

Stamfordham Communicator

Next deadline 31st March 2021 EMAIL: stamfordhamcommunicator@gmail.com

This publication is mainly available in digital format. If you know of anyone who would like a paper copy, please email their name and address to:
stamfordhamcommunicator@gmail.com

Dates: Frost's Fish and Chips :
FRIDAY 5th March Stamfordham 4.30-7pm, Great Whittington 7.15
TUESDAY 9th March Matfen 4.30-6pm

Virtual Exercise Class Mondays and Fridays at 10am

Why not spend some of those lockdown hours doing something beneficial?

Each Monday and Friday 'Karate' Steve runs an exercise class using the Zoom platform, each class lasts about 45 minutes (including a warm up and warm down).

There is no need for any specialist equipment, all you need is a place where you can see your screen whilst lying down! If you're doing the class on a hard floor Steve suggests using a towel or yoga mat.

He has also said that you don't have to be super fit to join this class, just willing to work at improving your fitness.

Each class costs £2.50 is open to both adults and children, will improve your stamina and core strength as well as working your arms and legs.

Why not give it a go...you have nothing to lose (apart maybe from some excess Covid weight!)

Just download the Zoom app from Apple store or Google Play store, install it on your device and you're good to go!

Join Zoom Meeting

<https://us02web.zoom.us/j/7680272536?pwd=Z3pmOFNWSktXK0tTZFNHeXFhMWh6Zz09>

Meeting ID: 768 027 2536 Passcode: karate

THE POST OFFICE— THURSDAYS 11.30AM—2.30PM

Please note the following rules when visiting the Post Office.

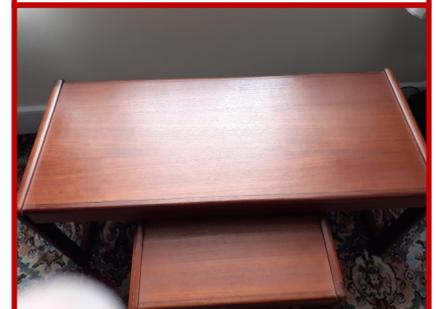
- Wear a mask the whole time you're in the hall
- Use the MAIN entrance
- Sanitise your hands on entering – sanitiser dispenser is on the wall in the entrance lobby
- Walk across the hall and go to the West Room
- Use Post Office
- Leave by the West Room entrance

All services you would normally find available at a full time Post Office will be provided. Cash withdrawals can be made from most bank accounts.

FREE

G Plan Teak Coffee Tables

Contact 01661 886213





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PROGRAMME LEAD
VANESSA LITHGO
07932 628 078





Great News - Stamfordham Brownies has a small team of new leaders!

It's time we had some good news – and here it is!

A group of 3 Brownie Mums have agreed to join a team with our current assistant leaders to run Brownies between them. Due to COVID no new Brownies are being taken on until September, at the earliest, but it is hoped that after that Brownies may be able to restart in a somewhat normal way – here's hoping! The new leaders will gain their leadership qualifications through this year, supported by current leaders, and hopefully to be ready to fully take over Brownies by the end of 2021.

If your daughter is interested in joining Brownies and would like to go on the waiting list - Log on to:

<https://www.girlguiding.org.uk> and follow the links: menu - information for parents and then register your daughter

!! EASING OUT OF LOCKDOWN !!

THE UPPER PONT DINING CLUB : NEW MEMBERS WELCOME

JOIN US FOR

!! A WALK IN THE WILD ON ZOOM !!

!! WEDNESDAY 24TH MARCH 2021 AT 8.00 PM !!

AS

DUNCAN HUTT OF STAMFORDHAM AND THE NORTHUMBERLAND WILDLIFE TRUST

TAKES US FOR

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DONATIONS VERY WELCOME : ONLINE DONATIONS (PLEASE GIFT AID) :

<https://www.nwt.org.uk/support-us/donate> a Benshaw Moor option is available and Gift Aid Form

CHEQUE / CASH PAYMENTS (PLEASE GIFT AID) : NORTHUMBERLAND WILDLIFE TRUST – PLEASE NOTE : NOT “NORTHUMBRIA” OR “NATIONAL”

C/O DUNCAN HUTT, 26, THE OVAL, SATAMFORDHAM, NE18 0PJ

!! FOR YOUR FREE ZOOM LINK PLEASE CONTACT !!

