

| Junior Girls | | | | | | | | | | | | | |
|--------------|------------------|----------|-------------|-------------|------------------|----------|-------------|-------------|----------------------|----------|-------------|-------------|---------------------|
| Team No. | 1st Runner | | | | 2nd Runner | | | | 3rd Runner | | | | |
| | Name | Position | Runner time | Finish time | Name | Position | Runner time | Finish time | Name | Position | Runner time | Finish time | Club |
| 12 | Alyth Gollan | 2 | 10.11 | 10.11 | Catriona Scott | 1 | 10.28 | 20.34 | Constance Nankivell | 1 | 9.21 | 29.55 | East Sutherland AC |
| 10 | Megan McKay | 3 | 11.19 | 11.19 | Morven Ross | 3 | 10.30 | 21.49 | Grace Whelan | 2 | 9.12 | 31.01 | Moray Road Runners |
| 3 | Kirsty Arnaud | 1 | 10.06 | 10.06 | Catriona Garvie | 2 | 10.38 | 20.44 | Sophie Young | 3 | 10.47 | 31.31 | Inverness Harriers |
| 4 | Beth Hewick | 4 | 11.29 | 11.29 | Rachel Johnstone | 4 | 10.37 | 22.09 | Connie Campbell | 4 | 10.41 | 32.50 | Inverness Harriers |
| 1 | Kirsty MacLean | 9 | 11.57 | 11.57 | Gemma MacRitchie | 5 | 10.41 | 22.38 | Joanna Gillies | 5 | 10.20 | 32.58 | Sotnoway Running AC |
| 11 | Hannah Stephen | 12 | 12.03 | 12.03 | Grace Jenkins | 10 | 11.17 | 23.20 | Niamh Whelan | 6 | 10.03 | 33.23 | Moray Road Runners |
| 5 | Ruth Wilson | 8 | 11.52 | 11.52 | Ruby Soldan | 6 | 10.48 | 22.40 | Emma Seed (U15) | 7 | 10.54 | 33.34 | Inverness Harriers |
| 6 | Kathryn Brown | 7 | 11.49 | 11.49 | Alisa Hewick | 7 | 10.54 | 22.43 | Rachel Gillies (U15) | 8 | 10.47 | 33.35 | Inverness Harriers |
| 9 | Roslyn McRitchie | 13 | 12.03 | 12.03 | Lucy Evans | 8 | 11.13 | 23.16 | Lauren Cameron | 9 | 11.05 | 34.21 | Forres Harriers |
| 2 | Hannah McKenzie | 11 | 12.02 | 12.02 | A Forres Harrier | 9 | 10.46 | 22.48 | Sophie Graham | 10 | 11.39 | 34.27 | non counting |
| 7 | Leah Ingles | 10 | 11.59 | 11.59 | Tara Larsen | 11 | 11.30 | 23.29 | Kate Gillies (U15) | 11 | 10.58 | 34.27 | Inverness Harriers |
| 58 | Sophie Bath | 5 | 11.29 | | | | | | | | | | East Sutherland AC |
| 57 | Rachel Ross | 6 | 11.38 | | | | | | | | | | East Sutherland AC |

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|--------------|---------------------|-------|------|
| Fastest laps | Grace Whelan | 9.12 | MRR |
| | Constance Nankivell | 9.21 | ESAC |
| | Niamh Whelan | 10.03 | MRR |

