT258736 **Description:** A social day out. There is the option to have coffee at St. Giles Café Bar before. Walk starts from there at 11.45. After the walk those who wish can come along for a pub meal. The hill walk is on good tracks and will be taken slowly. **Note:** RADO. NoSC. A limited number of places are available for the pub meal. Names to Hilary please asap. EH1 1PT Car mileage - 70  
**Leader:** Hilary Thomson, 01786 472726 or 07834 529694, hilarydthomson@gmail.com

**Tuesday 17th January****Kinross & Ochil:****Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

**Wednesday 18th January****Dunfermline & West Fife:****Short Winter Stroll**

**Grade C:** 5mils/2.5hrs **Depart:** LPRCP at 10:00 **Description:** An easy, local walk, no more than 5 miles, dependent upon weather conditions. Contact the leader a day or two before to find out more. **Note:** DWOL.  
**Leader:** Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

## Thursday 19th January

### **Dundee: Walks Planning Meeting**

**Meet:** Methodist Church Hall, Marketgait, Dundee at 19:30 **Description:** All members welcome to exchange ideas and offer suggestions for walks and outings. Offers to lead walks would be most welcome and experienced leaders will help anyone who has never led a walk before. Tea and coffee provided.

**Contact:** Joyce Cumming, 01382 642752, 07526 237526, joyce@cumming14.plus.com

### **Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.



## Saturday 21st January

### **Blairgowrie: Winter Walk and Lunch - Craigowl and Auchterhouse Hill**

**Grade C+:** 4.75mls ▲333m/1092ft. **Depart:** WCPB at 09:30 **Walk start:** Balkello Community Woodland Car Park at 10:00 **OS:** 54 **GR:** NO364385 **Description:** Paths on mostly heathery hills. Lunch will be at the Pear Tree Restaurant in Auchterhouse at 1pm. Please see details in Newsletter and book through Pat Fraser, 01250 873577, email patriciafraser@btinternet.com. **Note:** RADO.

**Leader:** Mike Morris, 01828 632548, morris.inchley@btinternet.com

### **Dalgety Bay: Leuchars Circular - version 2 (minimal ascent)**

**Grade C:** 8mls/5hrs **Depart:** DBSCCP at 09:00 **Walk start:** Leuchars Rail Station C.P. at 10:30 **OS:** 59 **GR:** NO448206 **Description:** Level walk on paths, tracks and some road walking. **Note:** RADO.

**Leader:** Margaret Johnston, 01383 860725

### **Dunfermline & West Fife: St Ninian's by Kingseat**

**Grade C:** 6mls/2.5hrs **Depart:** LPRCP at 09:45 **Walk start:** Gate by Lochside Livery Stables at 10:00 **OS:** 367 **GR:** NT134919 **Description:** Gentle climb to top of two hills with other lesser hilly bits. **Note:** DWOL.

**Leader:** Linda Moyes, 01383 852817, 07840 759384, lm57.moyes@gmail.com

**Forfar: Piperdam**

**Grade C+:** 4mils **Depart:** EGCP at 10:00 **Walk start:** Piperdam Golf Course Car Park at 10:40 **OS:** 53 **GR:** NO303349 **Description:** This is a short walk but well worth it, with wonderful views, weather permitting.

**Leader:** Ann Clubb, 01307 461902

**Perth: Lady Marys Walk & Laggan Hill**

**Grade C+:** 6mils **Depart:** ASDACP at 09:00 **Walk start:** Taylor Car Park, Crieff at 09:50 **OS:** 58 **GR:** NN858221 **Description:** Following a good and very attractive path along the River Earn then fairly gentle ascent over Laggan Hill. Good views of Strathearn. **Note:** RADO.

**Leader:** Jim Pirie, 01738 451314 or 07923 457219

**St. Andrews & NE Fife: Kettlehill & Clatto Hill**

**Grade B:** 7mils/4.5hrs ▲204m/670ft. **Depart:** FCPC at 09:30 **Walk start:** Small car park in Wellpark Place in centre of Kettlehill, near phone box at 10:00 **OS:** 59 **GR:** NO324075 **Description:** Walk via farms to Clatto Hill, continuing Devon Wood, before returning to start. Walking on minor roads, tracks, paths through farmland and forestry. **Note:** RADO. NoSC. Some steep uphill sections (200m)

**Leader:** Stewart & Linda Collier, 01334 477673 or 07881 596888, [stewart.collier@outlook.com](mailto:stewart.collier@outlook.com)

## **Sunday 22nd January**

**Glenrothes: Lomond Hills - Bishop Hill circular**

**Grade B:** 7.5mils/4.5hrs ▲1000ft **Depart:** LCCP at 9:30 **Walk start:** Holl Reservoir CP at 10:00 **OS:** 58 **GR:** NO223034 **Description:** Starting from Holl Reservoir walk to Bishop Hill then along the ridge with excellent views of Loch Leven and the Fife countryside two things of special interest being Carlin Maggie and the limestone quarry workings. **Note:** NoSC RADO Leader will meet group at start of walk.

**Leader:** W Cumming contact by Email [splish2splosh@gmail.com](mailto:splish2splosh@gmail.com)

**Kinross & Ochil: Little Glenshee, NW of Battleby**

**Grade C+:** 7.5mils **Depart:** KPR at 09:00 or BURN at 09:00 **Walk start:** Small parking area beside the ford at Little Glenshee at 10:00 **OS:** 52 **GR:** NN988340 **Description:** Track goes past an old slate quarry then climbs northwards thro heathery moorland. Undulating walk on good tracks with lovely views. **Note:** RADO. CWRA.

**Leader:** Gwen Perry, 01577 861556

**Stirling & Falkirk: Cairneyhill Circular**

**Grade C+:** 8.4mils/4.5hrs ▲100m/330ft. **Depart:** LACP at 09:30 **Walk start:** CP Opposite school at 10:30 **OS:** 65 **GR:** NT048865 **Description:** A circular walk taking in Crombie Pier, Torreyburn and Dean Plantation. Includes walking on farm tracks, roads and woodland paths. **Note:** RADO. NoSC. KY12 8RN Car mileage - 40

**Leader:** Babs Butler, 01324 720165 or 07711 575561, [barbarafbutler@btinternet.com](mailto:barbarafbutler@btinternet.com)

## **Thursday 26th January**

**Brechin: Summer Walks Meeting**

**Meet:** St Andrews Church Hall, Brechin at 19:00

**Contact:** Colin Whyte, 01356 622283, 07949 402506, [colinwhyte@colinwhyte.plus.com](mailto:colinwhyte@colinwhyte.plus.com)

**Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

**Stirling & Falkirk: Summer programme walks meeting**

**Meet:** Mayfield centre, St Ninians, Stirling at 19:30 **Description:** Come along to socialise and hear a preview of the new walks for the summer programme from the walks leaders. All are welcome.

**Contact:** Fiona McMurray, 01324 632740, 07814 995319, [fionanmcmurray@btinternet.com](mailto:fionanmcmurray@btinternet.com)

## Saturday 28th January

### **Brechin:**

### **Arbroath to Auchmithie**

**Grade C:** 7mils **Depart:** SNSB at 09:30 **Walk start:** Far end of Victoria Park, Arbroath at 10:15 **OS:** 54 **GR:** NO658412 **Description:** A pleasant coastal walk to Auchmithie, returning by the same route.

