**2019 Dates**

**Track & Field**

**Inverness Harriers Open Graded -** [**Details**](C://Users/JoEllen/Documents/RCAC/OGM-14Apr2019.pdf)

Sunday 14th April

**North District Track & Field Championships -** [**Details**](http://events.scottishathletics.org.uk/events/21010-18025-fpsg-scottishathletics-north-district-u13-u15-u17-track-field-championships-and-11th-may)

Friday 10th and Saturday 11th May

**RAM Athletics League -** [**Details**](C://Users/JoEllen/Documents/RCAC/RAM%20Grampian%20League%202019%20Program%20(full).pdf)

Meet 1- Sunday 5th May

Meet 2- Sunday 2nd June

Meet 3- Sunday 30th June

Final - Sunday 1st September (Aberdeen)

**YDL Athletics**

Meet 1- Sunday 28nd April - Aberdeen

Meet 2- Sunday 20th May - Inverness

Meet 3- Sunday 23rd June - Dundee

**National Championships**

U13/U15/U20s – Saturday 10th/Sunday 11th August - Grangemouth

U17/Seniors – Saturday 17th/Sunday 18th August - Grangemouth

**Road Races**

Buckie 10K & Junior 3K Run - Sunday 14th April

Benromach 10km – Sunday 12th May

Castle of Mey 10km – Sunday 26th May

Fort William Marathon – Sunday 28th July

Skye Bridge 10k – Saturday 10th August

Huntly Half Marathon – Saturday 7th September

Deveron Valley Half Marathon – Sunday 15th September

Caithness Half Marathon – Sunday 15th September

Baxters Festival of Running - Sunday 6th October