!! PETER LOMBARD 01661-886 331 / pmjlombard@googlemail.com !!



Gilchesters Organics

Gilchesters Organics is an artisan flour mill in Stamfordham.
We are looking for a new member of staff to add to our small
but dedicated team.

The job involves assisting the miller in the flour production, bagging
flour and getting orders ready for dispatch.

Working hours are 8.30 to 4.30 Monday to Thursday.

Full training provided.

Please send your application to info@gilchesters.com

I have managed to arrange for a fishmonger to visit the village each Friday afternoon. He takes pre-orders and the feedback has been amazing.

The company is called **Rockpool Fish & Shellfish (www.facebook.com/Rockpool-fishshellfish-ltd)** and I have created a messenger group for orders. There is quite a bit of interest in the village already and I just wanted to put it out to a wider audience.

If people would be interested, they can email me and I will add them to the messenger group and they can place their orders there.

Thanks

Rich Hunton, The Loaf Shack

richhunton@yahoo.co.uk



Stamfordham Oil Buying Group

******* IMPORTANT *******

Please note that orders will be taken up to the end of the previous month i.e. for April 2021 deliveries, orders should be placed by 31st March 2021 and similarly thereafter.

Please also remember that orders should be sent to both Steve Noble (consultsnoble@aol.com) – tel. 886223) and Roy Hollis (royanhollis@gmail.com) – tel. 886343). You will always receive an acknowledgement from one of us.

Northumbria Police have recently posted information on their website regarding 'Rural Crime'.

Here is a section from their 'Advice for Dog Owners'

Always keep dogs on the lead when walking them in rural areas where livestock are kept

Be aware that even small lap dogs can attack farm animals

Report attacks by dogs and sightings of dogs roaming the countryside to local farmers or the police

Don't let dogs loose in gardens adjoining livestock fields – many attacks are caused by dogs that escape and worry sheep grazing nearby

More details can be found at:

<https://beta.northumbria.police.uk/advice-and-info/protecting-your-home-and-your-possessions/rural-crime/>

Farmwatch Scheme

Farmers and members of the rural community can join the Northumberland Police Farmwatch scheme

This is a network designed to alert residents to any criminal or suspicious activity, share crime prevention advice and make appeals for information

By signing up to the scheme, you will be kept informed of crime in your area, receive a monthly news bulletin, crime prevention advice and appeals for information about suspicious people or vehicles.

To find out more about Farmwatch, please contact crime.prevention@northumbria.pnn.police.uk

Stay connected to your community

Are you living with sight difficulties and finding it hard to read the local newspaper? Perhaps you know a relative or friend who is visually impaired who might enjoy listening to local news?

The Tynedale Talking Newspaper (TTN) sends out a free audio recording of local news each week, courtesy of the Hexham Courant. Every month there is also a new recording of The Tynedale Talking Magazine or The Northumbrian. Recordings arrive by post on a USB memory stick which can be listened to on a computer or Smart TV. No computer? No problem. TTN also has easy-to-use audio players to loan out to people who are not on the internet.

To find out more please contact Ed, the Registrar, on 07400 096937 or www.ttnweb.uk or check out Facebook.

TTN is a charity (1034087) run entirely by local volunteers, helping people to stay connected and feel part of the community.



What you see



What a reactive dog sees

“It’s okay... he’s friendly!”

No. It’s not okay. If you see a dog on a leash - call your dog away. If your off-leash dog doesn’t have good enough recall to be called away from an on-leash dog - don’t let them off and take the time to train them.

Please think about the other dogs, not just your own.

Dogs can be on-leash for all sorts of reasons, not just because they are fearful of other dogs. Some reasons to recall your dog away:

- recovering from surgery
- elderly / sick
- restricted exercise
- poor recall
- new rescue dog
- young puppy

Protect your dog: dogs who have poor recall can get into all sorts of trouble. If your dog is bitten (even just once) this could lead to your own dog becoming fearful.

