



Improve your Sailing Skills

Fun Session with Ric

Sunday 7th September

Arrive to rig 16:00 Briefing 16:20

Sail time 16:30

Some of the exercises we will be doing:

- Follow the leader
- Practise race starts
- Sailing backwards
- Gybing practice
- Catch the sponge
- Tag
- Gather the ducks



Gairloch Boat Club is a Scottish Charitable Incorporated Organisation.
Charity number SC050456.

