

# **April 2023**

# **A Spring Transformation**





The 'New Realities' Cromarty Film Festival certainly left its mark with a film-inspired artwork down by the harbour.

The Cromarty Film Festival 2023 team would like to thank the local and wider community for their support up to and including last weekend. The festival was a roaring success and we're hearing so much positive feedback. Events like this are only amazing when you have the support of wonderful communities. Cromarty, you were fantastic ♥



# **And Another Festival This Month!**

The Cromarty Arts Trust is looking forward to the 11th year of our Crime & Thrillers weekend between 21 and 23 April. Starting on the Friday evening with a dinner and event for the authors and those staying residentially, we are really kicking off the talks and book signings on Saturday morning.

Lin Anderson is on first, her hugely successful book The Party House, is just out in paperback and she'll be talking about setting fiction in a place you live. Next up is Shona Maclean, she recently gave a talk at the History Society so if you enjoyed that or missed her there, she is going to talk on a different subject, answering questions and signing copies of The Bookseller of Inverness.

Saturday afternoon sees Jonathan Whitelaw talking about his move from journalism to writing fiction. There is a matinee showing of the comic crime caper Kiss Kiss Bang Bang (Robert Downie Jr and Val Kilmer star) at the cinema at 4pm, limited tickets so get those booked soon! Price includes a glass of wine, beer or soft drink and some snacks.

Sunday morning starts off with Mark Billingham in conversation with Black Isle author Neil Lancaster, followed by a workshop with more local authors Margaret Kirk and Helen Forbes on how to get published. The final event of the weekend is Desert Island Crooks, come along and find out which books the authors would take when

cast away on a desert island! Lots of books for sale throughout the weekend up at the Stables.

Before we get to Crime & Thrillers, we have two **Easter holiday children's workshops** happening from 4-7 April. Generously supported by the Middleton Trust, children can learn to machine sew in the mornings and then make a mosaic in the afternoons, it will be lots of fun, a great chance to learn new skills and make new friends - still a few spaces left.

On Sunday 30 April we have an afternoon **classical concert** of music from Beethoven and Schubert with the international Trio Doyenne. Full details of all events can be found as usual on our website <a href="https://www.cromartyartstrust.org.uk">www.cromartyartstrust.org.uk</a>, email <a href="mailto:info@cromartyartstrust.org.uk">info@cromartyartstrust.org.uk</a>, call us on 01381 600354 or pop into the office in Ardyne, the big blue door is always open, please do pop in.



# **Cromarty Care Project**

Alison Seller writes:

# Slow Cookers Awarded to the Community

Cromarty Stores and Cromarty Care Project are 'making a difference locally'! Making A Difference Locally (MADL) is the charitable arm of Nisa Retail and through their "Heart of the Community" award, CCP have been able to purchase slow cookers. We are all experiencing the effects of energy and cost of living price rises, and slow cookers are one way of keeping those costs low. They are also a very convenient way to cook healthy meals for busy families. So far, over thirty slow cookers have been distributed, with more to come over the next few weeks.

A BIG thank you to Marcel and Kitty at Cromarty Stores, who have championed both our community and Cromarty Care Project. And thank you to MADL for helping to ease the strain of the cost of living crisis for so many households.



Denise McIntosh, CCP Chairperson with Marcel and Kitty, Cromarty Stores

The Trikes Are Back (and on film)

The "Trikes", or "Cycling Without Age Trishaws" were filmed by Eden Court last month as part of film-maker, Chak Hin Leung's desire to spread smiles through the medium of film! When he and producer and film tutor, Drew Tremlett came to town, there were certainly smiles on the faces of our passengers, Sheila and Iris and our pilots, Robert and Nige. You may have spotted them all on a bright sunny day last month, when the weather was really kind for filming! Chak's project is about engaging creatively with the elderly, and we think the Trikes are a really creative way of getting about! Once the film is completed, CCP hope to put it on our website and – who knows, it may find its way onto the next Cromarty Film Festival programme?

The Trikes are returning to our streets for the summer, so, if you need to travel in style around town, or you'd like to become a pilot, please contact Shirley on 01381 600451





Top: Trike passengers, Iris and Sheila with pilot, Robert; Below: Eden Court film-maker Chak Lin Heung with pilot, Nige

### **Community Sharing Larder**

The Larder continues to be well-used and is currently being supported by Highland Council funding. We are always grateful for kind donations from members of the community and recently received donations from the Masonic Lodge. In February, a class of First Year pupils at Fortrose Academy organised a whole school collection for all the community larders or 'Sharing Sheds' in the Black Isle. This was part of their Modern Studies module on food security, and we want to applaud them for taking practical steps to be good neighbours and future good citizens!

