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October 2022

Welcome to our latest round-up of news. We send out a reminder to submit news items to many groups, but this is a place where anyone can share information about what's going on in Cromarty. Please feel free to contact us anytime with news that you think others would like to hear about. Hopefully you'll find plenty of interest this month, and lots to put in your diaries for the weeks ahead...

Cromarty Plays Host to Scottish Rowers



Justin Tait reports on September's exciting rowing regatta:

Row Hard or Row Home!

This is the oft-heard cry of the Cromarty Community Rowing Club as teams set off to the start line in their annual rowing regatta.

The regatta took place 17th and 18th September with a whole host of rowing clubs participating from as far and wide as Eastern Amateur Coastal Rowing Club in the South, South Skye & Lochalsh coastal rowing association from the East and a contingent from Bunillidh Rowing club in the North.

In the run up to the event we had seen some pretty strong winds, so it was a relief to see them drop to a level on the first day that meant we were good to go. With just over 20 races to get through over the two days it was the U15 class that set us off. Pretty tricky conditions with an unusual wind coming out of the NW meant rowing across the waves which were thankfully no match for the determination of the youth rowers, some in their very first race.

Gusting winds and variable conditions kept the racing challenging and a fine opportunity for all to show off their open water rowing and coxing skills.

Given the size of the CCRC membership, well over a hundred, there was spread of categories to ensure opportunity for all to take part and we saw some great competition between clubs in the race to take the first buoy at nearly 1km from the start. Our umpires Ralph from Broughty Ferry and Lindsey from Golspie had their work cut out!



Rounding The Bouy (Day 1)

A shorter run to the second buoy to take the turn for home provided plenty of scope for skilful coxes to manoeuvre their way through the field or chase down nearby boats. With a finish line in full view of the beach much cheering and encouragement could be heard heading to the finishing line.



Heading For the Line (on Day 2)

Day two came with a change in the weather to almost flat calm conditions, what a contrast! Opener for the day were the U18s, taking on the full 2km course, the Cromarty girls bringing it home for a first and the Broughty guys way out front for an impressive win.

Plenty more thrilling racing followed leading up to a very close result in the overall winner classification. A sterling effort from CCRC saw their training over the last few months pay off with a third place overall. Only one point separated the top two teams with Ullapool Coastal Rowing Club just beating The Eastern, all that after twenty-one races!

The day finished up with medals and trophies, including the Goodie Trophy in memory of William Shepherd (also known as Goodie). His family made the awarding of this annual prize possible, and it is awarded to recognize the person or persons the club feels have made a special contribution over the course of the year. This year it was an honour to make the award to our boat building and maintenance team Tommy, Robert and Mike. All have helped ensure that our boats Cromba and Tess are seaworthy, serviced over the winter and cared for. No easy undertaking given the amount of use they get! Thank you!

Special thanks also went to all the local businesses who served up hospitality and tasty treats for our visitors, including a good number of overnight campers.

Further Accolades for Local Talent

Congratulations to Tilly Grist who earlier in September was announced 'Youth Volunteer of the Year' at the Highland Third Sector Interface Awards at a glamorous event held in Inverness.



James' Support Group

September was suicide awareness month, and Saturday 10th was marked as World suicide prevention day. Many of you will thankfully never know how it feels or affects

the rest of your life having been bereaved by suicide but there are far too many of us who do.

The first of October sees the start of the SIX months peak period for suicides, so rather than thinking that the awareness of suicide risk ends this month, let's all be aware of the difficulties that we all face in normal daily life.

Short daylight hours, the energy crisis causing poverty and the serious lack of resources for anyone dealing with poor mental health just exacerbate the risk of further suicides.

So, let's be kind to one another, realise that someone who is struggling or angry or upset is dealing with something that you cannot see. A kind word or gesture can go a very long way to making their day a whole lot better. You could just make the difference and keep them safe, stopping them from taking the next fatal step.

If you or someone you know is struggling, please reach out. You are not alone, and it is OK not to be OK.

James Support Group 24/7 Helpline 07563 572471

Samaritans 24/7 Helpline 116123

There are many other forms of support details on our webpage and the excellent app called [Prevent Suicide Highland](#).

Thank you for reading.

Patrick and Wendy Mullery

Business Updates

Emporium Closure

It is with mixed emotions, that I announce the closure of the Emporium on Monday 24 October. It has been a challenging and rewarding 9-years. It was especially difficult with Covid restrictions, which required me to close the coffee shop. However, expanding children's toys and books was a great success.

I want to thank my loyal staff, all my customers, local artists and fellow business owners for their support and help. I have made lifelong friends and experienced many wonderful adventures.