**Leader:** Sheila Mather, 01356 650240

### **Dundee:**

### **Bus Trip to Edinburgh (more details to follow later)**

**Description:** We intend to visit Scottish Parliament (free) and Mary King's Close (Cost £14.50 or Seniors £12.75 pp (optional)). The cost for the bus is approx. £10 pp. Everyone should make their own arrangements for lunch meeting up again afterwards. **Note:** If interested and to put name down contact Linda Mitchell after mid Sept. Money payable by 1st week Jan to Maureen Watson.

**Contact:** L Mitchell, 01241 431641

### **Glenrothes:**

### **Leuchars - Military Manoeuvres on the Moor**

**Grade B:** 9mils/5hrs **Depart:** LCCP at 9:30 **Walk start:** St Athernase Church, Leuchars. at 10:30 **OS:** 59 **GR:** NO455214 **Description:** Walk by Earlshall Castle onto Fife Coastal Path, across Tents Muir towards Reres Wood and mouth of River Eden. Returning via Tentsmuir Forest and coastal path. Tracks and paths with military pill boxes, concrete tank traps and a look-out post. **Note:** CWRA DWOL

**Leader:** S Galloway 07913 117542 alexandergalloway3116@gmail.com

### **Perth:**

### **Forgandenny to Bridge of Earn**

**Grade C+:** 6mils **Depart:** Perth Bus Station 8.55 to catch No.17 bus at 09:00 **Walk start:** Station Road Forgandenny at 09:45 **OS:** 58 **GR:** NO086181 **Description:** Linear walk from Forgandenny on road, pavement and woodland paths. Route takes us via Dunbarney Estate, Pitkeathly Wells, Kilgraston, Kintillo and by Oudenarde to Bridge of Earn to catch bus back to Perth. **Note:** RADO. Cars can be parked in Bridge of Earn to catch No.17 bus at 9.18 in Side Street to go to Forgandenny. Remember bus pass

**Leader:** Donald Purvis, 01738 813294 & 07478247825, purvishome@gmail.com

## Sunday 29th January

### **Kirkcaldy:**

### **Balcarres /Kilbrackmont Circular**

**Grade C:** 6.5mils **Depart:** KRSN at 09:30 **Walk start:** Parking area at B942/B941 road junction. at 10:30 **OS:** 59 **GR:** NO487036 **Description:** Pleasant walk using paths and tracks with a visit to a ruined Chapel and Balcarres Tower. **Note:** RADO. CWRA.

**Leader:** Brian Clark, 01592 784553, bjclark@live.co.uk

### **Stirling & Falkirk:**

### **Braco Lochs**

**Grade C:** 6mils/3hrs ▲ 60m/196ft. **Depart:** LACP at 09:30 **Walk start:** Feddal Road (B8033), Braco at 10:00 **OS:** 57 **GR:** NN836097 **Description:** Easy walk around Lower Rhynd and Upper Rhynd reservoirs, mostly on good tracks and roads. **Note:** RADO. NoSC. FK15 9QE Car mileage - 30

**Leader:** Janet McAuley, 01786 489903 or 07732 982135, janetmcauley@waitrose.com

### **Strathay:**

### **Black Spout and Craigower Hill**

**Grade C+:** 5mils **Depart:** CCP at 09:30 **Walk start:** Black Spout CP, Pitlochry at 10:00 **OS:** 52 **GR:** NN950576 **Description:** Circular route up past Black Spout waterfall and through Moulin to climb the excellent viewpoint of Craigower Hill. **Note:** RADO.

**Leader:** Joyce Cameron, 01887 840343, jemcameron@hotmail.co.uk

## Monday 30th January

### **Dundee:**

### **Arbroath Town Trail**

**Grade C:** 6mils/3hrs **Depart:** OCCP at 10:00 **Walk start:** Arbroath Harbour Car Park at 10:30 **OS:** 54 **GR:** NO641406 **Description:** Walking on pavements or good paths throughout. Circular route around town.

**Leader:** Sheila Wallace, 01382 320243 or 07944 570925

## Wednesday 1st February

### **Dunfermline & West Fife: Short Winter Stroll**

**Grade C:** 5mls/2.5hrs **Depart:** LPRCP at 10:00 **Description:** An easy, local walk, no more than 5 miles, dependent upon weather conditions. Contact the leader a day or two before to find out more.

**Note:** DWOL.

**Leader:** Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

## Thursday 2nd February

### **Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## Saturday 4th February

### **Blairgowrie: Templeton Woods**

**Grade C:** 6mls ▲161m/530ft. **Depart:** WCPB at 09:30 **Walk start:** Templeton Woods Car Park, Templeton Road, Near Birkhill at 10:15 **OS:** 54 **GR:** NO348342 **Description:** A fairly flat walk on paths, tracks and minor roads. **Note:** RADO.

**Leader:** Nina Bell, 01250 874301, blairbelles@tiscali.co.uk

### **Dalgely Bay: Gartmorn Dam**

**Grade C+:** 8mls/4hrs ▲50m/164ft. **Depart:** DBSCCP at 09:30 **Walk start:** Sterling Mills Factory Outlet CP, Tillicoultry at 10:30 **OS:** 58 **GR:** NS920965 **Description:** From the CP to Gartmorn Dam via Coalpots Wood. After a circuit of the reservoir return via Cowpark Wood, Fishcross and Devon Walkway. **Note:** RADO.

**Leader:** Irene Garvie, 01383 821727

### **Dunfermline & West Fife: Benarty Hill**

**Grade B:** 7mls/3hrs ▲250m/820ft. **Depart:** LPRCP at 10:00 **Walk start:** Car park off Great North Road to west of Lochore Meadows at 10:30 **OS:** 367 **GR:** NT152949 **Description:** Ascent of Benarty Hill, weather conditions permitting, followed by circuit of Lochore. **Note:** DWOL.

**Leader:** Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

### **Kinross & Ochil: Tillicoultry to Dollar**

**Grade C+:** 8mls **Depart:** KPR at 09.15 or BURN at 09:45 **Walk start:** Car Park on right opp Devonvale Hall, Tillicoultry on A908 (not Sterling Mills Car Park) at 10:00 **OS:** 58 **GR:** NS919965 **Description:** A walk in mixed woodland using the Devonway to walk to Dollar and back. Some gentle inclines. **Note:** DWOL. CWRA.

**Leader:** Christina Rodger, 01577 863785

### **Perth: Inverkeithing to Burntisland**

**Grade C:** 8mls ▲150m/492ft. **Depart:** ASDACP at 09:00 **Walk start:** Ballast Bank Car Park. Near sports ground in Preston Crescent, Inverkeithing at 10:00 **OS:** 65 **GR:** NT135824 **Description:** A pleasant winter walk, eastwards on good paths along the Fife Coastal path, passing through Aberdour. Bus back from Burntisland to Inverkeithing. **Note:** RADO.