# **Playgroup**

The playgroup is still taking place in the West Church Hall. It is open to parents/carers with babies and toddlers. Every Tuesday during term-time, 10-11.30 a.m.

#### **Callout for Carers!**

Cromarty urgently needs Home Carers. Topcare Inverness are the care provider locally and are keen to chat with anyone interested in working as a Home Carer. No experience necessary, training is provided locally. Do consider this possibility even if you can only offer a few hours a week. Contact Jill Stoner for more information on 07850 889015, or Maxine Worsfold on 07483 881981

# **Thrift Shop**

The Thrift Shop will open its doors once again, starting this Saturday (1st April). Open from 11am. Lots of new bargains to be had - with all income going to the Community Development Trust. Open every Saturday thereafter throughout the summer.

# **Business Updates**

### **The Royal Hotel**

Jenny Henderson writes:

I always think spring is here when 1. EcoVentures have their boats in the water 2. The daffies are out in our flower tubs and 3. Our benches are full of guests enjoying drinks in the sunshine – and all three have happened in the last few days, so Happy Spring everyone!

There's lots going on this month at the Royal, including a new brunch menu available on Fridays, Saturdays and Sundays from 11am – 12noon. We may extend these hours if there is demand. Our Head Chef Denis has come up with a delicious menu for Easter Sunday (Sunday 9 April) so please get in touch to book. Don't forget, our menus are available online and on our social media. We didn't manage a Bingo Night in March but we hope to have one in April so keep an eye out for the date on social media (please give us a follow on facebook and/or Instagram if you don't already).

As the summer season advances, we're looking for additional staff. There's a variety of roles and hours available so please get in touch if you'd like to join our team.

Thanks for all your support so far this year, it is much appreciated. Hope to see you soon!

#### **The Post Office**

Royal Mail's annual price changes come in on April 3rd. Most prices are going up a bit - no surprise there - but first and second class stamps are valid whatever the current price so if you buy some before the increase you'll make a saving. There'll just be time if you read this as soon as you get it! On parcels RM are continuing to battle the couriers for business so there are some price cuts and service improvements.

We're ready for Easter in the shop with cards, Divine chocolate eggs, and bunnies of course! And although it still hardly feels like spring we're gearing up for the new season. This year's fleet of Cromarty boats has arrived and will be in the shop window soon. Look out for the lighthouse!

Estelle

#### **The Cheese House**

We will be back to our 'fuller' opening hours from now until the end of October - Wednesday-Saturday 10.00 - 17.00 and Sunday 12.00 - 16.00. Next week is all about getting the coffee machine serviced and then, on 'nice' days, we will be serving teas, coffees and 'the best' cheese toasties in the garden once more.

## **Ingrid's House**

We have lots of new Spring stock including beautiful hand felted Easter bunny baskets, perfect for collecting Easter Eggs.



#### **Fishertown Inn**

We are now open from 11am Monday to Saturday and from noon on Sundays. We are serving lunch every day and evening meals Monday to Saturday. We have a new coffee machine so we now have speciality coffees for sit in or take away and Izzy is baking up a storm so we have freshly baked cakes and scones too.

In April we have: **Knit and Natter** on 11th & 25th. **Book Club** on the 11th. **Traditional Music** on the 6th & 20th

This month's **quiz** is on Saturday the 22nd, in aid of Cromarty Courthouse. Tables for food first can be booked by calling 600988.

#### **Sutor Creek**

Our **Spring Cheer Voucher** is still available to any household in Cromarty. If you haven't used it already,

treat yourself to something from our menu and you'll be given £10 off - just phone us to order and we will take care of it (there isn't a physical voucher to hand in!). The Spring Cheer Voucher is funded by the Highland Council's Cost of Living Support Fund through the C&DCC.

Easter Sunday, 9th April. We are now taking reservations for Easter Sunday. Our Roast Lamb will be cooked overnight in our wood-fired oven and then served with seasonal vegetables and roast potatoes - our seasonal menu and wood-fired pizza menus will also be available. Tables can be reserved from 12pm to 6pm on Easter Sunday.