I will be having a sale to clear out all stock, starting Friday 23 September until Sunday 23 October. Please come in and take advantage of many bargains and enjoy some early Christmas shopping.

My sincere appreciation to you all.

Love & Blessings, Judy

Fishertown Inn

We are 8 weeks in and so grateful for everyone's support so far. We have had live music and plenty of games playing. We are hoping to start a regular Thursday night traditional music session, so if you are a folk musician and would like to join in, please get in touch.

We hope to start doing all-day Sunday roasts once our newcomer arrives.

Our first quiz night is on October 22nd. The funds raised are going to go to Scotland the Wave. This is the team that Fiona Deakin is rowing the Atlantic with. They are doing the row to raise funds for 4 amazing charities. If you'd like to book a table for dinner beforehand, please call 600988 or just rock up for the quiz which will start at 9pm.

We have our first meeting of our book club on Tuesday the 11th of October at 7pm. All welcome.



Traditional music nights on a Thursday at the Fishertown Inn

Sutor Creek

We are now into our winter hours of Wednesday to Sunday 12-8pm, this does, however, mean that free deliveries within Cromarty are now available on Friday, Saturday and Sunday evenings 5-7.30pm. Home delivery is an option on our online ordering system, phone 01381 600 855 or pop in and pre-order at Sutor Creek!

Our menu also changes with the season... lots of slow braised local meats, monthly specials on the seasonal and wood-fired pizza, and goodies in the deli that are perfect for enjoying at home. Our talented kitchen team are excited about the menu planning for the winter, and we look forward to sharing it with you. Our classics like Fish & Chips, Sunday Roasts, Steak & Chips will remain but look out for some fabulous specials!

Social Media

To find out what's new at Sutor Creek, follow us on Instagram at sutor creek or Sutor Creek Take-Away & Deli on Facebook.

Ingrid's House

We are busy restocking for our Autumn/Winter season with lots of new Scandinavian goodies to feast your eyes on. A wonderful trip to Top Drawer trade fair has given us lots to work on in the coming weeks.

We are open 7 days a week. We look forward to welcoming you in.

Calluna

Autumn Collections

Our shop has transformed over the last few weeks to now feature a beautiful collection for the Autumn. Padded waistcoats, wool coats, chunky knits, wide legged jeans, winter trousers, beautifully detailed blouses and dresses are just some of the lovely items in store. Our accessories are bright, cosy and perfect for the changing season.

Cromarty Doors Calendar 2023

Currently in production is the 2023 Cromarty Doors Calendar. Painted by Iain J Matheson, this collection will make a beautiful gift or just a lovely daily reminder of the beautiful town we live in! To pre-order, message info@callunacromarty.co.uk, phone 01381 600 464 or pop in to see us on Church Street.

Social Media

To find out what's new at Calluna, follow us on Instagram on Calluna.Cromarty or Calluna on Facebook. Lots of our items are also featured on our website

www.callunacromarty.co.uk

The Cheese House

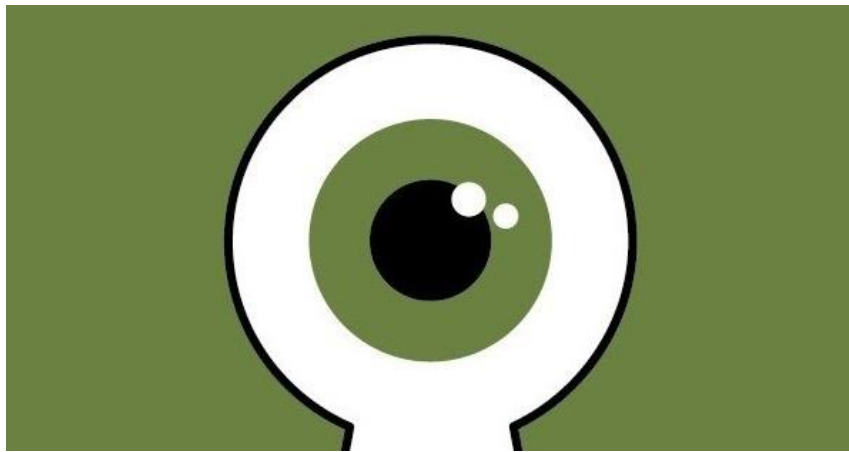
Ten Year Anniversary

Tickets are now on sale for our party night at the Victoria Hall on Saturday 29th October. The evening begins at 8pm with a performance of **'The Riot of Resolis'** – the acclaimed play about a local historical uprising, told using local voices and life-sized puppets with original live music by Marjorie Paterson. This is followed by a **Silent Disco** – the first of its kind in Cromarty!

Bring your own bottle and enjoy plenty of free cheese! Entrance is £12 (£5 for under 16's). Book your place either in the shop, email jon@cromartycheese.com or telephone 600724

It's going to be a riot!

