

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 9th November 2019

Kirkcaldy High School

U15 Girls

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
1	6:49	Anna	Cairns	F	U15	Inverness Harriers AAC
2	6:59	Katie	Johnson	F	U15	Edinburgh AC
3	7:00	Jessie	Gilchrist	F	U15	Law & District AAC
4	7:06	Isla	Thoms	F	U15	Fife AC
5	7:08	Grace	Macdonald	F	U15	Inverness Harriers AAC
6	7:11	Olivia	Clarke	F	U15	Corstorphine AAC
7	7:16	Katie	Christie	F	U15	Falkirk Victoria Harriers
8	7:17	Phoebe	Armstrong	F	U15	Aberdeen AAC
9	7:18	Isla	Hedley	F	U15	Fife AC
10	7:19	Ruby	Russell	F	U15	Fife AC
11	7:21	Chloe	Cameron	F	U15	Kilbarchan AAC
12	7:24	Caitlyn	Christie	F	U15	Falkirk Victoria Harriers
13	7:25	Olivia	Meikle	F	U15	Lasswade AC
14	7:27	Kirstin	Grant	F	U15	Aberdeen AAC
15	7:27	Anise	Macaulay Orr	F	U15	Edinburgh AC
16	7:28	Anna	Fairclough	F	U15	Gala Harriers
17	7:29	Abbie	Mcclue	F	U15	Cambuslang Harriers
18	7:30	Isla	Paterson	F	U15	Gala Harriers
19	7:31	Amy	Cully	F	U15	Central AC
20	7:34	Roxanne	Wright	F	U15	George Heriots School
21	7:37	Carly Lynne	Smith	F	U15	Edinburgh AC
22	7:38	Amy	Mclaughlin	F	U15	Lasswade AC
23	7:39	Amiya	Patel	F	U15	Garscube Harriers
24	7:43	Iona	Jamieson	F	U15	Teviotdale Harriers
25	7:44	Isla	Scott	F	U15	Giffnock North AC
26	7:45	Erin	Macfarlane	F	U15	Pitreavie AAC
27	7:46	Katie	Slimon	F	U15	Glasgow School of Sport
28	7:47	Charlotte	Narducci	F	U15	Aberdeen AAC
29	7:47	Eva	Ritchie	F	U15	Cambuslang Harriers
30	7:47	Evie	Livingstone	F	U15	Kilbarchan AAC
31	7:48	Sofia	Vidak	F	U15	Falkirk Victoria Harriers
32	7:48	Mirren Julie	Henry	F	U15	Central AC
33	7:50	Esme	Dougall	F	U15	Giffnock North AC
34	7:51	Esmee	Thoms	F	U15	Fife AC
35	7:52	Cecily	Millar	F	U15	Edinburgh AC
36	7:53	Ingrid	Imrie	F	U15	Garscube Harriers
37	7:53	Melissa	Turnbull	F	U15	Central AC
38	7:54	Lucy	Hoy	F	U15	Kilmarnock H&AC
39	7:55	Skye	Rae	F	U15	Nithsdale AC
40	7:56	Ruby	Mcgill	F	U15	Greenock Glenpark Harriers

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U15 Girls

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
41	7:58	Ellie	Anderson	F	U15	Kilmarnock H&AC
42	7:59	Hannah	Todd	F	U15	Law & District AAC
43	8:02	Erin	Hendry	F	U15	Falkirk Victoria Harriers
44	8:04	Faithe	Duffy	F	U15	Dundee Hawkhill Harriers
45	8:04	Ailsa	Carrigan	F	U15	Kilbarchan AAC
46	8:04	Anna	Mackinnon	F	U15	Central AC
47	8:05	Emma	Mcmillan	F	U15	Ayr Seaforth AC
48	8:05	Ella	Mcgregor	F	U15	Giffnock North AC
49	8:06	Maryjane	Mcinally	F	U15	Kilbarchan AAC
50	8:06	Sophie	Mccolm	F	U15	Ayr Seaforth AC
51	8:07	Ailsa	Bagnall	F	U15	Corstorphine AAC
52	8:08	Kiara	Meiklejohn	F	U15	Giffnock North AC
53	8:09	Megan	Kyle	F	U15	Dunfermline Track & Field AC
54	8:15	Leona	Melville	F	U15	Central AC
55	8:16	Fiona	Currie	F	U15	Law & District AAC
56	8:17	Chrissie	Francis	F	U15	VP-Glasgow AC
57	8:20	Zosia	Padden	F	U15	Central AC
58	8:20	Rebecca	Sludden	F	U15	Pitreavie AAC
59	8:21	Anna	Buchanan	F	U15	Central AC
60	8:24	Olivia	Boyle	F	U15	Whitemoss AAC
61	8:28	Lucy	Bellamy	F	U15	Edinburgh AC
62	8:31	Abigail	Flower	F	U15	Giffnock North AC
63	8:34	Katie	Johnson	F	U15	Greenock Glenpark Harriers
64	8:35	Ava	Hughes	F	U15	Teviotdale Harriers
65	8:35	Mia	Mcbain	F	U15	Giffnock North AC
66	8:41	Skye	Foster	F	U15	Lasswade AC
67	8:42	Jessica	Grant	F	U15	Shettleston Harriers
68	8:44	Scarlett	Roy	F	U15	Central AC
69	8:44	Keira	Mooney	F	U15	Edinburgh AC
70	8:45	Daniel	O'Donnell	F	U15	Giffnock North AC
71	8:48	Holly	Gordon	F	U15	Pitreavie AAC
72	8:50	Kaitlyn	Laou	F	U15	Kilbarchan AAC
73	8:50	Eilidh	Kennedy	F	U15	Cambuslang Harriers
74	8:52	Matilda	Frew	F	U15	Whitemoss AAC
75	8:55	Sophie	Campbell	F	U15	Greenock Glenpark Harriers
76	8:55	Bethany	Drummond	F	U15	Giffnock North AC
77	8:58	Isla	Marwick	F	U15	Inverness Harriers AAC
78	9:01	Jen	Pickard	F	U15	Fife AC
79	9:17	Lucy	Bennett	F	U15	Whitemoss AAC
80	9:25	Codie	Mcholm	F	U15	Larkhall YMCA Harriers
81	9:28	Gracie	Carlin	F	U15	East Kilbride AC
82	9:51	Morvern	Crawford	F	U15	Cambuslang Harriers
83	9:54	Charlotte	Evans	F	U15	East Kilbride AC
84	11:05	Abbigael	Crawford	F	U15	Greenock Glenpark Harriers

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U15G Teams

2019 4KXC All Final Results

Pos	Club	Points	Pos	Time	Name
1	Fife AC	23	4	0:07:06	Isla Thoms
			9	0:07:18	Isla Hedley
			10	0:07:19	Ruby Russell
2	Edinburgh AC	38	2	0:06:59	Katie Johnson
			15	0:07:27	Anise Macaulay Orr
			21	0:07:37	Carly Lynne Smith
3	Aberdeen AAC	50	8	0:07:17	Phoebe Armstrong
			14	0:07:27	Kirstin Grant
			28	0:07:47	Charlotte Narducci
4	Falkirk Victoria Harriers	50	7	0:07:16	Katie Christie
			12	0:07:24	Caitlyn Christie
			31	0:07:48	Sofia Vidak
5	Inverness Harriers AAC	83	1	0:06:49	Anna Cairns
			5	0:07:08	Grace Macdonald
			77	0:08:58	Isla Marwick
6	Kilbarchan AAC	86	11	0:07:21	Chloe Cameron
			30	0:07:47	Evie Livingstone
			45	0:08:04	Ailsa Carrigan
7	Central AC	88	19	0:07:31	Amy Cully
			32	0:07:48	Mirren Julie Henry
			37	0:07:53	Melissa Turnbull
8	Law & District AAC	100	3	0:07:00	Jessie Gilchrist
			42	0:07:59	Hannah Todd
			55	0:08:16	Fiona Currie
9	Lasswade AC	101	13	0:07:25	Olivia Meikle
			22	0:07:38	Amy Mclaughlin
			66	0:08:41	Skye Foster
10	Giffnock North AC	106	25	0:07:44	Isla Scott
			33	0:07:50	Esme Dougall
			48	0:08:05	Ella McGregor

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Kirkcaldy High School

U15G Teams

2019 4KXC All Final Results

Pos	Club	Points	Pos	Time	Name
11	Cambuslang Harriers	119	17	0:07:29	Abbie Mcclue
			29	0:07:47	Eva Ritchie
			73	0:08:50	Eilidh Kennedy
12	Pitreavie AAC	155	26	0:07:45	Erin Macfarlane
			58	0:08:20	Rebecca Sludden
			71	0:08:48	Holly Gordon
13	Greenock Glenpark Harriers	178	40	0:07:56	Ruby McGill
			63	0:08:34	Katie Johnson
			75	0:08:55	Sophie Campbell
14	Whitemoss AAC	213	60	0:08:24	Olivia Boyle
			74	0:08:52	Matilda Frew
			79	0:09:17	Lucy Bennett

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U15 Boys

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
1	6:16	Tendai	Nyabadza	M	U15	Harmeny AC
2	6:17	Reuben	Macdonald	M	U15	Giffnock North AC
3	6:18	Connor	Bell	M	U15	Central AC
4	6:18	Finlay	Ross	M	U15	Harmeny AC
5	6:26	Struan	Bennet	M	U15	Fife AC
6	6:27	Cameron	Kerr	M	U15	Central AC
7	6:28	Oscar	Logan	M	U15	Law & District AAC
8	6:30	Conan	Harper	M	U15	Teviotdale Harriers
9	6:30	Cameron	Deverill	M	U15	Giffnock North AC
10	6:31	Lewis	Thomson	M	U15	Perth Strathtay Harriers
11	6:33	Fraser	Gilmour	M	U15	VP-Glasgow AC
12	6:34	Logan	Beagley	M	U15	Livingston AC
13	6:36	Cameron	Green	M	U15	Giffnock North AC
14	6:36	Jamie	Phillips	M	U15	Kilmarnock H&AC
15	6:37	Hamish	Mckay	M	U15	Aberdeen AAC
16	6:37	Corey	Campbell	M	U15	Team East Lothian
17	6:40	Saul	Mcglennan	M	U15	VP-Glasgow AC
18	6:42	Warren	Lorente	M	U15	Dundee Hawkhill Harriers
19	6:43	Gregor	Smith	M	U15	Kirkintilloch Olympians
20	6:44	Jonathon	Downey	M	U15	Kilmarnock H&AC
21	6:45	Archie	Mcronald	M	U15	Perth Strathtay Harriers
22	6:48	Brodie	Cameron	M	U15	Arbroath & District AC
23	6:49	Dylan	Dickie	M	U15	Aberdeen AAC
24	6:49	Ethan	Polson	M	U15	Ayr Seaforth AC
25	6:49	Jake	Speirs	M	U15	VP-Glasgow AC
26	6:50	Luke	Lindsay	M	U15	Kilbarchan AAC
27	6:51	Aidan	Bradley	M	U15	Edinburgh AC
28	6:53	Elliot	Frame	M	U15	Livingston AC
29	6:53	Michael	Nolan	M	U15	Giffnock North AC
30	6:53	Aleksandar	Jovicic	M	U15	Aberdeen AAC
31	6:54	David	Woods	M	U15	Shettleston Harriers
32	6:54	Ben	Struthers	M	U15	Corstorphine AAC
33	6:54	Hugh	Shiels	M	U15	Giffnock North AC
34	6:55	Gregor	Nixon	M	U15	Inverness Harriers AAC
35	6:55	Murray	Close	M	U15	Lothian RC
36	6:56	Ruaridh	Ellen	M	U15	Ross County AC
37	6:56	Calum	Mackenzie	M	U15	Cumbernauld AAC
38	6:57	Caleb	Mcleod	M	U15	Pitreavie AAC
39	6:58	Dylan	Walton	M	U15	Nithsdale AC
40	6:58	Tommy	Thin	M	U15	George Heriots School

