



Gwernymynydd & Cadole

Newyddion y pentrefi / Village News

Gorfennaf / July 2013

Teenagers Locked Up After Admitting Burglary

THE North Wales Police helicopter (below) was used in the hunt for teenage burglars following a break in at a Ruthin Road property in the village.

And it transpired, after two youths were detained, that they had attempted to break-into a second property in the same road.

Two boys, aged 14 and 15 and from the Mold area who can't be named because of their age, have now been sentenced to four months detention and training order by Flintshire magistrates.

The pair were already on bail for other offences and, as part of their bail conditions, were not supposed to have any contact with each other.

The pair were arrested after a Gwernymynydd man and his son returned home to find their home had been broken into.

However, while they were inspecting the property one of the two offenders appeared in the doorway before fleeing and shouting: "You won't catch me."



But the home owner and his son did catch him and managed to keep hold of the offender, despite his violent struggles, until police arrived.

The second youth was arrested a short time later not too far from the scene of the burglary.

Cash, a watch and jewellery had been stolen in the break-in.

Gwernymynydd and Nercwys County Councillor, Nancy Matthews, says that despite the burglary, the village remains a very safe place to live.

She said: "I think we have to pay tribute to the home owner and his son who did a fantastic job in catching this young burglar and keeping hold of him until the police arrived.

"These events are rare and although they are distressing incidents remember that the village is an extremely safe place to live and work.

"The most important thing is to be aware and think crime prevention whenever you can."

See page 3 to get fit and raise funds for a good cause

Want to save money? Join the Club!

(over 450,000 people already have)

96%
OF CUSTOMERS
WOULD
RECOMMEND
THE CLUB TO A FRIEND

- ✓ Save money or get back 'Double the Difference'
- ✓ Save on phones, broadband and energy!
- ✓ Which? Recommended Provider for Broadband and Home Phone Services
- ✓ UK's cheapest online shopping
- ✓ Up to £200 to help you switch
- ✓ CashBack on shopping and petrol
- ✓ Award-winning customer service
- ✓ One simple bill for all your utilities



To start saving, contact:

Office: 01244 64 6050

Email: Save.GB@outlook.com

Web: www.Save.GB.com

Web: www.Earn.GB.com



Home Phone



Mobile



Internet



Gas



Electricity

**THE
UTILITY
WAREHOUSE**
Authorised
Distributor



Charges, terms and conditions apply. Some benefits only available to customers with 'Gold Status' (i.e. customers who apply for four or more main services, and pay by Direct Debit). For full details of the Double the Difference Price Promise see the Utility Warehouse website.

Get Fit Supporting Charity's Good Cause

A NEW Village Centre fitness class is proving a big hit with villagers.

Metafit is a high intensive form of interval training and that's followed by a separate Kettlebell class.

Both classes are being run by Tony Puplett of Flintshire Fitness Supplies with money from the Metafit classes going to a charity set up in his son's name.

Tony said: "My son, Dean, was diagnosed with a rare form of cancer, neuroblastoma, when he was just three-and-a-half. He's in remission and clear of the disease at the present time but has an 80% chance of a relapse.

"The problem is there is no treatment available in the UK should he relapse. So we are trying to raise the £500,000 we'd need to fund treatment abroad."

He added: "All the funds from the Metafit classes go directly to Dean's Appeal which so far has raised more than £46,000. The classes are great fun and a really good workout for anyone from teenagers to the over 50's.

"Metafit classes run from 6.30pm until 7pm on Wednesday's and Friday's at the Village Centre and they are followed by one hour Kettlebell sessions. It's just £3 a session so why not come along and join us.

"Sessions are certainly proving popular which is why we have now introduced a Wednesday session too."

