

Run for It North District Cross Country League - NAIRN

- 1.15pm - U11 Girls - Start A B I Finish
- 1.20pm - U11 Boys - Start A B I Finish
- 1.25pm - U13 Girls - Start A B C F H I Finish
- 1.35pm - U13 Boys - Start A B C F G H I Finish
- 1.45pm - U15 Girls/U17 Women - Start A B C D F G H I Finish
- 2.00pm - U15 Boys - Start A B C D F G H I Finish
- 2.15pm - Women - Start A B I Start A B C D E F G H I Finish
- 2.30pm - U17 Men - Start A B I Start A B C D E F G H I Finish
- 2.30pm - Men - Start A B C D E F G H I Finish x 2 laps

