

LAIRG MAGAZINE



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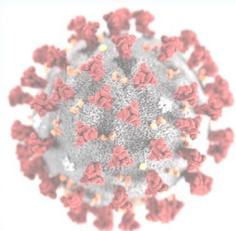
Welcome to Issue 14 of the Lairg Magazine! We are looking for stories, recipes, film/book reviews and craft/activity ideas to put in to our magazine. Please email Jodie at : projectofficer@lairginitiative.co.uk or call Chair of LDCI Kaye: 07500453301 or Vice Chair Norman: 07742025719.

Volunteers Required!



LDCI are looking to organise a community tidy up of the Lairg Cemetery. If you have time and would like to help, please get in touch with Jodie on projectofficer@lairginitiative.co.uk or call 07961372427. Date still to be confirmed.

Lairg Helping Hand Fund



- ⇒ *Have you been affected financially by covid-19?*
- ⇒ *Are you worrying about heating your home?*

The Helping Hand Fund provides a one-off financial assistance per household, for residents within the Lairg Community Council area who are living in financial worry due to Covid-19. Grant awards of up to £250 will be awarded to households who require support with heating costs due to Covid 19. Lairg and District Community Initiatives will be working in partnership with the East and Central Sutherland Citizens Advice Bureau.

For more information, please call Jodie on [07961372427](tel:07961372427) or email projectofficer@lairginitiative.co.uk.

Lairg Helping Hand Fund

If you have been affected by Covid-19 financially and need help with heating your home, please call Jodie on [07961372427](tel:07961372427) or email projectofficer@lairginitiative.co.uk

Tattie Soup

12 Servings

25g Butter

1 tbsp Oil

1 Large Leek, finely chopped £0.53

1 medium onion, finely chopped £0.23

3-4 Carrots, diced into small pieces £0.30

8-10 Large potatoes, peeled and roughly cut into chunks £1.00

1.5 Litres Hot Chicken or Vegetable Stock £0.08

Salt and Pepper

Total= £2.14

**Recipe of the
Week!**

- Tip in the vegetables, give them a stir and season with salt and pepper. Cook over a low heat for 10-15 minutes or until the veg starts to soften a little. Pour in the chicken or vegetable stock, cover and simmer gently for 1/1 1/2 hours or until the vegetables are soft and the potatoes are starting to break up.
- Using a potato masher, mash everything up, but not to much – you still want some large tattie lumps. If the soup is too thick for your liking just add some water to thin it down.
- Check the seasoning and serve with fresh bread or oatcakes.

1. What was demoted due to the discovery of “Eris”?
2. Which British star of TV/film was born Krishna Banji in 1944?
3. In a German place name, what four letters indicate a hill or mountain?
4. At the start of an English game of draughts, each player has how many pieces on the back row?
5. In Benny Hill’s ‘Ernie’, Two Ton Ted from Teddington kills him in a duel with a stale what?
6. ‘The drugs don’t work’ was a number one for which band?
7. In 1926 which writer disappeared and mysteriously reappeared in Harrogate?
8. Who called his autobiography ‘A Long Walk to Freedom’?
9. Which snooker player reached the world championship final six times but lost every time?
10. In which county is Watford Gap motorway services?
11. Name the TV programme, first aired on 24th April 1957 to the theme tune called “At the Castle Gate” written by Sibelius.
12. What is the first book in the bible to begin with a vowel?
13. What colour are Harebell flowers?
14. What do you call the charge in a restaurant if you bring your own wine?
15. What company developed the Kindle E book Reader?
16. The hepatic veins carry blood away from which organ?
17. Who did the Pied Piper lead out of Hamelin after the rats?
18. What type of creature is a Mother Shipton?
19. Apollo was the Greek God of what heavenly body?
20. Cousin Itt is a hairy relative of which fictional family?



Lairg Musical Festival



The impact of music on our cultural heritage and on our daily lives is powerful. Now in its 22nd year, the music festival was scheduled to take place last Saturday, 20th June, but has unfortunately been postponed because of the current restrictions in place.