**Leader:** Pete & Anne Trant, 01738 565075 & 07985202934 or 07557 785696, thetrants@virginmedia.com

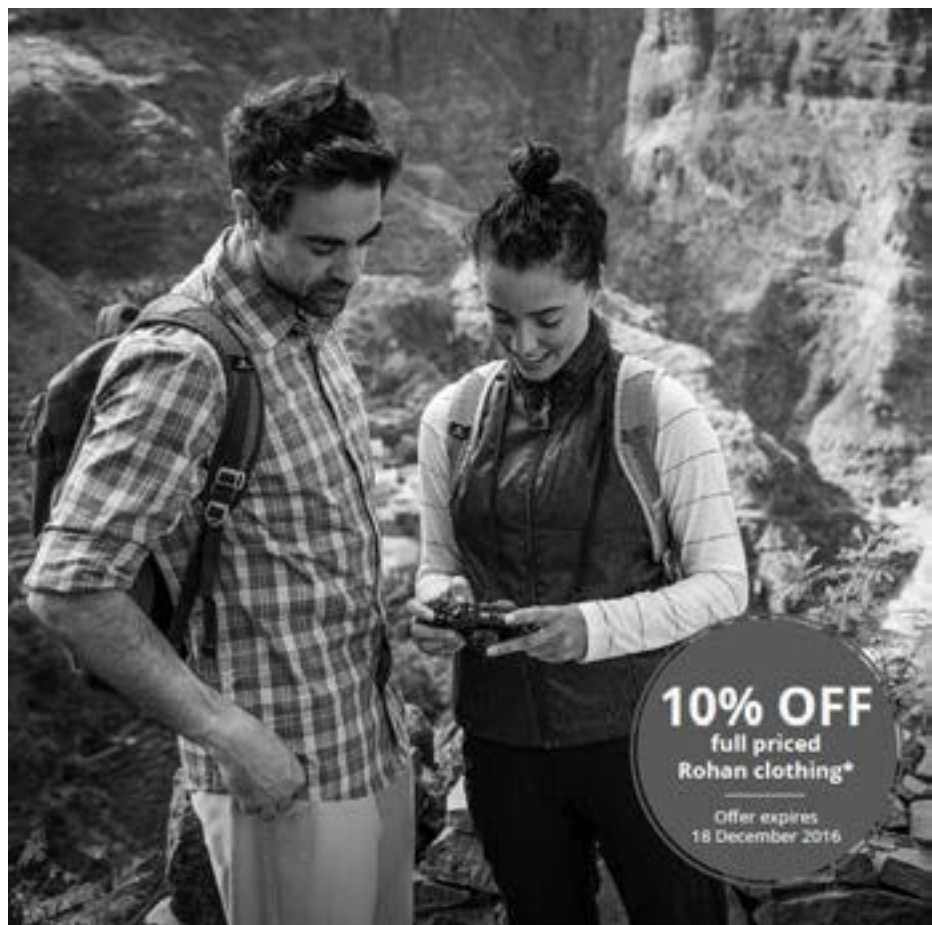
## Sunday 5th February

### **Dundee: Carnoustie Circular**

**Grade C+:** 9mls/4.5hrs ▲50m/164ft. **Depart:** OCCP at 10:00 **Walk start:** Tayside Street Car Park (at sea side of railway station) at 10:30 **OS:** 54 **GR:** NO567344 **Description:** Circular walk around Carnoustie via Panbride, Barry, Golf Course. Long stretches of road walking.

**Leader:** Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com





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**Forfar: Explore Dundee**

**Grade C+:** 5mils **Depart:** EGCP at 10:00 **Walk start:** Discovery Point Dundee at 10:40 **OS:** 54 **GR:** NO403298 **Description:** Gentle climb up to Dundee Law, spectacular views, weather permitting. Depending on weather, alternative route will be taken.  
**Leader:** Christine Ferguson, 01382 532384

**Glenrothes: Balmullo Circular**

**Grade C:** 6.5mils/3.5hrs **Depart:** LCCP at 9:30 **Walk start:** Burnside Hall, Lucklaw Road, Balmullo at 10:30 **OS:** 59 **GR:** NO425209 **Description:** Circular walk on good tracks and minimal road walking via Lucklaw, Fingask, Pittormie and Cuplahills. **Note:** NoSC RADO  
**Leader:** M Laing 01337 832724

**St. Andrews & NE Fife: Backwater Reservoir**

**Grade C:** 7.5mils/4hrs ▲396m/1300ft. **Depart:** FCPC at 09:15 **Walk start:** Backwater Reservoir Dam Car Park (southern end) at 10:30 **OS:** 53 **GR:** NO251589 **Description:** An easy, low level walk following well made tracks, paths, woodland and a minor road round Backwater Reservoir. Parts of northern section of walk can be wet and boggy underfoot. **Note:** RADO. Large free parking at start  
**Leader:** Dorothy Cameron, 01334 474305

**Stirling & Falkirk: Gillies Hill to North Third**

**Grade C:** 8mils/4hrs ▲121m/400ft. **Depart:** LACP at 10:00 **Walk start:** Cambusbarron Bowling Club at 10:30 **OS:** 57 **GR:** NS778924 **Description:** An interesting walk with lovely views of the local area. Mainly on good paths. **Note:** RADO. NoSC. FK7 9NF Car mileage - 4  
**Leader:** Val Smith, 01786 470976, vps6@iname.com

## **Tuesday 7th February**

**Kinross & Ochil: Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

**Kirkcaldy: Langtoun Daunders - Around the Town**

**Grade C:** 5mils **Walk start:** Kirkcaldy Railway Station North at 10:00 **OS:** 59 **GR:** NT275918 **Description:** A walk around Central Kirkcaldy, linking green and other spaces, to arrive at the 'Novar Bar' for lunch (optional). **Note:** DWOL. CWRA.  
**Leader:** Ruth Beddall, 01592 260578

## **Thursday 9th February**

**Dalgety Bay: Roamers ~ Townhill Loch, Dunfermline (minimal ascent)**

**Grade D:** 4mils/2.5hrs **Depart:** Dalgety Bay Library at 10:00 **Walk start:** Townhill Loch CP at 10:30 **OS:** 65 **GR:** NT013891 **Description:** A pleasant easy walk on good paths around Townhill Loch on the north side of Dunfermline. **Note:** RADO.  
**Leader:** Ken Wright, 01383 822358 or 07535 386982

**Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## **Saturday 11th February**

**Brechin: Murton Nature Reserve**

**Grade C:** 7mils **Depart:** SNSB at 09:30 **Walk start:** Lay-by on B9134 SW of Lunanhead (opposite electricity sub-station) at 10:00 **OS:** 54 **GR:** NO472518 **Description:** To Baldardo & on to Murton Nature Reserve. Return by Wemyss & Pitscandly. **Note:** RADO.  
**Leader:** Frances Low, 01356 625348

**Dundee: Tullybaccart**

**Grade C:** 7mils **Depart:** CWCP at 10:00 **Walk start:** Tullybaccart at 10:30 **OS:** 53 **GR:** NO263360 **Description:** Circular walk via Ledcreeffe Loch, Leys and Lairds Loch. Mostly on tracks but a short stretch of road walking where great care should be taken.  
**Leader:** L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 0138264275207526237526

**Glenrothes: Pool of Muckhart - Naemoor - Crook of Devon - Rumbling Bridge and return**

**Grade C+:** 7mils/3.5hrs **Depart:** LCCP at 9:30 **Walk start:** Coronation Hall car park, School Road, Pool of Muckhart at 10:15 **OS:** 58 **GR:** NN999005 **Description:** A pleasant circular walk on good paths and farm tracks taking in the Rumbling Bridge gorge. **Note:** NoSC RADO

**Leader:** C Mackie 01592 756058 or 07960513994 catherineannmackie@hotmail.co.uk

**Kirkcaldy: Puddledub to Kinghorn Linear**

**Grade C+:** 7.5mils **Depart:** Kirkcaldy Bus Station for 09.30am X60 bus at 09:20 **Walk start:** Puddledub bus stop at 09:40 **OS:** 66 **GR:** NT204883 **Description:** Linear walk mainly on tracks and paths by Stenhouse Reservoir, Broomhill Viewpoint (in Burntisland) and Kinghorn Loch. Walk finishes at Kinghorn War Memorial. Bus times may change. Check with walk leader. **Note:** RADO. NoSC.

