

NEWSLETTER

*Campbeltown
Hospital
Summer 2025*

Welcome to the summer edition of the Campbeltown Hospital newsletter. The sun has been shining and giving patients, staff and visitors a chance to enjoy the recent improvements made to the outside area by the main entrance.



We would like to say a huge thank you to Campbeltown Community Council who inspired these improvements and donated a bench in honour of the late Cathie Duncan. Cathie was a lovely lady who was well known for her tireless work supporting the local community, organising events and fundraising. She was always smiling and happy to chat we are sure that she will be missed by all who knew her.

We would also like to thank the Highland Health Board Endowment Fund for funding the landscape works, John Brown for the wonderful carved NHS sign, Springbank Distillery for providing the half barrel planters and McFadyens Contractors for completing the work so quickly.



Meet our newest member of the team

Hello! I'm Heather and I am the new senior charge nurse at Campbeltown Hospital. I've come over from Detroit, Michigan in the US. I'm in my 10th year of nursing, with my background being in intensive care. I've lived all over, from Michigan to California, Hawaii to a summer abroad in Australia, and now Scotland!

I am a giant nerd at heart, and a lover of all things Disney, Nintendo, or anything bookish. I also love to knit in the evenings, hanging out with my 2 cats Lily & Holly. I am super excited to be here!



Audiology Department – contact information

For advice or questions:

Please contact the Audiology office in Campbeltown on: **(01586) 555 351**

As we cover Lochgilphead and Islay, the office is not always open and you will have to leave a message on the answer machine. Someone will call you back as soon as possible.

For Hearing Aid repairs and maintenance:

There will be times when you will have issues with your hearing aid: it stops “working”; the tubing has come loose or needs replaced; volume becomes dull. Please contact the Audiology department in Campbeltown so arrangements can be made for the hearing aid to be repaired or serviced.

The hearing aid(s) can be dropped off at the A&E reception in Campbeltown Hospital. Just put them in an envelope with your name and date of birth. You can also visit the reception of your local surgery or hospital and ask the member of staff to send your hearing aid(s) (in an envelope) to the Audiology department in Campbeltown

If you prefer to post it yourself, please send it to the following address:

Audiology Department, Campbeltown Hospital, Ralston Road, Campbeltown,
PA28 6LE

Living Well Programme

Do you want to live a healthier and more active life and remain as independent as possible, then the Living Well Programme is for you.

Launched in partnership with NHS Highland, Argyll and Bute HSCP and liveArgyll, this programme aims to encourage people to get moving to live well. Our Kintyre Wellbeing Practitioner, Craig Nelson, will work along side participants who require support to get active, using the facilities available through liveArgyll.

There are 2 tiers of exercise classes offered with education/wellbeing sessions for each too.

Tier 1 is a foundational class for people who need a higher level of support (becoming frail and socially isolated after a hospital stay) and we work on strength and balance in these classes, mostly comprising of seated and balance aided exercises. This is primarily led by the Wellbeing Practitioner and is supported by a qualified liveArgyll staff member.

Tier 2 is where we start to build on that foundation, and is for people who need moderate levels of support with physical activity but still have a long-term condition. This class would also be based around strength and balance, seated and standing. This would be primarily led by a qualified liveArgyll staff member and supported by the Wellbeing Practitioner

If you would like more information please email **nhsh.livingwell@nhs.scot** inbox or if you think you are suitable for referral, please **talk to a health professional**.



Craig Nelson -
Kintyre
Wellbeing
Practitioner

A&B Transforming
HSCP Together
Argyll & Bute Health & Social Care Partnership

 live
Argyll

Have you heard of Care Opinion?

Care Opinion is an independent platform where you can share your experience of using health and care services.



Your story can show services what they are doing right or how they can improve. When you share a story with Care Opinion, it is published on their website and seen by relevant staff while keeping you anonymous.

If you would like to share your story, you can:

- visit careopinion.org.uk
- telephone **0800 122 3135**
- use your mobile phone to scan the QR code



CONTACT US

If you need to contact Campbeltown Hospital about an appointment or query please use the phone numbers below:

A&E Reception	01586 552224 option 9 then option 1
Audiology	01586 555351
Child health team	01586 865830
Community Nurses	01586 555802
General enquiries	01586 552224 option 9 then option 1
Inpatient Ward	01586 555820
Macmillan nurse	01586 555822 or 07789 650597
Maternity Unit	01586 555827
Occupational Therapy	01586 555811
Outpatients	01586 555829
Physiotherapy	01586 865806
Speech and Language therapy	01586 555804
X-ray	01586 555803