

Next deadline 30th April 2021 EMAIL: stamfordhamcommunicator@gmail.com

This publication is mainly available in digital format. If you know of anyone who would like a paper copy, please email their name and address to:
stamfordhamcommunicator@gmail.com

Dates: Frost's Fish and Chips :
GOOD FRIDAY Stamfordham 4.30-7pm Gr Whittington 7.15 pm
FRIDAY 9th April—Medburn 4.30-7pm
THURSDAY 15th Matfen 4.30-6pm - Kirkheaton 6.30pm
FRIDAY 12th March—Medburn 4.30-7pm

Thanks from Upper Pont Kitchen and Pantry

A year on since the first lockdown and approaching the first anniversary of Upper Pont Kitchen and Pantry, we would like to thank all those individuals and businesses who have contributed so much to our community, directly through their personal efforts or by donations of money or products.

We would particularly thank the partners of Waitrose Ponteland who helped at the beginning with aid packs and just recently with a wonderful donation of over £330.

They have supported us - please support them.



R N I B

See differently

Huge thanks to everyone from Stamfordham & Matfen who have donated their used stamps. It really does make a difference.

£5 helps RNIB to be there for someone via the Helpline

£10 could cover the cost of 100 blind & partially sighted people tuning into RNIB Connect Radio

£15 could provide free Talking Books to someone for a month

£20 could help someone feel more confident about living with sight loss with personalised support

As you can see every stamp really does make a difference. Thank you for your support!

And remember, the collection boxes are always in the church porches or you can drop through the letterbox at 34 Grange Road, Stamfordham.

Anne Williams



Virtual Exercise Class Mondays and Fridays at 10am

Why not spend some of those lockdown hours doing something beneficial?

Each Monday and Friday 'Karate' Steve runs an exercise class using the Zoom platform, each class lasts about 45 minutes (including a warm up and warm down).

There is no need for any specialist equipment, all you need is a place where you can see your screen whilst lying down! If you're doing the class on a hard floor Steve suggests using a towel or yoga mat.

He has also said that you don't have to be super fit to join this class, just willing to work at improving your fitness.

Each class costs £2.50 is open to both adults and children, will improve your stamina and core strength as well as working your arms and legs.

Why not give it a go...you have nothing to lose (apart maybe from some excess Covid weight!)

Just download the Zoom app from Apple store or Google Play store, install it on your device and you're good to go!

Join Zoom Meeting

<https://us02web.zoom.us/j/7680272536?pwd=Z3pmOFNWSktXK0tTZFNHeXFhMWh6Zz09>

Meeting ID: 768 027 2536 Passcode: karate

THE POST OFFICE— THURSDAYS 11.30AM—2.30PM

Please note the following rules when visiting the PostOffice.

- Wear a mask the whole time you're in the hall
- Use the MAIN entrance
- Sanitise your hands on entering – sanitiser dispenser is on the wall in the entrance lobby
- Walk across the hall and go to the West Room
- Use Post Office
- Leave by the West Room entrance

All services you would normally find available at a full time Post Office will be provided. Cash withdrawals can be made from most bank accounts.

FOR SALE

**Decking Planks – One side Non-Slip
(Surplus to requirements)
4 x 4.8m and 1 x 3.4m (Approx 2.8m²)**

**£30 no offers (Cost over £100)
St. Quentin, Grange Avenue.**



Gilchesters Organics

Gilchesters Organics is an artisan flour mill in Stamfordham.
We are looking for a new member of staff to add to our small
but dedicated team.

The job involves assisting the miller in the flour production, bagging
flour and getting orders ready for dispatch.

Working hours are 8.30 to 4.30 Monday to Thursday.

Full training provided.

Please send your application to info@gilchesters.com

I have managed to arrange for a fishmonger to visit the village each Friday afternoon. He takes pre-orders and the feedback has been amazing.

The company is called **Rockpool Fish & Shellfish (www.facebook.com/Rockpool-fishshellfish-ltd)** and I have created a messenger group for orders. There is quite a bit of interest in the village already and I just wanted to put it out to a wider audience.

