Issue 69: 30/05/2024

Lairg Magazine

LAIRG & DISTRICT COMMUNITY INITIATIVES

Picture taken by Cara Cameron, Lochview Rural Training

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Ferrycroft Playpark

As mentioned in the April magazine, Lairg & District Community Initiatives (LDCI) is delighted to announce that funding has been secured to develop a new 'all abilities' playpark at the Ferrycroft Visitor Centre. LDCI is able to pledge £6516 from its own funds, largely due to the wonderful local support and success of Winterfest in December last year.

We would also like to thank the following funders for their generous grants; the Highland Council Community Regeneration Fund (£60,000), the SSE Achany & RWE Rosehall Community Benefit Fund (£33,600), the Westminster Foundation (£10,000), and the Lairg Windfarm Fund (£5000). More on page 3....

Quiz/Lairg Crofters Show



- 1. On 17th June 1950 in Illinois, the first successful transplant from a cadaver to a patient was performed, but what organ was transplanted?
- 2. What major events happened at 9.32am EDT (Eastern Daylight Time) 16th July 1969 and 11.49am CDT (Central Daylight Time) July 24th 1969?
- 3. Ncuti Gatwa started his new acting job as which character on TV this year?
- 4. A Bodhrán is an Irish musical instrument would you blow it, pluck it, or hit it?
- 5. In which system in the body would a 'Pulmonologist' specialise?
- 6. Which country won the 2024 Eurovision Song Contest with 591 points?
- 7. In which Olympic games year was the Women's 1500 metres introduced 1928 Amsterdam, 1948 London or 1972 Munich?
- 8. What is the name of the extinct species of humans living 200,000 to 250,000 years ago?
- 9. Which author has written a book titled "Knife", after an attack in which he lost an eye?
- 10. What one-word do all the following statements have in common?
 - -A precious stone, consisting of the mineral Corundum

-A dance group on 'Top of The Pops' in 1976

-An American alternative comedian known for her support of Comic Relief



The Lairg Crofters Show will be held on the 24th of August 2024

We are very excited to announce our main attraction for this year's show!

'MOBILE BIKE EVENTS'

Mobile Bike Events are the UK's leading BMX stunt team!

Their amazing portable ramps enable them to perform breathtaking shows all over the UK and Europe. With a dedicated team of professional athletes consisting of World Champions, British Champions, Guinness World Record Holders, and Red Bull athletes you're guaranteed 100% satisfaction.

They will be performing their famous BMX show on the show day and will also be hosting 'Action Wheels' on the Sunday after show day! This will be an available to ages from 2 years old to adults to come along and have a go and learn some new tricks!

Page 3 Cancer Research Cake Sale/ Ferrycroft Playpark





Cake Sale for Cancer Research

Leanne Campbell and family will be holding a cake sale in aid of Cancer Research on Saturday 22nd June, from 10am to 1pm at the Church Hill Woodland Picnic Shelter. Cancer Research UK is a charity that is close to her heart. Cancer touches most of us in one way or another, whether it is a family member or a close friend or colleague. Leanne has a Cancer Research UK giving page. If you would like to donate please see: <u>https://fundraise.cancerresearchuk.org/page/leannes-giving-page-2022376</u> She also has £2 lucky square sheets, the prize on offer is a carving of an owl made by her husband. The squares sheets will be available in the pharmacy and in Costcutter.

Ferrycroft Playpark Continued from page 1...

This substantial six-figure sum that LDCI has been awarded for the playpark is another significant investment in Lairg following on from the new houses in Sutherland Arms Way.

LDCI is now finalising details of the installation with our approved contractor and the agreement with Highland Council for future maintenance, and will provide another update in due course.



The Community Centre has had another busy month, with Thursdays seeming to be the most popular day for bookings, which certainly keeps us all busy.

