

WHaCS – Safeguarding Adults at Risk (Quick Reference Guide)

Our Commitment

We are committed to safeguarding adults at risk and ensuring all activities are safe, inclusive, and respectful, in line with the Care Act 2014.

Who is an Adult at Risk?

A person aged 18+ who:

- Has care and support needs
 - Is experiencing, or at risk of, abuse or neglect
 - Is unable to protect themselves as a result
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Types of Abuse (Examples)

- Physical – hitting, pushing, misuse of medication
 - Domestic – controlling or coercive behaviour
 - Sexual – non-consensual acts or contact
 - Psychological – intimidation, threats, humiliation
 - Financial – pressure to give money, misuse of funds
 - Neglect – unsafe environments, unmet needs
 - Discriminatory – unfair treatment
 - Organisational – poor practice
 - Modern slavery – exploitation or trafficking
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Your Responsibilities

- Be alert to signs of abuse or distress
 - Treat everyone with dignity and respect
 - Never investigate concerns yourself
 - Report concerns immediately
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If Someone Discloses Abuse

- **Listen** – stay calm, do not interrupt
 - **Do not promise confidentiality**
 - **Reassure** – they've done the right thing
 - **Record** – exact words, date, time, place
 - **Report immediately** to the DSL
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Designated Safeguarding Lead (DSL)

Ninya Mikhaila

Primary contact for all safeguarding concerns

In an Emergency

- Call **999** (Police) if immediate danger
- Then inform the DSL as soon as possible

Local Contacts (Nottingham City)

- Adult Social Care: 0300 131 0300
 - Out of Hours Emergency Duty Team: 0300 456 4546
 - Police (non-emergency): 101
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Safe Working Practices

- Avoid being alone with an adult at risk
 - Ensure sites are risk-assessed and accessible
 - Maintain professional boundaries
 - Do not offer personal transport or home visits
 - Do not take or share photos without written consent
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Remember

If in doubt – report. It is always better to act.