Gluren bij de Buren



Enjoy a relaxing afternoon in people's living rooms and experience an eclectic mix of home-grown entertainment. 'Peeking in on the Neighbours' **Sunday 30th October**. A full programme and a map of where everything is taking place will be published on the website a week before the event. www.glurenbijdeburen.co.uk Or look out for the mini-maps in the shops around town.

Cromarty History Society & Friends of Cromarty Courthouse

The Herring Gutters of N. E. Scotland: A coastal history

Speaker: Anne Coombs

Thursday 20th October 2022, 7.30pm West Church Hall,
Cromarty

During the 19th century and right up to the outbreak of World War 2, herring fishing in the north-east of Scotland established itself as a dominant player in the growing market for cured fish in continental Europe, particularly Germany and Russia, as well as helping to slow the decline in the population of the Scottish Highlands. This talk will look at the earliest records and images of the herring gutters, following their history and lives until the 1950s. It will conclude with a brief description of the speaker's more recent work on the Zulu boat graveyards found in the last ten years, relating this back to her previous studies.

Anne Coombs is now retired but worked as a Field Officer for Highland (Monument Warden), Historic Scotland, and has been a member of the North of Scotland Archaeological Society (NOSAS) for about twenty years. Her Masters degree in 2007 had the herring gutters as its subject, an interest that she has continued to follow with further research, in particular through archaeology. She has recently been involved with surveys along the coasts of Sutherland, Ross and Inverness-shire recording, amongst other things, the boat graveyards at Littleferry and Munloch for SCAPE.

Cromarty History Society meets on the third Thursday of each month, September - April

www.cromartyhistory.scot



Courthouse Museum

Mary Bowers writes:

The Courthouse will be closing for the season in two weeks on Sunday 16 October. Thanks to those of you who have called by to see us. There's still time to catch the acclaimed Cromarty Camera Club exhibition (and purchase one of the calendars based on it!) and also the Year of Stories 2022 "Weaving Beelines" trail in the garden.

Special thanks to all our lovely seasonal and relief staff this year – Anne, Charlie, Zoulla, Susana, Anna, Louise, Vee and Jenny for helping us keep open every day. We will continue to add news to our website and Facebook

and Instagram sites, while we remain closed over the winter. www.cromarty-courthouse.org.uk

Cromarty Cinema

From Fraser Mackenzie:

Our Korean/Anime Season – **Playing Together/Hamkke Noneun** - concluded with multiple sell-out shows over the course of the month. Highlights include the talks about traditions and life in North Korea, Emily Katagiri's popular drawing (manga) workshops and the delicious collaboration with Sutor Creek (check out the Korean Chicken if you haven't already done so). All in all, the season has been a great success and shown that there's an appetite for trying different things at the cinema especially when activities provide insight into other cultures.

Although the season officially ended on 29th September, coincidentally two films being screened in October come from Korea and Japan - award-winning feature In Front of Your Face with acclaimed actress Lee Hyeyoung, and anime The Wind Rises by Miyazaki which is inspired by the true story about the designer of a jet fighter plane.

October's programme features a variety of different screening experiences including theatre with a one person play Prima Facie (which means 'first sight') with Jodie Comer. Ticket prices are higher for these events so please note this when booking.

October is **Black History Month**, and Cromarty is partnering with communities on the west coast to celebrate Women of Colour. On **Sunday 16th October**, there will be an afternoon of special activities beginning with a new walk devised by David Alston - **Putting a Face to our History: Legacies of Women of Colour from Cromarty's Past**.

Starting at the cinema at 11.30, David Alston will be in conversation with Nicole Bontemps. We can accommodate up to 20 people on a newly devised one hour walk which will focus on women's lives and work. This walk will conclude at the Gaelic Chapel at 12.30. From 13.00 - 14.00, with fresh cornbread provided by

Nicole outside the cinema. At 15.00, a FREE ticketed screening of Harriet (2019) directed by Kasi Lemmons will take place. Harriet follows the life of Harriet Tubman who was an American abolitionist and social activist. Born into slavery, Tubman escaped and over the course of 13 missions, rescued 70 enslaved people including family and friends.

Black History month activities are supported by Film Hub Scotland and Scottish Union Learning's Fair Work; Leadership and Equality Fund

Tickets + Further details: cromartycinema.com and eden-court.co.uk

Due to rising costs, our screening partner Eden Court has made the decision to increase ticket prices. From Friday 30 September (the beginning of our new film programme), the price of standard and friends' tickets will go up by £1. Other ticket prices will remain the same.