If you need help, send us a message @



From:

Cllr. Simon Chris Miller
BA (Hons) FHCIMA

NERSOU | *Protecting communities from organised crime*
NORTH EAST REGIONAL SPECIAL OPERATIONS UNIT

Protecting **businesses** and communities in the North East from common cyber attacks

Created: 05/01/2021
Source:
https://cfa.nhs.uk/resource/s/downloads/fraud-awareness/covid-19/COVID-19_SMS_and_Text_Message_Scams.pdf



GOV.UK

COVID-19: SMS / Text message SCAMS

THREAT

The NCSC, alongside security researchers around the world, has warned users of SMS, email, and online scams using COVID-19 information as a lure. The NCSC warning lists the 'Top 4 SMS Scams' as following similar patterns: fake government (GOV.UK) links, lockdown fines, health supplements to protect against the virus, and financial support from the recipient's bank.

Scammers have launched numerous campaigns in the weeks since early December, looking to steal personal information, conduct identity theft, scam victims, and for potential financial gain. In the case of the scam leveraging the UK government, SMS were sent from UK_Gov, rather than GOV.UK.

ADVICE

1. Challenge - Could it be fake? It's ok to reject, refuse or ignore any requests that don't feel right. Check GOV.UK to ensure it's genuine.
2. Be wary of text messages that try to get you to send money, or important personal information such as bank details or passwords.
3. Take a moment to stop and think before parting with information to keep you safe or your money.
4. Use official government websites and refer to 'Contact Us' sections of websites to access information and services.

Be cyber aware <https://www.ncsc.gov.uk/cyberaware/home>

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NORTH EAST REGIONAL SPECIAL OPERATIONS UNIT

Protecting communities from organised crime



If you have been a victim of fraud or cyber crime, report it to Action Fraud

ActionFraud
National Fraud & Cyber Crime Reporting Centre
www.actionfraud.police.uk

The Cyclone Festival of Cycling

.....is looking forward to making a return to its spiritual home, the village of Stamfordham, in early July. If the Government's plans to remove Coronavirus restrictions go to schedule, the Festival will once again bring cyclists of all ages and abilities back to the beautiful Northumberland countryside and its distinctive villages and nowhere is more synonymous with the festival than Stamfordham.

On Saturday 3 July, the village hall will be the focus of attention, with riders in the Cyclone's Challenge Rides, homing in on the food and drink that will be available for them. With four different routes (all passing through the village in their latter stages) the Challenge Rides bring in thousands of riders of all abilities, many of them raising money for charity. Stamfordham is their last official "feed" of the day and many will linger to enjoy the huge range of cakes, teas, sandwiches and snacks that the village hall volunteers put on.

This wonderful coming-together of hungry and thirsty riders and the matchless home baking skills of Stamfordham brings in a lot of welcome funding to the village hall.

Stamfordham will be at the hub of the action on the Sunday, 4th July, when it is the host village for the women's Curlew Cup and men's Beaumont Trophy races. Both events are part of British Cycling's national series and will feature professional riders who have competed at the highest level. Previous winners include Olympic medallists Bradley Wiggins and all-time Paralympic great, Sarah Storey.

The races start on the road in the village centre and take in multiple laps of a anti-clockwise loop to the North of the village. The village hall will again be an important component in the day's activities, acting as the HQ for the races and once again putting out food and drink all day long for hungry officials, riders and spectators.

Those spectators also fan out through the village and into the surrounding countryside, visiting pubs and shops and, in many cases, sampling the ice cream cart that is always parked at the top of the Ryals climb, a few miles up the road.

Cyclone organiser, Peter Harrison, is looking forward to July: "Having fallen victim to the pandemic in 2020, we have been determined to bring the Cyclone Festival of Cycling back in 2021. We have always been incredibly grateful for the support of the people of Stamfordham who allow us to take over their village for a weekend every year. This time we're looking forward to celebrating a return to normality with our many friends in the village and we'll be encouraging all our riders and spectators to come into the village and enjoy the hospitality its famous for!"