To donate to the Dean Puplett Appeal visit www.justgiving.com/deanpuplettappeal



CAFFI FLORENCE Loggerheads

A great place to eat and drink
Open everyday 10am – 5pm



NATIONAL TOURISM AWARDS FOR WALES 2013

We have been shortlisted for the National Tourism Awards for Wales 2013. Please go online and vote for us at www.ntawales.com and select 'I want to vote for my favourite Best Place to Eat'

NEW WORKSHOP PROGRAMME

Our new workshop programme for autumn/winter 2013/14 will be available from mid July on our web site.

MACMILLAN COFFEE MORNING : Fri 27 September

Loggerheads Country Park Parc Gwledig Ruthin
Road Heol Rhuthun, Loggerheads CH7 5LH
01352 810397 jane@caffiflorence.co.uk

STROUD ELECTRICS LTD

SCHEME
Certificate Number ELP1545

- **New Installations**
- **Rewires (Full or Part)**
- **Inspecting & Testing**
- **Guaranteed & Insured**

01352 756538
07855 849518

REGISTERED MEMBER



2 The Mount,
Ruthin Road,
Gwernymynydd,
Mold, Flintshire, CH7 5JT

A Word Or Two from Nancy

I'M sure everyone was shocked to hear about the two recent burglaries in the village.

However, I think it is important to remember that two of the offenders, who were both youths, were caught thanks, in main, to the diligence of the home-owners who caught them.

Perhaps it's a good time to remind everyone of a few basic crime prevention measures that can help deter would-be thieves.

It makes sense to make sure our sheds are locked and secured and that we always close windows when we go out and don't leave garage doors wide open so passers-by can see the contents.

And don't worry about being a nosy neighbour! If you see something odd then call 101 for non urgent calls or 999 if you see a crime being committed.



WE are holding our annual Macmillan coffee afternoon on Friday, September 27 between 2pm and 3.15pm in the village centre. Please make an entry in your diary and support this important fund-raising event.

I'M delighted to be able to report that, as a county, we continue to improve when it comes to re-cycling our waste.

In 2012/13 we managed to collect : 11,160 tonnes of garden waste, 7,051 tonnes of paper, 5,483 tonnes of food waste, 3,640 tonnes of glass, 1,055 tonnes of plastic bottles, 805 tonnes of tins and cans

That equates to a 13% increase on the year before so well done everyone!

And don't forget that ALL black bin waste needs to be INSIDE the black bins when you put them out for collection.

If you need to replace your collection bags or boxes you can get them at the HRC site in Nercwys.

PLAS HAFOD

COUNTRY HOUSE HOTEL & RESTAURANT

Gwernymynydd CH7 5JS Phone 01352 700177



Experienced team of chefs personally supervised by Simon and Colette Buckley, the owners for 23 years.

Bar and restaurant open 7 days a week.

www.plashafodhotel.com

Councillors Tackle Dog Fouling Issues

THE Community Council has been asked to sort out those people who allow their dogs to foul pavements and communal grassed areas.

Councillors have discussed the issue with Richard Blake, Interim Team Leader of Flintshire County Council's Environment and Protection Department and talked about setting up a Dog Watch Scheme.

The Clerk of the Community Council, Martin Richardson and Community Councillors Victoria Hinstridge and Kevin Hughes, met up with Mr Blake to have a look around the village and view the problem for themselves.

Cllr Hinstridge says dog fouling is a problem throughout the village but the main area the council wants to clean up first is immediately around the village school

She said: "It isn't the case that every dog owner is allowing their pets to foul pavements and grassed areas. We accept there are many, many very responsible people. However, it only takes one person to act irresponsibly and fail to clean up after their pets and a real issue quickly develops."

Richard Blake has agreed to replace old damaged warning signs on street furniture throughout the village.

He said: "New signage will be arranged very quickly and I have advised councillors on the setting up of a Dog Watch Scheme. It really is in the interest of all villagers to prevent dog fouling and to catch those that don't clean up after their pets."

Anyone interested in setting up a Dog watch Scheme is asked to contact the Community Council or any Community Councillor.