Sutor Creek is currently open Wednesday to Sunday 10am to 8pm. Reservations and orders can be made by phoning 01381 600 855 and take-away can also be ordered through our website <a href="http://sutorcreek.touchtakeaway.net">http://sutorcreek.touchtakeaway.net</a>. We look forward to welcoming you!

#### **Calluna**

IN THE PRESS. We were excited to have Calluna featured in the Ross Shire Journal recently - it's brought lots of new faces in to see what our wee shop has to offer. If you haven't been in, or it's been a while, you are more than welcome to pop in just for a browse!

BESTSELLERS. Our ICHI Raven jeans are proving to be a bestseller - £44.99, in sizes 6 to 18, and a range of colours - perfect for everyday. If it's special occasion wear you need, we have a beautiful selection of dresses and jumpsuits that are perfect for parties and weddings!

#### **POP UPS**

During the next few weeks we are going to be out and about with our Pop Up Shops:

DINGWALL - Friday 31st March, Fundraiser for Highland Hopsice at The Legion Club Hall in Dingwall from 6.30-9pm

TAIN - Thursday 6th & Friday 7th April at 12 Tower Street, Tain from 11-5pm

INVERNESS - Sunday 23rd & Monday 24th April at The Head Gardener Hair Salon, Inverness. Sunday 12-5pm, Monday 10-5pm.

# **Cromarty Courthouse**

Just over a week until we open again for the new season on Easter Sunday, 9 April.

As we are celebrating the 250th anniversary of the building of the Courthouse this year, we thought it would be appropriate to also celebrate another.

In 2003, the Cromarty Image Library was established by Plexus Media. Before the days of Facebook and Instagram, this site fuelled great enthusiasm from local residents and those with connections to Cromarty from farther afield. The website has continued to be a stimulating resource and will be a historical and social record for the future. The site has been running successfully now for 20 years and we decided to mount an exhibition in the museum to celebrate its achievement. Come along to view it and see what events and people you remember!

Also, on Saturday 22 April (the annual Crime and Thriller weekend) we will be holding a fund-raising Quiz Night in the Fishertown Inn. Look out for the posters nearer the date, but be warned - we will be asking some punishing questions!

To keep our museum up and running, we are welcoming back some previous, and also some new staff this year. We will be open every day, 12.00am - 4.00pm, until the beginning of October.

Looking forward to seeing you!



Preparing the Cromarty Image Library exhibition

# **Cromarty History Society**

# AGM followed by The Story of Cromarty in 6 maps — A designed landscape of national importance

#### Tues 18th April 7.30pm Victoria Hall

Cromarty History Society hosts the last talk of this season presented by two Cromarty residents, Pay Haynes and Liz Broumley. As usual, April's talk will be preceded by a very short AGM and afterwards we will serve complimentary tea, coffee and biscuits. All welcome!

Humans have been using maps to help them understand, interpret and even navigate the world around them for millennia, from 6th century BCE Babylonia to 21st century Google earth. Navigation wasn't always the most important criterion for early mapmakers: understanding the earth's relationship to the cosmos as well as understanding the relationship of different regions to each other meant early cartographers were producing philosophical, religious, scientific and political documents. This was dangerous activity as getting the interpretation wrong in the eyes of the powerful could lead to accusations of heresy, often with fatal results.

Cromarty appeared on the first survey-based map of the whole of Scotland, created initially by Timothy Pont in the late 16th century. But Cromarty also appeared on earlier maps produced by some of the famous Italian and Dutch map makers of the early and mid 1500s. Pat and Liz will take you on a journey through Cromarty's history in maps, and where the ancients failed to provide the relevant maps they have bravely stepped in to fill the breach.

Liz Broumley trained in the social sciences, working in industry and academia before being seduced by computing, which led to a major career shift into AI and computer science. She spent the rest of her career both in research and tutoring, finally running a small research unit on elearning within UHI, cleverly combining her background skills with her love of Scottish mountains. Liz plans to be one of the oldest women ever to complete the Munros, for which maps, and a love of maps, are essential. When not huffing and puffing her way up hillsides, she can be heard tormenting a perfectly innocent fiddle.

Pat Haynes trained and practised as a landscape architect and land manager. She took advantage of early retirement to follow a long held ambition by buying a Highland hotel, running it with her husband for 6 years before rechartering in her profession and working on sundry commissions across the Highlands. A later move saw her working for SEPA as a Senior Environmental Planner, which precipitated a relocation to Cromarty, where she has been involved in the community archaeological dig, volunteered as a cook for the Arts Trust and been a fund raiser/project manager for the Harbour Restoration Project. She is currently a trustee of the Cromarty Arts Trust, and self-identifies as a mermaid.