If people would be interested, they can email me and I will add them to the messenger group and they can place their orders there.

Thanks

Rich Hunton, The Loaf Shack

richhunton@yahoo.co.uk



Stamfordham Oil Buying Group

******* IMPORTANT *******

Please note that orders will be taken up to the end of the previous month i.e. for April 2021 deliveries, orders should be placed by 30th April 2021 and similarly thereafter.

Please also remember that orders should be sent to both Steve Noble (consultsnoble@aol.com – tel. 886223) and Roy Hollis (royanhollis@gmail.com – tel. 886343). You will always receive an acknowledgement from one of us.



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Karate classes
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Wednesday @ 6.30pm

Karate classes in Stamfordham...

Contact Steve on 07456 657308 for more details.

Get the exact results you want

Whether you want to improve your self-confidence, improve your fitness, instill discipline or work towards getting your very own black belt...Steve can help you to achieve your goal!

What will my karate journey be like?

Fun!! Starting off as a novice white belt, we will train together to progress you through your Yellow, Green, Blue, Purple and Brown belts. At this point you concentrate all your efforts on attaining your black belt!

About Us

Seiken Ryu Karate Association (SRKA) is the biggest association delivering Shukokai karate in the North-East of England. We have numerous classes across the region which will suit the needs of anyone interested in starting their karate journey.

We cater for all ages (7yrs+) and abilities through our family friendly classes which are delivered by fully trained, insured and DBS checked instructors.

Don't just take our word for it, this review was placed on our website...

"My daughter has made many good friends here and feels like it's her big karate family. Instructors are superb and there are classes to suit all levels of karate. So many fun events planned throughout the year which are fun for all of the family to watch too. Wouldn't hesitate to recommend this club to anyone wanting to be part of a great club"

What will I learn?

You will be trained in multiple techniques including punches, kicks, blocks and strikes. You will also learn how to link the kicks and punches into combinations and how to hit pads with the techniques effectively.

As well as the line work above you will also learn kata (set patterns) and practice sparring with partners.

How much does a class cost?

£7 per person. Discounts available for family groups of three or more.

Do I need a karate suit (Gi) straight away?

No you don't. When you are confident karate is the thing for you, let Steve know and he can order Gi's for you.

More about Sensei Steve Reed...

Steve Reed has been teaching karate for the last fifteen years and has been a karate practitioner for a lot longer than that!

Steve is a 5th Dan black belt and the most senior SRKA instructor in the region reporting directly into the Chief Instructor (Chris Yates).

He has trained hundreds of students to achieve their goals and has been successful in helping a significant number to gain their black belt.



A founder member of the black belt grading panel, Steve is widely respected throughout the SRKA organisation for his knowledge and commitment to teaching traditional karate.

On a wider note, Steve is also a black belt in Aiki JuJitsu, has delivered multiple courses and has officiated at all of the SRKA inter-club competitions. He also created and produced "War on the Floor" the annual highlight in the SRKA calendar at Queens Hall, Hexham!

Contact Steve

Phone: 07456 657308

Email: SRKA@aol.com

Web: www.seikenryu.co.uk



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Here at **Body and Soul Boutique Fitness** within the beautiful picturesque ancient Roman landscape at Vallum Farm, we offer the perfect selection of classes for everyone whether you're looking for High Intensity, Body Conditioning, Bootcamp, Circuits, Indoor Cycling, Les Mills, Pilates, Yoga, Aerial Yoga, Dance, access to our virtual app and much much more.

We promise to continue to deliver an outstanding class timetable to keep you motivated and feel inspired.

Come along to see for yourself our exclusive grounds and surrounding facilities that we plan to make the most of including a magnificent marquee, tranquil tepee and fabulous firepit.

Enjoy the relaxing surroundings of **Café Aroma** after your class, or pop in if you would like a hot drink, wholesome panini or freshly baked cake. Maybe take a walk around the lake and soak in the beautiful scenery on the terrace with a glass of rose, cold beer or one of our tempting bespoke cocktails.