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|----------|------------------|----------|-------------|-------------|---------------------|----------|-------------|-------------|-----------------|----------|-------------|-------------|----------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Team No. | 1st Runner | | | | 2nd Runner | | | | 3rd Runner | | | | | | | | | | | | | | | | | | |
| | Name | Position | Runner time | Finish time | Name | Position | Runner time | Finish time | Name | Position | Runner time | Finish time | Club | | | | | | | | | | | | | | |
| 25 | Lucas Cairns | 1 | 8.56 | 8.56 | Luke Davidson | 1 | 8.37 | 17.33 | Tam Munro-White | 1 | 8.06 | 25.39 | Inverness Harriers | | | | | | | | | | | | | | |
| 35 | Kenneth Patience | 2 | 9.04 | 9.04 | Struan Oliver-Jones | 3 | 9.14 | 18.18 | Fraser Roach | 2 | 8.19 | 26.37 | East Sutherland AC | | | | | | | | | | | | | | |
| 33 | Bruce Newlands | 5 | 9.28 | 9.28 | Blair Milne | 2 | 8.36 | 18.08 | Morgan Lewis | 3 | 8.44 | 26.52 | Moray Road Runners | | | | | | | | | | | | | | |
| 26 | Euan Rollo | 3 | 9.07 | 9.07 | Duncan MacDonald | 4 | 9.26 | 18.33 | Ruaridh Fraser | 4 | 9.10 | 27.43 | Inverness Harriers | | | | | | | | | | | | | | |
| 21 | David Anderson | 10 | 10.32 | 10.32 | David Morrison | 6 | 8.52 | 19.24 | Kyle Munro | 5 | 8.30 | 27.54 | Stornoway Running AC | | | | | | | | | | | | | | |
| 32 | David Spencer | 4 | 9.27 | 9.27 | Scott Perry | 5 | 9.49 | 19.16 | Ben Cameron | 6 | 9.10 | 28.26 | Forres Harriers | | | | | | | | | | | | | | |
| 23 | Samuel Bryan | 6 | 9.44 | 9.44 | Daniel Stewart | 8 | 10.08 | 19.52 | Alistair Burns | 7 | 8.40 | 28.48 | non counting | | | | | | | | | | | | | | |
| 22 | Seb Connells | 9 | 10.05 | 10.05 | Aiden Finnigan | 7 | 9.29 | 19.34 | Scott McIver | 8 | 9.42 | 29.16 | Stornoway Running AC | | | | | | | | | | | | | | |
| 24 | Brogan Quigley | 12 | 11.09 | 11.09 | Danny McPake | 9 | 8.43 | 19.52 | Kyle Sutherland | 9 | 9.47 | 29.39 | Ross County AC | | | | | | | | | | | | | | |
| 34 | Finlay Downey | 8 | 9.57 | 9.57 | Ryan Cantlie | 11 | 11.27 | 21.24 | Joshua Milne | 10 | 8.57 | 30.21 | Moray Road Runners | | | | | | | | | | | | | | |
| 27 | Eric Robinson | 7 | 9.50 | 9.50 | Gordon Manson | 10 | 10.09 | 19.59 | Rudi Paul | 11 | 10.24 | 30.23 | Inverness Harriers | | | | | | | | | | | | | | |
| 28 | Gregor Nixon | 11 | 10.46 | 10.46 | Lucas Allan | 12 | 11.53 | 22.39 | Angus Smith | 12 | 10.29 | 33.08 | Inverness Harriers | | | | | | | | | | | | | | |

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| Fastest laps: | Tam Munro-White | 8.06 | IH |
| | Fraser Roach | 8.19 | ESAC |
| | Kyle Munro | 8.30 | SRAC |