Anyone wishing to be part of our friendly committee or has a suggestion for a talk, please let us know on the night, or email Gillian McNaught, CHS Secretary: <a href="mailto:gijo@btinternet.com">gijo@btinternet.com</a>

Plans for our 2023/24 season are well underway and the first talk will take place on Tuesday 19th September. Save the date!

Thank you for supporting the Society with great audiences throughout the year.

# Middleton Trust - Trust Turns Ten

The Middleton Trust would like to invite you to an informal event celebrating a decade of supporting Cromarty's young people.

All are welcome to come along and enjoy a complimentary glass of wine or beer and see and hear about the activities of the Middleton Trust and how it has made a difference to young lives in the community.

Welcome from Trustees; Chance to chat with beneficiary groups; Enjoy some light entertainment provided by Cromarty young ones; Luxury Hamper Draw

Please join us on **Wednesday 19th April from 5.30pm** – **7pm in the Victoria Hall.** 

# **Open Gardens**



June dates set for Cromarty Open Gardens and Art & Flowers

Organisers of two very popular Cromarty events have announced that the **Open Gardens** will be held on **Saturday 24<sup>th</sup> and Sunday 25<sup>th</sup> June** this year and the outstanding **Art & Flowers** display will be on show in East Church all week from Saturday 17<sup>th</sup> June until Sunday 25<sup>th</sup>.

Last year this fundraising event resulted in nearly £6,000 being distributed between ten local organisations so please put the date in your diary and help us raise even more money this year.

It is hoped that at least 30 gardens will open their gates to visitors and if anyone new would like to join in and open their garden they would be welcome. You do not need to have a 'Chelsea Show' garden as visitors love to see what is behind the walls and get ideas for their own patches. It is a fun event, very relaxed and you will meet lots of friendly visitors.

## Harbour

From Colin Dickie:

Late last summer, the harbour experienced a number of health and safety issues caused almost exclusively by (over) fishing. Regrettably, we were inundated by excessive numbers of people fishing that just could not be safely contained in our designated area – the outer pier. In the intervening period the Trustees have considered the matter fully and discussed with stakeholders how best to address the matter to avoid a repeat. We have a duty of care to all harbour users – boat users, locals and visitors and accordingly we have taken the decision to erect a gate at the bridge to control access and to limit numbers accessing the pier for fishing where high numbers cannot safely be managed. Last year our volunteers were abused and boats damaged as people turned their rods into the harbour entrance and basin, let alone the sheer numbers of people just wishing to access our outer pier.

It is important that the harbour continues to manage its health and safety obligations and balance those safety risks posed to harbour users, and maintain access granted to the community as a whole, as well as visitors to Cromarty. Where it is felt necessary to restrict access to the outer harbour, the decision to close (and re-open) the gate is at the discretion of the harbourmaster (or a designated representative), having assessed the

developing situation on site and it would also be his decision when it is deemed safe to reopen it. The harbourmaster will maintain a detailed log of closures that will be used to monitor gate access and determine future policy. The expectation is that gate will only be closed in exceptional circumstances where the harbourmaster considers there is a serious risk to health or safety such as concerns relating to:

- · adverse weather conditions; and
- $\cdot$  overcrowding in the outer area (including The Mole); and
- multiple fishing lines representing a risk to the individuals themselves and to other harbour users.

We have prepared a policy as to how this will operate which does consider how best to ensure that the access is maintained for the local community. This will be on our website no later than 1 June 2023. It is regrettable that we have had to do this but be assured that this decision has not been taken lightly and we will be monitoring the position as it progresses through the summer months.

In other news, we are nearing the end of initial feasibility studies to consider calming measures we might wish to consider on the west side of the harbour and through the bridge, and for renewing and repointing of stonework on the East pier. This is only the initial phases of both projects and funding will be required to progress these projects to a conclusion. We are most grateful to a number of users who collectively have made donations to assist in getting us to our match position in relation to funding the west project. This type of support and user and community involvement plays well with all funding bodies.

On other operational matters, the five pontoons current parked up outside the boat compound will be returned to the water on 21 April heralding the beginning of the summer season; we are full as usual.

Finally, we are in need of fresh volunteer support and all are welcome. We now have a vacancy as Clerk due to Nigel deciding that after many years of service, he would just like to be part of the Working Group. Thank you, Nigel, but importantly, thank you for continuing your volunteer service.

