



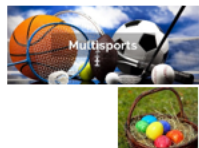
# Cromarty Youth Café

Report for the Cromarty & District Community Council

By Fraser Thomson Assistant Youth Worker

April 2024

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## Easter Programme 2024

# Easter Extravaganza

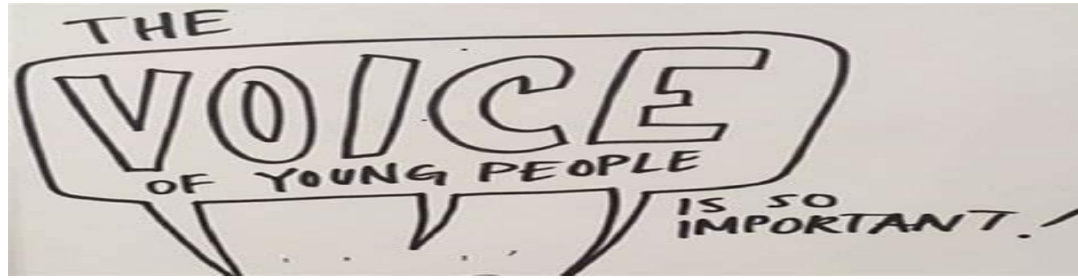
- Fun-filled easter programme
- With over 150 people in attendance.
- Tennis , Intergenerational Table Tennis , Football, Easter Egg Hunt and Crafts, Board Games Session at Fourways
- Lots of fun and new skills learned at each activity.

Day	Date	Activity	Time	Venue	Age
Tuesday	2nd April	Coastal Rowing on the Cromarty Firth	10am – 12noon	Cromarty Firth Meet outside the Royal	12+
Tuesday	2nd April –	Tennis Coaching with Cromarty Tennis Club	P 1-3 -10am-11am, P4 – P7 – 11am-12noon, S1-56 – 12noon – 1pm	Cromarty Tennis Court	5+
Tuesday	2nd April	Football Coaching with ICT Youth Academy, Skills, Drills & Games	10am – 11am	Victoria Park	5+
Tuesday	2nd April	Intergenerational Table Tennis with breakfast rolls	11am – 12noon	Victoria Hall	8+
Wednesday	3rd April	Tennis Coaching with Cromarty Tennis Club	P 1-3 -10am-11am, P4 – P7 – 11am-12noon, S1-56 – 12noon – 1pm	Cromarty Tennis Court	5+
Wednesday	3rd April	Easter Fun in the Sun, Easter Egg hunt, arts & crafts & Bakewell	10am – 12noon	Victoria Park	5+
Wednesday	3rd April	Snr Trip to Vue Cinema & Pizza Hut	TBC Dependant on Film Timing	Vue Cinema & Pizza Hut	13+
Thursday	4 <sup>th</sup> April	Tennis Coaching with Cromarty Tennis Club	P 1-3 -10am-11am, P4 – P7 – 11am-12noon, S1-56 – 12noon – 1pm	Cromarty Tennis Court	5+
Thursday	4th April	Visit to Cromarty Fourways Club – Games, bite, and blether	2pm – 4pm	Victoria Hall	8+
Friday	5th April	Tennis Coaching with Cromarty Tennis Club	P 1-3 -10am-11am, P4 – P7 – 11am-12noon, S1-56 – 12noon – 1pm	Cromarty Tennis Court	5+



Cost: Free Open to EVERYONE Across the Black Isle  
 There will be refreshments and hot food provided at every activity. Any questions please contact Fraser Thomson - Mobile- 07470 52217  
 Email: [cromarty.youthcafe@hotmail.com](mailto:cromarty.youthcafe@hotmail.com)





- Meeting with Young Carers – Supporting to their fears and anxieties – filling in with them funding applications – Connecting Carers & Social Security
- Cost Of Living initiative Evaluation – Young People and Staff evaluations
- Young people on various in Cromarty , CDCC & CCRC
- Preparing for HYP
- We had Great Consultations on Participatory Social Connections,
  - The workshop purpose was to gather our young people's views of Opportunities and Challenges for people living on the Black Isle
  - Identifying the people and organisations that are important to young people in our area.
  - Understanding the factors influencing young people's decisions to stay or leave their local area –

# Wider Achievement

- Working with YP to work their way through their CTL Level 4 or Level 5 booklets.
- Verified and submitted 4 DYA Booklets
- Saltire Awards sign up , tracking and monitoring
- HLH Leadership sign up , tracking and monitoring
- Sign posting to local primary schools for volunteering / leadership opportunities





- Funding Received from the Ward Budget for Holiday Provision
- Funding feedback submitted to Youth Scotland & MFR Cash for Kids
- Funding Received from Awards for all for 2 years to support with Youth Café delivery
- Application submitted to Aldi Scottish Sports Fund – CCRC
- Black Isle Need to Play to Support with a Family for YP to get their voice heard through LEGO

# Global Intergenerational Week

This annual worldwide campaign encourages everyone to **embrace** intergenerational practice and relationships.