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|----------|-----------------|----------|-------------|-------------|------------------|----------|-------------|-------------|--------------------|----------|-------------|-------------|-------------|-----------------------|--|--|--|--|--|--|--|
| Team No. | 1st Runner | | | | 2nd Runner | | | | 3rd Runner | | | | Position | | | | | | | | |
| | Name | Position | Runner time | Finish time | Name | Position | Runner time | Finish time | Name | Position | Runner time | Finish time | | Club | | | | | | | |
| 41 | Sarah Liebnitz | 1 | 14.12 | 14.12 | Caroline Marwick | 1 | 15.28 | 29.40 | Julie Wilson | 1 | 16.27 | 46.07 | 1st | Inverness Harriers | | | | | | | |
| 47 | Siobhan Evans | 2 | 16.11 | 16.11 | Kirsty MacArthur | 5 | 16.31 | 32.43 | Anna MacFadyen | 2 | 13.45 | 46.28 | 2nd | Forres Harriers | | | | | | | |
| 43 | Lisa Allan | 5 | 16.32 | 16.32 | Rhoda Grant | 2 | 15.59 | 32.31 | Karen Lyons | 3 | 14.53 | 47.24 | 3rd | Highland Hill Runners | | | | | | | |
| 51 | Michelle Slater | 6 | 16.37 | 16.37 | Susan Rae | 4 | 16.05 | 32.41 | Louise Cartmell | 4 | 15.20 | 48.01 | | Moray Road Runners | | | | | | | |
| 49 | Hilary Cameron | 3 | 16.16 | 16.16 | Fran Britain | 5 | 16.32 | 32.42 | Susan McRitchie | 5 | 16.53 | 49.35 | 1st Masters | Forres Harriers | | | | | | | |
| 48 | Carrie Ann Ward | 4 | 16.31 | 16.31 | Jess Neal | 6 | 16.58 | 33.29 | Jackie Nicol | 6 | 18.20 | 51.49 | | Forres Harriers | | | | | | | |
| 54 | Claire Ross | 7 | 17.59 | 17.59 | Jo Bremner | 7 | 18.24 | 36.23 | Justine Blaszk | 7 | 18.17 | 54.40 | | Moray Road Runners | | | | | | | |
| 52 | Karen Norvell | 8 | 18.07 | 18.07 | Amanda Strang | 8 | 19.44 | 37.51 | Elspeth Jenkins | 8 | 18.12 | 56.03 | 2nd Masters | Moray Road Runners | | | | | | | |
| 53 | Sarah Houston | 11 | 19.10 | 19.10 | Fiona Brant | 9 | 19.04 | 38.14 | Linda Smith | 9 | 19.16 | 57.30 | 3rd Masters | Moray Road Runners | | | | | | | |
| 50 | June McIntosh | 9 | 18.18 | 18.18 | Fran Russell | 10 | 21.12 | 39.30 | Claire Nicholas | 10 | 19.31 | 59.01 | | Forres Harriers | | | | | | | |
| 45 | Joanna Walker | 12 | 20.55 | 20.55 | Victoria Hill | 11 | 21.03 | 41.58 | Amy Sutherland | 11 | 17.52 | 59.50 | | Highland Hill Runners | | | | | | | |
| 46 | Mel Hayes | 14 | 22.01 | 22.01 | Lorna Miller | 13 | 23.57 | 46.04 | Shirley Anne Feaks | 12 | 18.33 | 64.37 | | non counting | | | | | | | |
| 55 | Kimberley Clark | 13 | 21.34 | 21.34 | Karene Ferrier | 12 | 23.42 | 47.08 | Chantall Fowie | 13 | 21.09 | 68.17 | | Moray Road Runners | | | | | | | |
| 56 | Audrey Scott | 10 | 19.05 | 19.05 | | | | | | | | | | | | | | | | | |

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| Fastest laps: | Anna MacFadyen | 13.45 | FH |
| | Sarah Liebnitz | 14.12 | IH |
| | Karen Lyons | 14.53 | HHR |