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U15 Boys

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
41	6:58	Craig	Cherrie	M	U15	Law & District AAC
42	6:58	Calum	Gorman	M	U15	Aberdeen AAC
43	6:59	Calum	Charters	M	U15	East Kilbride AC
44	6:59	Jonathan	Cameron	M	U15	Inverclyde AC
45	7:00	Aidan	Page	M	U15	Team East Lothian
46	7:01	Finlay	Waters	M	U15	VP-Glasgow AC
47	7:01	Ben	Campbell	M	U15	Greenock Glenpark Harriers
48	7:02	Robert	Newman	M	U15	Edinburgh AC
49	7:02	Jack	Donald	M	U15	Dundee Hawkhill Harriers
50	7:03	Cameron	Rankine	M	U15	Gala Harriers
51	7:03	Matthew	Knak	M	U15	Giffnock North AC
52	7:03	Iain	Houston	M	U15	Gala Harriers
53	7:04	Adam	Wetton	M	U15	Corstorphine AAC
54	7:05	Ethan	Lorimer	M	U15	Harmeny AC
55	7:06	Harris	Pagett	M	U15	Strathearn Harriers
56	7:07	Logan	Whitton	M	U15	Law & District AAC
57	7:08	Matthew	Cox	M	U15	Giffnock North AC
58	7:09	Crawford	Smith	M	U15	Kirkintilloch Olympians
59	7:09	Euan	Docherty	M	U15	Central AC
60	7:09	Ruairidh	Burns	M	U15	Central AC
61	7:11	Dean	Hill	M	U15	Larkhall YMCA Harriers
62	7:11	Matthew	Burnside	M	U15	Garscube Harriers
63	7:12	Stuart	Borthwick	M	U15	Garscube Harriers
64	7:12	Lewis	Roddis	M	U15	Cambuslang Harriers
65	7:12	Caleb	Brock	M	U15	Aberdeen AAC
66	7:13	Evan	Kelly	M	U15	Ayr Seaforth AC
67	7:13	Gregor	Murdoch	M	U15	Garscube Harriers
68	7:14	Ruairidh	Allen	M	U15	VP-Glasgow AC
69	7:17	Finlay	Cooper	M	U15	Aberdeen AAC
70	7:20	Colin	Arthur	M	U15	Kilbarchan AAC
71	7:21	Jude	Dolan	M	U15	Greenock Glenpark Harriers
72	7:23	Oliver	Rodger	M	U15	Pitreavie AAC
73	7:25	Paul	Cairns	M	U15	East Kilbride AC
74	7:26	David	Lidstone	M	U15	Perth Strathtay Harriers
75	7:27	Samuel	Stephenson	M	U15	Aberdeen AAC
76	7:27	Max	Mccafferty	M	U15	Cumbernauld AAC
77	7:28	Lewis	Moir	M	U15	East Kilbride AC
78	7:30	Glen	Griffiths	M	U15	Giffnock North AC
79	7:30	Lewis	Thorpe	M	U15	East Kilbride AC
80	7:32	Connor	Scobie	M	U15	Ayr Seaforth AC

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Kirkcaldy High School

U15 Boys

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
81	7:32	Alexander	Millar	M	U15	Edinburgh AC
82	7:33	Keir	Arthur	M	U15	Inverclyde AC
83	7:35	Matthew	Cameron	M	U15	Helensburgh AAC
84	7:35	Innes	Mcpherson	M	U15	Giffnock North AC
85	7:35	Findlay	Pryor	M	U15	Giffnock North AC
86	7:37	Guillem	Penacchio Torres	M	U15	Fife AC
87	7:37	Wilbur	Mansell	M	U15	Edinburgh AC
88	7:38	Callum	Campbell	M	U15	Kilmarnock H&AC
89	7:39	Sam	Hosie	M	U15	East Kilbride AC
90	7:41	Archie	Irwin	M	U15	Harmeny AC
91	7:43	William	Scott	M	U15	Helensburgh AAC
92	7:46	Jamie	Pollock	M	U15	Bellahouston Harriers
93	7:51	Joseph	Placentino	M	U15	Dundee Hawkhill Harriers
94	7:52	Cameron	Johnston	M	U15	Pitreavie AAC
95	7:58	Max	Lapeyre	M	U15	Edinburgh AC
96	8:03	Thomas	O'Neil	M	U15	East Kilbride AC
97	8:06	Ewan	Kennedy	M	U15	VP-Glasgow AC
98	8:31	Jack	Stokes	M	U15	Falkirk Victoria Harriers
99	9:27	Murray	Cocker	M	U15	Corstorphine AAC
100	9:31	Alex	Wiseman	M	U15	Greenock Glenpark Harriers

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2019 4KXC All Final Results

U15B Teams

Pos	Club	Points	Pos	Time	Name
1	Giffnock North AC	24	2	0:06:17	Reuben Macdonald
			9	0:06:30	Cameron Deverill
			13	0:06:36	Cameron Green
2	VP-Glasgow AC	53	11	0:06:33	Fraser Gilmour
			17	0:06:40	Saul Mcglennan
			25	0:06:49	Jake Speirs
3	Harmeny AC	59	1	0:06:16	Tendai Nyabadza
			4	0:06:18	Finlay Ross
			54	0:07:05	Ethan Lorimer
4	Aberdeen AAC	68	15	0:06:37	Hamish Mckay
			23	0:06:49	Dylan Dickie
			30	0:06:53	Aleksandar Jovcic
5	Central AC	68	3	0:06:18	Connor Bell
			6	0:06:27	Cameron Kerr
			59	0:07:09	Euan Docherty
6	Law & District AAC	104	7	0:06:28	Oscar Logan
			41	0:06:58	Craig Cherrie
			56	0:07:07	Logan Whitton
7	Perth Strathtay Harriers	105	10	0:06:31	Lewis Thomson
			21	0:06:45	Archie Mcronald
			74	0:07:26	David Lidstone
8	Kilmarnock H&AC	122	14	0:06:36	Jamie Phillips
			20	0:06:44	Jonathon Downey
			88	0:07:38	Callum Campbell
9	Edinburgh AC	156	27	0:06:51	Aidan Bradley
			48	0:07:02	Robert Newman
			81	0:07:32	Alexander Millar
10	Dundee Hawkhill Harriers	160	18	0:06:42	Warren Lorente
			49	0:07:02	Jack Donald
			93	0:07:51	Joseph Placentino

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Kirkcaldy High School

U15B Teams

2019 4KXC All Final Results

Pos	Club	Points	Pos	Time	Name
11	Ayr Seaforth AC	170	24	0:06:49	Ethan Polson
			66	0:07:13	Evan Kelly
			80	0:07:32	Connor Scobie
12	Corstorphine AAC	184	32	0:06:54	Ben Struthers
			53	0:07:04	Adam Wetton
			99	0:09:27	Murray Cocker
13	Garscube Harriers	192	62	0:07:11	Matthew Burnside
			63	0:07:12	Stuart Borthwick
			67	0:07:13	Gregor Murdoch
14	East Kilbride AC	193	43	0:06:59	Calum Charters
			73	0:07:25	Paul Cairns
			77	0:07:28	Lewis Moir
15	Pitreavie AAC	204	38	0:06:57	Caleb Mcleod
			72	0:07:23	Oliver Rodger
			94	0:07:52	Cameron Johnston
16	Greenock Glenpark Harriers	218	47	0:07:01	Ben Campbell
			71	0:07:21	Jude Dolan
			100	0:09:31	Alex Wiseman

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Kirkcaldy High School

U17 Women

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
1	10:15	Anna	Hedley	F	U17	Fife AC
2	10:25	Julia	Cash	F	U17	Giffnock North AC
3	10:27	Hannah	Anderson	F	U17	East Kilbride AC
4	10:27	Isla	Calvert	F	U17	Livingston AC
5	10:33	Pippa	Carcas	F	U17	Edinburgh AC
6	10:36	Meredith	Reid	F	U17	Glasgow School of Sport
7	10:47	Georgia	Ledingham	F	U17	Corstorphine AAC
8	10:55	Kirsty	Purcell	F	U17	Aberdeen AAC
9	10:57	Cade	Wright	F	U17	George Heriots School
10	11:05	Alyth	Gollan	F	U17	East Sutherland AC
11	11:07	Caitlin	Purcell	F	U17	Aberdeen AAC
12	11:10	Merah	Anderson	F	U17	Falkirk Victoria Harriers
13	11:11	Rosie	Davidson	F	U17	Ayr Seaforth AC
14	11:11	Rose	Newman	F	U17	Edinburgh AC
15	11:14	Sarah	Coutts	F	U17	Pitreavie AAC
16	11:14	Zoe	Flower	F	U17	Giffnock North AC
17	11:16	Mhairi	Arnott	F	U17	Corstorphine AAC
18	11:20	Niamh	Murphy	F	U17	North Ayrshire AC
19	11:24	Abi	Hammerman	F	U17	Inverclyde AC
20	11:26	Tallulah	Wright	F	U17	George Heriots School
21	11:27	Louise	Hastie	F	U17	Kilbarchan AAC
22	11:29	Kate	Richardson	F	U17	Giffnock North AC
23	11:30	Flora	Henry	F	U17	Team East Lothian
24	11:33	Charlie	Frew	F	U17	Whitemoss AAC
25	11:34	Abigail	Fyall	F	U17	Nithsdale AC
26	11:40	Susie	Mclaughlin	F	U17	Cambuslang Harriers
27	11:46	Rachel	Muir	F	U17	Kilbarchan AAC
28	11:48	Summer	Mcdonald	F	U17	Garscube Harriers
29	11:51	Shona	Carey	F	U17	Cambuslang Harriers
30	11:51	Hayley	Brown	F	U17	Fife AC
31	11:53	Emma	Johnson	F	U17	Corstorphine AAC
32	11:56	Mia	Padmanabhan	F	U17	Garscube Harriers
33	11:57	Maisie	Ballantyne	F	U17	Teviotdale Harriers
34	12:01	Isabelle	Burnside	F	U17	Garscube Harriers
35	12:02	Helen	Chong	F	U17	Giffnock North AC
36	12:05	Katherine	Macleod	F	U17	Corstorphine AAC
37	12:06	Emma	Swanson	F	U17	Banchory Stonehaven AC
38	12:07	Morven	Hubbard	F	U17	Ayr Seaforth AC
39	12:09	Jaden	Lenny	F	U17	Fife AC
40	12:15	Nina	Fyfe	F	U17	Law & District AAC

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U17 Women

41	12:19	Daisy	Cumming	F	U17 Dunfermline Track & Field AC
42	12:23	Sarah	Forbes	F	U17 Kilbarchan AAC
43	12:25	Roisin	Cameron Coyle	F	U17 VP-Glasgow AC
44	12:27	Katie	Flett	F	U17 Helensburgh AAC
45	12:32	Laura	Jedrusiak	F	U17 Kilmarnock H&AC
46	12:34	Anna	Saunders	F	U17 Perth Strathtay Harriers
47	12:34	Jennifer	Scott	F	U17 Helensburgh AAC
48	12:51	Lara	Manning	F	U17 Dundee Hawkhill Harriers
49	12:52	Nicole	Macgilp	F	U17 Kilbarchan AAC
50	12:56	Peggy-Nan	Rodger	F	U17 Cambuslang Harriers
51	12:56	Amy	Kirkpatrick	F	U17 VP-Glasgow AC
52	13:05	Iona	Wilson	F	U17 Helensburgh AAC
53	13:08	Frankie	Duncan-Morris	F	U17 Dundee Hawkhill Harriers
54	13:13	Zoe	Dunn	F	U17 Livingston AC
55	13:15	Millicent	Howat	F	U17 Garscube Harriers
56	13:24	Emma	Livingstone	F	U17 East Kilbride AC
57	13:26	Isla	Manning	F	U17 Dundee Hawkhill Harriers
58	13:32	Abbie	Tosh	F	U17 Greenock Glenpark Harriers
59	13:33	Izzy	Parnaby	F	U17 Banchory Stonehaven AC
60	13:34	Samantha	Ferguson	F	U17 Strathearn Harriers
61	13:51	Abbie	Kirwan	F	U17 East Kilbride AC
62	14:12	Lucy	Stanley	F	U17 Ayr Seaforth AC