With competitions for accordion, fiddle, piano, whistle and musical groups, the festival is a tribute to the late George Mackay, who had the vision to start the festival to encourage youngsters to keep traditional music alive. With the help of a newly formed committee in late 1998, the festival was founded and Lairg's first Music Festival was held in 1999. All local businesses helped finance 18 trophies for the competitions. George remained chairman for 12 years and the post was then filled by the late Myra Goskirk.

Original Committee – Back Row (left to right) Emma MacDonald, Myra Goskirk, Janet Corbett, Diane Peat. Front Row (left to right) George Mackay, Sheila Stewart, John Mackenzie.

As well as the dedication of the committees, the hard work of many local volunteers over the years has helped make this popular one-day traditional festival possible and it continues to be a legacy that can be enjoyed by the community of Lairg for many years to come.

A growing number of youngsters have participated each year, all eager to be involved in the traditional music scene. Several of the competitors have went on to perform in groups such as Gizzen Briggs and the Sutherland Accordion and Fiddle Club. Others have gone on to study music at colleges and universities. The festival is always a happy occasion. Last year, the festival had 80 entries from as far afield as Inverness and Wick. Many competitors return year after year until they leave home to study or work.

The festival is always concluded with a winners' concert and ceilidh which is always well attended and enjoyed by all.



Rogart Junior Ceilidh Band (2019)

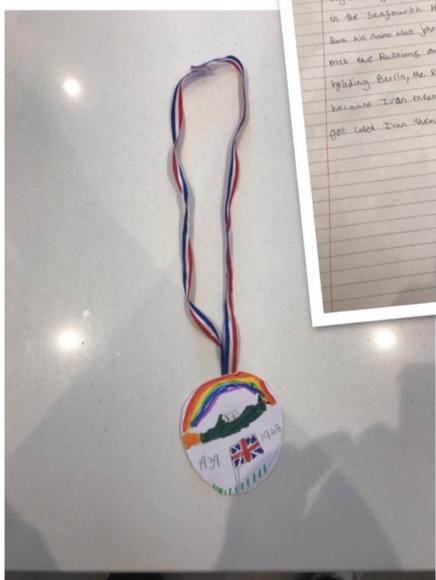
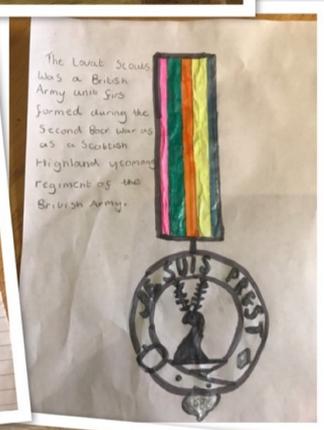
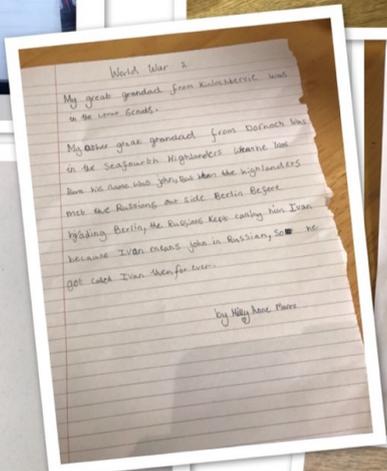


Festival Committee (2019)

With thanks to committee members past and present for contributing to this story.



Some of the Primary 3-5 pupils have created war medals and stories this week! Aren't they great?



LDCI Quiz Answers

- | | | |
|----------------------------|----------------------|-------------------|
| 1. Pluto to a dwarf planet | 9. Jimmy White | 17. The children |
| 2. Ben Kingsley | 10. Northamptonshire | 18. Moth |
| 3. Berg | 11. The sky at night | 19. The sun |
| 4. 4 | 12. Exodus | 20. Addams Family |
| 5. Pork Pie | 13. Blue | |
| 6. The Verve | 14. A corkage fee | |
| 7. Agatha Christie | 15. Amazon | |
| 8. Nelson Mandela | 16. Liver | |

How did you do?

