

# TWO LOCHS RADIO

106 & 106.6FM in the Two Lochs area

# WINTER 2013 SCHEDULE

18 NOVEMBER 2013 to 23 FEBRUARY 2014

# LOCHBROOM FM

96.8 & 102.2FM in the Lochbroom area

	07.22	07.30-09.00	09.00	17.00-19.00	19.00-20.00	20.00-21.00	21.00-22.00	22.00-23.00	23.00-00.00		
<b>MON</b>	<b>First Light 07.22-07.30 daily</b> Our daily Bible readings by local readers	<b>Craic at Dawn</b> Anne Gray With local news, weather and events information	<b>Smooth Radio Glasgow through the day</b> Including national & international news on the hour	<b>Westering Home</b> Liz Forrest With local news, weather and events information	<b>The Zone</b> Ciaran and Roddy Teenage chart show	<b>New Releases</b> Ciaran Alexander®	<b>Dave's Alternatives</b> Dave Griggs A truly alternative music selection (warning: lyrics may in this show may include strong language!)	<b>A-Z through Prog-Infested Waters</b> Alan Weston Progressive rock music	<b>Alexander's Bag®</b> Alexander McFedries Blues, boogie-woogie, jazz and more		
<b>TUE</b>		<b>Craic at Dawn</b> Various presenters With local news, weather and events information		<b>Westering Home</b> Jackie Wilson With local news, weather and events information	<b>Aiseirigh nan Gàidheal</b> Geoff & Rebecca-Lynn with Gaelic singing & Celtic instrumentals	<b>Ceòl is Criomagan</b> Alice, Roddy & guests Gaelic conversation and Celtic music	<b>Gàgail is Gàire</b> Margaret-Anne Beggs and friends from Barra with pop music & Gaelic craic	<b>Backroads</b> Lew Alpaugh Country and bluegrass from the backroads of North America and beyond			
<b>WED</b>		<b>Craic at Dawn</b> Various presenters With local news, weather and events information		<b>Westering Home</b> Suzanne & others With local news, weather and events information	<b>Classic Country</b> Bill Black Two hours of country music from Glasgow's award-winning veteran country DJ		<b>Voices®</b> Various shows (Westwords, Ceangal or Gullibles Travels – check our online schedule)	<b>The Week in Holyrood®</b> Scottish Parliament (only when in session see online schedule)		<b>Let's Talk Business±</b> Alan Coote News and ideas for small businesses	<b>UK Country Radio Medicine Show±</b> Rob Ellen Country blues, roots music and beyond
<b>THU</b>		<b>Craic at Dawn</b> Anne Gray With local news, weather and events information		<b>Westering Home</b> Carol Donaldson With local news, weather and events information	<b>Warbling Wild</b> Nick Wakeham Gilbert & Sullivan	<b>Classical Mix</b> Robinson Crusoe Classics	<b>Alexander's Bag</b> Alexander McFedries Blues, boogie-woogie, jazz and more	<b>Two's Company</b> Denis & Rose Blackham Presenting a selection of their favourite music			
<b>FRI</b>		<b>Craic at Dawn</b> Alex Gray With local news, weather and events information		<b>Westering Home</b> Graham Nash With local news, weather and events information	<b>Old Gold</b> Our presenters Playing favourite oldies on a selected theme	<b>Celtic Weekend</b> Anne, with Jane or Christine The best of Celtic music	<b>Backroads®</b> Lew Alpaugh Country and bluegrass from the backroads of North America	<b>A-Z through Prog-Infested Waters</b> Alan Weston Progressive rock music			

	08.00-11.00	11.00-12.00	12.00-13.00	13.00-14.00	14.00-15.00	15.00-16.00	16.00-18.00	18.00-20.00	20.00-21.00	21.00-00.00
<b>SAT</b>	<b>Saturday Roundup</b> Colin, Glenys and Carol	<b>Aiseirigh nan Gàidheal®</b> Geoff & Rebecca-Lynn (Cape Breton)	<b>Ceòl is Criomagan®</b> Alice, Roddy and guests	<b>Ùpraid</b> Gaelic music & chat from Barra	<b>Old Gold®</b> Our presenters play oldies on a selected theme	<b>Connor's Big Saturday Show or Ciaran's New Releases OR Alexander's Bag</b>	<b>The Scottish Chart Show</b> Roya MacLean and co-host (English & Gaelic)	<b>Rock 'n' Roll Saturday</b> Mike Marwick	<b>Celtic Weekend®</b> Anne with Jane or Christine, and great Celtic music	<b>Balaich nam Port</b> followed at 23.00 by <b>Saturday Nightcap</b> Live from Cuillin FM

	08.00-09.00	09.00-10.00	10.00-11.00	11.00-13.00	13.00-14.00	14.00-15.00	15.00-16.00	16.00-19.00	19.00-20.00	20.00-21.30	21:30-22:30	22:30
<b>SUN</b>	<b>Sunday Light</b> Bible readings Pam Shinkins' Way Out West	<b>Ùpraid®</b> Gaelic music & chat from Barra	<b>Gàgail is Gàire®</b> Pop music & Gaelic craic	<b>Sunday Brunch</b> Music and chat from Mike and other hosts	<b>Warbling Wild®</b> Nick Wakeham	<b>Classic Country®</b> Bill Black Two hours of country music from Glasgow's veteran country DJ		<b>Vodafone Big Top 40</b> UK chart show from London	<b>Old Gold®</b> Presenters select golden oldies on a theme	<b>Voices</b> (for details see online schedule) Then, when in session <b>The Week in Holyrood</b>	<b>The Message</b> Recorded local church service	<b>Classical Mix®</b> Robinson Crusoe Classics

We broadcast Smooth Radio Glasgow or Magic FM at other times. Programme times and details are all subject to revision – some regular shows may be changed during this schedule.

\*Approximate start time. ® indicates a repeat from the previous few days. An up-to-date schedule is always available on our website at [www.2LR.co.uk/times](http://www.2LR.co.uk/times) or via the QR code above.

±Start time varies some weeks depending on the length of preceding shows and whether Week in Holyrood is being broadcast.