

Cycling In and around North Fife - NFC News

Scottish National CycloCross Championships

Sunday 13th November

Camperdown Park Dundee

The racing starts from 9.15 am with boys, girls, junior, veterans, women's and men's national championship racing through the day. Lots of action to watch as the championships return to Dundee for their second year.



Safer Cycling and Road 'Rage'

If you saw, or have yet to watch, the **BBC Panorama** 'War on Britain's Roads' programme you may like to read the Cycling UK response [link here](#)

Cycling UK Scotland is a organisation campaigning for safer roads. Why not look at their guide to the Scottish Government national cycling strategy Consultation - comments must be submitted before 18th December 2022. [link here](#)

(no news yet on Fife Council's new plan for active travel / cycling - the existing strategy was under review and updates are due this year)

NFC Cycling_group - Annual General Meeting

North Fife Cycling is a local group affiliated to Cycling UK Scotland - as a supporter of the group why not consider becoming a member to help get involved in local action for safer roads for everyone - cyclists, walkers, drivers, horse riders all can benefit.

AGM online - Tuesday evening - 15th November

A reminder about this review meeting - details of the link was shared in previous NFC newsletters contact Hon. Sec Ian Cookson iancookson@hotmail.com for details.

SASC St Andrews Space for Cycling

Cycling to School presentation & AGM

SASC AGM is on **Tuesday 22nd November in St Marks Church Hall St Andrews 6pm**

(formerly Hope Park and Martyrs)

There will be a talk on **Cycling to School** followed by the business meeting.



The Annual General Meeting of Dundee Cycling Forum

Monday 21st November 6:30pm Meadowside St Pauls Church, Dundee

Entrance is by the side door opposite the the site of Grouchos here. Jerry says "Bikes are welcome, plenty of space to bring them inside. Parking is in a public car park nearby."

Speaking at the AGM is Neil Quinney, DCC Sustainable Transport Team how will provide a presentation on the Active Freeways Project. We will also have a round up of summaries

from the Forum Teams.

For further information about DCF please email dundeecycling@gmail.com

COP27 - PATH - World wide Active Travel Network



The newly-launched Partnership for Active Travel and Health is a global coalition made up of Walk21, the European Cyclists' Federation (ECF) and the UN Environment Program (UNEP), with the FIA Foundation coordinating and funding the effort.

To demonstrate the case for walking and cycling, PATH commissioned economic research firm Decisio to produce a new headline report entitled Make way for walking and cycling. The report, also launched today, draws on a wealth of existing research and studies to highlight walking and cycling's benefits and enormous further potential for the climate, air quality, health and well-being.

[link](#) to Cycling Industry News Report - 8th Nov.

[Link to PATH and Report](#)

Traffic-Related Pollutant Tied to Increased Dementia Risk

Exposure to a traffic-related air pollutant significantly increases risk for dementia, new research published 26th October suggests.
[article link here](#)

So as the COP27 conference focuses on world wide issues of climate change and the need for action, local groups like SASC and DCF (Dundee Cycle Forum), Transition (University of St Andrews) and the Fife Communities Climate Action Network [link](#) all include active travel and cycling as a way to help reduce traffic pollution issues.

Dundee and Angus Cycle Hub



on the waterfront by the V and A

Offer a range of services to help everyone get cycling more,
as well as training sessions on bike maintenance, and a cafe.

[Link to website](#) and see their facebook page or join them in their new Strava club



Dundee Cycle Hub - HubClub

  Dundee, Scotland, United Kingdom
<https://www.dacyclehub.org/dch-club>

Supporting Dundee to travel sustainably!

Register at <https://www.dacyclehub.org/dch-club> & claim benefits as you cycle!

FREE bike servicing at recommended intervals for 1 year when you record your rides on our Strava Club:

FREE bronze level service at 250 miles worth £30.

FREE silver level service at 600 miles worth £60.

10% discount in store.

FREE cycle training and access to bike maintenance classes.

By becoming a member, you are supporting our social enterprise and helping us to understand bike usage in your local area. This will help us to campaign for better, safer cycling facilities!

Taycoasters

Group bike rides for people who don't ride bikes in groups



Are you returning to cycling after a long time away? Or just starting out? Or maybe you ride a little, but would like to ride a little more.

Taycoasters are relaxed, easy-paced sociable bike rides, led by
qualified, insured ride leaders, in North Fife and sometimes Dundee.