# **Community Development Trust**

Sheila Currie writes:

#### Campervan site works going well

Please have a look at the construction works as they progress. It MAY look like not much is happening, but a lot of 'the build' is underground (fresh and waste water, electrics, levelling the ground etc), so can be hard to see. The slab is now laid for the toilet/washing block, which should be going up soon.

Summertime should be full of camper vans enjoying the view!

#### Drystane dyking at entrance to campsite

We've asked Highland Council to see if we can use some of the sandstone that has been deposited in the yard beside the industrial estate for use at the entrance of the campsite. A small section of wall was built (and remains) there as a test panel for the school; and we understand there might be a bit of buried material.

A short section of drystane dyke could be constructed as finishing touch to the campsite. This work isnt part of the building contract works; but we have considered it to enhance the site and reflect the section of old building that is embedded in the embankment that forms part of the drainage ditch/boundary to the sea.

If anybody locally has the expertise and might consider volunteering their time - either to build a short section of drystane wall or to guide a couple of volunteers in building it - we would love to hear from you. Equally if anybody has any suitable stone (perhaps from a demolished building or wall) and would consider donating this to the project, for building supplies, that would be welcome.

More stone equals more wall!



# Award of £3K IT Contract to Plexus from CCDT (through a grant secured from Development Trust Association Scotland / DTAS)

In November 2022, we secured a grant of £3K for the branding, marketing, booking system and IT side of operations for the Campsite. After a period of research - understanding the operations of other Highland based campsites and establishing the specific IT package we needed - we have awarded this work to Plexus.

We're delighted to work with a local business and support work in the town. Plexus in turn have confirmed that they would welcome this work and a chance to be part of the success of a local community project.

Of the others locally who we were contacted by or approached directly, thanks for your time and interest. We now have had a good introduction to your individual skills and will

look to work with you on relevant projects as they come through. We certainly see that there are avenues for direct employment or spin off enterprise from setting up the campsite and other development works.

All of this aligns with one of our core objectives to create and return paid work to the community.

#### **East Church Hall**

Gillian Newman helped us with the Community's past role in the regeneration of the East Church Hall, through the development of childcare provision within the town and beyond. In that phase of the building's life the East Church Hall had been taken from a near derelict state to what most people will associate with it now.

We learned directly from Gillian of the award winning nursery provision - as a whole package - which was developed. Specifically this led not only to the restoration and reimagining of the building and related grounds to support both an indoor and outdoor education, but also to the implementation of a holistic early years educational system. Clearly this was a very important part of the building's recent past, and is still within the collective memories of Cromarty's youth, young adults and the community at large.

We are now going to archive and access all the material associated with this recent phase of the building's history, and use it to learn from and inform what we do going forward. We have asked Gillian if she might consider working with us in some capacity - to feed in her expertise. We all (Gillian included) recognise that the East Church Hall will evolve again, but we are keen not to erase its past in going forward, and we will carefully consider how we respect this at all times. Gillian has given this a great deal of thought already and has brought a new perspective to our thinking and planning.

We are now in the early stages of planning for the opening of the building - for community engagement - and will keep you informed.

# **Cinema**

Spring is finally upon us and we have some fun, thrills, drama and a couple of unexpected surprises for you to settle into the new season at Cromarty cinema.

Very fittingly, this months' volunteers' choice is Little Miss Sunshine, the much loved feel-good, funny and touching 2006 drama.

We also have two more screenings of the widely popular drama Allelujah, set in a retirement home starring the biggest and best British actors of our time. After more star-studded fun? Renfield is a comedy horror starring Nicholas Hoult and Nicolas Cage as Dracula! And don't miss your chance to catch the Oscar-winning All Quiet on the Western Front on the big screen.

For kinds and those young at heart, The Super Mario Bros. Movie is not to be missed. Mario and Luigi in an underground labyrinth – need we say more?

April sees a great and varied selection of international films, including Close, a moving depiction of a shifting teenage friendship; Winners, where a group of friends find an Oscar statue in Iran; The Beasts, a thriller that sees a couple move to a quiet village where the locals are not as friendly as they seem; and Godland, a Danish drama where a priest sets out to establish a church in Iceland, turning into a purgatorial odyssey.

After something a bit different? You can see the stage adaptation of The Life of Pi as part of National Theatre Live; get an intimate tour of Vermeer: The Greatest Exhibition, return to the New York indie music scene of the early 2000s in Meet Me in the Bathroom; or if you're after some scares, horror Infinity Pool is for you.

