

LAIRG MAGAZINE



- Page 2 - Noctilucent Clouds/Recipe
- Page 3 – Quiz
- Page 4 – Reader’s Entry
- Page 5 – Activity/ Quiz Answers
- Page 6 – Name These Faces
- Page 7 – Lairg Learning Centre
- Page 8— Lairg Cemetery Clean Up

Welcome to Issue 17 of the Lairg Magazine! We are looking for stories, recipes, film/book reviews and craft/activity ideas to put in to our magazine. Please email Jodie at : projectofficer@lairginitiative.co.uk or call Chair of LDCI Kaye: 07500453301 or Vice Chair Norman: 07742025719.

Lairg & District Community Initiatives

Lairg Cemetery Clean Up Part Two

-Saturday 25th July
 -10am-1pm
 -Please bring edging tools, rakes and other appropriate tools!

PLEASE ADHERE TO THE SCOTTISH GOVERNMENT RULES REGARDING SOCIALISING OUTDOORS DURING THE COVID-19 PANDEMIC.



For more information, please get in touch at projectofficer@lairginitiative.co.uk.
 Thank you to Costcutters for supplying refuse bags!

Sutherland Community Partnership
TOURISM CHARTER

Welcome to our County...

Sutherland is not just a beautiful, welcoming visitor destination, it is also a place that people call home.

Our communities have worked hard to control Covid-19 and it is vital that we continue to do so, whilst also ensuring the safety of our guests.

As we slowly emerge from lockdown, life is not quite business as usual yet. By helping us over the weeks and months ahead you will be playing an important part in helping to rebuild Sutherland's tourism industry – and for that we thank you. So, while you are here with us please follow the guidance for a pleasant and safe visit:

- Before you travel check current advice: <https://www.gov.scot/coronavirus-covid-19/>
- Please don't travel if you have Covid-19 symptoms
- Maintain social distancing
- Wash hands and use sanitizer regularly
- Use face coverings where advised or required
- Observe restricted numbers in shops, cafes and restaurants
- Many of our shops and eateries offer takeaway and delivery service
- Use contactless payment in local shops
- Respect our natural environment

We know how anxious some people are over the idea of tourists coming back, however, this poster is being widely distributed amongst holiday lets, shops, restaurants and pubs.



Picture taken near Inverness. Noctilucent clouds, or night shining clouds, are tenuous cloud-like phenomena in the upper atmosphere of Earth. They consist of ice crystals and are only visible during astronomical twilight. Noctilucent roughly means "night shining" in Latin. They are most often observed during the summer months from latitudes between 50° and 70° north and south of the Equator. They are visible only during local summer months and when the Sun is below the observer's horizon, but while the clouds are still in sunlight. Recent studies suggest that increased atmospheric methane emissions produce additional water vapor once the methane molecules reach the mesosphere – creating, or reinforcing existing noctilucent clouds.

Written by Chris Cogan

Leek and Mushroom Crumble

3 medium / large leeks, chopped and washed
 230 g / 8 oz mushrooms, sliced
 1 large onion, chopped
 30 g / 1 oz margarine
 1 tbsp. flour
 0.3 litres / ½ pint of milk
 200 g / 7 oz mature cheddar, grated

Crumble Topping

80 g / 3 oz oatmeal (can use oats)
 80 g / 3 oz wholemeal flour
 30 g / 1 oz ground almonds
 half a bag of pecan nuts broken up
 80 g / 3 oz margarine
 salt and pepper

Method

Sweat / sauté leeks in the margarine in a large pan. When mostly cooked, add mushrooms and cook for 5 minutes with lid on.

Add flour and stir. Add milk gradually, stirring to make a thick sauce.

Add grated cheese and stir 'til melted.

Put in a large baking dish (12" x 10" or 30cm x 20cm)

For the topping, mix all ingredients thoroughly and tip evenly over the leek and mushroom mixture.

Bake in a preheated oven to 190°C / 375°F / Gas Mark 5 for 25 – 30 minutes until golden brown on top.

**Recipe of the
Week!**

Recipe from Caroline Wright

1. What is the adjective relating to bears?
2. Who played Mr Tibbs in the film "My Name is Mr Tibbs"?
3. The word 'monad' refers to which number?
4. What type of creature is a stinkpot? A snake, a racoon or at turtle?
5. What colour top does Nintendo's Mario wear beneath his dungarees?
6. What Italian cookery term means oven baked?
7. The song 'Take a Chance On Me' features in which stage musical?
8. Who did Virginia Wade beat in the 1977 Wimbledon final?
9. In which TV sitcom would you hear the phrase "Rodney, you plonker"?
10. Giving its name to the famous battle, what is the little big horn?
11. Which singer was known as the big O?
12. The present pope was Archbishop to which city?
13. The name of what part of a castle means sliding door?
14. In the Nursery Rhyme the House that Jack built, what did the rat eat that lay in the house?
15. Which historical figure was ceremonially executed after his death?
16. On 18th Oct, 1867 USA purchases what from Russia for \$7.2 million dollars?
17. Which drink was advertised by Leonard Rossiter and Joan Collins?
18. How is the number 28 written in Roman Numerals?
19. Who wrote Bleak House?
20. What material is associated with a third wedding anniversary?

Part Two

The wedding of Dennis Mackay and Anne Dawson

The bride's brother and the groom's sister got together in the Drumossie Hotel and were married a year later in Alva near Stirling. They still live in Kinlochbervie. I was at the wedding with a bus as well. A lot of the people going to the wedding asked if they could go down on the Friday during the nights, most of them were at a dance in Scourie on the Friday night and got straight onto the bus.