The monthly market was held earlier this week and plans for June are already underway. The next market is due to be held on Monday 17th June from 1.30 to 4pm and has the largest number of stallholders booked to attend so far this year, which is totally amazing. We are told on a regular basis that our market is very welcoming and has a lovely vibe to it. Obviously, we think it is a great event but you would need to come along to decide this for yourself. There are always a wide range of items available to purchase: some quirky, some traditionally made. We have traders selling locally sourced venison, goats cheese, home made jams and preserves; items that have been handmade with great care and attention and of course a wonderful plant stall, all grown in the local area so you know they will be hardy! Follow our social media for a full list of all the traders booked to attend each market as there are too many to list them all here. There is literally something for everyone. Shop local and support small local enterprises!

In addition to the market we have a variety of regular bookings such as The Haven, (a weekly coffee morning), Tai Chi, Pilates, Lairg Art Group, Schoolhouse Crafters, Toddlers, Whist, Bowling, Rifle Club, Highlife Highland fitness classes, various classes organised by the nearby Learning Centre and the monthly Quiz night. We also have rooms available for one off meetings, consultations, exhibitions and celebrations etc.

A full schedule is posted weekly, usually on a Friday, to our Facebook page and also on the noticeboards around the building so you can see the events that are happening in the hall each week. If you want to make a booking or need any more information please just let me know.

Don't forget that we have Ping Pong and Badminton equipment for use in the Hall should you want to make use of it.

For those of you who may not know we also have the local library housed within our building which is always made good use of. Please check their social media pages for opening times.

As always, we are looking for volunteers to keep the centre thriving as a hub for community activity. If you feel you could assist in any way, or would like more information please let me know by email: <u>lairgcommunitycentre@gmail.com</u>, on 01549 402843 (the office is only manned part time) or by messenger. We are also on Facebook and the market has both Facebook and is on Instagram....

Lairg Primary School

Lairg Primary School headed down to Landmark Adventure Park for their annual summer trip. The school would like to take this opportunity to thank Lairg Christian Fellowship for paying for the whole trip and for the transport.

Lairg Primary School Parent Council donated the money to pay for the ice-creams to keep everyone cool.

We were lucky to have perfect weather and a bunch of amazing well-behaved children.

<u>Landmark</u>

The rides are accessible to most people. The queues aren't that long but they can get busy. Most of the school enjoyed the rides. It was a lot less busy than last year and it took five minutes for waterslides. The Tarzan trail was good for most ages and it was fun. The Monkey Trail was good for younger ages. I found Networks really fun but it was scary at the same time, it was good they had one lower down for the younger years.

The butterfly house was really nice but it felt like Australia. It was really cool because we could see butterflies that don't come from this country. The Bamboozaleam was amazing! The allusions were mind boggling. In the wander wood there was a tonne more of illusions like the vortex, and the leaning room.

The café was very clean and the facilities were very good. The ice cream was nice, they had a lot of variety and they had vegan friendly options too. The gift shop had lots of souvenirs which was nice because it meant you could have something to remember the amazing day at Landmark.

Written by Anwen and Lexi.







INGREDIENTS

- 400g self-raising flour, plus extra for dusting
- ¼ tsp salt
- 1 tsp baking powder
- 100g butter, cut into cubes
- 3 tbsp caster sugar, plus extra for sprinkling
- 200ml buttermilk
- 1 tsp vanilla extract
- 5 tbsp milk, plus extra for brushing
- good handful small strawberries, halved
- small jar good strawberry jam
- 2 meringue nests , crumbled into chunks
- 200ml tub clotted cream



Quiz Answers

- 1. Kidney
- 2. Launch and return
- of Apollo 11, after
- landing on the moon
- 3. Doctor Who

METHOD

STEP 1

Heat oven to 220C/200C fan/gas 7. Mix the flour, salt and baking powder together in a large bowl.

Rub in the butter or whizz the lot in a food processor to fine crumbs, then stir in the sugar.