**Leader:** Ruth Beddall, 01592 260578

**Perth: Loch Leven, Glenlomond, Milnathort**

**Grade C:** 8mils **Depart:** ASDACP at 09:00 **Walk start:** Burleigh Sands car park at 09:45 **OS:** 58 **GR:** NO134040 **Description:** Circular walk on good path and minor roads. Gradients gentle. **Note:** RADO.

**Leader:** Jim McCulloch, 01738 560604 & 07954 255876, james49mcculloch@virginmedia.com

**Strathay: Dowally to Dunkeld**

**Grade C+:** 7mils **Depart:** Chapel Street Bus Stop, Aberfeldy at 08:55 **Walk start:** Dowally at 09:25 **OS:** 52 **GR:** NO000481 **Description:** Linear walk from Dowally up past Dowally Lochs and Mill Dam and on to Dunkeld. **Note:** RADO.

**Leader:** Muriel Findley, 01887 820095, murfin41@btinternet.com

## **Sunday 12th February**

**Stirling & Falkirk: New route to Sheriffmuir via Landrick**

**Grade C:** 8mils/4hrs ▲ 175m/574ft. **Depart:** LACP at 09:30 **Walk start:** Mill Row car park Dunblane at 10:00 **OS:** 57 **GR:** NN781011 **Description:** From Laighills to Landrick and Gathering Stone and returning via Dykedale on tracks paths and quiet roads. Moderate incline. **Note:** RADO. NoSC. FK15 0EL Car mileage - 14

**Leader:** Ray Finlay, 01786 449135 or 07792 549363, rayfin\_1@hotmail.com

## **Wednesday 15th February**

**Dunfermline & West Fife: Blackness to Abercorn**

**Grade C+:** 5mils/2.5hrs ▲ 60m/196ft. **Depart:** LPRCP at 09:30 **Walk start:** Car park in Blackness village at 10:00 **OS:** 65 **GR:** NT055799 **Description:** Lovely walk through trees on footpaths. Good views of Forth bridges. Starting in Blackness village, along to Blackness castle and on to Abercorn church and back to Blackness. **Note:** DWOL.

**Leader:** Margaret Graham, 01383 738429, 07745 219494, margaret.graham@live.co.uk

## **Thursday 16th February**

**Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## **Saturday 18th February**

**Blairstown: Fowls Wester and Loch Maellbrodden**

**Grade C+:** 6.5mils ▲ 300m/984ft. **Depart:** WCPB at 09:30 **Walk start:** By the Celtic Cross in Fowls Wester at 10:30 **OS:** 58 **GR:** NN928240 **Description:** A varied walk from the historical village to the open countryside passing stone circles and standing stones. **Note:** RADO.

**Leader:** Catherine Robertson, 01250 873009, cathandbill@btinternet.com

**Dalgety Bay: New Hailes to Prestonpans (minimal ascent)**

**Grade C:** 5mls/3hrs **Depart:** DBSCCP at 09:30 **Walk start:** New Hailes C.P.(NTS) off the A6095 1km east of Newcraighall at 10:30 **OS:** 66 **GR:** NT326723 **Description:** From the C.P. to Fisherrow Harbour via the New Hailes (NTS) estate. Then follow the coastal route (part of John Muir Way) to Prestonpans and return by service bus. **Note:** RADO.

**Leader:** Alistair Robb, 01383 820632 or 07757 809102

**Dunfermline & West Fife: Blackford and the Northern Ochil Hills**

**Grade B:** 9mls/5hrs ▲450m/1476ft. **Depart:** LPRCP at 08:30 **Walk start:** Minor road on opposite side of A9 from Blackford (see other notes) at 09:30 **OS:** 366 **GR:** NN896086 **Description:** Taking the long-distance footpath between Blackford to Tillicoultry, as far as Upper Glendevon Reservoir, possibly via Craigentaggert Hill. **Note:** DWOL. Access from A823 at Gleneagles Junction on A9.

**Leader:** Grant Robertson, 01577 208436, grobert50@tesco.net

**Forfar: Crombie/Monikie Circular**

**Grade C:** 6.5mls **Depart:** EGCP at 10:00 **Walk start:** Crombie Car Park at 10:30 **OS:** 54 **GR:** NO531402 **Description:** Walk from Crombie through Cleerie Wood past Panmuir Mansion House site, past Camus Cross, then to Monikie Reservoir and back via old railway line to Crombie.

**Leader:** David & Elizabeth Anderson, 01382 370980

**Perth: Southwards from Glenfarg**

**Grade B:** 8.5mls ▲300m/984ft. **Depart:** ASDACP at 09:00 **Walk start:** Glenfarg Hotel at 09:45 **OS:** 58 **GR:** NO135105 **Description:** Crossing M90 to Arngask and taking track SE to Burnside, then heading W via Cuthill Towers to Blairnathort and returning via Birniehill & Hilton of Duncruevie. **Note:** RADO.

**Leader:** John Andrews, 01738 827275 & 07526 884953, john@jdandrews.co.uk

## **Sunday 19th February**

**Dundee: Monifieth Path Network**

**Grade C:** 6mls **Depart:** OCCP at 10:00 **Walk start:** Monifieth Blue Seaway Car Park at 10:15 **OS:** 54 **GR:** NO498322 **Description:** Flat circular walk on paths around Monifieth, some road walking. **Note:** RADO.

**Leader:** Linda Pirie, 01382 778490 or 07881 369442

**Glenrothes: Ceres Circular**

**Grade B:** 9mls/5hrs **Depart:** LCCP at 9:30 **Walk start:** Ceres Village CP (opposite farm museum) at 10:00 **OS:** 59 **GR:** NO400115 **Description:** An interesting walk in the farming countryside around Ceres on good tracks with some road walking. **Note:** CWRA RADO

**Leader:** G Pottie 01592 753110 geordie72@btinternet.com

**Kinross & Ochil: Meallbrodden**

**Grade C+:** 7mls **Depart:** KPR at 09:00 or BURN at 08:30 **Walk start:** Fowls Wester at 10:00 **OS:** 52 **GR:** NN928240 **Description:** Circular walk with great views towards the Sma'Glen and beyond. Lovely fishing loch and some woodland tracks. **Note:** RADO.

**Leader:** Peter Edgerton, 01577 840449

**St. Andrews & NE Fife: Snowdrops at Kingsbarns**

**Grade C+:** 10.5mls/5hrs ▲70m/230ft. **Depart:** FCPC at 09:30 **Walk start:** Kingsbarns Beach Car Park at 10:15 **OS:** 59 **GR:** NO603125 **Description:** Varied walk around Kingsbarns coast and countryside, including Cambo Den, where we expect to see a good display of snowdrops. Walking on coastal path, minor roads(also short section on busy A917) and paths, which may be muddy in places. **Note:** RADO. Leaders will be at start of walk, not FCPC

**Leader:** Ann Fildes & Jean Bell, 01333 450409 or 01334 880216, fildesann@gmail.com

**Stirling & Falkirk: Falkirk Woodlands**

**Grade C+:** 9mils/4hrs ▲69m/226ft. **Depart:** LACP at 09:30 **Walk start:** Front of Visitor Centre, Falkirk Wheel at 10:15 **OS:** 65 **GR:** NS853795 **Description:** Starting and finishing at the Falkirk Wheel, the walk takes in various local woodlands as well as Roughcastle Roman Fort, Bantaskine Estate and a section of the Union Canal. A few steepish climbs, but mostly level on good paths and tracks. **Note:** RADO. NoSC. FK1 4RS Car mileage - 20

**Leader:** James Higgins, 01786 470641, jameshig0@gmail.com

**Tuesday 21st February****Kinross & Ochil: Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

**Wednesday 22nd February****Dundee: Sidlaw Tops**

**Grade C+:** 5mils/3.5hrs ▲274m/900ft. **Depart:** CWCP at 10:00 **Walk start:** Balkello Car Park at 10:30 **OS:** 54 **GR:** NO365385 **Description:** Walk to take in Auchterhouse Hill, Balluderon and Craigowl (order may change). Three ascents. Track can be muddy.