So as always, plenty to choose from. Get your tickets at <a href="https://cromartycinema.com/films/">https://cromartycinema.com/films/</a>, the human box office on Thursdays 12-2, or at the door.



#### **CROMARTY CINEMA**

#### April 2023



Saturday 1 April	7pm	Alledujah (12A) Ihr 39m British drama based on Alan Bennett's play. Set in struggling Yorkshire hospital, directed by Richard Eyre and starring almost everyone including Judy Dench and Jennifer Saunders.
Sunday 2 April	3pm	All Quiet on the Western Front (15) 2hr 07m  Multi Bafta and Oscar winner. German language adaptation of the First World War classic novel.
Tuesday 4 April	7pm	Allelujah DS (12A) 1 hr 39m
Friday 7 April	7pm	Close (12) 1hr 44m  Belgian drama depicting the close friendship between two teenage boys – and what happens when the friendship sours.
Saturday 8 April	7pm	Little Miss Sunshine (15) 1 hr 38m – This month's volunteers' choice Cherished 2006 drama about a family determined to get their daughter to a beauty pageant. Toni Collette stars.
Sunday 9 April	3pm	National Theatre Live - The Life of Pi (12A) 2hr 30m  The much-loved novel adapted for the stage by playwright Lolita Chakrabarti. Puppetry, magic and storytelling merge in a visual feast.
Friday 14 April	7pm	Winners (PG) 1hr 25m Iranian drama about young friends who find an Oscar statue in the dust of a remote village. A passionate tribute to Iranian cinema by Scottish-based Iranian director Hassan Nazer.
Saturday 15 April	11am	The Super Mario Bros. Movie (PG) 1hr 32m  Adaptation of the video game sees Mario and Luigi in the underground labyrinth.
Saturday 15 April	11am	The Super Mario Bros. Movie (PG) 1hr 32m
Tuesday 18 April	7pm	Exhibition on Screen: Vermeer: The Greatest Exhibition (PG) 1 hr 30m  A chance to see the sold-out Rijksmuseum exhibition on screen as the curator of the show gives a private tour - without the crowds.
Friday 21 April	7pm	The Beasts (15) 2hr 19m  A couple get more than they bargain for when they move to rural Galicia in this Spanish drama
Saturday 22 April	7pm	Infinity Pool (18) 1hr 58m  A couple finds their holiday turns to horror when they leave the luxury compound. Alexander Skarsgard and Mia Goth star.
Sunday 23 April	3pm	Meet Me in the Bathroom (15) 1hr 48m  Documentary charting New York's music scene in the early 2000's – The Strokes, Yeah Yeah Yeahs, The Rapture and more.
Friday 28 April	7pm	Renfield (18) 1hr 33m  Comedy horror in modern day tale about Dracula's servant. Dracula is none other than Nicolas Cage and Nicholas Hoult is Renfield - expect madness and mayhem!
Saturday 29 April	7pm	Renfield (18) 1hr 33m
Sunday 30 April	7pm	Godland. (12A) 2hr 03m  Danish drama set in 19 <sup>th</sup> century Iceland charting a priest's struggle to establish a Christian church.

More film info and book online at: cromartycinema.com or at eden-court.co.uk or in person at Cromarty Cinema on

Friends £7.50

 Become a Friend of Cromarty Cinema, show your support and reduce your ticket price. Visit cromartycinema.com or email admin@cromartycinema.com

Under 26 £5.50

The Cromarty Cinema, Cromarty, IV11 8XZ

# And finally...

Adults £9

Three years ago this revered publication (sic) was reporting on the new lockdown life we were all being forced to live. How long ago that feels now. Or maybe for some it doesn't. Perhaps it still feels very real. Either way let's remember the positive response our community made at the time - being mindful of one another and accepting that we all deal with things differently. Spring seems an appropriate time to renew our commitment to giving one another space and support in equal measure.

- The Editorial Team

**Forward** 

We hope you've found this an interesting and informative read. Please let us know what you think, or send suggestions and ideas for articles via <a href="mailto:editor@cromartylive.co.uk">editor@cromartylive.co.uk</a> The deadline for the next edition is always a couple of days before the end of the previous month.

The Cromarty Live Newsletter team is Jon Palmer, Jeremy Price and Laura Shepherd.

If you have an interest in communication and would like to join the team please get in touch.

The Newsletter is currently sponsored by a private benefactor.

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