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 9th November 2019

Kirkcaldy High School

U17W Teams

2019 4KXC All Final Results

Pos	Club	Points	Pos	Time	Name
1	Giffnock North AC	40	2	0:10:25	Julia Cash
			16	0:11:14	Zoe Flower
			22	0:11:29	Kate Richardson
2	Corstorphine AAC	55	7	0:10:47	Georgia Ledingham
			17	0:11:16	Mhairi Arnott
			31	0:11:53	Emma Johnson
3	Fife AC	70	1	0:10:15	Anna Hedley
			30	0:11:51	Hayley Brown
			39	0:12:09	Jaden Lenny
4	Kilbarchan AAC	90	21	0:11:27	Louise Hastie
			27	0:11:46	Rachel Muir
			42	0:12:23	Sarah Forbes
5	Garscube Harriers	94	28	0:11:48	Summer Mcdonald
			32	0:11:56	Mia Padmanabhan
			34	0:12:01	Isabelle Burnside
6	Cambuslang Harriers	105	26	0:11:40	Susie Mclaughlin
			29	0:11:51	Shona Carey
			50	0:12:56	Peggy-Nan Rodger
7	Ayr Seaforth AC	113	13	0:11:11	Rosie Davidson
			38	0:12:07	Morven Hubbard
			62	0:14:12	Lucy Stanley
8	East Kilbride AC	120	3	0:10:27	Hannah Anderson
			56	0:13:24	Emma Livingstone
			61	0:13:51	Abbie Kirwan
9	Helensburgh AAC	143	44	0:12:27	Katie Flett
			47	0:12:34	Jennifer Scott
			52	0:13:05	Iona Wilson
10	Dundee Hawkhill Harriers	158	48	0:12:51	Lara Manning
			53	0:13:08	Frankie Duncan-Morris
			57	0:13:26	Isla Manning

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 9th November 2019

Kirkcaldy High School

U17 Men

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
1	9:18	Jack	Patton	M	U17	Kilbarchan AAC
2	9:20	Harry Lloyd	Mcgill	M	U17	Greenock Glenpark Harriers
3	9:22	Harris	Paterson	M	U17	Giffnock North AC
4	9:30	Lucas	Cairns	M	U17	Inverness Harriers AAC
5	9:32	Ben	Sandilands	M	U17	Fife AC
6	9:34	David	Addison	M	U17	Corstorphine AAC
7	9:37	Lewis	Hannigan	M	U17	Kilbarchan AAC
8	9:38	Hugh	Morrow	M	U17	Edinburgh AC
9	9:40	Ethan	Mccolgan	M	U17	Dundee Hawkhill Harriers
10	9:43	James	Connelly	M	U17	Garscube Harriers
11	9:43	Fabian	Despinoy	M	U17	Edinburgh AC
12	9:44	Danny	Mcpake	M	U17	Ross County AC
13	9:45	Samuel	Griffin	M	U17	Aberdeen AAC
14	9:47	Peter	Bradshaw	M	U17	Inverclyde AC
15	9:52	Angus	Smith	M	U17	Inverness Harriers AAC
16	9:53	Josh	Law	M	U17	Inverclyde AC
17	9:55	Gregor	Collins	M	U17	Gala Harriers
18	9:55	Jacob	Luc	M	U17	Giffnock North AC
19	9:55	Hamish	Anderson	M	U17	East Kilbride AC
20	9:58	Michael	Sanderson	M	U17	Fife AC
21	9:59	Donald	Gilchrist	M	U17	Law & District AAC
22	10:01	Ryan	Smith	M	U17	Dundee Hawkhill Harriers
23	10:02	Malcolm	Mclure	M	U17	Dunfermline Track & Field AC
24	10:04	Calum	Little	M	U17	Falkirk Victoria Harriers
25	10:05	Jack	Mackinnon	M	U17	Cambuslang Harriers
26	10:05	Finlay	Ross-Davie	M	U17	Garscube Harriers
27	10:05	Lewis	Hainey	M	U17	Inverclyde AC
28	10:06	Ciaran	Hogg	M	U17	Inverclyde AC
29	10:07	Andrew	Thomson	M	U17	PH Racing Club
30	10:07	Christopher	Mcdermott	M	U17	VP-Glasgow AC
31	10:09	Callum	Miller	M	U17	Garscube Harriers
32	10:10	Euan	Rollo	M	U17	Inverness Harriers AAC
33	10:12	Callan	Hogarth	M	U17	Falkirk Victoria Harriers
34	10:14	Zak	Povey	M	U17	Cambuslang Harriers
35	10:14	Michael	Black	M	U17	Cambuslang Harriers
36	10:14	Josh	Mcnicol	M	U17	Clydesdale Harriers
37	10:15	Duncan	Macdonald	M	U17	Inverness Harriers AAC
38	10:15	Aaron	Grew	M	U17	Cambuslang Harriers
39	10:15	Euan	Wond	M	U17	Falkirk Victoria Harriers
40	10:17	Jamie	Lessels	M	U17	PH Racing Club

Lindsays scottishathletics National Short Course Cross Country Championships

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Kirkcaldy High School

2019 4KXC All Final Results

U17 Men

41	10:19	Euan	Smith	M	U17	Dundee Hawkhill Harriers
42	10:21	Euan	Bell	M	U17	Ayr Seaforth AC
43	10:21	Laurence	Petty	M	U17	Dundee Hawkhill Harriers
44	10:23	Alex	Ellen	M	U17	Ross County AC
45	10:30	Ross	Macmillan	M	U17	Aberdeen AAC
46	10:33	Fraser	Morris	M	U17	Livingston AC
47	10:37	Finlay	Rutter	M	U17	Inverness Harriers AAC
48	10:39	Tejay	Scott	M	U17	Dundee Hawkhill Harriers
49	10:41	Theo	Carter	M	U17	Shettleston Harriers
50	10:44	Davie	Houston	M	U17	Kilmarnock H&AC
51	10:47	Jonathan	Marshall	M	U17	Livingston AC
52	10:49	Muir	Gillespie	M	U17	Edinburgh AC
53	10:50	Kyle	Sutherland	M	U17	Ross County AC
54	10:51	Lewis	Maciver	M	U17	Livingston AC
55	10:51	Christopher	Cairns	M	U17	East Kilbride AC
56	10:52	Lachlan	Rowley	M	U17	George Heriots School
57	10:55	Daniel	Munday	M	U17	Law & District AAC
58	10:55	Shaun	Wiseman	M	U17	Greenock Glenpark Harriers
59	10:56	Callum	Murison	M	U17	George Heriots School
60	10:56	Jonathan	Faulks	M	U17	Falkirk Victoria Harriers
61	10:59	Alexander	Porteous	M	U17	Lasswade AC
62	11:08	Daniel	Lidstone	M	U17	Perth Strathtay Harriers
63	11:10	Lewis	Anderson	M	U17	Kilbarchan AAC
64	11:13	Charlie	Tomkinson	M	U17	Giffnock North AC
65	11:14	Ben	Sharpe	M	U17	Inverness Harriers AAC
66	11:16	Euan	Flett	M	U17	Corstorphine AAC
67	11:19	Jay	Stewart	M	U17	Edinburgh AC
68	11:22	Noah	Mcdermott	M	U17	George Heriots School
69	11:22	Aaron	Bennet	M	U17	PH Racing Club
70	11:24	Elliott	Wilson	M	U17	Larkhall YMCA Harriers
71	11:25	Levi	Milligan	M	U17	Law & District AAC
72	11:31	Tomas	Macdonald	M	U17	George Heriots School
73	11:40	Nathan	Laing	M	U17	Falkirk Victoria Harriers
74	11:49	Finn	Milligan	M	U17	Law & District AAC
75	12:21	Matthew	Pollock	M	U17	Bellahouston Harriers

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Saturday 9th November 2019

Kirkcaldy High School

U17M Teams

2019 4KXC All Final Results

Pos	Club	Points	Pos	Time	Name
1	Inverness Harriers AAC	51	4	0:09:30	Lucas Cairns
			15	0:09:52	Angus Smith
			32	0:10:10	Euan Rollo
2	Inverclyde AC	57	14	0:09:47	Peter Bradshaw
			16	0:09:53	Josh Law
			27	0:10:05	Lewis Hainey
3	Garscube Harriers	67	10	0:09:43	James Connelly
			26	0:10:05	Finlay Ross-Davie
			31	0:10:09	Callum Miller
4	Edinburgh AC	71	8	0:09:38	Hugh Morrow
			11	0:09:43	Fabian Despinoy
			52	0:10:49	Muir Gillespie
5	Kilbarchan AAC	71	1	0:09:18	Jack Patton
			7	0:09:37	Lewis Hannigan
			63	0:11:10	Lewis Anderson
6	Dundee Hawkhill Harriers	72	9	0:09:40	Ethan Mccolgan
			22	0:10:01	Ryan Smith
			41	0:10:19	Euan Smith
7	Giffnock North AC	85	3	0:09:22	Harris Paterson
			18	0:09:55	Jacob Luc
			64	0:11:13	Charlie Tomkinson
8	Cambuslang Harriers	94	25	0:10:05	Jack Mackinnon
			34	0:10:14	Zak Povey
			35	0:10:14	Michael Black
9	Falkirk Victoria Harriers	96	24	0:10:04	Calum Little
			33	0:10:12	Callan Hogarth
			39	0:10:15	Euan Wond
10	Ross County AC	109	12	0:09:44	Danny Mcpake
			44	0:10:23	Alex Ellen
			53	0:10:50	Kyle Sutherland

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 9th November 2019

Kirkcaldy High School

U17M Teams

2019 4KXC All Final Results

Pos	Club	Points	Pos	Time	Name
11	PH Racing Club	138	29	0:10:07	Andrew Thomson
			40	0:10:17	Jamie Lessels
			69	0:11:22	Aaron Bennet
12	Law & District AAC	149	21	0:09:59	Donald Gilchrist
			57	0:10:55	Daniel Munday
			71	0:11:25	Levi Milligan
13	Livingston AC	151	46	0:10:33	Fraser Morris
			51	0:10:47	Jonathan Marshall
			54	0:10:51	Lewis Maciver
14	George Heriots School	183	56	0:10:52	Lachlan Rowley
			59	0:10:56	Callum Murison
			68	0:11:22	Noah Mcdermott

Lindsays scottishathletics National Short Course Cross Country Championships

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Kirkcaldy High School

Sen Jun Mas Women

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
1	13:57	Annabel	Simpson	F		Fife AC
2	14:04	Jenny	Selman	F		Fife AC
3	14:08	Megan	Keith	F	U20	Inverness Harriers AAC
4	14:12	Cera	Gemmell	F	U20	Team East Lothian
5	14:15	Holly	Page	F	U20	Edinburgh Univ Hare and Hounds
6	14:22	Jessica	Craig	F		North Down AC
7	14:25	Erin	Wallace	F	U20	Giffnock North AC
8	14:27	Zoe	Pflug	F	U20	Edinburgh Univ Hare and Hounds
9	14:32	Lauren	Wilson	F		Edinburgh AC
10	14:35	Nynke	Mulholland	F		Inverclyde AC
11	14:39	Michelle	Sandison	F		Springburn Harriers
12	14:41	Holly	Little	F	U20	VP-Glasgow AC
13	14:43	Constance	Nankivell	F	U20	Edinburgh Univ Hare and Hounds
14	14:43	Kerry	Macangus	F		Kilbarchan AAC
15	14:51	Katy	Brown	F		Giffnock North AC
16	14:54	Hannah	Cameron	F		Edinburgh AC
17	14:56	Kayleigh	Jarrett	F		Shettleston Harriers
18	15:00	Philippa	Millage	F		VP-Glasgow AC
19	15:04	Emily	Andrew	F	U20	Inverness Harriers AAC
20	15:05	Katie	Lowery	F		Edinburgh Univ Hare and Hounds
21	15:07	Jillian	Stephen	F		Hunters Bog Trotters
22	15:07	Avril	Mason	F	45	Shettleston Harriers
23	15:11	Sarah	Tait	F	U20	Lasswade AC
24	15:12	Catriona	Macdonald	F		Bellahouston RR
25	15:15	Zoe	Bates	F		Edinburgh AC
26	15:20	Megan	Davies	F		Sale Harriers
27	15:23	Rebecca	Burns	F		Edinburgh AC
28	15:24	Olivia	Vareille	F	U20	Falkirk Victoria Harriers
29	15:25	Laura	Stark	F		Edinburgh Univ Hare and Hounds
30	15:25	Jennifer	Spence	F		Fife AC
31	15:25	Katie	White	F		Garscube Harriers
32	15:26	Isla	Scott-Pearce	F		Edinburgh AC
33	15:27	Polly	Edwards	F		Edinburgh Univ Hare and Hounds
34	15:29	Yvonne	Mcnairn	F		Giffnock North AC
35	15:31	Kirstin	Maxwell	F		Gala Harriers
36	15:32	Rebecca	Frake	F		Edinburgh AC
37	15:32	Sara	Green	F		Gala Harriers
38	15:34	Ruth	Joss	F		Shettleston Harriers
39	15:38	Aoife	Carr	F		Glasgow University Hares and Hounds
40	15:38	Jill	Smylie	F		Giffnock North AC