**Leader:** I Cowie, 01382 884367 or 07810 011232

**Thursday 23rd February****Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

**Saturday 25th February****Brechin: Ecclesgreig Snowdrop Walk**

**Grade C:** 7mils **Depart:** SNSB at 09:30 **Walk start:** Ecclesgreig Road car park, St Cyrus at 10:15 **OS:** 45 **GR:** NO746649 **Description:** An easy walk, partly on minor roads. Can be shortened to 4 miles in the event of poor weather.

**Leader:** Ellen Smith & Linda Robbie, 01307 818632 or 01307 464512

**Dalgety Bay: The River Almond Walkway**

**Grade C:** 7mils/3.5hrs **Depart:** DBSCCP at 09:30 **Walk start:** Cramond Glebe Road CP at 10:15 **OS:** 66 **GR:** NT190770 **Description:** Walk along the river Almond and through Cammo village to the railway line at the east boundary of Edinburgh airport. Return to the river via tracks, minor roads and an old bridge. There are steep staircases at one point. **Note:** RADO.

**Leader:** Matsue Williams, 0131 332 4395

**Glenrothes: Dunfermline - Hill of Beath to Townhill circular**

**Grade C+:** 8mils/4.5hrs ▲700ft **Depart:** LCCP at 9:30 **Walk start:** FRC CP at Robertson Road Dunfermline, behind QMH. at 10:15 **OS:** 58 **GR:** NT112888 **Description:** Around countryside to NE of Dunfermline on core paths. Includes easy hill walk to Hill of Beath, an excellent viewpoint (Summit optional). Some moderate inclines. **Note:** NoSC RADO Leaders will meet group at start of walk.

**Leader:** C & B Barton 01383 725859 chrisbettybarton@gmail.com

**Perth: Hopetoun Monument**

**Grade C:** 7.5mils ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Scottish Deer Centre at 09:50 **OS:** 59 **GR:** NO329129 **Description:** Climb up to Hopetoun Monument with good views of much of Fife. **Note:** RADO.

**Leader:** Roger Brickell, 01764 656114 & 07733 317725, roger@brickell.eclipse.co.uk

**Sunday 26th February****Kirkcaldy: Countryside aroon & about Ladybank**

**Grade C+:** 10mils **Depart:** KRSN at 09:00 **Walk start:** Ladybank Golf Course car park (Ladybank side of railway track) at 09:45 **OS:** 59 **GR:** NO304103 **Description:** A walk on good flat tracks & paths with some short road sections in the Howe of Fife. **Note:** DWOL. CWRA.

**Leader:** Alex Donald, 07943 871219, alex@donaldwyt.f9.co.uk

**Stirling & Falkirk: Stirling Town and Country**

**Grade C+:** 8mls/4hrs ▲106m/350ft. **Walk start:** Stirling High School at 09:45 **OS:** 57 **GR:** NS790919 **Description:** A varied walk taking in the city's green spaces and countryside, all on tracks and pavements. **Note:** RADO. NoSC. FK8 2PA Car mileage - 3  
**Leader:** Colin Thomson, 01786 472726 or 07702 636505, colinbthomson@gmail.com

**Strathay: Dalguise and Craigvinean**

**Grade C:** 5mls **Depart:** CCP at 09:30 **Walk start:** Dalguise at 10:00 **OS:** 52 **GR:** NN992476  
**Description:** Circular route from Dalguise up through the various tracks of Craigvinean Forest.  
**Note:** RADO.  
**Leader:** Alistair Cameron, 01887 820555, alistair@cameron2.plus.com

**Monday 27th February**

**Dundee: Camperdown, Templeton & Clatto**

**Grade C:** 6mls/3hrs **Walk start:** Car park in Camperdown Country Park on left just before Camperdown House. at 10:00 **OS:** 54 **GR:** NO359328 **Description:** Walking on paths and tracks through parkland and woodland, can be a little muddy at times.  
**Leader:** Sheila Wallace, 01382 320243 or 07944 570925

**Wednesday 1st March**

**Dunfermline & West Fife: Croy Hill and Antonine Wall**

**Grade B:** 7mls/3.5hrs ▲216m/710ft. **Depart:** LPRCP at 09:30 **Walk start:** Auchinstarry Marina near Kilsyth at 10:30 **OS:** 348 **GR:** NS721767 **Description:** Interesting circular walk taking in two Roman hill forts and the Forth/Clyde canal. **Note:** DWOL.  
**Leader:** Alan McGuckin, 01383 731557, 07970 172593, atmccg53@gmail.com

**Thursday 2nd March**

**Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

**Saturday 4th March**

**Blairgowrie: Forfar Path Network**

**Grade C+:** 8mls ▲150m/492ft. **Depart:** WCPB at 09:30 **Walk start:** Myre Car Park at 10:15 **OS:** 54 **GR:** NO454506 **Description:** A semi urban walk around Forfar, taking in Balmashanner Hill and Restenneth Priory on a mixture of paths and tracks including some tarmac. **Note:** RADO.  
**Leader:** Graham Bullock, 07470 969572, graham.bullock3@btinternet.com

**Dundee: Kinnoull Hill**

**Grade C+:** 7.5mls **Depart:** CWCP at 09:45 **Walk start:** Quarry Car Park, Kinnoull Hill, Perth. at 10:30 **OS:** 58 **GR:** NO135236 **Description:** Circular walk to Monument on Kinnoull Hill, along Coronation Road and back to Quarry car park, mostly on paths.  
**Leader:** Pat Hargraves & Martha McCallin, 01307 462882 or 01307 462277

**Dunfermline & West Fife: Rumbling Bridge**

**Grade C:** 7mls/3hrs **Depart:** LPRCP at 09:30 **Walk start:** Crook of Devon Inn at 10:15 **OS:** 367 **GR:** NO034002 **Description:** Tracks and riverside paths via Pool of Muckhart. Return by Rumbling Bridge gorge. **Note:** DWOL. Parking in side road opposite inn.  
**Leader:** Maureen Paul, 01383 727875, 07842 386718, apaspaul9@gmail.com

**Kinross & Ochil: Crail to Ness**

**Grade C:** 6.5mls **Depart:** KPR at 09.00 or BURN at 08:30 **Walk start:** Car Park along from T-junction in Crail at 10:00 **OS:** 59 **GR:** NO613078 **Description:** Circular walk from Crail going inland via Wormiston. Then along the Fife Coastal Path to Fife Ness, past the cave and golf course. **Note:** RADO. CWRA.  
**Leader:** Carolyn Jenkins, 07925 972650

**Kirkcaldy: Auchtermuchty & Strathmiglo**

**Grade B:** 9mls **Depart:** KRSN at 09:00 **Walk start:** 'Cycle Tavern' - Auchtermuchty at 09:45 **OS:** 58 **GR:** NO239117 **Description:** Via Leckiebank to Pitlour Hill then descending to Strathmiglo and returning via Dunshalt. **Note:** RADO. CWRA.