If you fancy a crack at one of the Cyclone's six public rides yourself, perhaps raising money for a local charity, or just want to know when and where to watch the big races, visit the event website www.cyclonecycling.com

Phil Ingham, 07582086091

Heather Hughes | Director

h.hughes@homeinstead.co.uk | **w:** www.homeinstead.co.uk
t: 07786 968080



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Northumberland Rural Employment Hubs



Out of work and want some guidance? Come along to our Employability Webinars



Community Action Northumberland is running 6 webinars to help unemployed Northumberland residents develop job-seeking skills and find work.

Held every Monday from March at 10am on Zoom they'll cover a wide range of topics, delivered by our expert Employment Coaches.

- 1 March Coping with Unemployment & Redundancy
- 8 March Searching for Work
- 15 March Applying for Jobs
- 22 March Preparing for Interviews
- 29 March Interview skills
- 5 April Retraining and changing career

How to Book

To book a place on any of these free webinars visit the link below, or email juliaplinton@ca-north.org.uk or call 07340 082571.

www.ca-north.org.uk



Ponteland u3a

Due to the current situation we cannot meet at St Mary's Church Hall until it is safe to do so. However, using Zoom, we are able to give our monthly talks on the first Wednesday of each month at 2.00pm. The next talks are:

Wednesday 3rd March – “The Life of an Artist” by Bob Bushnell
Wednesday 7th April – Turkish Tales (A Turkish Shirley Valentine) by Jenny Gibbs.

Links to these talks will be placed in the relevant Ponteland Facebook groups and on the Ponteland u3a website.

These talks are available for members and non-members alike.

Apologies to those members who do not have internet access but we can only hope that the situation changes before too long.

We welcome enquiries from anyone wishing to join Ponteland u3a. The contact number for the membership secretary is 01661 824953.

In the meantime keep safe and well.



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We have a Panasonic Bread-maker that we no longer use. We don't want any payment for it but a donation could be made to the Village Hall or St Mary's Church.
Contact: Michael Lindsey
Tel: 855446



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Thank you again to those who made donations to the Stamfordham Communicator. This has allowed us to print a few copies and deliver to those who don't receive a copy via email.

Advertisers and supporters:

You can now make your donation via online banking:

Account name: Stamfordham Communicator Account no: 38135868 Sort code: 30-91-91

Gill Blissett, 26 North Side, Stamfordham, NE18 0QG

Graham Herford DIY/HANDYMAN & Gardening Services

Coronavirus

I would like to let everyone know that I am still able to offer a reduced Gardening service & carry out certain DIY jobs during these very difficult times.

I take my own & everyone else's safety extremely seriously and would only consider carrying out work if I can meet stringent conditions set out by myself and the UK Government.

Last updated on 29th March 2020 this is the statement on Gov.Uk website (I will be checking daily for any updates)

"Work carried out in people's homes, for example by tradespeople carrying out repairs and maintenance, can continue, provided that the tradesperson is well and has no symptoms. Again, it will be important to ensure that Public Health England guidelines, including maintaining a 2 metre distance from any household occupants, are followed to ensure everyone's safety"

Therefore if you would like to discuss possible work please contact me and we can talk about your needs.

Also if you are planning jobs for the future please let me know and I will provisionally take the details ready for when things get back to normal....let's hope that is not too far away!

I would like to wish everyone well in our community and further afield.

Thank you and stay safe.

Graham Herford, Fenwick Lodge

Stamfordham, NE18 0QR

01661 886882 or 07834 608751

Email: graham.herford@btinternet.com

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✉ simonegdell@gmail.com

Neither Stamfordham Parish Council nor the editor endorses any advertisement in SC.
No anonymous correspondence will be published or entered into. Any notices for the next edition should be sent to me by

31st March 2021

preferably using the SC email address, please.

Gill Blissett



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Town and Country Canine is a fully insured, professional and reliable pet care service, Providing dog walking in a group so your pet can play, make friends, be well rounded and socialised or individual walks are also available. Not forgetting home visits for puppies, cats and small pets. I have over 7 years experience as a professional dog walker and understand how important your pets are and meeting their daily needs when busy schedules take over or due to work, illness, injuries or just when we need an extra pair of hands.