For further information about our membership please contact info@bodyandsoulfitness.co.uk

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 07855 247063



The Cyclone Festival of Cycling

.....is looking forward to making a return to its spiritual home, the village of Stamfordham, in early July. If the Government's plans to remove Coronavirus restrictions go to schedule, the Festival will once again bring cyclists of all ages and abilities back to the beautiful Northumberland countryside and its distinctive villages and nowhere is more synonymous with the festival than Stamfordham.

On Saturday 3 July, the village hall will be the focus of attention, with riders in the Cyclone's Challenge Rides, homing in on the food and drink that will be available for them. With four different routes (all passing through the village in their latter stages) the Challenge Rides bring in thousands of riders of all abilities, many of them raising money for charity. Stamfordham is their last official "feed" of the day and many will linger to enjoy the huge range of cakes, teas, sandwiches and snacks that the village hall volunteers put on.

This wonderful coming-together of hungry and thirsty riders and the matchless home baking skills of Stamfordham brings in a lot of welcome funding to the village hall.

Stamfordham will be at the hub of the action on the Sunday, 4th July, when it is the host village for the women's Curlew Cup and men's Beaumont Trophy races. Both events are part of British Cycling's national series and will feature professional riders who have competed at the highest level. Previous winners include Olympic medallists Bradley Wiggins and all-time Paralympic great, Sarah Storey.

The races start on the road in the village centre and take in multiple laps of a anti-clockwise loop to the North of the village. The village hall will again be an important component in the day's activities, acting as the HQ for the races and once again putting out food and drink all day long for hungry officials, riders and spectators.

Those spectators also fan out through the village and into the surrounding countryside, visiting pubs and shops and, in many cases, sampling the ice cream cart that is always parked at the top of the Ryals climb, a few miles up the road.

Cyclone organiser, Peter Harrison, is looking forward to July: "Having fallen victim to the pandemic in 2020, we have been determined to bring the Cyclone Festival of Cycling back in 2021. We have always been incredibly grateful for the support of the people of Stamfordham who allow us to take over their village for a weekend every year. This time we're looking forward to celebrating a return to normality with our many friends in the village and we'll be encouraging all our riders and spectators to come into the village and enjoy the hospitality its famous for!"

If you fancy a crack at one of the Cyclone's six public rides yourself, perhaps raising money for a local charity, or just want to know when and where to watch the big races, visit the event website www.cyclonecycling.com

Phil Ingham, 07582086091



Heather Hughes | Director

h.hughes@homeinstead.co.uk | [w: www.homeinstead.co.uk](http://www.homeinstead.co.uk)

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I am a local employer, **Home Instead**. We are based in Hexham with clients along the Tyne Valley.

I am looking for local people who would like to work in care, to support my clients in their own homes.

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Hadrian's Wall to celebrate 1900th anniversary with year-long festival

Hadrian's Wall will celebrate its 1900th anniversary in 2022 with a year-long festival of events and activities.

Hadrian's Wall 1900 will mark the commencement of the building of Hadrian's Wall. A packed programme of events and activities will take place throughout 2022 including exhibitions, lectures and film screenings. There will be opportunities to take part in workshops, walks and creative projects; and experience the stunning landscape through creative installations and events.

The year-long festival, being co-ordinated by Hadrian's Wall Partnership in collaboration with local people and organisations, will bring communities and visitors closer to the people that have lived and worked along the Wall from pre-Roman times to the present day.

Individuals, groups, venues and organisations along the length of the World Heritage UNESCO site are now being invited to plan their own celebration to be included in the Hadrian's Wall 1900 programme.

Inclusion in the festival is open to anyone that wishes to explore and demonstrate what Hadrian's Wall means to them. Events and activities will then be promoted as part of the Festival through a local and national marketing and PR campaign.

Lady Jane Gibson, Chair of Hadrian's Wall Partnership, said: "We are thrilled to be announcing our year-long festival to commemorate Hadrian arriving in northern Britain to oversee the construction of his Wall. 2022 will be a year of anniversaries but no other festival will be celebrating 1900 years of continuous history of a place and its people. The communities living around the Wall now have one of the world's most famous landmarks in their fields, villages, towns and cities and we want everyone to be involved in celebrating not just the history under their feet but the international importance of World Heritage today. From Hadrian's birthday on 24th January to Saturnalia on 23rd December, 2022 will be the year of Northern Britain."

