



ABERHAFESP COMMUNITY NEWSLETTER

Charity No. 1043185

Spring 2023

IMPORTANT NOTICE

The Community Centre cannot operate legally without the three main officers: i.e. Chairman, Secretary and Treasurer/Trustees.

We three, Maddy Thornton, Joan Michel and Edward Parry will be stepping down on **Thursday 13th July at the AGM**. Nominations ideally need to be received by **June 13th** the month before the AGM.

If no nominations are received a motion will be passed at the AGM to CLOSE the centre.

Anyone interested please contact one of us and/or please come to our next committee meeting on **Thursday 20th April 7pm**.

It would be a tragedy to lose our lovely hall.

COMMUNITY CENTRE

In spite of the varied and unusual weather, the first part of 2023 seems to have flashed past, and makes it important that you should take the above notice on board. We three have done a total of 24 years in these jobs, and much as we regret having to step down, it is now time for some new ideas and energy. Please see if you can help – your hall needs you. We three would like to thank everyone for their help and support over the last years, both the rest of the committee for all their marvellous help, and you, the community, for supporting our efforts! Of course we shall be on hand to advise a new committee in their early stages! If asked of course!

Now I must give thanks to two local unsung people, who do wonderful jobs for the community. Firstly, Joyce Owen of our W.I. who organises the sports teams, keeps them practising regularly, dragoons them into playing for the teams, and does the competition entries. Our WI takes part in bowls, kurling, short tennis, table tennis, croquet, darts and dominoes, which enabled us to win the Montgomeryshire sports trophy in 2022 – a real achievement – thank you Joyce!

Secondly Margaret Jones, aka M.E., who looks after everything for our three defibrillators. She organises the replacement pads and batteries, and does a weekly check on all of them. She also organises the refresher courses for us, with Matthew Vaughan, on a yearly basis, to make us more confident to cope in an emergency. Thank you, M.E., for your great enthusiasm and commitment.

Now, a special note of interest – a small well-loved yellow mini will shortly be buzzing about again, following the lucky finding of an elusive part, and Robin it's owner, husband of M.E., is over the moon!

A lot has been going on in the hall lately. The pub nights in "The Wander Inn" are proving to be very popular, thanks to Nigel and Rachel. They work very hard on Friday nights serving drinks and nibbles, but also washing up. They keep the bar well stocked, and get rid of the empties! The pop up coffee mornings on alternate Fridays are also increasingly popular, and enjoyed by all, with a good attendance.

We also had a very good "ordinary" Saturday Coffee morning in February, with lovely stalls – John Williams' wooden gifts, Margaret Griffiths with books, Elaine's cake stall, and Ann Sharp's pictures and cards. We had two excellent stand-in kitchen staff, Ben and Claire, as several regulars couldn't make it.

Getting back to the weather, like everywhere else, "Crossroads" had some unusual happenings. In one week, the temperature dropped to -11°C causing smoke inversion of the main chimney, when the smoke filled the house, (yes, the chimney had been swept), the smoke alarms went off, and my emergency button called out 2 fire engines. And I thought it was me cooking sausages! Then everything froze – no water for 3 days – so thanks to those kind people who brought containers full, buckets, etc – special thanks to the biggest water carrier – Nigel! Seeing how famished the birds were, I started putting their fat balls, wrapped in foil, in the top of the Rayburn. They then crumbled nicely, and went out with the seeds. Next morning the birds were jumping up and down on the sill in happy expectation.

Now, thank goodness, we have the warmer days to look forward to, also nice things like the Coronation Tea, and a Sunday mid-day celebration in June, the format still in discussion!

Hope you all have a Happy Easter, or if you are reading this after Easter I hope you had a happy one!

Maddy Thornton: Chairman



**CORONATION AFTERNOON TEA
IN THE ABERHAFESP COMMUNITY
CENTRE**

ON SUNDAY 7TH MAY 3PM

ADMISSION £2.50 ON THE DOOR

ALL WELCOME

**THERE WILL BE A RAFFLE AND THE BAR
WILL BE OPEN**

**JOIN US AT THE
'WANDER INN'
POP-UP PUB**

**FRIDAY EVENINGS
BAR/TABLE/TENNIS/DARTS/
DOMINOES**

from 6pm



**FRIDAY
MORNING
POP-UP**



10-12 noon

**A warm space to meet and chat
2nd and 4th Friday of each month
(subject to occasional change)**

CHARITY LUNCH

SUNDAY 4TH JUNE

DETAILS WILL BE CIRCULATED NEARER THE TIME

**CPR AND DEFIBRILLATOR
TRAINING**

Matthew Vaughan Paramedic will provide this on

SATURDAY 22nd April at 2pm

ABERHAFESP COMMUNITY CENTRE

All welcome to attend

Especially members of the Community Centre user groups.