Together, let's celebrate the **POWER** of connection. Relationships between older and younger people are not just 'nice' but **essential!!**

With Black Isle Youth Services & Cromarty Youth Café

Day	Date	Activity	Time	Location / Venue
Wednesday	24 <sup>th</sup> April	Getting to Know Your Techno with Breakfast rolls & Frothy Coffee	10.45am – 11.35am	Fortrose Library
Wednesday	24 <sup>th</sup> April	Cromarty Youth Café Mix & Mingle Drop-in Sessions – Cookwell & Bakewell	4pm – 6pm	Victoria Hall, Cromarty
Thursday	25 <sup>th</sup> April	Intergenerational Mix & Mingle Session, Games, Arts & Crafts, Book Club	2pm – 3.30pm	Fortrose Library
Friday	26 <sup>th</sup> April	Coastal Rowing with Cromarty Community Rowing Club	10am – 12noon	Cromarty Firth
Monday	29 <sup>th</sup> April	Intergenerational Table Tennis with Cromarty Table Tennis Group	4.15pm – 5.15pm	Victoria Hall, Cromarty
Tuesday	30 <sup>th</sup> April	Cookwell / Bakewell for older people / Doorstep Deliveries / Local Care home	11am – 2pm	Youthwork Classroom, Fortrose Academy
Other event's are available online with Generations Working Together - <a href="https://generationsworkingtogether.org">Intergenerational Week (generationsworkingtogether.org)</a>				

HTSI -Third sector Organisation of the Year 2023

GWT Excellence Award Winner of Enabling Inclusive Communities with Young People at the Heart 2022

Winer Getting to Know your Techno Established Intergenerational Project 2016

Very proud to have 15 countries join us to Celebrate Global Intergenerational Week



- Highlife Highland Youth Services
- RNIB – Planning Training Session for Sept 24
- HSCN
- Black Isle Cares
- HLH Ranger Service
- Fortrose Library - GTKYT & Mix and mingle Session's
- Fortrose Academy
- CFINE – Well-being Bags Deliveries
- Elizabeth HLH Leadership Coordinator
- Connecting Young Carers – referrals
- Cromarty Arts Trust
- Ongoing funding letters & applications submitted
- GWT Board Meetings – Quarterly
- Families affected by Alcohol and Drugs Leadership Network



- Well its been an uplifting and informative day at the in person Leaders Network day in Golspie hosted by Susie senior connecting families development officer working with Scottish Families affected by Alcohol and Drugs
- Great to meet so many partners groups working in Caithness
- Topics we covered models of family support , bereavement and peer support local groups , i exchanged details of Allana at Mikeys line and Patrick James Support group great groups and resources especially when families are navigating difficult situations. We touched on families , caring roles , creating events for whole families and raising awareness of substance misuse cocaine , alcohol and vaping and the impact on families .
- Scottish Families is a national charity that supports anyone affected by someone else's alcohol or drug use in Scotland.





- Biggest Well Done to Michelle our Youth worker at Cromarty Youth Cafe for attending/ completing and passing her
- LGBT Youth Scotland Awareness training which will support / inform our practice in supporting us to be LGBT Inclusive
- The LGBT Awareness Training Programme looks at exploring LGBTQ+ identities and better understanding LGBTQ+ experiences.
- It features information on legislation , terminology, interactive activities, and videos from Young People as well as a wealth of downloadable resources.
- Youth Scotland 2022-2023 impact report lays out the work they are doing to help make Scotland the best place for LGBTQ+ young people to flourish and thrive.



# Upcoming Event!

- Visit from Orla Highland Youth Convener – 4<sup>th</sup> June
- Generations Working Together Roadshow -14<sup>th</sup> June
- Culbokie Development Trust - Coronation Tree and Plaque for Ross and Cromarty Celebrating the Coronation of His Majesty, King Charles III – 10<sup>th</sup> May ( Pipers & Highland Dancer performing)
- Highland Youth Parliament Conference – 21<sup>st</sup> June
- CCRC Annual Regatta in August
- Planning for Summer Holiday Provision