CLEAN UP: From left, Clerk of Gwernymynydd Community Council, Martin Richardson, Richard Blake, Interim Team Leader of Flintshire County Council's Environment and Protection Department and Community Councillor Victoria Hinstridge discuss new signage warning dog owners of the penalties for allowing their pets to foul.



STEVE GROCOTT
GENERAL BUILDER • ROOFER

- SLATING • TILING • FELT FIXING •
- GENERAL GROUND WORK
- KERBS • SLABBING • BLOCK PAVING •
- PIPEWORK • ETC

3 Heol-y-Wern, Gwernymynydd,
Mold, Flintshire CH7 4AH

Tel/Fax: 01352 751013
Mobile: 07957 785281

**Please support the local
businesses who advertise in our
newsletter.**

**If you would like to advertise contact
kevinhughes348@live.com**

**As usual there will be no newsletter in
August. Next one will be published at
the beginning of September.**





Gwernymynydd Summer Fair 8th June 2013

Photos Kevin Hughes



GET COOKING WITH **CAFFI FLORENCE** CHEFS



It may be summer but we are still making gallons of soup and this recipe using baby turnips has a wonderful new season taste to it. If by the time you are reading this we are in the high 20s, it will be equally delicious chilled.

Although everything is growing vigorously through June and July with the warm weather and inevitable rain, it can be a challenging time for locally sourced vegetables. The winter roots have all finished and the summer courgettes and beans have not quite got going yet.

So, it was wonderful when grower extraordinaire Phil from Mostyn Gardens arrived bearing among other things baby turnips.

Turnip, Potato & Parsley Soup

To serve 4

300g turnips	sprig thyme	200g potatoes
2 carrots	2 medium onions	1 litre vegetable stock
large bunch parsley	2 tbsp olive oil	30g butter salt & pepper

Roughly chop peeled or scrubbed turnips, onions, carrots and potatoes.

Add olive oil and butter to a large pan and heat gently until butter has melted.

Add chopped vegetables and sauté over a low heat until starting to soften but not brown.

Separate parsley leaves and stalks. Put the leaves to one side.

Add thyme, parsley stalks and stock to the vegetables and bring to the boil.

Simmer gently for about 30 minutes until vegetables are soft.

Remove from heat and remove thyme and parsley stalks.

Add parsley leaves and blend until smooth.

Taste and adjust seasoning if necessary

Need Print?



FAIRWAY
DESIGN TO PRINT LLP

Banner Stands
Posters
Vehicle Graphics
Stationery
Graphic Design



www.fairway-design.co.uk

Call: 01352 792020

Lily Dream Wedding



**Wedding and event
planning to suit every
budget.**

Free initial consultation

07796374880

Venue dressing, Supplier
and Venue search, Sweet
trees and Sweet buffet etc,

info@lilydreamwedding.com



10% off our fees for readers of Gwernymynydd News

Local Food Coop Underway.

Over 20 people have received the first vegetable, salad and fruit orders from a local supplier as part of the newly formed Gwernymynydd Food Co-op. The cost of orders placed was three times the minimum amount required to make a Food Coop viable.

The scheme is supported by the Welsh Assembly and aims to provide fresh produce which is, wherever possible, locally provided at costs below that of the main supermarkets.

Early reports on the quality of the produce has also been very encouraging. Mrs Diane Jackson of Godre'r Coed said "Everything was really first class and good value for money."

The table below shows the comparison between the £4 bags provided by the co-op with equivalent sourced from supermarkets.