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Saturday 9th November 2019

Kirkcaldy High School

Sen Jun Mas Women

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
41	15:39	Claire	Bruce	F		Metro Aberdeen RC
42	15:40	Eilidh	Jaffray	F	U20	Edinburgh Univ Hare and Hounds
43	15:40	Laura	Gibson	F		Fife AC
44	15:40	Nikki	Gibson	F		Edinburgh AC
45	15:40	Jennifer	Cruickshanks	F		Fife AC
46	15:42	Jennifer	Maclean	F	45	Edinburgh AC
47	15:45	Becky	Dunphy	F		VP-Glasgow AC
48	15:53	Suzanne	Gilmour	F	45	VP-Glasgow AC
49	15:55	Lucy	Cameron	F		Strathclyde Univ Harriers
50	15:55	Holly	Thompson	F		Kilbarchan AAC
51	15:56	Hannah	Terrance	F		Springburn Harriers
52	15:57	Carolyn	Cameron	F	U20	Edinburgh Univ Hare and Hounds
53	15:57	Beth	Hobbs	F	U20	Moorfoot Runners
54	15:59	Emily	Mcnicol	F		Strathclyde Univ Harriers
55	15:59	Ana	Richardson	F	50	West End RR
56	16:00	Hannah	Addison	F		Corstorphine AAC
57	16:00	Clare	Stewart	F	U20	Glasgow University Hares and Hounds
58	16:02	Mhairi	Hendry	F		VP-Glasgow AC
59	16:05	Laura	Blazey	F		Portobello RC
60	16:08	Katie	Rourke	F	U20	Edinburgh Univ Hare and Hounds
61	16:09	Fiona	Matheson	F	55	Falkirk Victoria Harriers
62	16:11	Jennifer	Harrison	F		Aberdeen AAC
63	16:15	Katie	Craig	F	U20	Livingston AC
64	16:18	Alicia	Paton	F		Glasgow University Hares and Hounds
65	16:20	Kristina	Greig	F		Bellahouston Harriers
66	16:23	Rhona	Van Rensburg	F	45	Fife AC
67	16:24	Amie	Watt	F		Fife AC
68	16:25	Holly	Morrison	F		Aberdeen AAC
69	16:27	Heather	Campbell	F		Inverness Harriers AAC
70	16:28	Claire	Houston	F		Central AC
71	16:28	Madeleine	Watson	F		Strathclyde Univ Harriers
72	16:29	Louise	Ross	F	40	Bellahouston RR
73	16:30	Sheila	Gollan	F	55	East Sutherland AC
74	16:36	Abi	Plowman	F		Edinburgh Univ Hare and Hounds
75	16:36	Mairi	Watts	F		Linlithgow AC
76	16:36	Julie	Menzies	F	45	PH Racing Club
77	16:40	Sophie	Young	F	U20	Inverness Harriers AAC
78	16:41	Charlene	Manley	F		Shettleston Harriers
79	16:41	Gillian	Blee	F		Garscube Harriers
80	16:42	Lydia	Blythe	F		Edinburgh Univ Hare and Hounds

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Kirkcaldy High School

Sen Jun Mas Women

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
81	16:42	Yvonne	Burgess	F	40	Garscube Harriers
82	16:46	Libby	Sutherland	F	U20	Kilbarchan AAC
83	16:47	Karen	Kennedy	F	45	PH Racing Club
84	16:48	Alison	Mcgill	F		PH Racing Club
85	16:51	Isabella	Sheldon	F		Glasgow University Hares and Hounds
86	16:53	Elodie	Chatel	F		Edinburgh Univ Hare and Hounds
87	16:55	Chloe	Macdonald	F		Inverclyde AC
88	16:56	Susan	Ridley	F	50	Edinburgh AC
89	16:57	Isabelle	Rayner	F		Glasgow University Hares and Hounds
90	17:05	Michaela	Mclean	F	40	Fife AC
91	17:08	Erika	Marwick	F		Orkney AC
92	17:09	Kelly	Baillie	F	40	East Kilbride AC
93	17:10	Diane	Placentino	F	45	Dundee Hawkhill Harriers
94	17:12	Joanna	Gillies	F	U20	Strathclyde Univ Harriers
95	17:13	Laura	Gray	F		Garscube Harriers
96	17:14	Eilidh	Gibson	F	U20	Kilbarchan AAC
97	17:15	Julie	Wilson	F	50	Inverness Harriers AAC
98	17:17	Mary	Senior	F	45	Garscube Harriers
99	17:21	Susanna	Sly	F		Kinross RR
100	17:21	Alison	Sutherland	F		Carnegie Harriers
101	17:21	Emma	Frew	F	U20	Ayr Seaforth AC
102	17:22	Julia	Johnstone	F	45	Gala Harriers
103	17:23	Yvonne	Crilly	F	55	Lothian RC
104	17:24	Donna	Finlayson	F		VP-Glasgow AC
105	17:24	Amy	Maclellan	F		Shettleston Harriers
106	17:25	Caitlin	Arnott	F		Corstorphine AAC
107	17:25	Emily	Crusher	F	U20	Glasgow University Hares and Hounds
108	17:27	Shona	Donnelly	F	50	Giffnock North AC
109	17:33	Isla	Mcintosh	F		Bellahouston RR
110	17:33	Lynne	Bruce	F	40	Bellahouston Harriers
111	17:34	Elsie	Macdonald	F		Garscube Harriers
112	17:35	Nicola	Mcbeath	F		Giffnock North AC
113	17:36	Katie	Jones	F		Fife AC
114	17:39	Patricia	Milne	F	55	Central AC
115	17:39	Shania	King	F	U20	Dundee Hawkhill Harriers
116	17:40	Emma	Gilmour	F	U20	VP-Glasgow AC
117	17:42	Sheila	Lewis	F	50	Giffnock North AC
118	17:43	Mary	Western	F	55	Fife AC
119	17:43	Lorraine	Macpherson	F	40	Perth RR
120	17:44	Clare	Wallace	F	U20	Giffnock North AC

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Kirkcaldy High School

Sen Jun Mas Women

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
121	17:48	Claire	Douglas	F	45	Perth RR
122	17:52	Emma	Hunter	F		Motherwell AC
123	17:53	Nicola	Ross	F	45	Corstorphine AAC
124	17:55	Karen	Patel	F	45	West End RR
125	17:57	Katy	Mcgonigal	F	U20	Strathclyde Univ Harriers
126	17:58	Kerry	Gibson	F		Fife AC
127	17:59	Hannah	Waugh	F		Edinburgh AC
128	18:02	Sarah	Paterson	F		Strathclyde Univ Harriers
129	18:04	Rhona	Proctor	F		West End RR
130	18:05	Elizabeth	Thompson	F	U20	Central AC
131	18:06	Michelle	Best	F	40	Carnegie Harriers
132	18:06	Rebecca	Simister	F		Bellahouston Harriers
133	18:13	Sandra	Campbell	F	40	Greenock Glenpark Harriers
134	18:13	Alison	Wood	F		Garscube Harriers
135	18:16	Bernadette	Oneil	F	50	Cambuslang Harriers
136	18:17	Lindsay J	Wilson	F	40	Fife AC
137	18:18	Rebecca	Reader	F		Fife AC
138	18:19	Reagan	Binnie	F		Law & District AAC
139	18:20	Fiona	Macfarlane	F		Lothian RC
140	18:27	Ann	White	F	65	Garscube Harriers
141	18:29	Kellyanne	Muir	F		Fife AC
142	18:29	Christina	Whitelaw Collins	F		Larkhall YMCA Harriers
143	18:30	Gail	Murdoch	F	50	Carnegie Harriers
144	18:30	Ann	Knox	F		Bellahouston Harriers
145	18:31	Eilidh	Mccallum	F	U20	Falkirk Victoria Harriers
146	18:32	Donna	Campbell	F	40	Greenock Glenpark Harriers
147	18:34	Joy	Gudgin	F	55	Carnegie Harriers
148	18:40	Stephanie	Lillie	F	45	Giffnock North AC
149	18:40	Lindsay	Johnson	F		Kilmarnock H&AC
150	18:44	Morag	Casey	F	45	Garscube Harriers
151	18:45	Cordelia	O'Neill	F		West End RR
152	18:45	Innes	Bracegirdle	F	60	Fife AC
153	18:47	Claire	Harris	F		Lothian RC
154	18:48	Suzanne	Busser	F		Portobello RC
155	18:51	Robyn	Millar	F		Bellahouston Harriers
156	18:52	Marian	Monk	F	45	Greenock Glenpark Harriers
157	18:53	Aileen	Wilson	F	45	Garscube Harriers
158	18:54	Angela	Howe	F	45	Fife AC
159	19:03	Martha	Lovatt	F		Garscube Harriers
160	19:04	Louise	Burt	F	55	Fife AC

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Kirkcaldy High School

Sen Jun Mas Women

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
161	19:04	Eleanor	Murray	F		Fife AC
162	19:05	Hannah	Lynch	F	U20	Shettleston Harriers
163	19:08	Frances	Wood	F	60	Linlithgow AC
164	19:09	Clare	Graham	F	50	PH Racing Club
165	19:10	Lou Ella	Cole	F	40	Perth RR
166	19:12	Danielle	Macdermid	F	U20	Dundee Hawkhill Harriers
167	19:14	Kirsty	Mcnulty	F	45	Kilmarnock H&AC
168	19:16	Elaine	Walker	F	40	Harmeny AC
169	19:16	Eileen	Maxwell	F	55	Gala Harriers
170	19:17	Tessa	Ward	F	50	Perth RR
171	19:18	Lucy	Haines	F		Edinburgh Univ Hare and Hounds
172	19:19	Jane	Waterhouse	F	65	Central AC
173	19:21	Angela	Carson	F	50	Giffnock North AC
174	19:24	Lesley	Reynolds	F	50	Carnegie Harriers
175	19:31	Susan	Ross	F	50	Harmeny AC
176	19:32	Nicola	Flynn	F	45	Falkirk Victoria Harriers
177	19:33	Marie-Louise	Slater	F		Strathclyde Univ Harriers
178	19:35	Lindsey	Shields Waters	F	50	West End RR
179	19:38	Patricia	Gallagher	F	50	Giffnock North AC
180	19:40	Morven	Glennie	F		Airdrie Harriers
181	19:40	Linden	Nicholson	F	65	Lasswade AC
182	19:41	Alison	Caldwell	F		Carnethy Hill Racing Club
183	19:45	Kirsty	Hughes	F	40	Teviotdale Harriers
184	19:47	Monica	Anderson	F	50	Falkirk Victoria Harriers
185	19:48	Jill	Horsburgh	F	60	Linlithgow AC
186	19:50	Gemma	Kirwan	F	50	East Kilbride AC
187	19:51	Susan	Law	F	40	Harmeny AC
188	19:52	Joni	Lindsay	F		Bellahouston RR
189	19:55	Louise	Love	F	45	VP-Glasgow AC
190	20:01	Emma	Purdie	F	U20	Shettleston Harriers
191	20:02	Andrea	Seabrook	F	45	Lothian RC
192	20:05	Fiona	Manson	F	50	Perth RR
193	20:07	Claire	Gilchrist	F	50	Ferranti AAC
194	20:08	Melanie	Carmichael	F		Garscube Harriers
195	20:09	Shery	Johnston	F	50	Portobello RC
196	20:13	Helena	Sim	F	55	Carnegie Harriers
197	20:15	Emily	Jackson	F		Bellahouston Harriers
198	20:15	Janet	Murray	F		Dundee RR
199	20:15	Karen	Forsyth	F		Carnegie Harriers
200	20:17	Wendy	Cunningham	F	50	Harmeny AC