NO NEED TO BOOK JUST TURN UP

LOCATIONS OF OUR THREE LOCAL REGISTERED DEFIBRILLATORS AND PROCEDURES



To access the AED box you have to **Telephone 999 or 112**
Request an ambulance and tell them your location (see below for post code of the nearest defibrillator) Ambulance control will give you a
CODE to open the defibrillator box
Follow the instructions. Paramedics will be on the way to administer the next stage of the resuscitation process.

Due to insurance purposes the Code is not displayed on the boxes

**ENTRANCE TO HILLCREST,
 ABERHAFESP
 SY16 3JR**

**ON THE WALL OUTSIDE THE
 COMMUNITY CENTRE
 SY16 3HT**

INSIDE THE OLD PHONE BOX IN BWLCH-Y-FFRIDD SY16 3HX

We must continue to raise money to fund this vital equipment

LOCAL YOUNG FARMERS

We recently took part in the Montgomeryshire YFC entertainment festival which was located at The Hafren, Newtown on the 22nd February along side Dyffryn Tanant and Llanfair YFC. Altogether there were three nights of the entertainment with all clubs competing against each other. The results night was the Saturday and we had some amazing awards given to members of our club.

Gemma Owen had best female senior actor, Fraser Jones and Aled Williams had best double act with Ruby Grigg and Eden Grigg being nominated for adjudicator award. Overall we came 5th.

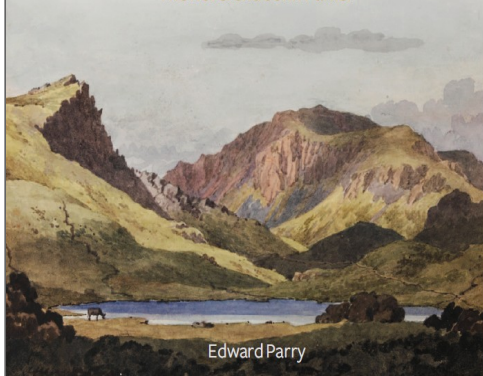
Our next event is the annual Dinner and Dance which is going to be held at Bettws Community Centre on the 15th April. £25 a ticket. Everyone is welcome. Contact Ruby Grigg on 07714 737608 if you would like a ticket.

We are looking forward to the year ahead of us as there's loads going on.
Lora Gethin: Chair

The rediscovery of a brilliant Victorian artist.

The Glories and the Wildness of North Wales

exploring North Wales between 1810–1860 with
The Reverend John Parker



Edward Parry (our local historian) has written an account of the journeys made by the Rev. John Parker to Snowdonia in the early nineteenth century.

Parker whose home was at Sweeney Hall, Oswestry, (now a hotel) came to Llanmerewig near Newtown as Rector in 1827. he remained there until 1844 when he moved to be Rector of Llanyblodwell.

He wrote detailed accounts of his journeys and made hundreds of paintings and drawings of what he saw. The quality of his landscapes and architectural sketches is remarkable for a self-taught artist.

The book is based on the collection of his paintings and journals at the National Library of Wales, Aberystwyth. The book is published by Gwasg Carreg Gwalch, Llanrwst and costs £16. Copies are available at Oriel Davies and 1 High Street, Newtown, at the Great Oak bookshop, Llanidloes and at Eaves and Lord, Montgomery.

SHORT MAT BOWLS

Our Short Mat Bowls has come to an end after a busy but enjoyable season. We have welcomed five new players this year and our club nights have been well attended. As well as our own in house competitions we have played in the Sir Drefaldwyn League. Members have also played in the Saturday Competitions with Aberhafesp hosting both the Singles Competitions and the Finals Day, long tiring days but always enjoyed by all who take part. The trophy for the Pairs competition will be coming to Aberhafesp this year after being won by Trevor and Corris Owen. This will be presented at our end of League Season Sunday Lunch at Arthurs, Trefeglwys.