The first stop was at the Drumossie Hotel where we got breakfast as it was booked well in advance, we all received a fantastic reception from all the staff. After the wedding in Alva, we all stayed on the Saturday in Bridge of Allan. They could not get them all in one hotel, so they stayed in three different hotels. We were going to leave on Sunday morning but there was one guest that we couldn't find, they give a description to the police and no one had seen him. We searched high and low for the young lad and could not find him, so had to leave him. We are leaving to head for home but said they had lost the young lad. We were told that he was already home. He didn't eat anything at the wedding and threw the spoon into his soup and he left the hall, and everyone assumed he was at the toilet, but it turns out he took a taxi home. The taxi driver did not know where to go, they went by Kylesku.

At the hotel in Bridge of Allan – the owner and a knock came to the door, someone wanted to speak to me and I said 'no chance I don't know anyone down here'. I went down and two of the Kinlochbervie boys were sober and asked if they could sleep in the bus. They were thrown out of the other hotel for bad language and being loud. I said to them it would be too cold to sleep on the bus, so insisted they stayed in the hotel. They ended up sleeping on the bus anyway.

Their daughter is Denise, she is now married to my grandson and they live in Kinlochbervie – everything is connected to the wedding. She works for Citizens Advice. The first time I seen Denise was the Fisherman's Mission, where I was having my Fisherman's tea in Kinlochbervie. I said 'I wonder do you know my grandson, he's James'. Denise laughed, 'he's my boyfriend'.

Written by Donnie Macdonald

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| 3 | | | | 6 | | | | 1 |
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| | | | | | | 9 | | 5 |
| 4 | | | 5 | 2 | | 1 | | 3 |

LDCI Quiz Answers

- | | | |
|-------------------|--------------------------|---------------------|
| 1. Ursine | 9. Only fools and horses | 17. Cinzano |
| 2. Sidney Poitier | 10. A River | 18. XXVIII |
| 3. 1 | 11. Roy Orbison | 19. Charles Dickens |
| 4. Turtle | 12. Buenos Aries | 20. Leather |
| 5. Red | 13. Portcullis | |
| 6. Al Forno | 14. Malt | |
| 7. Mama Mia | 15. Oliver Cromwell | |
| 8. Betty Stove | 16. Alaska | |

How did you do?

1-5/20

Poor

5-10/20

Okay

10-15/20

Good

15-10/20

Excellent

We would like your help with naming the people in the photos and possibly tell us what year they were taken. Please email

projectofficer@lairinitiative.co.uk or write to us at Schoolhouse, Main Street, Lairg, IV27 4DD





Bookkeeping

Starting up a business, in whichever field, can be quite daunting. You will need a business plan, advertise your new venture, put lots of time into whatever your business is going to be, and keep accounts, and that last one can be the deal breaker to people. However it doesn't need to be very time consuming, or expensive. To start up all you need is an excel sheet (or a lined book for that matter), with enough columns to keep track of your income and expenses, and a balance at the bottom.

Make sure you keep all your receipts, to track your expenses, and take note of everything you are selling. If you have a bank account which you can use just for your business that will make it easier, but it is not mandatory.

Set aside a couple of hours a week to list all your in- and outgoings, to pay any bills, and to check your invoices have been paid. The more frequent you do this, the less time it will take, and the easier it is to remember what you spend the money on that came out of the bank and you can't find a receipt for...

And there you are, your accounts are up and running. It is an option (especially for the first year) to get them checked at the end of the year by an accountant, who can help you with your self-assessment, and knows the ins and outs of what expenses you can claim back through your business. But all that information can also be found online, and as long as you feel confident enough you can do this yourself.

There are lots of online tools nowadays to help you keep track of your accounts, if you have the money to spend on them. QuickBooks is one of them, and one I am familiar with, as we use it at work. They are trying to make it really simple to keep track of your expenses, as they now have an app you can install on your phone which let's you take pictures of your receipts, and stores them for you, and it can link straight to your bank account, taking the hassle out of reconciling the bank statements, and letting you send invoices on the go. But there are also free online tools to help you, I have no experience of them, but google free online accounting software, and once you find one you think you might like, check the customers reviews on an independent website.

In August we will be starting some new business classes at the Learning Centre, to help you set up accounts for your business which will make it easy for you to track your income and expenses, and to get you in the habit of keeping your books.

If there is enough interest we can also run a workshop on End of Year accounts for charities, and community groups, so you can have a better understanding of the numbers.

If you have any questions or would like to book on these or other classes that we run, please get in touch with Ryan at admin@lairglearningcentre.org.uk. He will forward your questions to the right person, and we will get back in touch with you.

Stay safe,

Written by Paula White



On Saturday 11th July the residents of Lairg took on the mammoth task of tidying up the local cemetery. The Highland Council have no money to maintain it, therefore it had not been properly looked after for years and had fallen in to very sorry state of repair. Armed with garden tools volunteers took on the task of bringing it back to its former glory. LDCI chairperson Kaye Hurrion said, "Thank you to everyone who turned up to help out. After several months of lockdown, the clean up day was a great way for people to catch up with friends and socialise safely with people outdoors! We've made a great start, but there is so much to do, we are holding another clean up day on Saturday 25th July. If you would like to join in - we will meet at the cemetery at 10am. We respectfully request that Volunteers observe social distancing guidelines.'



Thank you for reading issue 17 of the Lairg Magazine! If you would like to put something in the magazine, please send it to the details below. We are very much open to ideas and suggestions, so please get in touch by emailing projectofficer@lairginitiative.co.uk. Phone for Chair Kaye: 07500453301, Vice Chair Norman: 07742025719 or write to us at Schoolhouse, Main Street, Lairg, IV27 4DD