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Sen Jun Mas Women

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
201	20:20	Sandra	Aitken	F	60	Fife AC
202	20:20	Margaret	Newell	F		Law & District AAC
203	20:28	Beth	Murrison	F	40	West End RR
204	20:31	Kirsty	Hurt	F		West End RR
205	20:33	Fiona	Kirkhope	F		Fife AC
206	20:34	Nicola	Moriarty	F	45	Pitreavie AAC
207	20:38	Lorraine	Buchanan	F	40	Calderglen Harriers
208	20:40	Samantha	Denis	F	45	Harmeny AC
209	20:42	Heather	Ballantyne	F	50	Dundee RR
210	20:47	Leona	Doherty	F	40	Pitreavie AAC
211	20:49	Joyce	Donald	F	50	Dundee Hawkhill Harriers
212	20:49	Roz	Wilson	F	50	Bellahouston RR
213	20:51	Raghd	Musleh	F	40	West End RR
214	20:59	Natalie	Mcgill	F	40	Carnegie Harriers
215	21:02	Ruth	Kirk	F	45	Ayr Seaforth AC
216	21:03	Kerry	Hunter	F		Carnegie Harriers
217	21:05	Julie	Stewart	F		Fife AC
218	21:15	Linda	Wood	F	50	Bellahouston Harriers
219	21:25	Shirley	Macnab	F	55	Kirkintilloch Olympians
220	21:28	Sarah	Jones	F		West End RR
221	21:31	Harriet	Shaw	F		Perth RR
222	21:34	Teresa	Lynch	F	50	Lothian RC
223	21:37	June	Macleod	F	60	Bellahouston Harriers
224	21:41	Rachel	Wardrope	F	U20	Cambuslang Harriers
225	21:45	Gillian	Ireland	F		Falkland Trail Runners
226	21:47	Louise	Waywell	F	50	Perth RR
227	21:53	Jocelyn	Scott	F	65	Fife AC
228	22:04	Kirsty	Gray	F		Lothian RC
229	22:10	Hannah	Pettigrew	F		Edinburgh Univ Hare and Hounds
230	22:13	Karen	Campbell	F	55	Falkland Trail Runners
231	22:15	Siobhan	Sellar	F	50	Ferranti AAC
232	22:17	Margaret	Mccartney	F	45	West End RR
233	22:24	Dawn	Watson	F	50	Lothian RC
234	22:25	Anne	Cairns	F	50	East Kilbride AC
235	22:35	Margaret	Robertson	F	70	Dundee RR
236	23:05	Gillian	Glass	F	45	Bellahouston Harriers
237	23:05	Ishbel	Inglis	F	U20	Teviotdale Harriers
238	23:23	Elaine	Sandeman	F	60	Harmeny AC
239	23:28	Fiona	Mollison	F	50	East Kilbride AC
240	23:29	Pamela	Lorimer	F	45	Harmeny AC

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Sen Jun Mas Women

2019 4KXC All Final Results

Pos	Time	Forename	Surname	M/F	Cat	Club
241	23:33	Catriona	Gourley	F	55	Giffnock North AC
242	23:41	Elizabeth	Short	F	45	Garscube Harriers
243	23:51	Patricia	Hampton	F	70	Harmeny AC
244	23:53	Claire	Cunningham	F	40	Lothian RC
245	23:58	Susan	Bothwell	F	60	Perth RR
246	24:02	Sandra	Dickson	F	50	Kilmarnock H&AC
247	24:24	Margaret	Cavanagh	F	70	Fife AC
248	24:47	Anne	Bell	F	60	Perth RR
249	24:59	Pamela	Newell	F	U20	Law & District AAC
250	26:10	Sarah	Swan	F	50	Perth RR
251	29:30	Sarah	Berry	F	45	West End RR

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SW Teams

2019 4KXC All Final Results

Pos	Club	Points	Pos	Time	Name
1	Edinburgh Univ Hare and Hounds	46	5	0:14:15	Holly Page
			8	0:14:27	Zoe Pflug
			13	0:14:43	Constance Nankivell
			20	0:15:05	Katie Lowery
2	Fife AC	76	1	0:13:57	Annabel Simpson
			2	0:14:04	Jenny Selman
			30	0:15:25	Jennifer Spence
			43	0:15:40	Laura Gibson
3	Edinburgh AC	77	9	0:14:32	Lauren Wilson
			16	0:14:54	Hannah Cameron
			25	0:15:15	Zoe Bates
			27	0:15:23	Rebecca Burns
4	Giffnock North AC	96	7	0:14:25	Erin Wallace
			15	0:14:51	Katy Brown
			34	0:15:29	Yvonne Mcnairn
			40	0:15:38	Jill Smylie
5	VP-Glasgow AC	125	12	0:14:41	Holly Little
			18	0:15:00	Philippa Millage
			47	0:15:45	Becky Dunphy
			48	0:15:53	Suzanne Gilmour
6	Shettleston Harriers	155	17	0:14:56	Kayleigh Jarrett
			22	0:15:07	Avril Mason
			38	0:15:34	Ruth Joss
			78	0:16:41	Charlene Manley
7	Inverness Harriers AAC	168	3	0:14:08	Megan Keith
			19	0:15:04	Emily Andrew
			69	0:16:27	Heather Campbell
			77	0:16:40	Sophie Young
8	Kilbarchan AAC	242	14	0:14:43	Kerry Macangus
			50	0:15:55	Holly Thompson
			82	0:16:46	Libby Sutherland
			96	0:17:14	Eilidh Gibson
9	Glasgow University Hares and Hounds	245	39	0:15:38	Aoife Carr
			57	0:16:00	Clare Stewart
			64	0:16:18	Alicia Paton
			85	0:16:51	Isabella Sheldon
10	Strathclyde Univ Harriers	268	49	0:15:55	Lucy Cameron
			54	0:15:59	Emily Mcnicol
			71	0:16:28	Madeleine Watson
			94	0:17:12	Joanna Gillies

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Kirkcaldy High School

SW Teams

2019 4KXC All Final Results

Pos	Club	Points	Pos	Time	Name
11	Garscube Harriers	286	31	0:15:25	Katie White
			79	0:16:41	Gillian Blee
			81	0:16:42	Yvonne Burgess
			95	0:17:13	Laura Gray
12	Gala Harriers	343	35	0:15:31	Kirstin Maxwell
			37	0:15:32	Sara Green
			102	0:17:22	Julia Johnstone
			169	0:19:16	Eileen Maxwell
13	Bellahouston RR	393	24	0:15:12	Catriona Macdonald
			72	0:16:29	Louise Ross
			109	0:17:33	Isla Mcintosh
			188	0:19:52	Joni Lindsay
14	PH Racing Club	407	76	0:16:36	Julie Menzies
			83	0:16:47	Karen Kennedy
			84	0:16:48	Alison McGill
			164	0:19:09	Clare Graham
15	Falkirk Victoria Harriers	410	28	0:15:24	Olivia Vareille
			61	0:16:09	Fiona Matheson
			145	0:18:31	Eilidh Mccallum
			176	0:19:32	Nicola Flynn
16	Bellahouston Harriers	451	65	0:16:20	Kristina Greig
			110	0:17:33	Lynne Bruce
			132	0:18:06	Rebecca Simister
			144	0:18:30	Ann Knox
17	West End RR	459	55	0:15:59	Ana Richardson
			124	0:17:55	Karen Patel
			129	0:18:04	Rhona Proctor
			151	0:18:45	Cordelia O'Neill
18	Central AC	486	70	0:16:28	Claire Houston
			114	0:17:39	Patricia Milne
			130	0:18:05	Elizabeth Thompson
			172	0:19:19	Jane Waterhouse
19	Carnegie Harriers	521	100	0:17:21	Alison Sutherland
			131	0:18:06	Michelle Best
			143	0:18:30	Gail Murdoch
			147	0:18:34	Joy Gudgin
20	Perth RR	575	119	0:17:43	Lorraine Macpherson
			121	0:17:48	Claire Douglas
			165	0:19:10	Lou Ella Cole
			170	0:19:17	Tessa Ward

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SW Teams

Pos	Club	Points	Pos	Time	Name
21	Dundee Hawkhill Harriers	585	93	0:17:10	Diane Placentino
			115	0:17:39	Shania King
			166	0:19:12	Danielle Macdermid
			211	0:20:49	Joyce Donald
22	Lothian RC	586	103	0:17:23	Yvonne Crilly
			139	0:18:20	Fiona Macfarlane
			153	0:18:47	Claire Harris
			191	0:20:02	Andrea Seabrook
23	Harmeny AC	730	168	0:19:16	Elaine Walker
			175	0:19:31	Susan Ross
			187	0:19:51	Susan Law
			200	0:20:17	Wendy Cunningham
24	East Kilbride AC	751	92	0:17:09	Kelly Baillie
			186	0:19:50	Gemma Kirwan
			234	0:22:25	Anne Cairns
			239	0:23:28	Fiona Mollison

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Sen Jun Mas Men

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Pos	Time	Forename	Surname	M/F	Cat	Club
1	11:54	Andrew	Butchart	M		Central AC
2	11:55	Sol	Sweeney	M		Glasgow University Hares and Hounds
3	11:58	Carl	Avery	M		Morpeth Harriers
4	12:02	Jamie	Crowe	M		Central AC
5	12:07	Kristian	Jones	M		Dundee Hawkhill Harriers
6	12:11	Ryan	Thomson	M		Cambuslang Harriers
7	12:13	Jonathan	Glen	M		Inverclyde AC
8	12:16	Michael	Ferguson	M		Aberdeen AAC
9	12:16	Lachlan	Oates	M		Shettleston Harriers
10	12:20	Connor	Maclean	M		Kilbarchan AAC
11	12:20	Lewis	Rodgers	M		Fife AC
12	12:21	Freddie	Carcas	M	U20	Edinburgh AC
13	12:22	Jack	Leitch	M		Edinburgh Univ Hare and Hounds
14	12:28	Cameron	Strachan	M		Metro Aberdeen RC
15	12:31	James	Donald	M		Dundee Hawkhill Harriers
16	12:34	Hamish	Hickey	M	U20	Central AC
17	12:35	Kristof	Hornyik	M	U20	Dundee Hawkhill Harriers
18	12:36	Alexander	Brown	M		Morpeth Harriers
19	12:39	Fraser	Stewart	M		Cambuslang Harriers
20	12:40	Tom	Martyn	M		Corstorphine AAC
21	12:40	Michael	Christoforou	M		Edinburgh AC
22	12:41	Calum	Mckenzie	M		Corstorphine AAC
23	12:41	Matthew	Turner	M		Shettleston Harriers
24	12:42	James	Gillon	M	U20	Law & District AAC
25	12:43	Christian	Graham	M	U20	Lasswade AC
26	12:43	Dougie	Selman	M		Corstorphine AAC
27	12:46	Andrew	Macangus	M	U20	Kilbarchan AAC
28	12:47	Thomas	Berry	M	U20	Garscube Harriers
29	12:47	Elisha	De Mello	M		Edinburgh Univ Hare and Hounds
30	12:50	Cameron	Smith	M		Glasgow University Hares and Hounds
31	12:52	Ben	Macmillan	M	U20	Central AC
32	12:53	James	Hoad	M		Aberdeen AAC
33	12:54	Tom	Graham-Marr	M	U20	Central AC
34	12:56	Joe	Ewing	M	U20	Edinburgh AC
35	12:56	Iain	Whitaker	M		Edinburgh AC
36	12:57	Jamie	Mackinnon	M		Cambuslang Harriers
37	12:59	Darrell	Hastie	M		Gala Harriers
38	13:01	Alex	Carcas	M		Edinburgh Univ Hare and Hounds
39	13:02	Callum	Tharme	M	U20	Edinburgh Univ Hare and Hounds
40	13:03	Jamie	Burns	M	U20	Shettleston Harriers