We are looking forward to the summer and welcoming everyone back in September.

Elaine Benbow: 01686 625586

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ST GWYNOG'S CHURCH

We continue our services which are held on the first Sunday of the month at 9am (Holy Communion) and the third Sunday at 10am** (Morning Prayer) and we look forward to seeing you.

We will in April be holding our joint service with Rhydfelin at 2.00pm on 30th April in Rhydfelin Chapel.

** Please note change of time to 10am

We also hold an 11am short service on the second and fourth Wednesdays of the month.

Morning Prayer on the second Wednesday and Holy Communion on the fourth Wednesday.

We were only able to have one snowdrop tea this year but we were thrilled that so many of our community were able to join us, it far outweighed our expectations and it was a most enjoyable afternoon! The donations given were in aid of the Turkey and Syrian earthquake appeal organised by the DEC (Disaster Emergency Committee) and amounted to a fantastic £281.50. This added to the appeal we had already planned for the beginning of March gave us a total £3,916.50 so a big thank you to you all.

We continue to enjoy the **Fair Trade coffee mornings** on the first Saturday of each month. Our coffee morning in May falls on the day of the King's coronation so it has been decided that we will not have this as we shall be joining forces with the community centre for their afternoon tea event on Sunday 7th May. We will be back in June as usual. We would also like to thank all our helpers and cake providers who all work so hard. We thank you for your help and continued support for the coffee mornings.

Thank you to everyone who helps and supports us at all the events that we organise, we do very much appreciate your support.

See our [Facebook page](#)



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MOTHER'S UNION

The Aberhafesp Branch of the Mothers' Union continues to be run by Wilson a committee made up of some of its members. In a Committee meeting held on 8th March we were able to arrange a diary of events for 2023: an outcome we were very pleased with since the years 2020, 2021 and 2022 had run significantly reduced or no meetings. On the 16th March we held 'Journey to Ordination'.b the Annual General Meeting in the Church room at St.Gwynog's Church. After the business meeting we discussed the diary for 2023. Firstly we have invited Project Co-ordinator Rachel Matthew to speak on April 20th about the Food Surplus Organisation in Newtown. The meeting is in the church room at St.Gwynog's Church at 3:30pm. Members of Aberhafesp Women's Institute will be invited to join us and boost our small numbers!

In our meeting on May 18th Marian is giving a talk about MND (Motor Neurone Disease) – a condition – a condition for which Marian has been raising awareness and funds for many years. Reverend Jeanette Wilkes, who is a member of the clergy in Cedewain Mission Area, is booked to speak at our meeting about her meetings. Aberhafesp MU will continue holding monthly meetings up to October 2023 and details will be shown in future Mothers' Union newsletters. We look forward to resuming a more complete Mothers' Union diary at St.Gwynog's Church and invite anyone who may be interested in joining us to please get in touch. If you wish to join us you would be assured of a warm welcome. Barbara Moelwyn-Williams Tel. 01686 627329

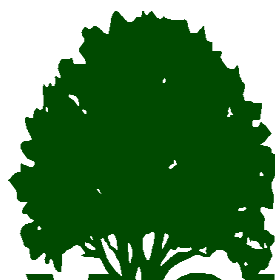
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Supporting the Aberhafesp Community newsletter

NSA WELSH SHEEP

A day out in glorious countryside, The lambing is all indoors, learning the latest techniques, beginning with Dafydd's 50 ewes at admiring fine sheep, meeting the beginning of February. The friends and making new Texel cross ewes begin on 1st acquaintances is something we're March. It is a hectic few months, all longing to enjoy. It makes it with the family and staff member all especially important to put NSA hands on and the help of a student. Welsh Sheep in the diary for

16th May 2023

when the event will take place at

Red House, Aberhafesp.



Red House The focus is on lamb production extends to 550 and the family are staunch live acres and is market supporters, believing they run by Huw are vital to the future of Welsh and Sioned farming. Everything is sold at Owen and Welshpool, beginning with the their son Dafydd. It rises to 855 feet pedigree Beltex rams at the end of above sea level, with sweeping August, followed by the multi breed views down to the Severn Valley. sale. They produce a few rams for Huw's father, Bryn Owen of their own use and a number of rams Sandilands Farm, Tywyn, bought are also sold directly from the farm. the former dairy farm in 2013. The first batch of finished lambs is Huw, Sioned and Dafydd run 1200 sold in June. They continue selling Texel cross ewes, together with a till September, with the lambs all few Welsh Mules and 100 pure finished.