**Leader:** Liz Greig, 01592 653682 or 07919 985239

**Perth: Loch Freuchie Circuit, Amulree**

**Grade C:** 8mls ▲ 70m/229ft. **Depart:** ASDACP at 09:00 **Walk start:** Amulree Village Hall at 10:00 **OS:** 52 **GR:** NN900367 **Description:** Pleasant walk from Amulree on minor road to Loch Freuchie returning on minor track. **Note:** RADO.

**Leader:** Mike Brown, 01738 446330 & 07825 014442, mikebrown1957@btinternet.com

**Sunday 5th March**

**Dalgety Bay: Glencorse & Loganlea Pentlands**

**Grade B:** 9mls/5hrs **Depart:** DBSCCP at 09:30 **Walk start:** Flotterstone Car park at 10:30 **OS:** 66 **GR:** NT233631 **Description:** Walk through the woods, pass Glencorse and Loganlea reservoirs. At the Howe cross the burn, follow the main path. From Black Hill views over Threipmuir Reservoir. Den's Cleugh can be very marshy. Rejoin the road to return to car park. **Note:** RADO.

**Leader:** Audrey Robertson, 01383 860569 or 07720 980715

**Forfar: Snowdrop Walk, House of Dun**

**Grade C:** 5mls **Depart:** EGCP at 10:00 **Walk start:** House of Dun Car Park at 10:40 **OS:** 54 **GR:** NO675598 **Description:** A stroll through Lady Augusta's Walk to view carpet of snowdrops in the wooded dell, (Parking fee applies for non NTS Members) Followed by a short walk in Brechin.

**Leader:** Ann Clubb, 01307 461902

**Glenrothes: Cupar - Ceres Circular**

**Grade B:** 9mls/5hrs **Depart:** LCCP at 9:30 **Walk start:** Cemetery Car Park on Ceres Road, Cupar at 10:00 **OS:** 59 **GR:** NO380136 **Description:** Circular walk on tracks and minor roads passing through Ceres and Chance Inn. **Note:** NoSC RADO

**Leader:** M Laing 01337 832724

**St. Andrews & NE Fife: Loch Freuchie Circular**

**Grade C+:** 8mls/4.5hrs ▲ 70m/229ft. **Depart:** FCPC at 08:45 **Walk start:** Park in village of Amulree at 10:15 **OS:** 52 **GR:** NN900367 **Description:** An easy walk around Loch Freuchie on farm tracks and minor roads. May be short muddy sections.

**Leader:** Joan Crichton & Susan Richmond, 01334 652402 or 01382 542516, jocrglen@aol.com

**Stirling & Falkirk: Stronend and escarpment from Fintry**

**Grade B:** 5mls/4.5hrs ▲ 470m/1541ft. **Depart:** LACP at 09:30 **Walk start:** Fintry Sports Centre car park at 10:30 **OS:** 57 **GR:** NS616868 **Description:** From Fintry to Culcreuch Castle and on to steep open hillside avoiding rocky bits. Cairn is situated north end of escarpment offering great views of surroundings. Faint track to cairn can be damp/boggy. **Note:** DWOL. NoSC. G63 OYA Car mileage - 33

**Leader:** Ray Finlay, 01786 449135 or 07792 549363, rayfin\_1@hotmail.com

**Tuesday 7th March**

**Kinross & Ochil: Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

**Kirkcaldy: Langtoun Daunderers - Carden Forest & Cardenden**

**Grade C:** 6mls **Depart:** KRSN at 10:00 **Walk start:** 'Sainsbury' car park near McDonalds (Kirkcaldy Retail Park) at 10:15 **OS:** 59 **GR:** NT254942 **Description:** A woodland walk through Sunnyside and New Carden Plantations. Then through the Den to Carden Tower and return. Proposed lunch venue is at 'Sainsbury'. **Note:** DWOL. CWRA.

**Leader:** Ros Fairgrieve, 01592 784454

## Thursday 9th March

### **Dalgety Bay:** Roamers ~ Braefoot Point Circular

**Grade D:** 4mls/2.5hrs ▲25m/82ft. **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834

**Description:** A walk to the old ammunition pier on woodland tracks and the Coastal Path. **Note:** RADO.

**Leader:** Alice McEwan, 01383 822013 or 07749 388113

### **Glenrothes:** Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## Saturday 11th March

### **Brechin:** Montreathmont Forest Circular

**Grade C:** 6mls **Depart:** SNSB at 09:30 **Walk start:** Roadside parking 1/2 mile southwest of Powsoddie at 10:00 **OS:** 54 **GR:** NO569548 **Description:** An easy level walk around Montreathmont Forest. May be muddy in parts.

**Leader:** Loraig Alexander, 01307 818791

### **Dalgety Bay:** Colinsburgh Circular

**Grade C+:** 11mls ▲250m/820ft. **Depart:** DBSCCP at 09:00 **Walk start:** West side of B941 just south of junction with B942 at 10:15 **OS:** 59 **GR:** NO487035 **Description:** Walk from Colinsburgh to Drumeldrie via Balcarres Estate and return along the old railway trackbed. **Note:** RADO.

**Leader:** David Thomson, 01383 860324 or 07922 050562, davidthomson@tesco.net

### **Glenrothes:** Edinburgh - Corstorphine Hill Circular

**Grade C+:** 9mls/4.5hrs ▲800ft **Depart:** LCCP at 9:30 **Walk start:** Cramond Brig at 10:15 **OS:** 66 **GR:** NT179754 **Description:** A circular walk along the River Almond to Cramond village then through Silverknowes to Corstorphine Hill and back to Cramond Brig through Barnton. **Note:** fairly steep going up Corstorphine Hill. **Note:** CWRA DWOL

**Leader:** K Wilcock 01592 654143 kathwilcock@gmail.com

### **Strathay:** River Earn from Muthill to Crieff

**Grade C+:** 6mls **Depart:** CCP at 09:30 **Walk start:** Muthill at 11:15 **OS:** 58 **GR:** NN866170 **Description:** Take 11:05 bus from Crieff to Muthill. Low level walk along the meandering River Earn, passing the route of the old railway, back to Crieff. **Note:** RADO.

**Leader:** Jenny Rees, 01887 830521, jenny.rees@virgin.net

## Sunday 12th March

### **Dundee:** Sidlaw Walk

**Grade C+:** 5mls/3.5hrs **Depart:** CWCP at 10:00 **Walk start:** Balkello Car Park at 10:30 **OS:** 54 **GR:** NO366385 **Description:** Short hill climb to Auchterhouse and Balluderon Hills.

**Leader:** Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

### **Kirkcaldy:** 'The Kelpies' & Falkirk Wheel

**Grade C:** 9mls **Depart:** KRSN at 09:00 **Walk start:** Helix car park, Falkirk at 10:00 **OS:** 65 **GR:** NS903814 **Description:** An easy walk on paths and tracks following the River Carron. The return is by the canal towpath. **Note:** RADO. NoSC.

**Leader:** Ros Fairgrieve, 01592 784454

### **Perth:** Tullybaccart and Lundie Craigs

**Grade C+:** 6mls ▲300m/984ft. **Depart:** ASDACP at 09:00 **Walk start:** Car park opposite Tullybaccart Farm on A923 Coupar Angus Road at 09:45 **OS:** 53 **GR:** NO264360 **Description:** A pleasant walk through fields and woodland returning by Ledcrieff Loch with a couple of short strenuous climbs. **Note:** RADO.