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Pos	Time	Forename	Surname	M/F	Cat	Club
41	13:03	Grant	Baillie	M	40	East Kilbride AC
42	13:05	Craig	Jardine	M		Cambuslang Harriers
43	13:07	Sunny	Mcgrath	M	U20	Aberdeen AAC
44	13:10	Kane	Elliott	M	U20	Falkirk Victoria Harriers
45	13:10	Daniel	Stansfield	M		Edinburgh Univ Hare and Hounds
46	13:10	Adam	Brown	M	U20	Aberdeen AAC
47	13:11	Ryan	Donald	M	U20	Dundee Hawkhill Harriers
48	13:11	Cameron	Watson	M	U20	Inverclyde AC
49	13:12	Michael	Wright	M		Central AC
50	13:13	Ben	Ward	M		Metro Aberdeen RC
51	13:15	Finlay	Murray	M		East Sutherland AC
52	13:18	Colin	Reilly	M		Cambuslang Harriers
53	13:18	Adam	Hay	M	U20	Inverclyde AC
54	13:18	Craig	Campbell	M		Inverness Harriers AAC
55	13:19	Robbie	Ferguson	M		Kilbarchan AAC
56	13:20	Leon	Johnson	M	40	Edinburgh AC
57	13:22	Martin	Lynas	M		East Kilbride AC
58	13:22	Boyan	Ivandjikov	M	U20	Edinburgh Univ Hare and Hounds
59	13:22	Magnus	Tait	M	U20	Glasgow University Hares and Hounds
60	13:23	Steven	Murray	M		Aberdeen AAC
61	13:23	Miguel	Delgado Sillero	M		Bellahouston Harriers
62	13:24	James	Waldie	M		Hunters Bog Trotters
63	13:25	Ryan	Donnelly	M	U20	Cambuslang Harriers
64	13:25	Greg	Templeton	M		Bellahouston Harriers
65	13:26	Euan	Webster	M		Aberdeen AAC
66	13:26	Iain	Mcwhinnie	M	U20	Fife AC
67	13:27	Jonathan	Roebuck	M		Inverclyde AC
68	13:27	Benjamin	Hukins	M	40	Cambuslang Harriers
69	13:29	Telfer	Gray	M	U20	Central AC
70	13:29	Scott	Brember	M	45	Central AC
71	13:30	John	Macleod	M		Corstorphine AAC
72	13:31	Richard	Carr	M		Cambuslang Harriers
73	13:31	Alistair	Gudgin	M		Fife AC
74	13:32	Jamie	Mclaren	M		Strathclyde Univ Harriers
75	13:33	Sam	Brown	M	U20	Edinburgh AC
76	13:33	Iain	Macdonald	M		Edinburgh AC
77	13:35	Aaron	Odentz	M		Aberdeen AAC
78	13:35	Thomas	Ross	M	U20	Corstorphine AAC
79	13:36	Nikolai	Gajic	M	U20	Giffnock North AC
80	13:36	Rory	Anderson	M		Teviotdale Harriers

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Pos	Time	Forename	Surname	M/F	Cat	Club
81	13:37	David	Gardiner	M	50	Motherwell AC
82	13:38	Mark	Pollard	M		Inverclyde AC
83	13:39	Luke	Davidson	M	U20	Inverness Harriers AAC
84	13:40	Tom	Ferrington	M	40	Corstorphine AAC
85	13:40	Ewan	Davidson	M		Moray RR
86	13:40	Sandy	Holl	M	U20	Central AC
87	13:41	Alastair	Thomas	M	U20	Edinburgh Univ Hare and Hounds
88	13:42	Gavin	Mcwhinnie	M	U20	Fife AC
89	13:43	Moray	Anderson	M	40	Corstorphine AAC
90	13:43	Kenneth	Neill	M	40	Ayr Seaforth AC
91	13:43	Aidan	Shea	M	U20	Central AC
92	13:44	Fraser	Logan	M		Central AC
93	13:48	Craig	Morris	M	U20	Fife AC
94	13:48	Jim	Tole	M	40	Metro Aberdeen RC
95	13:49	Russell	Hall	M		Fife AC
96	13:50	Stuart	Johnston	M	40	Edinburgh AC
97	13:51	Marc	Pollock	M		Kirkintilloch Olympians
98	13:51	Nicholas	Allen	M		Edinburgh Univ Hare and Hounds
99	13:52	Chris	Richardson	M		Metro Aberdeen RC
100	13:52	John	Coyle	M	45	Garscube Harriers
101	13:53	Lewis	Tharme	M	U20	Gala Harriers
102	13:53	Malcolm	Lang	M	40	Corstorphine AAC
103	13:54	Seumas	Mackay	M	U20	Shetland AAC
104	13:54	Myles	Bax	M		Edinburgh AC
105	13:55	Ryan	Lafferty	M		Fife AC
106	13:55	Adam	Scott	M	U20	Fife AC
107	13:56	Stephen	Addison	M	U20	Glasgow University Hares and Hounds
108	13:56	Cameron	Sale	M	U20	Dundee Hawkhill Harriers
109	13:58	Ruairidh	Campbell	M	45	Metro Aberdeen RC
110	13:58	Stuart	Miller	M		Bellahouston Harriers
111	14:00	Matt	Bird	M		Portobello RC
112	14:00	Kenny	Garden	M		Metro Aberdeen RC
113	14:01	Andrew	Harkins	M	40	Inverclyde AC
114	14:05	Calum	Oates	M		Shettleston Harriers
115	14:06	Jonathan	Kennedy	M		Law & District AAC
116	14:07	Cameron	Steven	M		Lasswade AC
117	14:08	Christopher	Mclew	M	U20	Cambuslang Harriers
118	14:08	Rory	Scott	M		Fife AC
119	14:09	Tom	Ireland	M	U20	Edinburgh AC
120	14:09	James	Slimon	M	U20	Highland Hill Runners

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Pos	Time	Forename	Surname	M/F	Cat	Club
121	14:10	Jack	Bell	M	U20	Giffnock North AC
122	14:11	Adam	Gray	M		Penicuik Harriers
123	14:12	Paul	Sorrie	M	40	Shettleston Harriers
124	14:13	Nick	Bennett	M		Edinburgh Univ Hare and Hounds
125	14:13	Alexander	Bell	M	U20	Edinburgh Univ Hare and Hounds
126	14:13	Calum	Phillip	M	U20	Stirling University AC
127	14:13	Andrew	Robertson	M	U20	Giffnock North AC
128	14:14	Fraser	Kelly	M	U20	Team East Lothian
129	14:14	Daniel	Smith	M		Edinburgh Univ Hare and Hounds
130	14:14	Robert	Sellar	M	40	PH Racing Club
131	14:15	Ben	Nelson	M		Aberdeen AAC
132	14:19	Michael	Mcconnell	M		PH Racing Club
133	14:19	David	Tamburini	M	45	Inverclyde AC
134	14:20	Gordon	Barrie	M	45	Dundee Hawkhill Harriers
135	14:21	Johnny	Lawson	M	40	Portobello RC
136	14:22	Jonathan	Peebles	M	40	PH Racing Club
137	14:23	Fraser	Drummond	M		Glasgow University Hares and Hounds
138	14:23	Chris	Greenhalgh	M	45	Giffnock North AC
139	14:24	Matthew	Gillon	M	U20	Law & District AAC
140	14:25	Daniel	Scroop	M	45	Garscube Harriers
141	14:25	Richard	Meade	M	40	Edinburgh AC
142	14:25	Andrew	Carey	M	U20	Cambuslang Harriers
143	14:26	Andrew John	Ferguson	M		Aberdeen AAC
144	14:26	Keir	Howlieson	M	U20	Central AC
145	14:26	Greg	Walker	M		Teviotdale Harriers
146	14:26	Grahame	Hopper	M		Ayr Seaforth AC
147	14:26	Andrew	Merry	M		Glasgow University Hares and Hounds
148	14:26	Josh	Wood	M		Stirling University AC
149	14:27	Paul	Kieran	M	40	PH Racing Club
150	14:28	Jackson	Woodruff	M		Edinburgh Univ Hare and Hounds
151	14:29	Billy	Gibson	M	40	Dundee Hawkhill Harriers
152	14:30	Alan	Mollins	M	U20	Greenock Glenpark Harriers
153	14:31	Nicholas	Gemmell	M	45	Inverclyde AC
154	14:32	Stephen	Allen	M	50	Motherwell AC
155	14:32	Andrew	Kirk	M		Kirkintilloch Olympians
156	14:34	Euan	Boyle	M	U20	Fife AC
157	14:36	Nathan	Tosh	M	U20	Metro Aberdeen RC
158	14:36	David	Knight	M	50	Perth RR
159	14:36	Gary	Trewartha	M	40	Gala Harriers
160	14:37	Ross	Hill	M		Law & District AAC

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Pos	Time	Forename	Surname	M/F	Cat	Club
161	14:38	Jordan	Orr	M		Giffnock North AC
162	14:38	Grant	Murphy	M		Bellahouston RR
163	14:40	Matthew	Dailey	M	U20	Edinburgh Univ Hare and Hounds
164	14:41	Malcolm	Fraser	M		Edinburgh AC
165	14:41	Alastair	Walker	M	60	Teviotdale Harriers
166	14:43	Craig	Ferguson	M		Kilmarnock H&AC
167	14:43	Stephen	Brown	M		West End RR
168	14:44	Oliver	Traynor	M		Giffnock North AC
169	14:44	Duncan	Ryan	M	50	Perth RR
170	14:45	Michael	Paxton	M		Shettleston Harriers
171	14:45	Timothy	Martin	M		Garscube Harriers
172	14:46	Daniel	Monaghan	M		PH Racing Club
173	14:46	Ryan	Kirkland	M	U20	Lothian RC
174	14:47	Stuart	Campbell	M	50	Corstorphine AAC
175	14:48	Gary	Mcpake	M	U20	Glasgow School of Sport
176	14:49	Keith	Ovenstone	M	40	Corstorphine AAC
177	14:49	Joe	Donnelly	M	U20	Team East Lothian
178	14:50	Allan	Cameron	M	45	Motherwell AC
179	14:50	Brent	Brodie	M	45	Bellahouston Harriers
180	14:52	Kai	Newell	M	U20	Cambuslang Harriers
181	14:52	David	Stevens	M		Metro Aberdeen RC
182	14:52	Stuart	Kerr	M		Kilbarchan AAC
183	14:53	Chris	Upton	M	55	Cambuslang Harriers
184	14:53	Munro	Stewart	M		Dundee Hawkhill Harriers
185	14:54	Craig	Freshwater	M		Hunters Bog Trotters
186	14:56	Sandy	Gilhooly	M		Glasgow University Hares and Hounds
187	14:56	Fraser	Armstrong	M		Bellahouston Harriers
188	14:56	Samuel	Mcintosh	M		Lothian RC
189	14:57	Scott	Partyka	M		
190	14:58	Steven	George	M		Falkirk Victoria Harriers
191	14:58	Ross	Meachern	M	50	Cumbernauld AAC
192	14:58	Colin	Somerville	M		PH Racing Club
193	15:02	Gregor	Knight	M	U20	Perth Strathtay Harriers
194	15:02	Stuart	Tite	M		PH Racing Club
195	15:02	Scott	Mason	M		Bellahouston Harriers
196	15:03	David	Scott	M	40	Kinross RR
197	15:03	David	Hogg	M	45	Cumbernauld AAC
198	15:04	Andrew	Carrick	M		Edinburgh Univ Hare and Hounds
199	15:05	Iain	Macleod	M	45	Corstorphine AAC
200	15:06	Ted	Gourley	M	55	Giffnock North AC