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Please email your order to me at stamfordhamcommunicator@gmail.com by **FRIDAY 5th March 2021** for delivery the following week.
Gill Blissett

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<https://www.northumberlandgazette.co.uk/>

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Archives brought to life in virtual talks

Northumberland Archives will be brought to life in a series of FREE online talks. Staff from the archives and library teams will be hosting the talks once a month. The virtual sessions have been made possible through funding from the Government's Culture Recovery Fund.

- ◆ **Thursday 11 March 2021 –Hidden Histories: Tapping the archives for stories of Black Presence in Northumberland – Jo March, Senior Archivist**

To book a place on the talks go to www.eventbrite.co.uk and search for Northumberland Archives.

Media Contact: Media contact: Hayley Quarmby, communications officer, Northumberland County Council,
Phone: 01670 622428 or email: Hayley.Quarmby@northumberland.gov.uk

Hundreds of children's books available for free online

Are you running out of books to read or listen to at home with your children?

Did you know Northumberland Libraries has hundreds of eBooks and eAudio available via its digital library for children and young people to read alone or together as a family?

There are more than 600 eBooks and 400 eAudio books for children and young people to enjoy on BorrowBox.

If you're not already a member of the library why not join today and start taking advantage of the hundreds of titles available?

If you would prefer to read an actual book remember we are offering a Select and Collect service at a few our libraries. You can request specific titles or genres of books and our team will pick out the best selection and arrange a suitable time for collection.

Books can also be returned to these libraries: Blyth, Hexham, Morpeth, Ashington, Cramlington. We will not be able to offer access to PCs, the reservation system or time limited browsing.

The mobile library will not operate its normal schedule. All other libraries will remain closed. Fines on overdue books are currently suspended.

Customers can contact libraries offering a select and collect service by filling in an [online form](#) or by calling the [library telephone number](#).

Cllr Jeff Watson, cabinet member for the library service said: "We know that many children are currently homeschooling and therefore may not have access to their normal school library, where they would be able to read a variety of books.

"Parents and children may be getting fed up with their book choices at home, so the wide selection available on the digital library and via the Select and Collect service, is a great way to continue your child's reading journey through this difficult time."

For more information go to www.mylibrary.co.uk



Dear Friend,

Jo Stichbury, Debbie Philipson and the team, would like to give you a very warm Welcome to Body and Soul Boutique fitness Studio with Café Aroma at Vallum Farm.

We are inviting you to feel part of our growing community in the most idyllic rural location just off Hadrian's Wall, offering a full range class timetable which will suit everyone's needs in our fully refurbished Boutique facility.

Here at Body and Soul Boutique fitness within the beautiful picturesque ancient Roman landscape at Vallum Farm, we offer the perfect selection of classes for everyone whether you're looking for High Intensity, Body Conditioning, Bootcamp, Circuits, Indoor Cycling, Les Mills, Pilates, Yoga, Aerial Yoga, Dance, access to our virtual app and much much more. We promise to continue to deliver an outstanding class timetable to keep you motivated and feel inspired.

Enjoy the relaxing surroundings of Café Aroma after your class, or pop in if you would like a hot drink, wholesome panini or freshly baked cake. Maybe take a walk around the lake and soak in the beautiful scenery on the terrace with a glass of rosé, cold beer or one of our tempting bespoke cocktails.

So much more than a fitness studio, this is your sacred space to be part of a thriving community. We will be offering monthly events from workshops to mediations to summer balls, we do love a good reason to dress up! And listen out for lots more exciting announcements! Come along to see for yourself our exclusive grounds and surrounding facilities that we plan to make the most of including a magnificent marquee, tranquil tepee and fabulous firepit.

Should you wish to join our exclusive facility or require any further info, then please email info@bodyandsoulfitnessstudio.co.uk where you will be required to pay a one off joining fee of £20 to secure your space (places are limited), membership will be collected by direct debit of £49 a month £540.00 for the year. Young adult (16-18 years) £29.89 a month.

Members will gain priority bookings for all events as well as other privileges although we do offer non members to attend at £10 per/ class. An additional charge for Aerial Yoga £4 for members £20 for non members.

Please see attached our questions and answers to cover all foreseen eventualities with the current situation we all find ourselves to give you some reassurance and peace of mind.

We are so excited to welcome you to our happy place!

"Rising together Physically and Spiritually".

With gratitude,

Jo and Debs x