STEP 2

Warm the buttermilk, vanilla and milk to hand temperature, then quickly stir it into the flour mixture with a knife. Using your hands, bring the dough together, being careful not to overwork the mix.

STEP 3

Turn dough out onto a lightly floured work surface and pat out to a 2.5cm thick round. Stamp out 12 x 5cm rounds, dusting the cutter with flour as you stamp – you'll need to re-pat trimmings to make 12. Put the rounds onto floured baking sheets, brush the tops with milk and sprinkle with a little more sugar. Bake for 12-15 mins until golden.

STEP 4

To serve, lightly mash the strawberries with the jam, and fold the meringues into the clotted cream. Dollop some strawberry mixture onto each split scone, and top with a dollop of meringue cream.

- 4. Hit it is a drum
- 5. Respiratory
- 6. Switzerland
- 7. 1972 Munich

- 8. Neanderthal
- 9. Salman Rushdie

10. Ruby (A ruby, Ruby Flipper and Ruby Wax)

Lairg & District Learning Centre



Page 8 Kyle of Sutherland Fisheries/Lochview Rural

Kyle of Sutherland Fisheries

It's an exciting time at Kyle of Sutherland Fisheries as we start a new project generously supported by the Highland and Islands Environment Foundation, The European Nature Trust, Louis Vuitton and The Banister Trust. As part of the Riverwoods project, a new native tree nursery is under construction at our hatchery site in Ardgay, just opposite the entrance to Gearrchoille Community Woodland. Riverwoods is a national initiative aimed at planting trees along riverbanks (known as riparian zones) which will help to cool the waters in hotter spells for our salmon and trout along with many other benefits to support a healthy river system. The nursery will grow trees using local seed collected from within the Kyle catchment as they are already well suited to the conditions and climate in our area. Plants grown from seed with such local provenance can be difficult to source from large nurseries which makes this kind of work very important.

We hope to reconnect the community with the rivers upon which they live by supporting volunteers to get involved in growing and planting trees with us to help restore nature. The site will incorporate a polytunnel, outdoor beds where trees can be grown in the soil and an area for container growing. We are grateful to a local contractor who is undertaking preparation ahead of the polytunnel build. Regular volunteering opportunities and educational outreach will form an important part of the project. If you would like to know more, share tales of what our local rivers mean to you or to get involved, we would be delighted to hear from you by email at nursery@kylefisheries.org or by contacting the office on (01863) 766702.



Looking for advice? Help with a form? Money worries?

citizens advice bureau

Free and confidential advice is available. For help with benefits, housing, debt, employment, immigration and much more.

Golspie Office opening hours Monday, Tuesday, Thursday & Friday 9am-5pm Wednesday 8am-7pm Saturday 10am-12pm

Every Monday at Brora Library 2pm – 4pm

Every Tuesday at Helmsdale Community Centre 9:30am-11:30am

Every Wednesday at Dornoch Hub 10am-12pm

Every Thursday at Lairg Community Centre 9:30am-10:30am

Every Thursday at the Hub Bonar Bridge 11:00am-1pm

Every Friday at Rogart Hall 10am-11:30am

For more information call 01408 910069 or email advice@ecscab.org.uk.

Interested in volunteering? Contact us at volunteer@ecscab.org.uk.



Scottish charity (SC039847) and company limited by guarantee (SC341055)

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ARMED FORCES DAY FLAG-RAISING CEREMONY FERRYCROFT VISITOR CENTRE, LAIRG SATURDAY 29 JUNE



In addition to veterans, all members of the public are welcome

Tea/coffee will be available from 10:15, assemble 10:45

Ceremony 11:00-11:45

Free lunch for veterans and one guest each in the Community Centre, Lairg 12:30

Thank you for reading issue 69 of the Lairg Magazine! If you would like to submit something to the magazine, please send it to: zoe@lairglearningcentre.org.uk

Phone: 01549 402050 or write to us at: Schoolhouse, Main Street, Lairg, IV27 4DD