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Sen Jun Mas Men

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Pos	Time	Forename	Surname	M/F	Cat	Club
201	15:07	Jason	Kane	M		Inverclyde AC
202	15:08	Alexander	Chalmers	M	50	Garscube Harriers
203	15:09	Euan	McInnes	M	45	Lothian RC
204	15:09	Stuart	Laurence	M		Bellahouston RR
205	15:10	Andrew	Irvine	M		Stirling University AC
206	15:10	Sam	Scobie	M	U20	Wee County Harriers
207	15:12	Dino	Roussias	M	45	Metro Aberdeen RC
208	15:12	Colin	Welsh	M		Teviotdale Harriers
209	15:12	James	Hall	M	40	Fife AC
210	15:13	Nicholas	Hughes	M		Motherwell AC
211	15:15	Michael	Souter	M		Perth RR
212	15:16	Walter	Henderson	M	50	Shettleston Harriers
213	15:16	Iain	Niblock	M		Edinburgh AC
214	15:17	Christopher	O'Brien	M		Corstorphine AAC
215	15:18	Iain	Robertson	M	40	Clydesdale Harriers
216	15:20	Gregor	Crawford	M		Bellahouston RR
217	15:20	Paul	Friend	M		Inverclyde AC
218	15:20	Daniel	Rivera	M	50	Edinburgh AC
219	15:22	David	Eckersley	M	55	Central AC
220	15:22	David	Limmer	M		Portobello RC
221	15:23	Ben	Kinninmonth	M		Fife AC
222	15:23	Wright	Beveridge	M	45	PH Racing Club
223	15:23	Donald	Maclaren	M	40	Bellahouston Harriers
224	15:24	Daniel	O'Donnell	M	U20	Giffnock North AC
225	15:24	Calum	Ferguson	M		Bellahouston Harriers
226	15:24	Kenny	Gorman	M		Fife AC
227	15:25	James	Weir	M		Bellahouston Harriers
228	15:29	Graeme	Gallie	M	40	Cambuslang Harriers
229	15:29	Paul	Mcmonagle	M	50	Cumbernauld AAC
230	15:31	Ben	Macdermid	M	U20	Dundee Hawkhill Harriers
231	15:32	Robert	Mclennan	M	60	Garscube Harriers
232	15:33	Fraser	Mcgillivray	M		Aberdeen AAC
233	15:33	Oliver	Reilly	M		Greenock Glenpark Harriers
234	15:33	Kieran	Pugh	M		Strathclyde Univ Harriers
235	15:33	Steven	Reid	M	40	Ayr Seaforth AC
236	15:35	Gary	Mckenna	M	40	Falkirk Victoria Harriers
237	15:36	Sam	Burton	M	U20	Central AC
238	15:37	Iain	Craven	M	40	Edinburgh AC
239	15:39	Scott	Strachan	M	45	Kinross RR
240	15:41	John	Crookston	M	60	PH Racing Club

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Pos	Time	Forename	Surname	M/F	Cat	Club
241	15:42	Jeff	Farquhar	M	60	Pitreavie AAC
242	15:42	Charlie	Storrie	M		Dumfries RC
243	15:42	Ewen	Cameron	M	40	Motherwell AC
244	15:43	Brian	Lees	M	55	Lothian RC
245	15:43	Owen	McWilliams	M		Irvine RC
246	15:44	Scott	Wilson	M	45	Giffnock North AC
247	15:47	Jose	Leon	M		Edinburgh AC
248	15:47	James	Mcclafferty	M	U20	Law & District AAC
249	15:48	Dave	Clark	M	40	Falkland Trail Runners
250	15:49	Peter	Faulks	M	40	Falkirk Victoria Harriers
251	15:50	Thomas	Leeman	M		Edinburgh AC
252	15:50	Andrew	Ronald	M	50	Falkirk Victoria Harriers
253	15:54	Jonathan	Campbell	M		Pitreavie AAC
254	15:54	Andrew	Buchanan	M		Calderglen Harriers
255	15:54	Colin	Partridge	M	40	Lothian RC
256	15:57	Andrew	Laycock	M	50	Kinross RR
257	16:00	Graeme	Wiseman	M	45	Clydesdale Harriers
258	16:00	Mark	Young	M		Metro Aberdeen RC
259	16:01	Vincent	Carroll	M	50	Cumbernauld AAC
260	16:02	Luke	Kirwan	M		East Kilbride AC
261	16:02	Lewis	Orr	M	45	Edinburgh AC
262	16:04	Charles	Graham-Marr	M	60	Central AC
263	16:06	Des	Dickson	M	60	Cambuslang Harriers
264	16:07	Stephen	Dickson	M	45	Fife AC
265	16:10	Kevin	Rogers	M	45	Perth RR
266	16:10	Andrew	Mcglone	M	50	Lasswade AC
267	16:10	Glenn	Barclay	M		Fife AC
268	16:10	Jonathan	Millar	M		Carnegie Harriers
269	16:10	Robert	Dolan	M	45	Greenock Glenpark Harriers
270	16:11	David	Cathie	M	45	Whitemoss AAC
271	16:11	Alasdair	Meldrum	M	45	Ayr Seaforth AC
272	16:12	Mark	Welsford	M	45	Kirkintilloch Olympians
273	16:12	Billy	Stewart	M		PH Racing Club
274	16:12	Alan	Gibson	M	60	Fife AC
275	16:13	Stuart	Mccandless	M	45	Royal Mail Run GMC
276	16:14	John	Thomson	M	60	Fife AC
277	16:14	Andy	Macdonald	M	40	Giffnock North AC
278	16:15	Anthony	Mcparland	M	50	Bellahouston RR
279	16:16	Iain	Murphy	M		Bellahouston RR
280	16:17	Alexander	Chisholm	M	60	Garscube Harriers

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Pos	Time	Forename	Surname	M/F	Cat	Club
281	16:18	Gary	Pirie	M	45	Falkland Trail Runners
282	16:20	Bryce	Aitken	M	60	Fife AC
283	16:20	Simon	Kirk	M	45	Ayr Seaforth AC
284	16:21	Donald	Maclean	M	U20	Giffnock North AC
285	16:22	David	Arnott	M	50	Corstorphine AAC
286	16:22	Jimmy	Mcintyre	M	45	Fife AC
287	16:23	Matthew	Strachan	M	55	Dundee Hawkhill Harriers
288	16:23	Iain	Dunsmore	M	50	Central AC
289	16:24	David	Worrall	M	40	Portobello RC
290	16:25	Ian	Maxwell	M	55	Gala Harriers
291	16:25	William	Jarvie	M	60	Portobello RC
292	16:26	Edward	Mcloone	M		Kirkintilloch Olympians
293	16:27	Malcolm	Parry	M	45	Edinburgh AC
294	16:28	Scott	Love	M	40	PH Racing Club
295	16:28	Michael	Lindsay	M		PH Racing Club
296	16:30	Anthony	Carson	M		Bellahouston Harriers
297	16:30	Martin	Maginnis	M		Linlithgow AC
298	16:32	Mark	Mclean	M	50	PH Racing Club
299	16:33	Sean	Casey	M	50	Cumbernauld AAC
300	16:34	Garry	Sturgeon	M	45	Giffnock North AC
301	16:38	Christopher	Reid	M		Dundee Hawkhill Harriers
302	16:43	Gavin	Phillip	M	50	Edinburgh AC
303	16:43	David	Cross	M	55	Edinburgh AC
304	16:44	Rob	Crusher	M	50	Giffnock North AC
305	16:45	Mark	Buchan	M		Fife AC
306	16:45	Andrew	Clark	M		West End RR
307	16:47	David	Henderson	M		Pitreavie AAC
308	16:49	Jean-Yves	Daniel	M	50	Airdrie Harriers
309	16:51	Damon	Thoms	M	45	Fife AC
310	16:51	Xavier	Despinoy	M	45	Edinburgh AC
311	16:52	David	Eames	M		Bellahouston Harriers
312	16:52	Simon	Grieshaber	M	50	Perth RR
313	16:54	Douglaa	Hill	M	55	Falkirk Victoria Harriers
314	16:55	Eamonn	Lawlor	M		West End RR
315	16:55	Cameron	Tweedie	M	U20	Livingston AC
316	16:57	Steven	Phillips	M	40	Airdrie Harriers
317	16:58	Barry	Davie	M	40	Carnegie Harriers
318	17:03	Daniel	O'Connell	M	50	Cambuslang Harriers
319	17:04	Kevin	Smith	M	60	Bellahouston Harriers
320	17:05	Robin	Livingstone	M	60	Perth RR

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Pos	Time	Forename	Surname	M/F	Cat	Club
321	17:06	Mark	Western	M	50	Falkland Trail Runners
322	17:09	Sandy	Gardner	M	45	VP-Glasgow AC
323	17:09	Gerrard	O'Neil	M	40	East Kilbride AC
324	17:10	Paul	Wilson	M		Springburn Harriers
325	17:10	Alistair	Peat	M	40	Springburn Harriers
326	17:13	Graham	Wilde	M	40	Carnegie Harriers
327	17:14	Peter	Laing	M	55	Ayr Seaforth AC
328	17:15	Daniel	Smith	M		Strathclyde Univ Harriers
329	17:15	Gary	Rowan	M		Fife AC
330	17:16	Angus	Mcculloch	M	50	Kinross RR
331	17:17	Robert	White	M	50	Royal Mail Run GMC
332	17:18	Graham	Buchanan	M		Springburn Harriers
333	17:19	Iain	Morrison	M	55	Bellahouston Harriers
334	17:20	Joe	Chambers	M		Springburn Harriers
335	17:22	Martin	Kay	M	40	Law & District AAC
336	17:22	Paul	Houston	M	50	Bellahouston Harriers
337	17:22	Scott	Dickson	M		Motherwell AC
338	17:22	Benjamin	Noad	M		Central AC
339	17:23	Michael	Watts	M		Linlithgow AC
340	17:23	Ian Robert	Johnston	M	60	PH Racing Club
341	17:24	Dougie	Gowan	M	55	Edinburgh AC
342	17:24	Andrew	Ferguson Snr	M	55	Banchory Stonehaven AC
343	17:24	Calum	Mclean	M		Livingston AC
344	17:25	Max	Carcas	M	50	Edinburgh AC
345	17:26	Andy	Redman	M	55	Metro Aberdeen RC
346	17:27	Gary	Arthur	M		Motherwell AC
347	17:29	John	Hynd	M	60	Carnegie Harriers
348	17:32	Malcolm	Finlayson	M	50	Falkirk Victoria Harriers
349	17:32	Jeremy	Sutton-Hibbert	M	50	Bellahouston Harriers
350	17:34	Alan	Murray	M	45	Carnegie Harriers
351	17:34	Gavin	Orr	M	50	Kinross RR
352	17:37	Allen	Marr	M	60	PH Racing Club
353	17:39	Allon	Galbraith	M	60	Bellahouston RR
354	17:39	Mark	Milligan	M	45	Law & District AAC
355	17:40	Mark	Johnstone	M	45	Falkirk Victoria Harriers
356	17:42	James	Cathie	M	U20	Whitemoss AAC
357	17:43	Mark	Denholm	M	45	Penicuik Harriers
358	17:43	Michael	Kennedy	M	40	VP-Glasgow AC
359	17:45	Colin	Alexander	M	45	Central AC
360	17:49	Brian	Harper	M	45	Teviotdale Harriers

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Pos	Time	Forename	Surname	M/F	Cat	Club
361	17:51	Daniel	Mclaughlin	M	60	Greenock Glenpark Harriers
362	17:53	George	Clerk	M	40	West End RR
363	17:55	Alexander	Bryce	M	55	Falkirk Victoria Harriers
364	17:59	Alastair	Murray	M	40	Lothian RC
365	18:00	Kevin	Murray	M	50	Falkland Trail Runners
366	18:00	Ian	Birch	M	45	Bellahouston Harriers
367	18:02	Brian	Miller	M	45	Carnegie Harriers
368	18:02	David	Hanlon	M	60	Dundee Hawkhill Harriers
369	18:03	David	Morton	M	40	Carnegie Harriers
370	18:05	William	Mcculloch	M	60	Gala Harriers
371	18:06	Adrian	Kearns	M	60	Garscube Harriers
372	18:09	Iain	Pettigrew	M	50	Ayr Seaforth AC
373	18:10	Craig	Shannon	M		Shettleston Harriers
374	18:11	Keith	Charters	M	50	East Kilbride AC
375	18:13	Jim	Holmes	M	50	Calderglen Harriers
376	18:19	Paul	Harkins	M	40	Fife AC
377	18:19	Michael	Carlin	M	40	East Kilbride AC
378	18:23	Kenny	Leinster	M	60	Calderglen Harriers
379	18:23	Scott	Kelman	M		Motherwell AC
380	18:23	David	Nugent	M	U20	Law & District AAC
381	18:25	Mark	Grant	M	40	Shettleston Harriers
382	18:27	Brian R	Smith	M	60	Fife AC
383	18:32	Andrew	Anderson	M	55	Dunbar RC
384	18:33	Christopher	Smith	M	50	Giffnock North AC
385	18:37	Grant	Sellar	M	50	Ferranti AAC
386	18:46	Stephen	Hall	M	45	Giffnock North AC
387	18:46	David	Stokoe	M	45	Perth RR
388	18:48	Stuart	Mccolm	M	50	Ayr Seaforth AC
389	18:50	Mike	Dales	M	60	Perth RR
390	18:51	Ryan	Nelson	M		Clydesdale Harriers
391	18:51	Alan	Innes	M		Portobello RC
392	18:52	James	Mclaren	M	55	Falkirk Victoria Harriers
393	18:53	Frank	Mcmahon	M	70	Greenock Glenpark Harriers
394	18:57	David	Wardrope	M	45	Calderglen Harriers
395	18:59	Andrew	Sim	M	50	Carnegie Harriers
396	19:02	Kieran	Morgan	M	55	Carnegie Harriers
397	19:05	Keith	Bonthrone	M	55	Fife AC
398	19:08	Euan	Macdermid	M	55	Dundee Hawkhill Harriers
399	19:10	Hugh	Laverty	M	60	Clydesdale Harriers
400	19:11	Conor	Doherty	M		Bellahouston Harriers