Texels and 120 Limousin suckler The family keep back around 250 cows, the majority registered. replacement ewes for the main Dafydd who is 22 and who studied flock. Dafydd, who is still building at Glynllifon College and Llysfasi up his flock keeps back most of his College, has his own flock of Beltex Beltex ewe lambs, but sometimes ewes. There is also a full time sells a few yearlings. The family are member of staff. The hugely confident in the future of the sheep successful and memorable NSA industry, despite them knowing Welsh Sheep 2019 was held at there will be changes to Welsh Glynllifon. Government schemes in the future.

They are looking forward to hosting The event will bring together the the NSA Welsh Sheep 2023. best of what the Welsh Sheep Preparation is a continuation of all industry and beyond has to offer in the work they have been doing what could be a challenging time fencing and gearing the farm to ahead for farms and food sheep rather than dairy since the production. For details about purchase. NSA Welsh Sheep sponsorship and trade stand space organiser Helen Roberts says she is please see the event website: looking forward to working with the <https://nationalsheep.org.uk/welshsheep> Owen family.

or contact Helen Roberts on email: helen@nationalsheep.org.uk

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WOMEN'S INSTITUTE

Aberhafesp WI continues to thrive with meetings being well attended. In January we had an interesting talk about “What do Vegans Eat” from Helen Porter and then, later in January, our members plus some partners enjoyed a lovely “Christmas Lunch” at Maesmawr Hall Hotel.

In February we were taken along a journey to Antarctica seeing spectacular views of scenery and wildlife of a 24-day expedition of a lifetime Who knew there were so many species of penguins?



In March we had a practical “workshop” with Sue from Lavender Ceramics where we created some Welsh Lady Gongs out of clay. They were taken to be fired, and have now been painted and glazed. Heather will return them to members at our next meeting.

Our sports ladies have been busy as they came joint fourth in the short tennis and second in the dominoes, currently playing darts and hope to get through to the finals in April. We have enjoyed getting together to practise at the Friday pop-up coffee mornings or the “Wander Inn Pub” on a Friday evening. Some of our members enjoyed a taster afternoon of walking netball, hopefully helping us to keep fit!



Some of our members have also been meeting up and enjoying sessions of painting with Maddy, so we look forward to seeing what they have produced, and in keeping with the “cultured” theme, we were able to send in 27 entries to the literary competition.

We hope to provide a varied programme for all and are happy to welcome new members to join our friendly group who meet on the first Thursday of the month in Aberhafesp Community Centre at 7pm, please do come along and meet us.

Stephanie Benbow: President:01686629572

April 6 th	Pictures in Harmony	Hilary & Ian Templeton	Competition: Photograph of the countryside
May 4 th	Blood Bikes Wales	Lorraine/Ray	Competition: Poster warning children to be aware of traffic
June 1 st	Hanging Baskets	Stan Mahon	Competition: Flower arrangement in a wine glass
July 6 th	TRIP	tbc	
August	HOLIDAY		
September 7 th	SkincareBOOtique	Martyn Hubbard	Competition: A poem about the W.I.

Feeding Bellies Not Bins

Newtown Food Surplus collects, sorts and stores surplus food from local businesses. We redistribute the food via food shares and other schemes to stop food from entering landfill and to reduce food poverty.

Our Mission

The dramatic fact is that a quarter to a third of all food that is produced is then not eaten. Energy is wasted growing, transporting, processing and storing food that never gets used. Food that is thrown away then goes on to generate greenhouse gases and an speeds climate change in the UK as a whole about 5.5 million tonnes of food is wasted every year.

OUR STORY

We started at the end of October 2021 with our first food share operating from a cabin on the Cultivate Community site at Pen Dinas, near the Hafren Theatre and college in Newtown. This quickly grew to two food shares a week whilst also supporting local community groups like Newtown Community Cafe. We now have a team of 60+ enthusiastic committed volunteers we collect 7 days a week from several supermarkets.

BECOME A VOLUNTEER

With the aim of helping as many people as possible and making a difference to the environment, we are always looking for enthusiastic volunteers.

Contact: newtownfoodsurplus@gmail.com

About Newtown Food Surplus

We're open (usually) Mondays and Fridays
10.30am to 11.30am AT

OUR NEW PREMISES
THE JUBILEE SCOUT HALL, PARK LANE, NEWTOWN, SY16 1EN.