Cllr Glen Sanderson, Leader of Northumberland County Council, said: "Hadrian's Wall 1900 is set to be an exciting programme with our communities living along the wall at the heart of the activities. This is an opportunity for residents and groups to come together and celebrate how the Wall has shaped our great county and we encourage all those communities to get involved. As well as this event we also have the Lindisfarne Gospels returning to the region next year, so 2022 is a real opportunity for Northumberland to further raise its profile as a visitor destination of choice."

Anyone who would like to be involved is asked to submit their interest at <https://hadrianswallcountry.co.uk/hadrianswall1900/getinvolved>. Ideas do not need to be fully formed at this stage. Organisers will be responsible for the overall delivery of their events and activities including funding, audience management and health and safety, and additional marketing.

Media Contact: Media contact: Hayley Quarmby, communications officer, Northumberland County Council, Phone: 01670 622428 or email: Hayley.Quarmby@northumberland.gov.uk

Ponteland u3a

Due to the current situation we cannot meet at St Mary's Church Hall until it is safe to do so.

However, using Zoom, we are able to give our monthly talks on the **first Wednesday** of each month at 2.00pm. The next talks are:

**Wednesday 7th April – Turkish Tales (A Turkish Shirley Valentine)
by Jenny Gibbs.**

**Wednesday 5th May – Audrey Hepburn & Her War Years
by Howard Slater.**

Links to these talks will be placed in the relevant Ponteland Facebook groups and on the Ponteland u3a website.

These talks are available for members and non-members alike. Apologies to those members who do not have internet access but we can only hope that the situation changes before too long.

We welcome enquiries from anyone wishing to join Ponteland u3a. The contact number for the membership secretary is **01661 824953**. In the meantime keep safe and well.

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Mill Lane

During the current crisis we who live in and around Stamfordham have been blessed by the opportunity to walk locally and avoid the claustrophobia that many living in more restricted places must feel.

For more than three decades I have run, then jogged, then walked, then ambled down Mill Lane with a variety of animals and people - it was a favourite walk. Today it is sadly to be avoided because, I presume as a consequence of the establishment of the strangely named La Luna Farm, it has become a frequently used thoroughfare for a variety of vehicles. The frequent use has caused significant damage to the lane and what was once a delight is a depressing shadow of its former self. We are being deprived of a village asset we can ill afford to lose.

I am confident the lane can be reclassified as a bridleway by the County Council. I would like to encourage us all to urge the Parish Council, and thereafter the County Council, to take the necessary steps to protect our environment.

To find out more, please contact me via email: jeffsmith8591@gmail.com

Jeff Smith

We share Jeff's views on Mill Lane. It is no longer the idyllic stretch of tree-lined peace it once was. We would certainly support an approach to the Parish and County Councils to reclassify it as a bridleway.

Mary Burn and Jane Lewis

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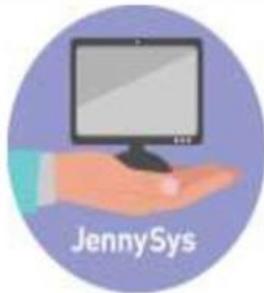
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BOXES

we have recently moved to the village and have now finished unpacking. We have a number of boxes of various sizes. If these are of use to anyone please give me a call.

Martin - 07473766777

Thank you again to those who made donations to the Stamfordham Communicator. This has allowed us to print a few copies and deliver to those who don't receive a copy via email.

Advertisers and supporters:

You can now make your donation via online banking:

Account name: Stamfordham Communicator Account no: 38135868 Sort code: 30-91-91

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Graham Herford

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Some garden work undertaken.

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Small jobs also welcome.

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Neither Stamfordham Parish Council nor the editor endorses any advertisement in SC. No anonymous correspondence will be published or entered into. Any notices for the next edition should be sent to me by

30th April 2021

preferably using the SC email address, please.

Gill Blissett



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 for delivery the following week.
 Gill Blissett

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