1-5/20	5-10/20	10-15/20	15-10/20
Poor	Okay	Good	Excellent

We would like your help with naming the people in the photos and possibly tell us what year they were taken. Please email

projectofficer@lairinitiative.co.uk or write to us at Schoolhouse, Main Street, Lairg, IV27 4DD



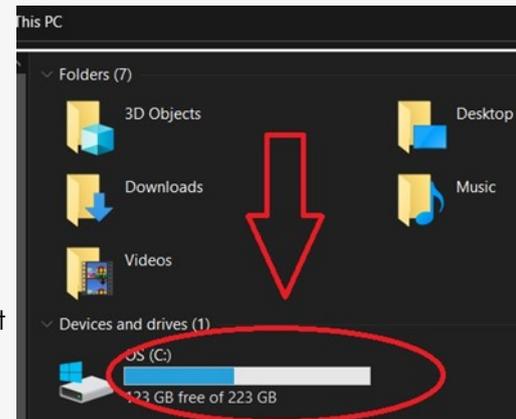
Ryan's Tech Tips**How to speed up a slow computer: Windows 10**

Nobody likes a slow computer! We know how frustrating it can be to try and do a task such as opening an email, only to be met with the dreaded "spinning circle" icon. Here are a couple of helpful tips you can try at home that could give your computer a boost in speed!

CHECK HARD DRIVE STORAGE + CLEANUP

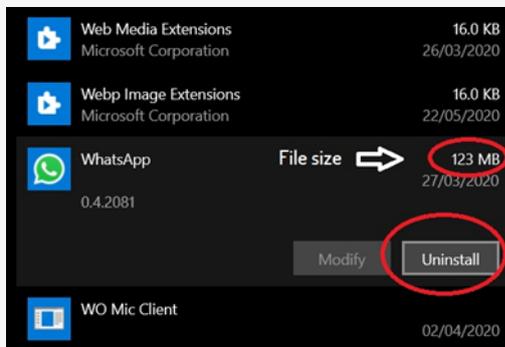
Your computer may start to run slow if your hard drive is getting full. To check how much storage you have left:

1. Left click the "Explorer" yellow folder icon on your bottom taskbar
2. In this new window, find your computer name on the left hand side and left click – this may be called "My-PC" "This-PC" or something similar if not custom named. It should have a little monitor and keyboard icon.
3. Check how much free space you have left on your main drive - usually under C:, the higher the blue bar, the more storage is being used!
4. If you would like to run a disk cleanup, right click this drive then select "properties". You will find the disk cleanup option in here under the "general" tab.

**DELETE OLD APPS AND PROGRAMS**

Following on from above, a great way of freeing up space on your hard drive is to uninstall/delete old programs and applications that you don't need or use. To do this:

1. Right click on the "Windows flag" icon at the very bottom left of your screen
2. Left click the "Apps and Features" text – This will open up a list of everything you currently have installed on your computer in alphabetical order. Next to each app will have the file size so you can see from a glance how much space each one is taking up!
3. Find the app/apps you want to uninstall – then left click on its name and press the "uninstall" button



