

SCOTTISH ATHLETICS NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2019 - SEN/JUN MENS TEAM RESULTS															
Team No.	1st Runner				2nd Runner				3rd Runner				4th Runner		
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time
36	Gareth Jenkins	6	13.30	13.30	Kenny Wilson	1	12.12	25.42	James Wilson	1	13.13	38.55	Ewan Davidson	1	12.59
27	Ally Beavan	4	13.25	13.25	Rob Sinclair	2	12.52	26.17	Jack Ward	2	13.27	39.44	Andrew Gilmore	2	13.13
30	Cameron Young	2	13.14	13.14	Stuart Gardiner	5	13.52	27.06	Luke Davidson	4	13.02	40.08	John Newsom	3	12.55
23	Max Abernethy	3	13.19	13.19	Robbie Cooman	4	13.41	27.00	Keith McIntyre	3	13.00	40.00	Jonathan Buchan	4	13.48
21	Finlay Murray	1	12.57	12.57	Blair Mackay	3	13.46	26.43	Ruairidh Gollan	5	13.39	40.22	Eoghann Golan	5	14.11
43	John Hamilton	5	13.28	13.28	Sam Greenslade	6	14.38	28.06	Norman Ferguson	6	14.23	42.29	Murdo Mackenzie	6	13.47
37	Paul Rogan	8	14.15	14.15	Stephen Carmichael	8	15.16	29.31	Colin Green	8	14.53	44.24	Wayne Dashper	7	14.25
34	Mathew Thompson	15	15.09	15.09	Mark McCluskie	7	14.09	29.18	Stephen Simpson	9	15.14	44.32	Tom Roche	8	14.26
40	Lawrence Ramsay	9	14.21	14.21	John Anderson	9	15.15	29.36	Andrew Clark	7	14.30	44.06	Jon Ward	9	15.01
26	Eric Duncan	18	15.39	15.39	Ryan Mackenzie	11	14.24	30.03	Gavin Whiteside	10	14.49	44.52	William Nicolson	10	14.34
28	Steven Gregg	11	14.45	14.45	Ian Meek	10	15.16	30.01	Dougie Macdonald	11	15.19	45.20	Javier Cabrera Valdes	11	14.20
31	Rob Burnett	7	13.58	13.58	Alex Sutherland	14	16.40	30.38	David Cullen	13	16.01	46.39	Jonny Macleod	12	13.56
22	Raymond Hughes	12	14.47	14.47	Andrew Morgan	12	15.28	30.15	Iain Macdonald	14	16.54	47.09	Colin Hall	13	15.21
77	David Fraser	17	15.37	15.37	Ryan McRae	17	16.18	31.55	Alan Reid	15	16.07	48.02	Ross Aird	14	15.41
24	Keith Buchan	10	14.22	14.22	Duncan Abernethy	15	16.43	31.05	Sean Walker	16	17.45	48.50	Robbie Youngson	15	15.28
41	Dean Bowman	22	18.19	18.19	David Orr	20	15.35	33.54	David Spencer	18	15.48	49.42	Kenny MacGruer	17	15.20
38	Nigel Williams	19	16.39	16.39	Simon Macdonald	19	16.49	33.28	Kevin Morice	17	16.12	49.40	Euan Cantlie	19	17.16
35	Thomas Blaire	16	15.35	15.35	Eric Simpson	18	17.22	32.57	Bryan McKinnon	20	17.28	50.25	Greig Cruickshank	20	17.05
39	Martin Bain	14	15.01	15.01	Aaron Green	13	15.30	30.31	John Paul Downey	12	15.15	45.46			
44	Daniel Stewart	13	14.52	14.52	Donald Macleod	16	16.17	31.09	Gerry Connolly	21	19.19	50.28			
25	Constantin Form	21	18.06	18.06	Adam Wordie	21	15.57	34.03	Leon Kuehne	19	16.20	50.23	Ruari Tate	16	14.26
29	Oscar Sanchez Garcia	20	16.41	16.41	Jane Chisham	22	20.52	37.33	Eion Coull	22	14.17	51.50	Graham Bee	18	13.46

SENIOR MEN

- 1 Moray Road Runners
- 2 Highland Hill Runners
- 3 Inverness Harriers

Fastest Lap

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|---|--------------|-----|-------|
| 1 | Kenny Wilson | MRR | 12.12 |
| 2 | Rob Sinclair | HHR | 12.52 |
| 3 | John Newsom | IH | 12.55 |

SENIOR MASTERS MEN

- 1 Moray Road Runners
- 2 Highland Hill Runners
- 3 Inverness Harriers

Finish time	Club
51.54	Moray Road Runners 1
52.57	Highland Hill Runners
53.03	Inverness Harriers 1
53.48	Fraserburgh RC 1
54.33	East Sutherland
56.16	Stornoway RAC 1
58.49	Moray Road Runners 2 (V)
58.58	JSK RC
59.07	Moray Road Runners 3
59.26	Highland Hill Runners 2 (V)
59.40	Highland Hill Runners 3
60.35	Inverness Harriers 2 (V)
62.30	Forres Harriers
63.43	Peterhead AC
64.18	Fraserburgh RC 2
65.02	North Highland Harriers
66.56	Moray Road Runners 4 (V)
67.30	JSK RC
	Moray Road Runners 5 (V)
	Stornoway RAC 2
64.49	Gordonstoun NC unregistered athlete
65.36	Mixed NC