| | Senior Men | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------|-----------------|----------|-------------|-------------|-------------------|----------|-------------|-------------|-----------------|----------|-------------|-------------|-----------------|----------|-------------|-------------|-------------|-------------------------|--|--|--|--|--|--|--|--|
| Team No. | 1st Runner | | | | 2nd Runner | | | | 3rd Runner | | | | 4th Runner | | | | | | | | | | | | | |
| | Name | Position | Runner time | Finish time | Name | Position | Runner time | Finish time | Name | Position | Runner time | Finish time | Name | Position | Runner time | Finish time | Position | Club | | | | | | | | |
| 66 | Stephen Mackay | 1 | 12.30 | 12.30 | Gordon Lennox | 1 | 12.37 | 25.07 | James Geddes | 1 | 13.20 | 38.27 | Craig Campbell | 1 | 12.34 | 51.01 | 1st | Inverness Harriers | | | | | | | | |
| 76 | Colin Green | 6 | 14.06 | 14.06 | Paul Taylor | 4 | 13.07 | 27.13 | Gareth Jenkins | 3 | 13.03 | 40.16 | Kenny Wilson | 2 | 11.55 | 52.11 | 2nd | Moray Road Runners | | | | | | | | |
| 81 | Ross Bannerman | 3 | 13.08 | 13.08 | Blair Mackay | 2 | 13.31 | 26.39 | Ruairidh Gollan | 2 | 13.15 | 39.54 | Ross Gollan | 3 | 12.36 | 52.30 | 3rd | East Sutherland AC | | | | | | | | |
| 73 | Aaron Harris | 5 | 13.46 | 13.46 | Mark Taylor | 5 | 13.50 | 27.34 | David Spencer | 5 | 14.18 | 41.52 | Kevin Cormak | 4 | 13.14 | 55.06 | | North Highland Harriers | | | | | | | | |
| 71 | Sam Hesling | 2 | 13.04 | 13.04 | Steven Gregg | 3 | 13.39 | 26.43 | Stuart Forrest | 4 | 14.29 | 41.12 | Calum Faulkner | 5 | 14.45 | 55.57 | | Highland Hill Runners | | | | | | | | |
| 70 | David McEwon | 14 | 15.52 | 15.52 | William Nicholson | 7 | 13.11 | 29.03 | Dougie McDonald | 6 | 14.39 | 43.42 | Ryan McKenzie | 6 | 13.47 | 57.29 | 1st Masters | Highland Hill Runners | | | | | | | | |
| 82 | Tim Ross | 4 | 13.13 | 13.13 | Torquil Clyde | 6 | 14.47 | 28.00 | Dan Walmsley | 7 | 15.59 | 43.59 | Huw Thomas | 7 | 15.04 | 59.03 | | Orkney Athletics Club | | | | | | | | |
| 77 | Steve Reeve | 7 | 14.11 | 14.11 | Andy Alexander | 9 | 15.45 | 29.56 | Ally Campbell | 8 | 14.05 | 44.01 | George Sim | 8 | 15.50 | 59.51 | 2nd Masters | Moray Road Runners | | | | | | | | |
| 68 | Paul Davidson | | 16.42 | 16.42 | Ian McDonald | 16 | 16.38 | 33.20 | Ross Cairns | 12 | 14.30 | 47.50 | Steve Worsley | 9 | 13.59 | 61.49 | 3rd Masters | Inverness Harriers | | | | | | | | |
| 75 | James Hume | 15 | 16.00 | 16.00 | Douglas Cowie | 13 | 15.44 | 31.44 | Kenny Douglas | 9 | 15.10 | 46.54 | David McCulloch | 10 | 14.59 | 61.53 | | Forres Harriers | | | | | | | | |
| 74 | Kenny Macgruer | 10 | 15.23 | 15.23 | Dean Bowman | 12 | 16.08 | 31.31 | Ian Walker | 10 | 15.41 | 47.12 | David Orr | 11 | 14.44 | 61.56 | | North Highland Harriers | | | | | | | | |
| 78 | Martin Bain | 11 | 15.27 | 15.27 | Neil Purdie | 11 | 15.18 | 30.45 | Simon McDonald | 11 | 16.43 | 47.28 | Nigel Williams | 12 | 15.47 | 63.15 | | Moray Road Runners | | | | | | | | |
| 72 | Eoin Coull | 8 | 14.49 | 14.49 | Logan Mathieson | 14 | 18.29 | 33.18 | Tom Mathieson | 14 | 16.39 | 49.57 | Adam MacLennan | 13 | 14.57 | 64.54 | | Ross County AC | | | | | | | | |
| 79 | Garry Henderson | 16 | 16.40 | 16.40 | Robert Bruce | 16 | 15.43 | 33.23 | Euan Cantlie | 13 | 16.25 | 49.48 | Kevin Rae | 14 | 15.27 | 65.15 | | Moray Road Runners | | | | | | | | |
| 69 | Alex Sutherland | 13 | 15.37 | 15.37 | Phin Hindlal | 17 | 17.50 | 33.28 | Willie McRae | 15 | 17.52 | 51.20 | Scott Innes | 15 | 15.31 | 67.51 | | Highland Hill Runners | | | | | | | | |
| 80 | Toks Osunrinade | 18 | 19.16 | 19.16 | Paul Geraghty | 18 | 16.46 | 36.00 | Mike Whelan | 16 | 18.59 | 54.59 | Brian Milne | 16 | 18.02 | 73.01 | | Moray Road Runners | | | | | | | | |
| 83 | David Bryan | 12 | 15.31 | 15.31 | Simon Bath | 10 | 14.37 | 30.08 | | | | | | | | | | East Sutherland AC | | | | | | | | |
| | | | 0.00 | | | | | | | | | | | | | | | | | | | | | | | |
| | | | 0.00 | | | | | | | | | | | | | | | | | | | | | | | |
| | | | 0.00 | | | | | | | | | | | | | | | | | | | | | | | |
| | | | 0.00 | | | | | | | | | | | | | | | | | | | | | | | |
| | | | 0.00 | | | | | | | | | | | | | | | | | | | | | | | |

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| Fastest laps | Kenny Wilson | 11.55 | MRR |
| | Stephen Mackay | 12.30 | IH |
| | Craig Campbell | 12.34 | IH |