Cromarty Cinema

October 2022 Programme



	Date	Time	Film	Rating	Duration
SAT	01/10	19:00	Ride The Wave	12A	1h25
SUN	02/10	15:00	NTV Live: Prima Facie*	15	2h
FRI	07/10	19:00	Don't Worry Darling	15	2h03
SAT	08/10	11:00	Tad The Lost Explorer and The Curse of The Mummy	U	1h30
SUN	09/10	15:00	Don't Worry Darling**	15	2h03
FRI	14/10	19:00	Mrs Harris Goes To Paris	PG	1h56
SAT	15/10	15:00	The Wind Rises	PG	2h06
SAT	15/10	19:00	Moonage Daydream	15	2h15
SUN	16/10	15:00	Harriet***	12	2h
TUE	18/10	19:00	Mrs Harris Goes To Paris**	PG	1h56
THU	20/10	19:00	In Front of Your Face	12A	1h26
FRI	21/10	19:00	The Lost King	12	1h48
SAT	22/10	19:00	After Yang	PG	1h36
SUN	23/10	15:00	Dùthchas (Home)	U	1h29
TUE	25/10	19:00	The Lost King**	12	1h48
FRI	28/10	19:00	Emily	TBC	2h10
MON	31/10	19:00	Halloween Mystery Movie	TBC	TBC

* One off ticket price: £17.50/£15
 ** Descriptive Subtitles
 ***Black History Month event

Adults - £8.50 Under 26 - £5.00 Friends - £7.00

For info on all films and to book tickets please visit our website:

www.cromartycinema.com OR <https://eden-court.co.uk/booking-information>

OR Wednesdays in-person from 12:00-2:00pm at Cromarty Cinema Box Office

BECOME A FRIEND: For info on Friend's Membership, visit our website

www.cromartycinema.com

admin@cromartycinema.com

The Cromarty Cinema, Cromarty, IV11 8XZ



Cromarty Arts Trust

THE ENNEGÅRD QUARTET Wednesday 14 Oct 2022 The Stables, Cromarty, 7.30pm



Tickets: £15 (£11 concession) **SCHOOL CHILDREN GO FREE!**
To purchase: info@cromartyartstrust.org.uk / 01381 600354 or on the door

Cromarty audiences are in for a treat with The Engegård Quartet who attract international acclaim and are amongst Norway's most sought after ensembles.

Their programme will consist of Wolfgang A. Mozart's String Quartet in D-major "Hoffmeister", Edvard Grieg's String Quartet no. 1 in g minor, op. 27 & Claude Debussy's String quartet in g minor, op. 10.

Bring your own bottle/Tea/coffee available to purchase

Other events with Cromarty Arts Trust

3-8 Oct **STONE LETTER CARVING** Stables, 9.30-5pm
- £550 incl. lunches

16 Oct **SONGS FROM THE LAST PAGE** Stables, 3pm
£12/£10 bring your own bottle/tea & coffee available

29 & 30 Oct **LIFE DRAWING WEEKEND** Stables,
10.00 – 16.30 £150 DUE TO
CANCELLATION – 2 SPACES AVAILABLE

5 & 6 Nov **BEGINNERS NOVEL WRITING** Old
Brewery, 10.00-16.30 £130 bring packed lunch

To book tickets for one of our events or workshops email us at info@cromartyartstrust.org.uk or call the office on 01381 600354.

SONGS FROM THE LAST PAGE

A witty and heart-warming show of music and conversation about the nation's favourite books

THE STABLES, CROMARTY, IV11 8YE

SUNDAY 16 OCT

3PM (Doors 2.30pm)

Tickets £12/£10 info@cromartyartstrust.org.uk/01381 600354

www.cromartyartstrust.org.uk

National Theatre of Scotland and Scottish Opera composer Gareth Williams celebrates Scottish writers and the world of stories!

Accompanied by Scottish Chamber Orchestra First Violin Aisling O'Dea and acclaimed cellist Justyna Jablonska, Gareth presents a brand-new musical celebration of Scottish writers and the world of stories drawing on chamber music and contemporary pop. From Sherlock Holmes to Peter Pan, via Lanark, **Songs from the Last Page** promises an atmospheric performance of original songs inspired by some of the nation's favourite books. Commissioned by Chamber Music Scotland, and funded as part of Event Scotland's Year of Stories 2022.

That's it for another month. Whether you're managing to get a holiday or just sticking hard at it, have a wonderful

October. Get out and enjoy the autumn colours and see you next time.

- *The Editorial Team*

Forward

We hope you've found this an interesting and informative read. Please let us know what you think, or send suggestions and ideas for articles via editor@cromartylive.co.uk

The Cromarty Live Newsletter team is Briony Moses, Jon Palmer, Jeremy Price and Laura Shepherd.

The Newsletter is currently sponsored by a private benefactor.

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