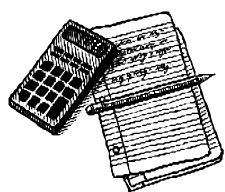
<u>Salad</u>	<u>Fruit</u>	<u>£4 Vegetables</u>		
Whole cucumber	4 Bananas 750g	Swede 400g		
Iceberg Lettuce	2 Oranges 400g	Carrots 800g		
4 salad tomatoes	4 Peaches 475g	White Onions 225g		
Red Pepper 250g	4 Pears 675g	Broccoli 375g		
Spring Onion	2 Satsumas 175g	New Potatoes 1.75kg		
Cress		Green Cabbage 1kg		
				TOTAL - 3 Bags
FOOD COOP £4.00	FOOD COOP £4.00	FOOD COOP £4.00	FOOD CO-OP	£12.00
TESCO £4.19	SAINSBURYS £5.60	TESCO £5.07	TESCO	£14.90
SAINSBURYS £4.36	TESCO £5.64	ASDA £5.08	SAINSBURYS	£15.68
ASDA £4.44	ASDA items missing	SAINSBURYS £5.72		



To join the Food-Coop come along to the Village Centre at 10.00am on a Thursday to place and pay for your order. Collect your order same time the following week. Enjoy some tea or coffee if you have time to stay for a chat.

Alternatively orders can be placed and collected from the Swan Inn 6pm-8pm each Thursday on the same basis.

More details on www.gwernymynydd.org.uk or contact Anita at the Swan 01352 752537.



David I. Smith

Chartered Certified Accountant with 20 years experience

- Accountancy and bookkeeping
- Income tax/self assessment
- Corporation tax
- Value added tax (V.A.T.)
- Payroll/C.I.S.
- General business advice
- Free initial consultation
- Fixed fees
- Home visits



Call 01352 740166 or 07748 417261
d.smith989@btinternet.com



- BUILDING
- GROUNDWORKS
- PLANT HIRE
- PROPERTY DEVELOPMENT



T. 01352 700793

E. sheppardconstruction@hotmail.co.uk

W. www.shepcon.com



Midsummer Nights' Dream

Sunday 14th July 6pm Loggerheads

Tickets from www.takingflighttheatre.co.uk



Village Ladies Invited To Social Gatherings

GWERNYMYNYDD WI is on the look-out for new members.

And current members are keen to dispel the old 'Jam and Jerusalem' myth that the WI was once labelled with.

Committee member Mair Westwood says the group, which meets in the Village Centre on the first Monday of each month at 7.15pm, has lots of interesting meetings.

She said: "This year our speakers have ranged from Chester's official town crier to an Olympic volunteer and games maker.

"We have also had lots of different craft sessions and even a visit from a handwriting expert.

"We really are a friendly bunch and I'd appeal to any woman living in or around the village not to be shy, we really would love to meet you and your friends, whatever your age!"

For more information call Mair Westwood on (01352) 741645.

The Most Thorough Carpet Cleaning You've Ever Seen Or It's Free

I've invested in the best cleaning systems possible giving a fantastic result on carpets and upholstery every time! I'll clean, deodorise and condition your items leaving them clean and fresh. We guarantee every job - if you're not satisfied we will re-clean for free. If you are still not happy we will refund your money. What could be fairer?

Reasons to choose Clean Living

- Clean Living are proud members of the National Carpet Cleaning Association
- Clean Living technicians are I.I.C.R.C. certified
- Clean Living is an approved operator for PROmite

FREE Consumer info-line 24 hour recording
How to choose a carpet cleaner **0800 695 1352**

CALL **Clean Living** NOW ON
01352 730 555

M.L. Electrical

Electrical Contractors

Domestic & Industrial Installations

- All aspects of domestic work undertaken
- Maintenance contracts welcome
- Security & Fire Alarm Systems
- Competitive rates

Mob: 07967 055743

Tel: 01352 770859



22 Well Street, Treuddyn,
Nr. Mold, Flintshire CH7 4NH

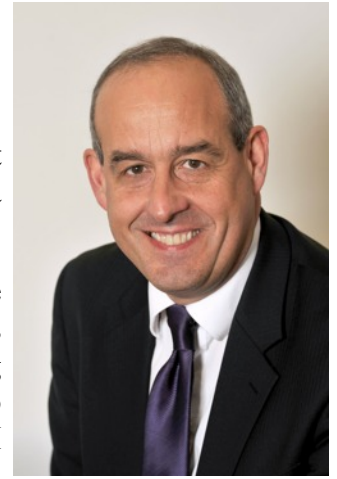


Our Man In Westminster

Dog Fouling

I very much welcome Gwernymynydd Community Council taking action against irresponsible dog owners with regard to dog fouling in the village. Dog fouling is a serious offence, and the efforts of the Council should be commended.

