



## Improve your Sailing Skills Fun Session with Ric Sunday 20<sup>th</sup> April

Arrive to rig 10:30 Briefing 10:50

Sail time 11:00

## Some of the exercises we will be doing:

- Follow the leader
- Practise race starts
- Sailing backwards
- Gybing practice
- Catch the sponge
- Tag
- Gather the ducks





Gairloch Boat Club is a Scottish Charitable Incorporated Organisation. Charity number SC050456.