**Leader:** Kenny Valentine, 01738 446496



**Stirling & Falkirk: Carron Valley Reservoir**

**Grade C:** 8mls/4hrs ▲121m/400ft. **Depart:** LACP at 09:30 **Walk start:** layby opposite Todholes wind farm at 10.15 at 10:15 **OS:** 57 **GR:** NS672858 **Description:** A circular walk on good paths with lovely views - around Cairnoch Hill on the north side of the reservoir. **Note:** RADO. NoSC. G63 0XH Car mileage - 28

**Leader:** Janet McNeel, 01324 872205 or 07929 130582, janet.mcneel@googlemail.com

**Tuesday 14th March****Dalgety Bay: Craiglockhart Hill and Colinton Dell**

**Grade C+:** 6mls/4hrs ▲120m/393ft. **Depart:** Meadowfield Bus Stop - X62 BUS LEAVES at 09:10 **Walk start:** Outside House of Fraser, Princes St. at 09:50 **OS:** 66 **GR:** NT247737 **Description:** Bus to Water of Leith Visitor Centre, Easter Craiglockhart Hill and Colinton Dell by using sections of canal towpath, riverside walkway and old railway line. **Note:** RADO.

**Leader:** Heather Haines & Rose Nutt, 01383 822187 & 01383 822669 or 07969 198917

**Wednesday 15th March****Dunfermline & West Fife: Thornton and Dunnikier Park**

**Grade C:** 7mls/3hrs **Depart:** LPRCP at 09:30 **Walk start:** Access road to waste disposal plant, between railway and River Ore at 10:00 **OS:** 367 **GR:** NT289970 **Description:** Leisurely walking on old footpaths, crossing A92 into Dunnikier Park and return via Johnny Marshall's Loan. **Note:** DWOL.

**Leader:** Maureen Paul, 01383 727875, 07842 386718, apaspaul9@gmail.com

**Thursday 16th March****Dundee: Fish Supper Night**

**Meet:** Lochee Bowling Club, Muirton Road, Dundee at 19:00 **Description:** As our Fish Supper Night falls near St Patrick's Day wear something Irish if you like. It is an open night so feel free to bring friends and family. Please be prompt as the Fish Suppers will arrive at 7.15pm. Cost £7. **Note:** Please send cheques to Jean by 1st March along with any dietary requirements.

**Contact:** J MacGillivray, 01382 623052, 07932 014859, jean.macgillivray@btinternet.com

**Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

**Friday 17th March****Brechin: Cheese & Wine Open Night**

**Meet:** Mechanics' Institute, Brechin at 19:30 **Description:** A sociable evening for members, guests and potential new members. **Note:** Tickets available in advance from: Ellen Smith tel 01307 818632 or Colin Whyte tel 01356 622283

**Contact:** Colin Whyte, 01356 622283, 07949 402506, colinwhyte@colinwhyte.plus.com

**Saturday 18th March****Blairstown: Fife Coastal Path Part 5 - Buckhaven to Earlsferry/Elie**

**Grade B:** 12mls ▲50m/164ft. **Depart:** WCPB at 09:00 **Walk start:** Street parking in Buckhaven at 10:15 **OS:** 59 **GR:** NT356977 **Description:** A flat and pleasant walk along the coast, via the beach and dunes around Largo Bay. Depending on the weather and individual abilities and enthusiasms the 'chain walk' section at Kinraig point could be included. **Note:** RADO. Return to start by bus or car shuttle. Visitors must telephone in advance to confirm car parking /travel arrangements.

**Leader:** Bill Phillips, 01250 870260

**Dalgety Bay: West Rosyth Circular**

**Grade C:** 6.5mls/3.5hrs ▲125m/410ft. **Depart:** Meadowfield Bus Stop - No. 7 BUS LEAVES at 09:35 **Walk start:** Tesco Rosyth at 10:05 **OS:** 65 **GR:** NT112844 **Description:** An undulating route following Fife Council Core Paths 638, 665, 664, 663, 641 and 639 (Core Path maps 62 and 57). **Note:** RADO.

**Leader:** Ben Douglas, 01383 822715 or 07852 658675

**Forfar: Scurdie-Ness/Usan Circular**

**Grade C:** 6mls **Depart:** EGCP at 10:00 **Walk start:** Ferryden Car Park at 10:40 **OS:** 54 **GR:** NO178568 **Description:** An easy circular walk from Ferryden passing Scurdie Ness lighthouse and Usan village returning on minor roads via Scotston and Inchbrayock.

**Leader:** Christine Ferguson & Elizabeth Anderson, 01382 532384 or 01382 370980

**Perth: Gilmerton, Loch Monzievaird, Crieff**

**Grade C:** 7mls **Depart:** Perth Bus Station at 09:10 **Walk start:** Gilmerton at 10:00 **OS:** 52 **GR:** NN885236 **Description:** A pleasant walk undulating in places from Gilmerton via the Knock, the distillery and Loch Monzievaird returning to Crieff by Laggan Hill and Lady Mary's Walk. **Note:** RADO.

**Leader:** Elspeth Bryce, 01738 632645 & 07787 140509

**St. Andrews & NE Fife: Hopetoun to Blackness**

**Grade C+:** 8mls/4hrs ▲91m/300ft. **Depart:** FCPC at 09:15 **Walk start:** Hopetoun Garden Centre Car Park, on A904, west of South Queensferry at 10:30 **OS:** 65 **GR:** NT077773 **Description:** Walk is mainly through woodland, on coastal path and tracks, including part of John Muir Way to Blackness Castle. Some minor road walking. **Note:** RADO. CWRA.

**Leader:** Will MacKay, 01334 652903

## Sunday 19th March

**Dundee: Buckie Braes Area Perth**

**Grade C:** 5mls/4hrs ▲100m/328ft. **Depart:** CWCP at 09:30 **Walk start:** South Inch Car Park, Tay Street at 10:00 **OS:** 58 **GR:** NO120230 **Description:** Walk to southern area of Perth on paths and tracks with some road and rough walking. Ascends through Craigie district via South Inch, Buckie Braes, returning by Craigie Knowes & St Magdalene's Hill. Good views of Perth and surrounding area. **Note:** RADO. Walk may be varied if weather poor.

**Leader:** David Banks, 01382 858495 or 07719 382703

**Dunfermline & West Fife: From Sorrow to Care**

**Grade B:** 7mls/5.5hrs ▲580m/1902ft. **Depart:** LPRCP at 08:30 **Walk start:** Lower car park in Dollar Glen, above Dollar at 09:30 **OS:** 366 **GR:** NS963990 **Description:** A hill walk in the Ochils, approaching and leaving Tarmangie and Whitewisp Hills from the glens. Some rough walking by the burns - a bit off the beaten track. **Note:** DWOL.