Example application

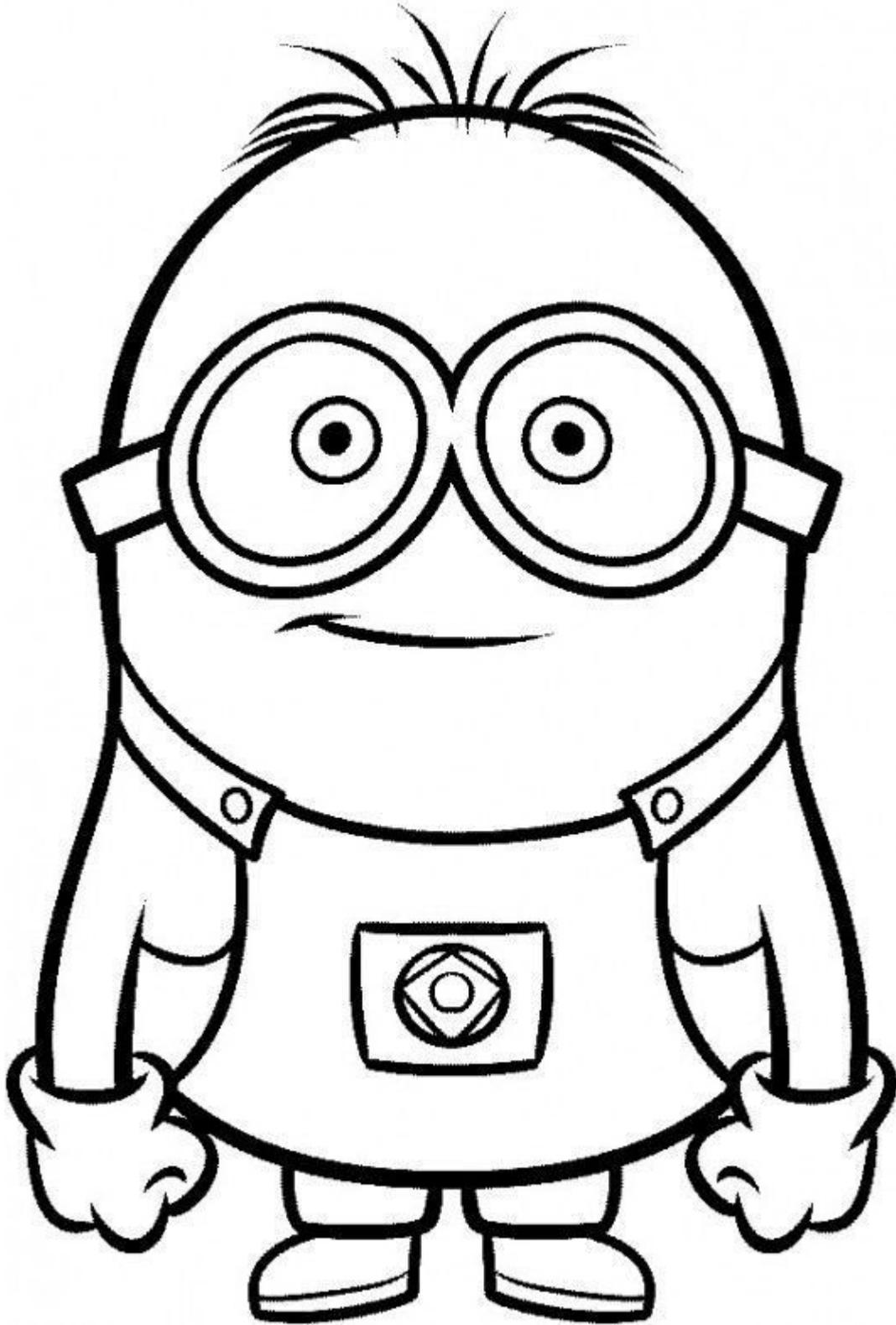
RUNNING AN ANTI-VIRUS SCAN

If your PC has become infect with viruses it can tend to slow down it's overall performance and cause issues. If you have one already installed it is recommended you run a scan at least once per week and ensure it is up to date. If you don't have one, a good program I recommend is Malwarebytes which you can download a free version of from their website: www.malwarebytes.com

Look out for more tips coming soon such as: Task Manager, Start-Up programs, checking your internet connection strength and more!

Written by Ryan Connelly on behalf of the Lairg & District Learning Centre.
For further info/queries, you can contact me by email: admin@lairglearningcentre.org.uk

Thank you to Coriolis Energy on behalf of Garvary Wind Farm Ltd for the funding they have given towards producing the Newsletter. More information on Garvary can be found by visiting www.garvarywindfarm.co.uk



Thank you for reading issue 14 of the Lairg Magazine! If you would like to put something in the magazine, please send it to the details below. We are very much open to ideas and suggestions, so please get in touch by emailing projectofficer@lairginitiative.co.uk. Phone for Chair Kaye: 07500453301, Vice Chair Norman: 07742025719 or write to us at Schoolhouse, Main Street, Lairg, IV27 4DD