I have recently tabled an amendment to the Anti Social Behaviour Bill, to introduce dog control notices. I have done this with the support of the RSPCA, Battersea Dogs Home, the Dogs Trust and the Communications Postal Workers Union. I'm hoping the Government will listen. The dog notice means unruly dogs, or owners who do not control their dogs, can have orders placed on them to improve dog behaviour. I think this will support the work of the Community Council in Gwernymynydd.



Rainbow Inn

I have recently written to Punch Taverns, who have given me a commitment to tidy the site, with immediate effect. Of course I'm obviously still concerned about the future of the site generally, and I would welcome feedback from residents accordingly.

Comprehensive Spending Review

This week has seen the comprehensive spending review.

The Chancellor has announced that a further £11.5bn will be taken out of Government spending in the next three years. This will be a real challenge for councils like Flintshire, and for Police, Health and other services. What we need is a strategy to increase employment and to be able to ensure we can meet the many demands for spending that are placed on Government by residents throughout Flintshire.

You can write to me at: David Hanson MP, House of Commons, London SW1A 0AA or 64 Chester Street, Flint, Flintshire CH6 5DH. Phone: 01352 763159 or 0207 219 5064 or e-mail: hansond@parliament.uk

David Hanson MP.

THE Big LET COMPANY
 .co.uk

Mike Barley
 Lettings Manager

Tel: 01244 560720
 Mob: 07967 251075
mike@thebigletcompany.co.uk

The RIGHT PLACE for you
www.thebigletcompany.co.uk

What does success mean to you?

- more money?
- more freedom?
- more time with the family?
- your own business?

Get in touch!
It might just change your life

Visit: www.Earn.GB.com
 or email: Earn.GB@outlook.com

Sports Day Proves A Hit At Village School

POTENTIAL future Olympic champions took to their school field for a sun-kissed sport's day.

Gwernymynydd Primary School pupils were split into three teams, Reds, Yellows and Greens for the annual event while mums, dads and grandparents encouraged the young athletes as they battled it out in a series of closely fought races.

Senior teacher Dafydd Johnson said pupils were excited about the prospect of being awarded stickers for winning races but it was more about everyone having a good time and taking part.



GO FOR IT: Girls enjoy one of their races.



He said: "We had a lovely afternoon and it was nice to see so many parents, grandparents and friends attending our sports day and encouraging the children.

"There were some great performances and maybe we might have a future champion or two in the school!"

He added: "The main thing is that children enjoyed the events, learnt to work as a team and helped each other along. The emphasis was on taking part and doing your best and not necessarily all about winning."

FAMILY PRIDE: Year 4 pupil Sam and reception pupil Zoe show off their awards to proud grandmother Jean Williams and mum Clare Powell.

Children's Parties

At Gwernymynydd Village Centre

Contact Anita 01352 752537



From £50 including bouncy castle
villagecentre@gwernymynydd.org.uk

Plunging The Depths For Hope House Hospice

VILLAGE newsletter editor Kevin Hughes is hoping to make a splash for charity this month.

Kevin, of Godre'r Coed has entered the Great Manchester Swim, a mile of Salford Quay, which takes place on Saturday, July 20th.



It all began with a fitness campaign and strict diet on doctor's advice.

Six months on and a few stone lighter, Kevin is hoping to raise a substantial sum through the swim for Hope House Hospice with the help of friends and family.

To make a donation visit
www.justgiving.com/KevinHughes348