



SUNDAY 7th January 2024

**PUFFIN POOL NEW YEAR'S 5K FUN RUN / WALK
IN AID OF THE PUFFIN POOL**

Runners 1115am Walkers and Wheelchair (Shorter Route) 1130am

NAME: _____ Male / Female Club? _____

ADDRESS: _____

_____ POST CODE _____

Emergency Contact Number _____

Date of Birth _____ Age on race day _____

(Under 11s must be accompanied by a parent/guardian)

Entry Fee (please circle one)

Runner/Walker £5.00 Wheelchair £2.50 Family £15 (max 5 people)

**I waive any rights against the organisation for any loss or
injury as a result of participating in the event.**

Payment Details

RACE NUMBER:

Cheque or cash for £.....

All cheques should be made payable to Ross County Athletics Club

Signed _____

Date _____