**Leader:** Grant Robertson, 01577 208436, grobert50@tesco.net

**Glenrothes: Burrelton & Kinnochtry Circular**

**Grade C+:** 7mls/4hrs **Depart:** LCCP at 9:30 **Walk start:** Burrelton Village Hall (Main St, North on A94 opp. sign for Woodside) at 10:45 **OS:** 53 **GR:** NO200372 **Description:** Farm tracks, Woodland and some Road walking. New Core Paths included. **Note:** CWRA DWOL

**Leader:** D Mathieson 07535 813423 don2908@yahoo.co.uk

**Kinross & Ochil: Lendrick Hill**

**Grade B:** 5mls **Depart:** KPR at 09.30 or BURN at 09:30 **Walk start:** Car Park at foot of forestry road at 10:00 **OS:** 58 **GR:** NO009039 **Description:** Steep climb up forestry road then hill tracks to top of Lendrick Hill (lovely views)). Gradual descent to Carnbo side and return by track and forestry road. Some rough ground. **Note:** RADO. CWRA.

**Leader:** Lorna Anderson, 01259 742560

**Stirling & Falkirk: Torphichen Circular**

**Grade C+:** 7mls/4hrs ▲91m/300ft. **Depart:** LACP at 09:30 **Walk start:** Torphichen Community Centre CP at 10:30 **OS:** 65 **GR:** NS968726 **Description:** An undulating walk taking in Cockleroy, Cairnpapple, Beecraigs, Lochcote resvr. Some road walking. **Note:** RADO. NoSC. EH48 4LZ Car mileage - 40

**Leader:** Babs Butler, 01324 720165 or 07711 575561, barbara@butler.btinternet.com

## Tuesday 21st March

### **Dundee:** Dundee Law from Discovery Point

**Grade C+:** 4mils/3hrs **Walk start:** Car Park at Discovery Point, Dundee at 10:30 **OS:** 54 **GR:** NO404298 **Description:** Mostly roads and pavements with some steep ascent. Woodland paths and steps on the descent.

**Leader:** Sheila Wallace, 01382 320243 or 07944 570925

### **Kinross & Ochil:** Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

## Thursday 23rd March

### **Glenrothes:** Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

## Saturday 25th March

### **Brechin:** Little Glenshee Circular

**Grade C+:** 7mils **Depart:** SNSB at 09:30 **Walk start:** Little Glenshee car park at 11:00 **OS:** 53 **GR:** NN989340 **Description:** Past Loch Tullybelton & Drum Tick then up to Moine Folaich. Return by Creag na Criche.

**Leader:** June Greig, 01674 676413

### **Dalgaty Bay:** Pentland Hills from Carlops

**Grade B+:** 11mils/6hrs ▲350m/1148ft. **Depart:** DBSCCP at 09:30 **Walk start:** Carlops village C.P. at 10:30 **OS:** 65 **GR:** NT162560 **Description:** Follow the drove road to the North Esk Reservoir. Continue over East Cairn Hill and return by Baddingsgill. **Note:** RADO.

**Leader:** Alistair Robb, 01383 820632 or 07757 809102

### **Dundee:** Arbroath to Auchmithie

**Grade C:** 8mils/4hrs **Depart:** OCCP at 10:00 **Walk start:** Car Park at start of cliffs at 10:30 **OS:** 54 **GR:** NO658412 **Description:** Walk along cliffs to Auchmithie and back via East Seaton Farm and cliffs.

**Leader:** L Mitchell, 01241 431641

### **Glenrothes:** Glen Devon - Seamab Hill circular

**Grade B:** 9.5mils/5.5hrs ▲1250ft **Depart:** LCCP at 9:30 **Walk start:** Lay-by at Castlehill Reservoir at 10:30 **OS:** 58 **GR:** NN996033 **Description:** A circular walk on hill paths and tracks through forestry plantations. Continue to Seamab Hill, open moorland at Commonedge Hill which offers great views, skirting Auchlinsky Hill before descending on tracks to Glen Quey Reservoir and back to starting point. **Note:** NoSC RADO

**Leader:** M Slaven 01383 515995 or 07754141295 marygg08@talktalk.net

### **Kirkcaldy:** Cowdenbeath /Crossgates /Lochgelly Circular

**Grade B:** 9mils **Depart:** KRSN at 10:00 **Walk start:** Morrison's car park (Cowdenbeath) - to right of entrance at 10:30 **OS:** 58 **GR:** NT167913 **Description:** Fig. of eight walk from Cowdenbeath to Crossgates via Moss and community woodland crossing over A92 to pick up Little Raith Windfarm core path to Lochgelly returning via Golf course core path. Can be muddy. **Note:** RADO. NoSC. One wire fence and one rickety bridge to negotiate.

**Leader:** Elaine Collins, 07739 964212

### **Perth:** Glen Tarken Tracks

**Grade C+:** 8.5mils ▲450m/1476ft. **Depart:** ASDACP at 09:00 **Walk start:** St. Fillans Car Park at 10:00 **OS:** 51 **GR:** NN688247 **Description:** The walk traces the water supply up into Glen Tarken overhead. Oakwoods at start and end, grassy trackways through the moorland. **Note:** RADO.

**Leader:** Gil McGeachy, 01738 583940 or 07946 655068, gil.mcgeachy@gmail.com

## Sunday 26th March

### **Stirling & Falkirk: Dalmeny, River Almond & Craigie Hill**

**Grade C+:** 8mils/4hrs ▲100m/328ft. **Depart:** LACP at 09:30 **Walk start:** Queensferry Recreation Centre at 10:15 **OS:** 65 **GR:** NT132775 **Description:** This is an undemanding attractive walk on varied terrain: cycle path, minor road, riverside & woodland paths. **Note:** RADO. NoSC. Park at Queensferry Recreation Centre, Ashburnham Road (near the High School, near Dalmeny Station) EH30 9JN Car mileage - 54

**Leader:** Janette Seale, 01786 447107 or 07709 957317, janette.seale@hotmail.co.uk

### **Strath Tay: Dunkeld, Birnam Hill and the Tay**

**Grade C+:** 11mils ▲500m/1640ft. **Depart:** CCP at 09:30 **Walk start:** Quarry CP under King's Seat, Dunkeld at 10:00 **OS:** 52 **GR:** NO042404 **Description:** Circular route on paths to King's Seat, The Hermitage, Jubilee Bridge and back along the Tay through Dunkeld and Birnam. **Note:** RADO.

**Leader:** Bill McEwan, 01796 472780, billmcewan40@gmail.com

## Thursday 30th March

### **Dundee: North Dundee**

**Grade C:** 5mils **Walk start:** Rennell Road side of Stobsmuir Ponds (Get 15/17 bus or cars can park on Rennell Road) at 10:30 **OS:** 54 **GR:** NO418321 **Description:** Walk from Ponds to Caird Park, Trottick Reserve and back again. Bring binoculars.

**Leader:** Rose Garvie, 01382 450763

### **Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.



## Forth Valley, Fife & Tayside Area Honorary Officials

The following officials were elected or re-elected at the Area AGM at Perth on the 19<sup>th</sup> February, 2016

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### Convenor

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Tel: 01738 827275, email: [john@jdandrews.co.uk](mailto:john@jdandrews.co.uk)

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Tel: 01334656137, mobile: 07526670535, email: [james.forret@btinternet.com](mailto:james.forret@btinternet.com)

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Dalgety Bay

Perth & District

Glenrothes

Dunfermline & West Fife:

Kirkcaldy

Stirling and Falkirk

St Andrews & NE Fife

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**If you are walking with a group other than your own:**

- ➔ **Phone the walk leader and confirm the meeting place and time.**
- ➔ **Leave your full name, address and telephone number in the walks book.**
- ➔ **Tell the walk leader if you have any relevant medical condition.**
- ➔ **Socialise, particularly if there is a large number of you from another group.**
- ➔ **Don't leave the walk without telling the walk leader.**
- ➔ **Thank the walk leader at the end of the walk.**



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