We ride most weekends except in winter. Find us on Facebook or

email taycoasters@gmail.com

Roadside CPR

Hopefully you never have to use this but its a good skill to have practiced in case
someone needs your help.

The British Heart Foundation have released a new online training programme to help
everyone learn this life saving skill [link](#)

What is RevivR?

RevivR is our free, interactive, online CPR training course. In just 15 minutes, you can
learn how to save a life and receive your very own CPR certificate. It couldn't be simpler –
you just need your mobile phone or tablet and a cushion to practise on. Start the training
now, or save it for later and get it sent straight to your inbox, ready when you are.

Wormit Sailing and Watersports Hub

This new community group is seeking local views with a survey

*We are keen to become a wider resource for the local community and offer
meeting rooms and spaces for other community groups to use and we would
be keen to hear what the local community thinks about that.*

*To that end, we are asking if you would be willing to send this email out to those
on your own membership list and ask if they would be willing to complete the
community survey on our behalf.*

*The survey is now open and will remain open until the 12th of December and
can be accessed through our website and also [here](#)*

*We are offering a number of prizes for completed surveys in the form of
vouchers for local shops and Amazon. As well as the local community groups,
there will also be engagement with the local schools as we are keen to hear
what the young people of our community think.*

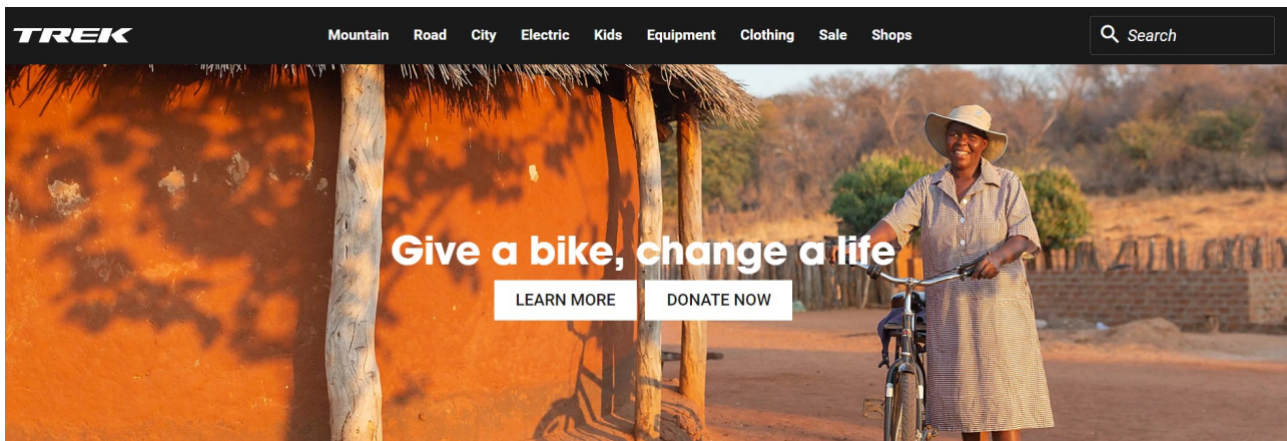
[link to their survey](#)

Christmas Gifts and Charities

**There is a host of Christmas themed gifts and events around - lots of
cycling related ones as well**

Donate to World Bicycle Relief and help empower entire communities with bikes

[link to website to give a donation](#)



You could gift a Cycling UK membership (with free bike light) [link](#)



Share and enjoy a Christmas Hamper of Wild Game - food sourced in Fife [link](#)



My first cycling website www.cycle-north-fife.net was used over the years to promote local cycling, host family cycling events, and the newsletter for the NFC North Fife Cycling group members and supporters. This new website is upgrading to the latest version of the host spanglefish system and is open at this link <https://cnf.spanglefish.org/>. New content relevant for cycling in North Fife and surrounding areas will appear gradually on this website over the winter. This new website will continue to host the NFC supporters

newsletters. My Facebook page 'Cycle North Fife' carries topical cycling posts that do not always get added to newsletters or the website.

Cycle North Fife (including the NFC North Fife Cycling group newsletter)

Contact through website <https://cnf.spanglefish.org/feedback>, Newport-On-Tay
United Kingdom

Unsubscribing from this newsletter also removes you from the NFC North Fife Cycling group list of supporters. We're sorry to see you go but hope you continue to enjoy cycling here from time to time.

If you have any difficulties unsubscribing or any other comments please contact me at
[**tturvey1@gmail.com**](mailto:tturvey1@gmail.com)

[Link to the unsubscribe page](#)