We do occasionally hold shares in the Ladywell Hall at Ysgol Calon y Dderwen, Park Lane, Newtown.

Many of us are environmentalists who want to see Newtown as a pioneering town of food sustainability filling #BelliesNotBins.

It is for Everyone!!!

Please be aware that we are working with community groups as well, you are not taking food away from anyone.

We are **NOT a food bank**. We are about 'food-sharing', bringing community together, using the food for positive change in the community.

You 'pay as you feel', so if you're having a tough month it's free or you could donate your time and help. If you can afford to pay donations are very much welcome towards our running costs, help buy equipment etc and can 'pay it forward for others'.

See our website: NFSWALES and our [Facebook Page](#) for up to date details

COMMUNITY COUNCIL NEWS

Aberhafesp Community Council now have a new website: aberhafesp.community-council.

The new website is user friendly on mobile phones and ipads etc, with no annoying adverts popping up! If you go to the old website, you will automatically be transferred to the new website. A special thank you to Philip Curnow for providing the photographs of the local area.

We are aware and have reported a number of potholes in the Aberhafesp area. If you need to report one you can do this by going on to the Powys County Council website: powys.gov.uk, scroll halfway down the page, click on report and then choose what you would like to report.

COMMUNITY COUNCIL

Aberhafesp Community Council covers the area of Aberhafesp, Bwlch-y-Fridd, Bethel and Rhyd-y-Felin

A Community Council is governed by the Local Government Act of 1972. Here in Aberhafesp it consists of seven Councillors who sign a Declaration of Office and work on a voluntary basis for the good of the whole community. They are supported by a clerk who is employed to ensure the correct procedures are enforced and the smooth running of the Council in general.

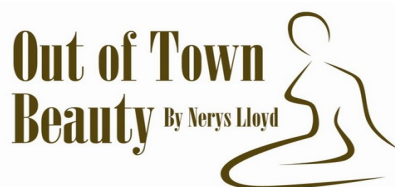
Meetings are held on a **Wednesday evening in the Community centre**, and members of the public can attend any meeting, unless otherwise specified.

Notice of each meeting is displayed for three clear days giving the date, the time, and the agenda. They are posted on the notice boards at Bwlch-y-Ffridd, Hillcrest Aberhafesp, the Community Centre and the telephone kiosk in Bethel. Details of meetings can also be found on the Community Council [Facebook page](#) and the **Community Council website**. You can access the latest *County Councillor monthly reports* as well as current *County planning applications*, where you can enter comments to support or object.

The decisions made at a meeting and also the attendees are posted on the website within a week of a meeting. The full minutes of meetings are only posted on the website after they have been approved by the Community Council which takes place at the start of the following meeting. For example minutes from a meeting in July would be approved in August, if a meeting was held then.

If you have an item you wish to add to the agenda please contact the clerk Rachel Hamer rachel.hamer72@hotmail.com. Come and just watch if you have an interest in anything on the agenda, or if you have anything you wish to bring to the attention of the council and you wish to speak at the meeting you need to ask the chairman.

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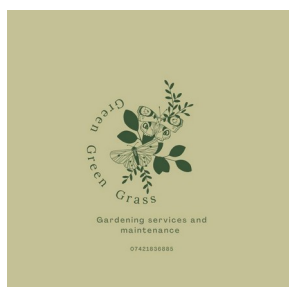
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Aberhafesp Community Council website	http://www.community-council.org.uk/aberhafespcommunitycouncil/	

This newsletter can be accessed from both the website and our [Facebook](#) page

GENERAL DATA PROTECTION REGULATION (GDPR)

Residents and friends of Aberhafesp, Bwlch-y-ffridd, Bethel, Rhyd-y-Felin and have submitted their email addresses to the compiler of this newsletter giving permission for the distribution of quarterly issues of the newsletter plus occasional emails giving additional local news and/or information. Consent for the use of personal details to be held for this purpose can be withdrawn at any time.

NEXT ISSUE

The next issue of this newsletter will be published in **July 2023**. Please send any articles of interest to the compiler (mbedworth@gmail.com) no later than the **20th June**.

Also: If you usually receive this newsletter as a printed copy through your letterbox and you have an email address please let the compiler know so that we can save on the cost of printing.

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