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Pos	Time	Forename	Surname	M/F	Cat	Club
401	19:14	Ian	Donaldson	M	50	Fife AC
402	19:15	John	Mill	M	55	Dundee RR
403	19:17	Marco	Placentino	M	50	Dundee Hawkhill Harriers
404	19:17	Allen	Campbell	M	45	West End RR
405	19:28	Patrick	Kelly	M	70	Law & District AAC
406	19:30	Russell	Couper	M	50	Calderglen Harriers
407	19:32	Barry	Maguire	M		Metro Aberdeen RC
408	19:34	Mark	Jones	M	45	Harmeny AC
409	19:36	Darren	Colquhoun	M		Airdrie Harriers
410	19:38	Stephen	Malcolm	M	50	Lothian RC
411	19:40	Kenny	Mearns	M	60	Lothian RC
412	19:49	Alastair	Mccallum	M	55	Falkirk Victoria Harriers
413	19:54	Gordon	Mcinally	M	50	Calderglen Harriers
414	19:54	Iain	Crawford	M	50	Cambuslang Harriers
415	19:55	Ewart	Scott	M	65	Lothian RC
416	19:59	Paul	Collins	M	50	Garscube Harriers
417	20:03	Craig	Shield	M		Pitreavie AAC
418	20:04	Simon	Mcdougall	M	40	Bellahouston Harriers
419	20:12	Thomas	Burrige	M		Bellahouston RR
420	20:27	Paul	Sutherland	M	65	Fife AC
421	20:42	Stephen	Baird	M	45	Falkirk Victoria Harriers
422	20:49	Gordon	Murray	M	65	West End RR
423	20:51	Paul	Toland	M		West End RR
424	21:15	Michael	Parsley	M	55	Pitreavie AAC
425	21:23	Alan	Bothwell	M	60	Perth RR
426	21:24	Stuart	Irvine	M	70	Garscube Harriers
427	21:33	Matthew	Campbell	M		Bellahouston RR
428	21:49	Stephen	Greer	M	60	Carnegie Harriers
429	22:42	Douglas	Dickson	M	50	Kilmarnock H&AC
430	22:53	Alex	Wood	M	65	Linlithgow AC
431	23:15	John	Mcintyre Snr	M	50	Fife AC
432	23:18	James	Dobbie	M		Strathclyde Univ Harriers
433	25:07	Sandy	Bell	M	50	Fife AC
434	25:35	Alex	Macewen	M	60	Edinburgh AC
435	25:50	Jim	Close	M	60	Falkland Trail Runners

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Saturday 9th November 2019
SM Teams

Kirkcaldy High School
2019 4KXC All Final Results

Po Club	Points	Pos	Time	Name
1 Central AC	52	1	0:11:54	Andrew Butchart
		4	0:12:02	Jamie Crowe
		16	0:12:34	Hamish Hickey
		31	0:12:52	Ben Macmillan
2 Dundee Hawkhill Harriers	84	5	0:12:07	Kristian Jones
		15	0:12:31	James Donald
		17	0:12:35	Kristof Hornyik
		47	0:13:11	Ryan Donald
3 Edinburgh AC	102	12	0:12:21	Freddie Carcas
		21	0:12:40	Michael Christoforou
		34	0:12:56	Joe Ewing
		35	0:12:56	Iain Whitaker
4 Cambuslang Harriers	103	6	0:12:11	Ryan Thomson
		19	0:12:39	Fraser Stewart
		36	0:12:57	Jamie Mackinnon
		42	0:13:05	Craig Jardine
5 Edinburgh Univ Hare and Hounds	119	13	0:12:22	Jack Leitch
		29	0:12:47	Elisha De Mello
		38	0:13:01	Alex Carcas
		39	0:13:02	Callum Tharme
6 Aberdeen AAC	129	8	0:12:16	Michael Ferguson
		32	0:12:53	James Hoad
		43	0:13:07	Sunny Mcgrath
		46	0:13:10	Adam Brown
7 Corstorphine AAC	139	20	0:12:40	Tom Martyn
		22	0:12:41	Calum Mckenzie
		26	0:12:43	Dougie Selman
		71	0:13:30	John Macleod
8 Inverclyde AC	175	7	0:12:13	Jonathan Glen
		48	0:13:11	Cameron Watson
		53	0:13:18	Adam Hay
		67	0:13:27	Jonathan Roebuck
9 Shettleston Harriers	186	9	0:12:16	Lachlan Oates
		23	0:12:41	Matthew Turner
		40	0:13:03	Jamie Burns
		114	0:14:05	Calum Oates
10 Glasgow University Hares and Hounds	198	2	0:11:55	Sol Sweeney
		30	0:12:50	Cameron Smith
		59	0:13:22	Magnus Tait
		107	0:13:56	Stephen Addison

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SM Teams

Kirkcaldy High School

2019 4KXC All Final Results

Po Club	Points	Pos	Time	Name
11 Fife AC	238	11	0:12:20	Lewis Rodgers
		66	0:13:26	Iain Mcwhinnie
		73	0:13:31	Alistair Gudgin
		88	0:13:42	Gavin Mcwhinnie
12 Metro Aberdeen RC	257	14	0:12:28	Cameron Strachan
		50	0:13:13	Ben Ward
		94	0:13:48	Jim Tole
		99	0:13:52	Chris Richardson
13 Kilbarchan AAC	274	10	0:12:20	Connor Maclean
		27	0:12:46	Andrew Macangus
		55	0:13:19	Robbie Ferguson
		182	0:14:52	Stuart Kerr
14 Bellahouston Harriers	414	61	0:13:23	Miguel Delgado Sillero
		64	0:13:25	Greg Templeton
		110	0:13:58	Stuart Miller
		179	0:14:50	Brent Brodie
15 Law & District AAC	438	24	0:12:42	James Gillon
		115	0:14:06	Jonathan Kennedy
		139	0:14:24	Matthew Gillon
		160	0:14:37	Ross Hill
16 Garscube Harriers	439	28	0:12:47	Thomas Berry
		100	0:13:52	John Coyle
		140	0:14:25	Daniel Scroop
		171	0:14:45	Timothy Martin
17 Giffnock North AC	465	79	0:13:36	Nikolai Gajic
		121	0:14:10	Jack Bell
		127	0:14:13	Andrew Robertson
		138	0:14:23	Chris Greenhalgh
18 PH Racing Club	547	130	0:14:14	Robert Sellar
		132	0:14:19	Michael Mcconnell
		136	0:14:22	Jonathan Peebles
		149	0:14:27	Paul Kieran
19 Gala Harriers	587	37	0:12:59	Darrell Hastie
		101	0:13:53	Lewis Tharme
		159	0:14:36	Gary Trewartha
		290	0:16:25	Ian Maxwell
20 Teviotdale Harriers	598	80	0:13:36	Rory Anderson
		145	0:14:26	Greg Walker
		165	0:14:41	Alastair Walker
		208	0:15:12	Colin Welsh

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SM TeamsKirkcaldy High School
2019 4KXC All Final Results

Po Club	Points	Pos	Time	Name
21 Motherwell AC	623	81	0:13:37	David Gardiner
		154	0:14:32	Stephen Allen
		178	0:14:50	Allan Cameron
		210	0:15:13	Nicholas Hughes
22 East Kilbride AC	681	41	0:13:03	Grant Baillie
		57	0:13:22	Martin Lynas
		260	0:16:02	Luke Kirwan
		323	0:17:09	Gerrard O'Neil
23 Falkirk Victoria Harriers	720	44	0:13:10	Kane Elliott
		190	0:14:58	Steven George
		236	0:15:35	Gary Mckenna
		250	0:15:49	Peter Faulks
24 Ayr Seaforth AC	742	90	0:13:43	Kenneth Neill
		146	0:14:26	Grahame Hopper
		235	0:15:33	Steven Reid
		271	0:16:11	Alasdair Meldrum
25 Portobello RC	755	111	0:14:00	Matt Bird
		135	0:14:21	Johnny Lawson
		220	0:15:22	David Limmer
		289	0:16:24	David Worrall
26 Perth RR	803	158	0:14:36	David Knight
		169	0:14:44	Duncan Ryan
		211	0:15:15	Michael Souter
		265	0:16:10	Kevin Rogers
27 Lothian RC	808	173	0:14:46	Ryan Kirkland
		188	0:14:56	Samuel McIntosh
		203	0:15:09	Euan Mcinnes
		244	0:15:43	Brian Lees
28 Kirkintilloch Olympians	816	97	0:13:51	Marc Pollock
		155	0:14:32	Andrew Kirk
		272	0:16:12	Mark Welsford
		292	0:16:26	Edward Mcloone
29 Bellahouston RR	860	162	0:14:38	Grant Murphy
		204	0:15:09	Stuart Laurence
		216	0:15:20	Gregor Crawford
		278	0:16:15	Anthony Mcparland
30 Cumbernauld AAC	876	191	0:14:58	Ross Mceachern
		197	0:15:03	David Hogg
		229	0:15:29	Paul Mcmonagle
		259	0:16:01	Vincent Carroll

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 9th November 2019
SM TeamsKirkcaldy High School
2019 4KXC All Final Results

Po Club	Points	Pos	Time	Name
31 Greenock Glenpark Harriers	1015	152	0:14:30	Alan Mollins
		233	0:15:33	Oliver Reilly
		269	0:16:10	Robert Dolan
		361	0:17:51	Daniel McLaughlin
32 Kinross RR	1021	196	0:15:03	David Scott
		239	0:15:39	Scott Strachan
		256	0:15:57	Andrew Laycock
		330	0:17:16	Angus McCulloch
33 Strathclyde Univ Harriers	1068	74	0:13:32	Jamie McLaren
		234	0:15:33	Kieran Pugh
		328	0:17:15	Daniel Smith
		432	0:23:18	James Dobbie
34 West End RR	1149	167	0:14:43	Stephen Brown
		306	0:16:45	Andrew Clark
		314	0:16:55	Eamonn Lawlor
		362	0:17:53	George Clerk
35 Falkland Trail Runners	1216	249	0:15:48	Dave Clark
		281	0:16:18	Gary Pirie
		321	0:17:06	Mark Western
		365	0:18:00	Kevin Murray
36 Pitreavie AAC	1218	241	0:15:42	Jeff Farquhar
		253	0:15:54	Jonathan Campbell
		307	0:16:47	David Henderson
		417	0:20:03	Craig Shield
37 Carnegie Harriers	1258	268	0:16:10	Jonathan Millar
		317	0:16:58	Barry Davie
		326	0:17:13	Graham Wilde
		347	0:17:29	John Hynd
38 Clydesdale Harriers	1261	215	0:15:18	Iain Robertson
		257	0:16:00	Graeme Wiseman
		390	0:18:51	Ryan Nelson
		399	0:19:10	Hugh Laverty
39 Springburn Harriers	1315	324	0:17:10	Paul Wilson
		325	0:17:10	Alistair Peat
		332	0:17:18	Graham Buchanan
		334	0:17:20	Joe Chambers
40 Calderglen Harriers	1401	254	0:15:54	Andrew Buchanan
		375	0:18:13	Jim Holmes
		378	0:18:23	Kenny Leinster
		394	0:18:57	David Wardrope